

LUNCH CALENDAR FEBRUARY, 2023

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and ACoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299
 LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)
 LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.
Checks Payable to: Fulton County Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Beef & Barley Soup Ham & Cheese on Rye Corn Salad Ambrosia	7 BBQ Rib Sandwich Ranch Style Beans Cole Slaw Fruit Crunch	1 Country Fried Steak w/Country Gravy Mashed Potatoes Peas Apricots	2 Hot Chicken Sandwich Roasted Potatoes Succotash Mandarin Oranges	3 Beef Stroganoff Egg Noodles Brussels Sprouts Applesauce Juice
13 Baked Chicken Mashed Potatoes Buttered Beets Peaches	14 Pub Burgers Potato Wedges Mixed Vegetables Tangerines Iced Cake	8 Goulash Steamed Broccoli Wax Beans Pears	9 Pot Roast Boiled Potatoes Carrots Pineapple	10 Italian Sausage w/Peppers & Onions (LS Alt=Turkey Franks) Rosemary Potatoes Winter Blend Vegetables Bananas
20 CLOSED FOR PRESIDENTS' DAY	21 Chicken & Noodles Mashed Potatoes Green Beans Mixed Fruit	15 Swiss Steak Mashed Potatoes Peas w/Mushroom Dark Sweet Cherries	16 Roast Turkey Savory Bread Dressing Roasted Vegetables Cranberry Relish Juice	17 Hamloaf (LS Alt=Meatloaf) Sweet Potatoes Cooked Cabbage Grapes
27 Steamed Franks (LS Alt=Chicken Breast) Baked Beans Corn Nuggets Tropical Fruit Muffins	28 Cheese Burger Soup Chicken Salad Sandwich Pickled Beets Fruit Salad	22 Tomato Basil Soup (LS Alt= LS Tomato Soup) Egg Salad Sandwich Garden Salad Broccoli Salad	23 Pasta w/Meat Sauce Steamed Broccoli Cream Style Corn Five Cup Salad Cookies	24 Fish Sandwich Macaroni & Cheese Stewed Tomatoes Fresh Fruit Juice