

NOVEMBER, 2025

LUNCH CALENDAR

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and AOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.

Checks Payable to: Fulton County Senior Center

***The following major food allergens are used as ingredients in this facility: Milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, and sesame. Please notify our staff for more information about these ingredients.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3* Baked Ham (LS Alt = Pork Roast) Scalloped Potatoes Normandy Blend Pumpkin Delight	4* Chicken & Noodles Mashed Potatoes Green Beans Pears	5* Swanton B-day Smoked Sausage (LS Alt = Hot Dog) Peppers & Onions Smashed Red Potatoes Peas Fresh Fruit	6* Fayette/Delta B-day Cabbage Rolls Mashed Potatoes Cook's Choice Vegetable 5 Cup Salad	7 VETERAN'S BREAKFAST Cheese Omelet Sausage Links Hash Brown Patties Fresh Fruit Cinnamon Roll Home-Delivery Menu=Freezer Meal
10 Beef & Cheese Burrito Refried Beans Cilantro Lime Rice Mango Tortilla Chips	11 CLOSED FOR VETERANS DAY	12* Potato Soup Deli meat sandwich Pea Salad Jell-O w/ Fruit	13* Hamloaf (LS Alt = Meatloaf) Sweet Potatoes Sweet & Sour Spinach Apple Sauce	14* Wauseon B-day Chili Mexican Rice Corn Fresh Fruit Juice
17* Fish Sandwich Macaroni Cheese Stewed Tomatoes Cole Slaw Yogurt w/ Fruit	18* Cheese Burger Batter Bites Garlic Chalet Blend Apricots	19* Cream Chipped Beef Mashed Potato Asparagus Pineapple	2 Beef Stew Harvard Beets Fruit Crunch	Hot Dog (LS Alt = Chicken Breast) Baked Beans Riced Cauliflower Peaches
24* Sausage, Egg & Cheese Corn Nuggets Hashbrown Casserole Banana	25* Beef Vegetable Soup Egg Salad Sandwich Tossed Salad Ambrosia	26* Roast Turkey Savory Bread Dressing Mashed Potatoes/Gravy Green Bean Casserole Orange Cranberry Relish Pumpkin Pie	27* CLOSED FOR THANKSGIVING	28* CLOSED FOR THANKSGIVING