

# LUNCH CALENDAR

NOVEMBER, 2019

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

**SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.**

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Smoked Sausage w/Sauer Kraut (LS Alt=Pork Roast) Smashed Red Potatoes Brussels Sprouts Fresh Fruit <b>1</b>
Beef Pot Roast Boiled Potatoes Carrots Orange Sections <b>4</b>	BBQ Beef Sandwich Macaroni & Cheese Succotash Cole Slaw Juice <b>5</b>	Shepherd's Pie Summer Squash Green Salad Fruit Crisp <b>6</b>	Breaded Pork Chops Mashed Potatoes Sugar Snap Peas Apricots <b>7</b>  <b>Wauseon Only: Baked Fish</b>	<b>Home Delivery Only:</b> Ground Bologna Sandwich (LS Alt=Chicken Salad) Lettuce & Tomato Broccoli Slaw Fresh Fruit Salad Cookies <b>Veterans Breakfast at Pettisville Missionary; Reserve your spot, 419-337-9299</b> <b>8</b>
<b>CLOSED FOR VETERANS DAY</b> <b>11</b>	Goulash Cooked Cabbage Mixed Vegetables Peaches <b>12</b>	Steamed Franks (LS Alt=Chicken Breast) Baked Beans Seasoned Corn Pineapple <b>13</b>	Chicken & Noodles Mashed Potatoes Green Beans Dark Sweet Cherries Yogurt <b>14</b>	Beef Barley Soup Egg Salad Sandwich Three Bean Salad Jell-O <b>15</b>
Beef Stew Tossed Salad Cottage Cheese Mandarin Oranges Biscuits <b>18</b>	Cheese Burgers Potato Wedges Seasoned Spinach Pears Granola Bars <b>19</b>	Split Pea Soup (LS Alt=LS Tomato Soup) Cold Cut Sandwich Pickled Beets 5 Cup Salad <b>20</b>	Chicken Fried Steak w/Country Gravy Mashed Potatoes Peas Bananas <b>21</b>  <b>Sites Only: Taco Day</b>	Baked Ham (LS Alt=Pork Roast) Scalloped Potatoes Steamed Broccoli Fruit Crunch <b>22</b>
Cabbage Rolls Mashed Potatoes Cook's Choice Vegetable Apple Slices w/Dip <b>25</b>	Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Cole Slaw Spiced Applesauce <b>26</b>	Roast Turkey Bread Dressing Green Bean Casserole Glazed Carrots Orange Cranberry Relish Pumpkin Pie <b>27</b>	<b>CLOSED FOR THANKSGIVING</b> <b>28</b>	<b>CLOSED FOR THANKSGIVING</b> <b>29</b>