

SERVING CITIZENS OF FULTON COUNTY 60 YEARS & OVER

SENIOR

DECEMBER 2025

Fulton County Senior Center

695 S. Shoop Ave., Wauseon, Ohio 43567

Phone: 419-337-9299 • Fax: 419-337-9289 • Hours: 8am-4pm



SENIOR NEWS

UPCOMING EVENTS

Check the calendars inside for a visit from Santa, Christmas concerts, Christmas cookie decorating, cozy Christmas stories, and much more!

December 2 – Veterans Social, Free for Veterans & their Spouses (Note Date)

December 4 – Evening Trip, Nite Lites at Michigan International Speedway.

December 11 – Day Trip, Christmas at Wildwood Manor in Toledo.

December 24 – Open as usual.

December 25 – Closed. Merry Christmas!

December 31 – Fayette & Swanton closed.
Wauseon: no meals served, closed at noon.

January 1 – Closed. Happy New Year!

January 2 – Open as usual.

SENIOR SPOTLIGHT

It was our privilege to host 200 seniors, veterans, and spouses of veterans for our annual Veterans Breakfast. Seniors enjoyed a meal served at their seats by 32 members of Wauseon Middle School's Junior National Honor Society. Air Force veteran Harold Stickley recalled memories from his experience as a B52 aircraft mechanic, and reminded each of us to take one day at a time. The event also featured a slide show of more than forty photos of local veterans in uniform, and ended with selections by the Senior Center choir.



DAY TRIP TO MANSION

Join us on Thursday, December 11 for a day trip to Toledo MetroParks Wildwood Manor House and Swanton Model Railroad Club exhibit, lunch at Amie's Pizza Factory, and Dessert at Crumbl Cookie. Suggested trip donation is \$10 per person. Pay on the bus. Meet at 9:00 a.m. at the Wauseon Senior Center or board the bus at the Delta Senior Center at 9:30 a.m. Bring money for your lunch and dessert. Everyone back by approximately 3 p.m. This is the 51st annual Holidays at the Manor House, once home to Robert A. Stranahan, the co-founder of Champion Spark Plug. Local volunteers decorate rooms differently each year for the week-long event. The mansion contains 15 bedrooms, 17 bathrooms, and 16 fireplaces. Call to sign up, 419-337-9299.

CHRISTMAS GIFT IDEA

A clutter-free gift idea is meal tickets for your senior through the Fulton County Senior Center. Each meal ticket is a suggested \$3.00 donation. Your senior loved one can enjoy a nutritious lunch among friends at the Senior Center. Lunch is served weekdays at noon. Remember to reserve meals one business day in advance.

CHRISTMAS DONATIONS

Many of you generously want to give gifts to your meal delivery driver, site manager, etc. during the Christmas season. This is a friendly reminder that Fulton County Senior Center employees are not allowed to accept gifts at Christmas time (or throughout the year). Donations to the Senior Center are welcome. Please mail to 695 S. Shoop Avenue, Wauseon, OH 43567.

WINTER SPORTS PASS

If you live in the Delta school district and enjoy watching sports, visit the school office to receive your lifetime sports pass. You must live in the Pike-Delta-York school district, be age 65 or older. Use your lifetime pass to gain admission into regularly scheduled home events (not valid for tournaments or play-offs). Not a Delta resident? Contact your local school to ask about a Senior Sports Pass.

THANK YOU FOR YOUR GENEROUS SUPPORT

We are grateful for donations, sponsorship and support from so many in and around the northwest Ohio area, including the following: Ron Savage (roses & Indian corn), Delta Public Library, Joanna & Genacross Napoleon, Genacross Wolf Creek Campus, Sara & Heritage Home Health, Jamie & Buckeye Health Plan, Julie & United Health Care, Emily & Kingston, Normal Memorial Library in Fayette, Ayden Health Care, Megan & NOCAC, Rebecca & Swanton Valley, Swanton Public Library, and Suzanne & Promedica. Thank you!

WATER AT THE READY

The Red Cross recommends a minimum of one gallon of bottled water per person per day on hand.

If you have freezers that have some extra space, wash and fill plastic milk jugs with fresh water and freeze them. If nothing happens, it costs less to keep a full freezer cold than it does an empty or half-empty freezer. If you have a power outage, **DO NOT OPEN THE FREEZER DOOR**. The freezer will stay colder longer full and with an unopened door. If you have a crisis and you need fresh water, you have a good fresh supply on hand. Just thaw it out if you need it.

WINTER WEATHER IS JUST AROUND THE CORNER

It's not too early to start planning for Ohio's unpredictable winter weather. Take action now to keep a few shelf-stable meals in your kitchen in the unlikely event that our Senior Center closes. Also, once the snow starts to fly, remember to keep your driveway and sidewalks clear. Your meal delivery driver thanks you in advance for providing a safe way to bring your meal to your door. If we cancel activities or meals, you can expect to receive a phone call from our automated phone system. One Call Now will provide you with instructions in the event of a Level 2 or Level 3 snow emergency.

HEATING BILL HELP

Winter weather and cold temps are here. Northwestern Ohio Community Action Commission continues to offer help with heating costs. Winter Crisis Program is also referred to as E-HEAP, Emergency HEAP or WCP. This program is available to help income eligible Ohio residents meet the high costs of home heating. Eligible consumers receive financial assistance toward the payment of their heating bill if they are threatened with disconnection, have already been disconnected, need service established, have less than a 25% supply of bulk fuel. Up to \$1500 of assistance is available to assist with furnace repairs or replacements. WCP is in operation now through March. Assistance is available once per heating season. Ohioans with a household income at or below 175 percent of the federal poverty guidelines are eligible for the program. A household applying for HEAP must report total gross household income for the past 30 days (12 months preferred) for all members, except wage or salary income earned by dependent minors under 18 years old. Please call the appointment hotline number 1-419-219-4641 to schedule an appointment. For additional questions, call 419-337-8601. You will need social security number and utility account information when scheduling an appointment.

HOLIDAYS AND GRIEF

Holidays can be tough in the midst of grief, as we feel surrounded by memories. Instead of trying to escape the holidays, take as much control as possible. Identify what you wish to do and who you want to be with. Choose to be around those who can understand and support you in your grief, those who appreciate your sadness, and when necessary, give you space. For some, spending time with other family members and friends can be a valuable reminder that you are not alone. Some of us appreciate the way gathering or hosting can give us a sense of purpose, distraction and relieve our loneliness. Grief is a very individual process. We each grieve in our own way. (Adapted from Kenneth J. Doka)

THE NUTRITION EDUCATION SHELF: SUPERFOODS

What are superfoods? They are nutrient-rich foods considered to be especially beneficial for health and well-being. The term 'superfood' tends to be used more by marketers than dieticians, so lists of superfoods tend to vary. A recent study by the Centers for Disease Control and Prevention developed and validated a classification scheme defining 'Powerhouse Fruits and Vegetables' based on nutrient and phytochemical density (the amount of nutrients compared to calories in the food).

Eat a variety of foods. Don't count on any one food to single-handedly reduce your risk of cancer. Superfoods can be part of a balanced diet, but shouldn't be thought of as a cure-all. Nutrient-rich vegetables and fruits can be helpful in reducing the risk of some diet-related diseases, especially when they are part of a diet that is low in fats, sodium and sugar.

Here is what the American Heart Association has to say about some common superfoods:

- Salmon is a fatty fish that is low in saturated fat and high in omega-3 fatty acids, which can decrease the risk of abnormal heartbeats, reduce triglycerides (the chemical form of fats in most foods and in your body) and slow the growth of plaque in the arteries. The American Heart Association recommends eating at least two 3.5 ounce servings of fish a week.
- Turkey is a leaner substitute for beef that can be grilled, roasted or ground.
- Nuts, legumes and seeds are good sources of protein and polyunsaturated and monounsaturated fats when eaten in moderation. Choices include unsalted almonds, peanuts, pistachios and walnuts. The American Heart Association recommends getting four servings a week.
- Berries like blueberries and strawberries have high levels of phytochemicals called flavonoids. One study showed that women who consumed more blueberries and strawberries had a lower risk of heart attack. The American Heart Association recommends nine servings of fruits and vegetables a day, about 4.5 cups.
- Pumpkin is low in calories, high in fiber and high in vitamin A.
- Kale provides vitamins A and C, potassium and phytochemicals.
- Low-fat or nonfat yogurt, which provides calcium, vitamin D and protein, can be a good substitute for sour cream in recipes.

Sources: Ohio State University Extension Office and American Heart Association.

LUNCH CALENDAR

DECEMBER, 2025

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.

Checks Payable to: Fulton County Senior Center

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

***The following major food allergens are used as ingredients in this facility: Milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, and sesame. Please notify our staff for more information about these ingredients.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Goulash 1* Broccoli Garlic Mushrooms Mixed Fruit	Baked Fish Variety 2* Garden Rice Stewed Tomatoes Peaches Juice	Cheese Burgers 3* Batter Bites Normandy Blend Banana	Baked Chicken 4* Mashed Potatoes Asparagus Fruit Cocktail	Sausage Patty Sandwich 5* Rosemary Potatoes Mixed Vegetables Apple Slices & Caramel
Chili w/ Beans 8* Corn Mexican Rice Mango	Hamloaf 9* (LS Alt = Meatloaf) Sweet Potatoes Sweet & Sour Spinach Pears	Bratwurst / Sauerkraut 10 (LS Alt = Uncured Franks) German Potato Salad Brussels Sprouts 5 Cup Salad	Chicken Rice Soup 11 Pasta Salad Pickled Beets Grapes Cookie/SF Cookie	Beef & Noodles 12* Mashed Potatoes Green Beans Fresh Fruit
Creamed Chipped Beef 15* Mashed Potatoes Harvard Beets Mandarin Orange	Sloppy Joes 16* Tater Tots Ranch Beans Apricots	Stuffed Peppers 17* Tomato Garlic Butter Beans Fruit Cobbler	Philly Beef Steak/ Cheese 18* Peppers & Onions Paco Blend Peas Dark Sweet Cherries	Teriyaki Chicken 19* Fried Rice Cook's Choice Vegetable Fresh Fruit
Sausage Gravy 22* Hash Brown Casserole Peas & Carrots Choice Fruit	Chicken Salad 23* Three Bean Salad Cheese Cubes Cinnamon Apple Jell-o Juice	Beef Pot Roast 24* Boiled Potatoes Maple Glazed Carrots Pineapple	25* CLOSED FOR CHRISTMAS	26* CLOSED FOR CHRISTMAS
BOWL 29* Orange Chicken White Rice Broccoli Carrots Pumpkin Delight	Baked Ham 30* (LS Alt = Pork Roast) AuGratin Potatoes California Blend Escaloped Apples	31* CLOSED FOR NEW YEARS		

WAUSEON ACTIVITIES

FULTON COUNTY SENIOR CENTER | 695 S. SHOOP AVE. | WAUSEON, OH 43567 | 419.337.9299

DECEMBER, 2025

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>8:00 Walking 1 8:30 Zumba Gold 10:00 Tai Chi (Senior Led) 11:00 Keyboard Music 12:00 Lunch Line Dancing Resumes Jan. 5. 2:30 Walking</p>	<p>8:00 Walking 2 10:00 Golden Drummers 11:00 Christmas Music, Senior Center Choir 12:00 Lunch No Choir 1:00 Veterans Social (Note Date) 1:00 Silver Sneakers® Classic 1:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking</p>	<p>Wear Red/ White 3 8:00 Walking w/ Friends 9:30 to Noon Photos with Santa 10:00 Tai Chi (Senior Led) 11:00 Sunshine Bell Choir 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Card Games 2:30 Walking</p>	<p>Evening Trip, MIS Nite Lites 4 8:00 Walking 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Silver Sneakers® Classic 1:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking</p>	<p>8:00 Walking 5 10:00 Golden Drummers 12:00 Lunch & Birthday Dessert 1:00 Cards/ Games 1:00 Site Council 1:00 BINGO 2:30 Walking</p>
<p>8:00 Walking 8 8:30 Zumba Gold 10:00 Choir to Swanton SC 10:00 Tai Chi (Senior Led) 11:00 Bluegrass Concert, Circle of Friends 12:00 Lunch Line Dancing Resumes Jan. 5. 2:30 Walking</p>	<p>Wear Christmas Sweater/Socks/Tie 9 8:00 Walking 10:00 Golden Drummers 11:00 Christmas Music, Wauseon Chorale 12:00 Lunch 1:00 Choir 1:00 Silver Sneakers® Classic 1:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking</p>	<p>8:00 Walking w/ Friends 10 10:00 Tai Chi (Senior Led) 11:00 Christmas Music, Michael Buck 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Card Games 2:30 Walking</p>	<p>Day Trip, Wildwood Manor 11 House; Wear Senior Center Shirt 8:00 Walking 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Silver Sneakers® Classic 1:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking</p>	<p>8:00 Walking 12 10:00 Golden Drummers 12:00 Lunch 1:00 Cards/ Games 1:00 BINGO 2:30 Walking</p>
<p>8:00 Walking 15 8:30 Zumba Gold 10:00 Tai Chi (Senior Led) 10:00 Choir to Fayette SC 11:00 Free Blood Pressure Checks 12:00 Lunch Line Dancing Resumes Jan. 5. 2:30 Walking</p>	<p>8:00 Walking 16 10:00 Golden Drummers 11:00 Cozy Christmas Stories, Bill Senecal 12:00 Lunch 1:00 Choir Resumes Feb. 10 1:00 Silver Sneakers® Classic 1:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking</p>	<p>Wear Green 17 8:00 Walking w/ Friends 10:00 Tai Chi (Senior Led) 11:00 Student Group, Institute for Cultural Communicators, Pettisville 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Card Games 2:30 Walking</p>	<p>Wear Senior Center Shirt 18 8:00 Walking 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Silver Sneakers® Classic 1:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking</p>	<p>8:00 Walking 19 10:00 Golden Drummers 12:00 Lunch 1:00 Cards/ Games 1:00 BINGO 2:30 Walking</p>
<p>8:00 Walking 22 8:30 Zumba Gold 10:00 Tai Chi (Senior Led) 10:15 to 11:45 Thursday's BINGO 11:00 Keyboard Music 12:00 Lunch 1:00 Friday's BINGO Line Dancing Resumes Jan. 5. 2:30 Walking</p>	<p>Wear White/ Snowmen/ Snowflakes 23 8:00 Walking 10:00 Golden Drummers 11:00 Sonny & Friends Music 12:00 Lunch 1:00 Choir Resumes Feb. 10 1:00 Silver Sneakers® Classic 1:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking</p>	<p>8:00 Walking w/ Friends 24 10:00 Tai Chi (Senior Led) 11:00 Keyboard Music 12:00 Lunch No Silver Sneakers Chair Yoga® 1:00 Card Games 2:30 Walking</p>	<p>25 CLOSED MERRY CHRISTMAS</p>	<p>26 CLOSED CHRISTMAS HOLIDAY</p>
<p>8:00 Walking 29 No Zumba Gold 10:00 Tai Chi (Senior Led) 10:15 to 11:45 Thursday's BINGO 11:00 Keyboard Music 12:00 Lunch 1:00 Friday's BINGO Line Dancing Resumes Jan. 5. 2:30 Walking</p>	<p>8:00 Walking 30 10:00 Golden Drummers 11:00 New Year Word Games 12:00 Lunch 1:00 Choir Resumes Feb. 10 1:00 Silver Sneakers® Classic 1:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking</p>	<p>8:00 Walking w/ Friends 31 10:00 Tai Chi (Senior Led) 11:00 Cards & Games Closed at Noon, No Lunch Served, No Afternoon Activities Happy New Year! See you January 2, 2026</p>		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9:00 Uno Flip 1 9:15 Chair Exercises 10 to 11 Decorate Christmas Cookies 10:15 Make a Christmas Arrangement with Myrna (Note Time) 12:00 Lunch 1:00 Monopoly Deal</p>	<p>9:00 Connect Four 2 9:00 Chair Yoga at Hope Church (\$5) 10 to 11 Decorate Christmas Cookies 11:00 Christmas Stories with Bill Senecal 12:00 Lunch 1:00 Got It Card/ Dice Game</p>	<p>9:00 "Traveling Little Library" 3 9:15 Chair Exercises 10:00 Site Council 10:15 to 11:45 Christmas Socks/ Tie/ Sweater BINGO, with Emily of Swanton Library 12:00 Lunch & Birthday Dessert by Kingston 1:00 Box of Brain Games</p>	<p>Evening Trip, MIS Nite Lites 4 9:00 Qwirkle 10:00 Site Council 10:15 to 11:45 Christmas Socks/ Tie/ Sweater BINGO 12:00 Lunch & Birthday Dessert 1:00 Kanoodle</p>	<p>9:00 Coffee & Conversation 5 9 to 11 Mahjong 9:15 Chair Exercises 11:00 Christmas Music by Michael Buck 12:00 Lunch 1:00 Goat Lords Game</p>
<p>9:00 Puzzles with Pals 8 9:15 Chair Exercises 10:30 Free BP Checks 11:00 Christmas Concert by the Senior Center Choir 12:00 Lunch 1:00 Word Search</p>	<p>9:00 Games & Gabbing 9 9:00 Chair Yoga at Hope Church (\$5) 10:30 Free BP Checks 11:00 Concert by Sunshine Bell Choir 12:00 Lunch 1:00 Connect Four</p>	<p>9:00 Top It Card Game 10 9:15 Chair Exercises 10:15 to 11:45 Blitzen's Bingo Bonanza, Wear Red & Green 12:00 Lunch 1:00 "Tell Me More" (Brain Game Box)</p>	<p>Day Trip, Wildwood Manor House 11 9:00 Coffee & Conversation 9:50 Sunny Day & Seniors Activity 10:15 to 11:45 Blitzen's Bingo Bonanza with Delta students, Wear Red & Green 12:00 Lunch 1:00 Monopoly Deal</p>	<p>9:00 Golf Card Game 12 9 to 11 Mahjong 9:15 Chair Exercises 11:00 Your Favorite Cards & Games 12:00 Lunch 1:00 No Thanks Game</p>
<p>9:00 Time Line: Events 15 9:15 Chair Exercises 11:00 Christmas Stories with Bill Senecal 12:00 Lunch 1:00 "Things They Don't Teach You In School"</p>	<p>9:00 Chit Chat 16 9:00 Chair Yoga at Hope Church (\$5) 11:00 Delta High School Del-Aires & Women's Glee 12:00 Lunch 1:00 Box of Brain Games</p>	<p>Wear Christmas Colors 17 9:00 Coffee & Conversation 9:15 Chair Exercises 10:15 to 11:45 White Elephant BINGO; Bring a wrapped, gently used item for the prize table. 12:00 Lunch 1:00 Got It Card/ Dice Game</p>	<p>Wear Christmas Colors 18 9:00 Time Line: Americana 10:15 to 11:45 White Elephant BINGO; Bring a wrapped, gently used item for the prize table. Caller: Carrie from Delta Library 12:00 Lunch 1:00 Tenzi</p>	<p>9:00 Games & Gabbing 19 9 to 11 Mahjong 9:15 Chair Exercises 11:00 Concert by Sunshine Bell Choir 12:00 Lunch 1:00 Spoons Card Game</p>
<p>9:00 Reminiscing 22 9:15 Chair Exercises 10:15 to 11:45 Christmas BINGO 12:00 Lunch 1:00 Tenzi</p>	<p>9:00 Coffee & Conversation 23 9:00 Chair Yoga at Hope Church (\$5) 11:00 Game Day 12:00 Lunch 1:00 "Tell Me More" (Brain Box)</p>	<p>9:00 Trivia (Brain Game Box) 24 9:15 Chair Exercises 11:00 Game Day 12:00 Lunch 1:00 Pairzi Game</p>	<p>25 CLOSED MERRY CHRISTMAS</p>	<p>26 CLOSED CHRISTMAS HOLIDAY</p>
<p>9:00 Coffee & Conversation 29 9:15 Chair Exercises 11:00 Bring a New Game & Noon Year's Eve Party 12:00 Lunch 1:00 Shut the Box</p>	<p>9:00 Spoons Card Game 30 10:15 to 11:45 Thursday's BINGO & Noon Year's Eve Party & Bring Your Grandkids to BINGO 12:00 Lunch 1:00 "I Should Have Known That" Game"</p>	<p>31 CLOSED NEW YEAR'S HOLIDAY</p>		

ARCHBOLD - SCOUT CABIN
INSIDE RUIHLEY PARK, W. WILLIAMS ST.
TUES. & FRI.

ARCHBOLD – FAYETTE

ACTIVITIES

FAYETTE - FAMILY LIFE CENTER
306 E. MAIN STREET
MON., WED., & THURS.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Left Center Right 1 10:15 (Note Time) Cozy Christmas Stories with Bill Senecal 11:00 Free Concert by Sunshine Bell Choir 12:00 Lunch 1:00 Word Search	9:00 Chit Chat 2 10:00 Site Council 11:00 Concert by Archbold High School's "The Company" 12:00 Lunch 1:00 Reminiscing	9:00 Kings In The Corner 3 10:00 Free Chair Yoga 10:45 (Note Time) Christmas Concert by Heidi Paxton 12:00 Lunch 1:00 Skip-Bo	Evening Trip, MIS Nite Lites; Wear Senior Center Shirt for the Trip 4 9:00 Cards with Friends 10:00 Site Council 10:15 to 11:45 Christmas Socks/Tie/ Sweater BINGO 12:00 Lunch & Birthday Dessert 1:00 Word Games	9:00 Coffee & Conversation 5 10:15 to 11:45 Christmas Socks/Tie/ Sweater BINGO 12:00 Lunch & Birthday Dessert 1:00 Uno Flip Card Game
9:00 Top It Card Game 8 10:00 Decorate Christmas Cookies 11:00 Christmas Music by Michael Buck 12:00 Lunch 1:00 Games & Gabbing	9:00 Five Crowns 9 10:00 Decorate Christmas Cookies 11:00 Cozy Christmas Stories by Bill Senecal 12:00 Lunch 1:00 Uno Flip	9:00 Spot It! 10 10:00 Free Chair Yoga 10:15 to 11:45 Blitzen's BINGO Bonanza; Wear Red & Green 12:00 Lunch 1:00 Tenzi	Wear Green for Grinch Day Day Trip, Manor House; Wear Senior Center Shirt 11 9:00 Coffee & Conversation 11:00 Concert by Fayette High School Band w/ Dr. Dunford 12:00 Lunch 1:00 Brain Box Games	9:00 Pepper 12 10:15 to 11:45 Blitzen's BINGO Bonanza; Wear Red & Green 12:00 Lunch 1:00 Games
9:00 "Things They Don't Teach You In School" 15 11:00 Fulton County Senior Center Choir 12:00 Lunch 1:00 Trivia	9:00 Spot It Game 16 10:30 Free BP Checks with Health Dept. 10:30 Decorate Christmas Cookies 11:00 Learn About German Christmas Collectibles with Dorothy 12:00 Lunch 1:00 Phase 10	9:15 to 10 Free Chair Yoga 17 10:15 Meet at Normal Mem Library, Christmas BINGO with Wendy 11:45 Free BP Checks 12:00 Lunch 1:00 Top It Card Game	9:00 "I Should Have Known That" 18 10:15 to 11:45 White Elephant BINGO; Bring a wrapped, gently used item for the prize table & Christmas Party 12:00 Lunch 1:00 Dad Jokes	9:00 Games & Gabbing 19 10:15 to 11:45 White Elephant BINGO; Bring a wrapped, gently used item for the prize table & Christmas Party 12:00 Lunch 1:00 Left, Center, Right Dice Game
9:00 Puzzles with Pals 22 10:15 to 11:45 Thursday's BINGO 12:00 Lunch 1:00 Reminiscing	9:00 Coffee & Conversation 23 10:15 to 11:45 Friday's BINGO 12:00 Lunch 1:00 Set Card Game	9:00 Quiddler 24 10:00 Free Chair Yoga 11:00 GAME DAY 12:00 Lunch 1:00 Set	25 CLOSED MERRY CHRISTMAS	26 CLOSED CHRISTMAS HOLIDAY
9:00 Coffee & Conversation 29 10:15 to 11:45 Thursday's BINGO & Noon Year's Eve Party 12:00 Lunch 1:00 Cards & Games	9:00 Pepper 30 11:00 Game Day & Noon Year's Eve Party 12:00 Lunch 1:00 Brain Box Games	31 CLOSED NEW YEAR'S HOLIDAY		



Forwarding and return postage guaranteed
Address service requested
Postmaster: Send address changes to:
Fulton County Senior Center
695 S. Shoop Ave.
Wauseon, OH 43567-1109

 If you or a family member would like to receive this newsletter by e-mail, please contact us at kschroeder@fultoncountyoh.com.

DATED MATERIAL - DELIVER BEFORE DECEMBER 1, 2025

FULTON COUNTY SENIOR CENTER STAFF

Director.....	Brian Horst
Receptionist.....	Karen Schroeder
Information & Referral Specialist.....	Valerie Edwards
Administrative Assistant.....	Chris Sager
Assessment/Data Entry Manager.....	Laura Ankney
Head Cook/Kitchen Manager.....	Kim Lerma
Assistant Cook.....	Aria Frey
Food Program Manager.....	Kim Machinski
Volunteer Coordinator.....	Angela Johnston
Kitchen Aides.....	Adriane Baldwin, Sherry Bittinger, Candace Gonzales, Hunter Hallet
Activity Coordinator.....	Vicki Hoylman
Activity Support Staff.....	Beth Ricker-Flory
Site Manager, Archbold/Fayette.....	Dorothy Bock
Site Aide, Archbold/Fayette.....	Donna Loar
Site Manager, Delta/Swanton.....	Jeanne Ortiz
Site Aide, Delta/Swanton.....	Andrea Coburn
Custodian.....	Danni Smith
Meal Delivery.....	Tiffany Emery, Meredith Grime, Brenda Hauck, Angela Johnston, Kelli Kuntz, Arin Lauber, Jim Lugbill, James Mapes, Jack Myers, Aimee Roth, Sam Sanderson, Shawn Vance-Dixon
Substitutes.....	James Baldwin, Mackenzie Cwiertnia, Anita Ehrsam, Tim Gorsuch, Steve Jackson, Vicki Lynn Kline, Cheryl Kohls, Michael Mangas, Sharon McCabe, Becky Peabody, Dennis Peabody, Mary Schultz, Michelle Shafer, Tom Wagner, LouAnn Wheeler

The Fulton County Senior Center is a program of the Fulton County Commissioners, funded through levy money, donations, and under a grant, administered by the Ohio Department of Aging and the Area Office on Aging.

Please direct all calls/inquiries to our main number at 419-337-9299.

Wauseon Site	M – F	8:00 am – 4:00 pm
Archbold Site	T and F	9:00 am – 2:00 pm
Delta Site	T and Th	9:00 am – 2:00 pm
Fayette Site	M, W, Th	9:00 am – 2:00 pm
Swanton Site	M, W, F	9:00 am – 2:00 pm