

LUNCH CALENDAR

MARCH, 2026

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.

Checks Payable to: Fulton County Senior Center

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

***The following major food allergens are used as ingredients in this facility: Milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, and sesame. Please notify our staff for more information about these ingredients.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Dog 2* (LS Alt= Chicken Breast) Baked Beans Riced Cauliflower Pineapple	Goulash 3* Broccoli Maple Glazed Carrots Mixed Fruit	Swanton B-day 4* Cheese Burgers Batter Bites Tuscan Asiago Blend Fresh Fruit	Fayette & Delta B-day 5* Chicken & Noodles Mashed Potatoes Green Beans Peaches	Archbold & Wauseon B-Day 6* Fish Sandwich Macaroni & Cheese Stewed Tomatoes Fresh Fruit Juice
Lasagna 9* Sweet & Sour Spinach Garlic Mushrooms Apricot	Swedish Meatballs 10 Noodles Asparagus Midori Vegetable Blend Pudding/SF Pudding	Chicken Tenders 11 Tater Tots Tomato Garlic Butter Beans Ambrosia	Beef & Cheese Burrito 12* Refried Beans Cilantro Lime Rice Mango	Broccoli Cheese Soup 13 Tossed Salad Cottage Cheese Egg Salad Banana
Chicken Breast 16* Rosemary Herb Potato Garlic Chalet Blend Mandarin Oranges Cake / SF Cake	Jiggs Dinner 17* Corned Beef (LS Alt = Pork Roast) Cooked Cabbage Boiled Potato Carrots Watergate Salad	Chili 18* Mexican Rice Corn Peaches Corn Bread	Salisbury Steak 1 Mashed Potatoes Harvard Beets Fruit Cocktail	Tuna Noodle Casserole Peas Fruit Crisp Juice
Stuffed Peppers 23* Smashed Red Potatoes Riviera Blend Pears	Hamloaf 24* (LS Alt= Meatloaf) Sweet Potatoes Malibu Blend Dark Sweet Cherries	Cream Chipped Beef 25* Mashed Potatoes Succotash Apple Slices	White Chicken Chili 26* Lima Dill Salad Orange Pineapple Salad Carrot Sticks w/ Ranch Brownie /SF Brownie	Cheese Omelet 27* Sausage Links Potato Coins Hot Apple Sauce Orange Juice
Sloppy Joes 30* Potato Chips California Blend Cole Slaw Fruit Crunch	Bratwurst & Sauerkraut 3 (Ls Alt = Hot Dog) German Potato Salad Brussels Sprouts Grapes			

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