

SERVING CITIZENS OF FULTON COUNTY 60 YEARS & OVER

SENIOR

OCTOBER 2025

Fulton County Senior Center
695 S. Shoop Ave., Wauseon, Ohio 43567
Phone: 419-337-9299 • Fax: 419-337-9289 • Hours: 8am-4pm



SENIOR NEWS

UPCOMING EVENTS

October 1 – Day Trip, Toledo Zoo, Swingmania Orchestra

October 6 – Flu Clinic at Swanton Senior Center

October 7 – Road to Wellness

October 13 – Closed for Columbus Day

October 14 – Flu Clinic at Delta Senior Center

October 17 – Day Trip, Gust Brothers Pumpkin Farm

October 20 – Flu Clinic at Wauseon Senior Center

October 27 – Flu Clinic at Fayette Senior Center

October 29 – Day Trip, Maumee Bay State Park

November 12 – Day Trip, Toledo Walleye Hockey Game

SENIOR SPOTLIGHT

Gary and Jean Friesen have been attending the Archbold Senior Center going on three years. “We find the noon meals satisfying, we enjoy the music and programs, and it’s a great place to connect with other local seniors. Dorothy and Donna (Site Manager and Aide) are so hospitable. They have a way of including us all,” Gary said. The Friesens have lived in Archbold since 2013. Before moving to Ohio to be closer to family, they lived in Colorado, Hawaii, Arizona, and Wisconsin. “There were things we loved about living near mountains, but Jean reminded me that you can’t hug a mountain, and it has been really great to live close to our family and be able to support their activities,” Gary said.



Both are former teachers, now volunteer locally, and attend Pettisville Missionary Church. Gary found Sauder Village to be a great fit for him as an enthusiastic history buff. “I love history. In the different places we have lived, my goal was to learn about local history, and that is true here in Fulton County, too. Sauder Village draws people from around the world, and it was just natural for me to want to be a part of that,” Gary said.

Since Covid lockdown, the Friesens have often enjoyed their lunch over a game of Scrabble. Jean, the family recordkeeper, reports the duo has played 1135 games since 2020. For the record, Gary is ahead by 49 games. So far. The Friesens have been married for 56 years, and have a daughter, a son, seven grandchildren, and one great-granddaughter.

Local seniors, you’re invited to join us at the Archbold Senior Center on Tuesdays and Fridays from 9 to 2, inside Rauhley Park’s Scout Cabin. Call to reserve your lunch at least 24 business hours in advance, 419-337-9299, and ask to receive the monthly activity calendar via email.

WALLEYE HOCKEY

We have a few seats left for the day trip on Wednesday, Nov. 12 to the Toledo Walleye Hockey Game. Please prepay the suggested donation of \$30 (per person) which covers ticket, transportation, and rink lunch (hot dog, chips & soda). Your ticket is not refundable, but is transferable. Meet at the Wauseon Senior Center at 8:30 a.m. Or board the bus at the Swanton Senior Center at 9:15. Face-off for the game is at 10:35 a.m. Everyone back by 2:30 p.m. This trip sign-up closes soon so we can order our tickets. Call to join this trip and for more details, 419-337-9299.

SITES CLOSED OCTOBER 7

Please note, on Tuesday, October 7, the Delta Senior Center and Archbold Senior Center will be closed. If you reserved your spot in September, join us for Road to Wellness at our Fulton County Senior Center, 695 S. Shoop Ave. Wauseon. Need to cancel your Road to Wellness reservation? Call 419-337-9299.

MEDICARE OPEN ENROLLMENT

Here is what can be done during Open Enrollment, October 15th - December 7th:

- Switch from one Medicare Prescription Drug Plan to another Medicare Prescription Drug Plan
- Drop your Medicare prescription drug coverage completely
- Change from Original Medicare to a Medicare Advantage Plan
- Change from a Medicare Advantage Plan back to Original Medicare
- Switch from one Medicare Advantage Plan to another Medicare Advantage Plan
- Switch from a Medicare Advantage Plan that doesn't offer drug coverage to a Medicare Advantage Plan that offers drug coverage
- Switch from a Medicare Advantage Plan that does offer drug coverage to a Medicare Advantage Plan that doesn't offer drug coverage
- Join a Medicare Prescription Drug Plan

Any changes made will take effect on January 1, 2026. To schedule an appointment, contact Valerie Edwards at the Fulton County Senior Center 419-337-9299.

Don't delay! Appointment times fill up quickly.

WHERE'S VAL?

It's October, which means it is Medicare Open Enrollment time! Val Edwards, Information & Referral Specialist, will speak at 11 a.m. at the Swanton Senior Center on Friday, October 3. The Swanton Senior Center is located west of Swanton, on the north side of County Road H, between County Road 3 and County Road 2, inside the new Faith Lutheran Church.

Additionally, Val will be available for extended hours at the following locations to focus on Medicare Open Enrollment. Please make an appointment as soon as possible with Val for any of these dates by calling 419-337-9299.

- Thursday, October 16, from 10am–3pm at the Swanton Library
- Wednesday, November 12, from 10am–3pm at the Delta Library
- Thursday, November 20, from 10am–3pm at Wyse Commons, Archbold
- Tuesday, November 25, from 10am–3pm at the Evergreen Library in Metamora

Val has some appointments available to meet with seniors at the Fulton County Senior Center, 695 S. Shoop Ave., Wauseon. A Medicare check-up day will offer appointments with Val and other Medicare specialists on Wednesday, October 15 at the Fulton County Senior Center in Wauseon. Val's services are offered at no cost to seniors in partnership with Wyse Commons and the local libraries.

WINTER WEATHER IS JUST AROUND THE CORNER

It's not too early to start planning for Ohio's unpredictable fall and winter weather. Take action now to keep a few shelf-stable meals in your kitchen in the unlikely event that our Senior Center closes. Also, once the snow starts to fly, remember to keep your driveway and sidewalks clear. Your meal delivery driver thanks you in advance for providing a safe way to bring your meal to your door. If we cancel activities or meals, you can expect to receive a phone call from our automated phone system. One Call Now will provide you with instructions in the event of a Level 2 or Level 3 snow emergency.

BEWARE OF SENDING MONEY

If you receive a letter in the mail from “Meals on Wheels,” be sure to check the address. Likely, the letter is from a “Meals on Wheels” organization located out of state. If the letter asks for a money donation, don’t be fooled into thinking your donation will benefit home-delivered meals of Fulton County Senior Center. Do not provide your personal information to charities. Be certain you understand to whom you are donating money.

The Fulton Center Senior Center will never send you a letter asking for money. Additionally, if you choose to submit a donation to cover the meals you receive from the Fulton County Senior Center, please make your check payable to Fulton County Senior Center and mail to 695 S. Shoop Ave., Wauseon, OH, 43567. Call us at 419-337-9299 if you receive a confusing donation request and have questions. We’re happy to help!

FLU IMMUNIZATIONS OFFERED

The Fulton County Health Department will offer flu immunizations the same day as free blood pressure checks at our Senior Center sites.

Walk-in flu clinics will be offered from 9 AM to 11 AM. Free blood pressure checks will also be provided and a brief “Just So You Know” program will begin at 11:30 am, for interested seniors.

Walk in to the following Senior Center sites on the following dates, to receive your flu immunization between 9 and 11 AM. Monday, October 6, Swanton Senior Center, inside the new Faith Lutheran Church, 620 Dodge Street (County Road H, north side of road, between Co Rd 2 & Co Rd 3). Tuesday, October 14, Delta Senior Center, inside Hope Church of Delta, 101 Northwood Drive. Monday, October 20, Wauseon; Fulton County Senior Center, 695 S. Shoop Ave., Wauseon. Monday, October 27, Fayette Senior Center, inside Family Life Center, 306 E. Main Street.

The flu immunization service is provided by the Fulton County Health Department. Medicare, Medicaid, and contracted insurance plans are accepted as payment. For those who do not have insurance or a plan we are contracted with, a sliding fee scale may apply. Please bring your insurance cards with you.

PREPARE YOUR PANTRY FOR BAD WEATHER**Ready-to-eat Breakfast Items:**

- Cereal
- Dry milk (use bottled water if threat of contamination exists)
- Fresh fruit (apples, oranges, grapefruits, and bananas stay fresh for days to weeks)
- Canned or dried fruits
- Granola bars
- Protein bars

Ready-to-eat Lunch /Dinner Items:

(Don’t forget a hand-held can opener)

- Canned meats
(tuna, chicken, Vienna sausages, Spam)
- Canned soups, broths
- Canned vegetables, beans

Ready-to-eat Snack Items:

- Nuts
- Nut butters (peanut butter, almond butter, etc.)
- Snack crackers (saltines, goldfish)
- Pre-packaged cookies
- Trail mix
- Bottled or boxed juices
- Bottled water

OTHER PREPAREDNESS ITEMS TO CONSIDER

A first-aid kit and backup supply of medications, spare glasses, extra hearing aid batteries, and non-powered alternatives to assistive and medical equipment that may not work without electricity. Paper goods are advisable, as well as a radio, flashlights, bulbs, and batteries. Warm blankets that are easy to access, and a back-up supply of pet food, matches, candles, and lamps, and lamp oil are good too.

If you have a generator, be sure you know how to use it, you have fuel for it, and note whether or not you have enough extension cords. Consider storing flashlights in key areas of the house for easy access. It’s smart to have a paper copy of the names and phone numbers of people you can call for help if you need to, since a power outage could mean there is no way to charge your mobile phone, and thus no access to the numbers you have stored in your mobile phone.

LUNCH CALENDAR

OCTOBER, 2025

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.

Checks Payable to: Fulton County Senior Center

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

***The following major food allergens are used as ingredients in this facility: Milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, and sesame. Please notify our staff for more information about these ingredients.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Swanton B-day Chicken Strips Tater Tots Asparagus Mandarin Oranges 1*	Fayette & Delta B-day Lasagna Steamed Broccoli Summer Squash Apricots 2*	Wauseon & Archbold B-day 3* OCTOBERFEST Bratwurst/Sauerkraut Brussels Sprouts German Potato Salad Fresh Fruit
Philly Beef Steak 6* Peppers & Onions Paco Blend Carrots Dark Sweet Cherries	ROAD TO WELLNESS 7* Beef & Noodles Mashed Potato Green Beans Apple Slices Cookie/SF Cookie	Tomato Tortellini Soup 8* Seafood Salad Tossed Salad Jello w/Fruit	Cheese Omelet 9* Sausage Links Hashbrown Casserole Spiced Applesauce Orange Juice	Hamburger Gravy 10 Mashed Potatoes Succotash Fresh Fruit
SITES CLOSED COLUMBUS DAY 13*	Creamed Chicken 14* Buttered Beets Pineapple Casserole	Cheese Burgers 15* Batter Bites Normandy Blend Tangerine	Herb Breaded Fish 16* Creamed Spinach Stewed Tomatoes Juice	Chili w/Beans 17* Mexican Rice Corn Mango Cornbread
Hot Dog 20* (LS Alt = Chicken Breast) Baked Beans Mixed Vegetables Fruit Salad	Cream of Broccoli Soup 21* Cold Cut Sandwich Grape Salad Sunshine Salad	BBQ Pork Sandwich 22* Roasted Potatoes Sweet & Sour Spinach Creamy Fruit Salad	Salisbury Steak 23* Mashed Potatoes Peas & Carrots Mixed Fruit Brownie / SF Brownie	Ham loaf 24* (LS Alt = Meatloaf) Sweet Potatoes Winter Blend Banana
Goulash 27* Cooked Cabbage Fruit Crunch	Sweet & Sour Meatballs 28* White Rice Green Beans Asian Blend Juice	Baked Chicken 29* Mashed Potatoes Garlic Chalet Blend Peaches	COLD PACK 30* Roast Beef & Cheddar Potato Salad Pumpkin Mousse Fresh Fruit	BOWL 31* Popcorn Chicken Mashed Potato Corn Coleslaw Pears

WAUSEON ACTIVITIES

FULTON COUNTY SENIOR CENTER | 695 S. SHOOP AVE. | WAUSEON, OH 43567 | 419.337.9299

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Day Trip, Toledo Zoo; Wear Senior Center Shirt 8:00 Walking w/ Friends 10:00 Tai Chi (Senior Led) 11:00 October Word Search 11:00 Keyboard Music 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Card Games 2:30 Walking	8:00 Walking 9:30 MahJong Lesson (Sign Up) 10:15 to 11:45 BINGO 11:00 Keyboard Music 12:00 Lunch 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking	8:00 Walking 10:00 Golden Drummers 12:00 Lunch & Birthday Party 1:00 Cards/ Games 1:00 BINGO 2:30 Walking
8:00 Walking 8:30 Zumba Gold 10:00 Tai Chi (Senior Led) 11:00 Free Blood Pressure Checks 11:00 Keyboard Music 12:00 Lunch No Line Dancing Gym Closed at 12:30 for Road to Wellness Set Up	ROAD TO WELLNESS (By Reservation)	8:00 Walking w/ Friends 10:00 Tai Chi (Senior Led) 11:00 Keyboard Music 12:00 Lunch 1:00 Site Council 1:00 Silver Sneakers Chair Yoga® 1:00 Card Games 2:30 Walking	8:00 Walking 9:30 MahJong Lesson (Sign Up) 10:15 to 11:45 BINGO 11:00 Keyboard Music 12:00 Lunch 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking	8:00 Walking 10:00 Golden Drummers 12:00 Lunch 1:00 Cards/ Games 1:00 BINGO 2:30 Walking
CLOSED FOR COLUMBUS DAY	8:00 Walking 10:00 Golden Drummers 11:00 Tuesday Trivia 12:00 Lunch 1:00 Veterans Social (Note Date) 1:00 Choir Practice Resumes 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking	Medicare Check-Up Day (Sign Up w/ Val) 8:00 Walking w/ Friends 10:00 Tai Chi (Senior Led) 10:00 Make Cards w/ Deb B. 11:00 Keyboard Music 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Card Games 2:30 Walking	8:00 Walking 9:30 MahJong Lesson (Sign Up) 10:15 to 11:45 BINGO 11:00 Keyboard Music 12:00 Lunch 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking	Day Trip, Gust Bros. Pumpkin Farm; Wear Senior Center Shirt 8:00 Walking 10:00 Golden Drummers 12:00 Lunch 1:00 Cards/ Games 1:00 BINGO 2:30 Walking
8:00 Walking 8:30 Zumba Gold 9 to 11 Flu & Covid Immunizations 10:00 Tai Chi (Senior Led) 11:00 Free Blood Pressure Checks 11:00 "Encouragement," Sandy Spengler 12:00 Lunch 1:00 Line Dancing 2:30 Walking	8:00 Walking 10:00 Golden Drummers 11:00 Concert by Fayette Kitchen Band 12:00 Lunch 1:00 Choir 1:00 Silver Sneakers® Classic 1:00 Pinochle/ H & F/ Pepper/ Euchre 2:30 Walking	8:00 Walking w/ Friends 10:00 Tai Chi (Senior Led) 11:00 Financial Scams, Wauseon Police Chief & Detective 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Card Games 2:30 Walking	8:00 Walking 9:30 MahJong Lesson (Sign Up) 10:15 to 11:45 BINGO 11:00 Keyboard Music 12:00 Lunch 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking	8:00 Walking 10:00 Golden Drummers 12:00 Lunch 1:00 Cards/ Games 1:00 BINGO 2:30 Walking
8:00 Walking 8:30 Zumba Gold 10:00 Tai Chi (Senior Led) 11:00 Free Blood Pressure Checks 11:00 Keyboard Music 12:00 Lunch 1:00 Line Dancing 2:30 Walking	8:00 Walking 10:00 Golden Drummers 11:00 Author Paul Plassman (Fulton County Book) 12:00 Lunch 1:00 Choir 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking	Day Trip, Maumee Bay State Park; Wear Senior Center Shirt 8:00 Walking w/ Friends 10:00 Tai Chi (Senior Led) 11:00 Halloween Word Games 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Card Games 2:30 Walking	8:00 Walking (No MahJong) 10:15 to 11:45 BINGO 11:00 Keyboard Music 12:00 Lunch 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking	Happy Halloween! Wear a Costume. 8:00 Walking 10:00 Golden Drummers 12:00 Lunch 1:00 Cards/ Games 1:00 BINGO 2:30 Walking

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Day Trip, Toledo Zoo; Wear Senior Center Shirt 1 9:00 "Traveling Little Library" 9:15 Chair Exercises 10:00 Site Council 10:15 to 11:45 Groucho Marx BINGO (Wear Big/ Hairy Eyebrows); Caller is Emily, Swanton Library 12:00 Lunch & Birthday Dessert by Kingston 1:00 Cards & Games	Happy Birthday, Groucho Marx, Born 1890 2 9:00 Five Crowns 10:15 to 11:45 Groucho Marx BINGO Wear "Hairy" Eyebrows & Moustaches 12:00 Lunch & Birthday Dessert 1:00 Puzzles with Pals	3 9:00 Wits & Wagers 9 to 11 Mahjong 9:15 Chair Exercises 11:00 Medicare News & Updates with Val Edwards, Information & Referral Specialist 12:00 Lunch 1:00 Kings in the Corner
9:00 Flu Immunizations by Health Dept. 6 9:15 Chair Exercises 11:00 Free BP Checks, "Just So You Know," Fulton Co. Health Dept. 12:00 Lunch 1:00 Uno Flip Game	7 Delta Site is Closed ROAD TO WELLNESS (By Reservation)	Bring Your Teddy Bear to the Senior Center Day 8 9:00 Spot It! Game 9:15 Chair Exercises 10:15 to 11:45 Teddy Bear BINGO 12:00 Lunch 1:00 Tenzi Dice Game	Bring Your Teddy Bear to the Senior Center Day 9 9:00 Word Search 10:00 Site Council 10:15 to 11:45 Teddy Bear BINGO 12:00 Lunch 1:00 "I Should Have Known That" Game	10 9:00 Coffee & Conversation 9 to 11 Mahjong 9:15 Chair Exercises 11:00 Guitar Music, Will Hinton 12:00 Lunch 1:00 Set Game
13 CLOSED FOR COLUMBUS DAY	9:00 Flu Immunizations by Health Dept. 14 9:00 Chair Yoga at Hope Church (\$5) 11:00 Free BP Checks, "Just So You Know," Fulton Co. Health Dept. 12:00 Lunch 1:00 Connect Four	15 9:00 Chit Chat 9:15 Chair Exercises 10:15 to 11:45 Vagabond BINGO 12:00 Lunch 1:00 "Things They Don't Teach You In School" Game	16 9:00 Coffee & Conversation 10:15 to 11:45 Vagabond BINGO 12:00 Lunch 1:00 Uno Flip	Day Trip, Gust Bros Pumpkin Farm; Wear Senior Center Shirt 17 9:00 Phase 10 Game 9 to 11 Mahjong 9:15 Chair Exercises 11:00 Game Day 12:00 Lunch 1:00 Reminiscing Booklet
20 9:00 Shut the Box Game 9:15 Chair Exercises 11:00 "What's In The Bag?" Game 12:00 Lunch 1:00 Puzzles with Pals	9:00 Kings in the Corner Game 21 9:00 Chair Yoga at Hope Church (\$5) 11:00 Guitar Music, Michael Buck 12:00 Lunch 1:00 Skip-Bo Card Game	22 9:00 Coffee & Conversation 9:15 Chair Exercises 10:15 to 11:45 Happy Fall, Y'all BINGO. Bring an autumn item for the prize table & wear autumn colors. 12:00 Lunch 1:00 Uno Flip Game	23 9:00 10:15 to 11:45 Happy Fall, Y'all BINGO. Bring an autumn item for the prize table & wear autumn colors. 12:00 Lunch 1:00 Spot It!	24 9:00 Word Search 9 to 11 Mahjong 9:15 Chair Exercises 10:00 Bunco, note start time 12:00 Lunch 1:00 Golf Card Game
27 9:00 Tenzi Dice Game 9:15 Chair Exercises 11:00 Clothing Exchange. (Bring up to 5 items, take up to 5 items, etc.) 11:00 Games & Cards 12:00 Lunch 1:00 Spot It! Game	28 9:00 Coffee & Conversation 9:00 Chair Yoga at Hope Church (\$5) 11:00 Learn About Delta History, John Myles of Museum of Fulton County 12:00 Lunch 1:00 Songburst Game	Day Trip, Maumee Bay State Park; Wear Senior Center Shirt 29 9:00 Coffee & Conversation 9:15 Chair Exercises 10:15 to 11:45 Halloween BINGO, Wear a Costume 12:00 Lunch 1:00 "I Should Have Known That" Game	30 Wear a Costume 9:00 Tenzi Dice Game 10:15 to 11:45 Halloween BINGO 12:00 Lunch 1:00 "Things They Don't Teach You In School" Game	9:00 Uno Flip Game 9 to 11 Mahjong 9:15 Chair Exercises 11:00 Bill Senecal, "Spooky Ohio Stories" 12:00 Lunch 1:00 Five Crowns Game

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ARCHBOLD - SCOUT CABIN
INSIDE RUIHLEY PARK, W. WILLIAMS ST.
TUES. & FRI.

ARCHBOLD – FAYETTE

ACTIVITIES

FAYETTE - FAMILY LIFE CENTER
306 E. MAIN STREET
MON., WED., & THURS.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Day Trip, Toledo Zoo; Wear Senior Center Shirt 1 9:00 Reminiscing Booklet 10:00 Free Chair Yoga 11:00 Fayette Kitchen Band 12:00 Lunch 1:00 Pairzi Game	9:00 "Tell Me More" Game 2 10:00 Site Council 10:15 to 11:45 Groucho Marx 135th Birthday. Wear "Hairy" Eyebrows & Moustaches to BINGO 12:00 Lunch & Birthday Dessert 1:00 Brain Box Games	9:00 Pepper 3 10:00 Site Council 10:15 to 11:45 Groucho Marx 135th Birthday. Wear "Hairy" Eyebrows & Moustaches to BINGO 12:00 Lunch & Birthday Dessert 1:00 Q*Bitz Game
9:00 Left, Center, Right Dice Game 6 9:45 WISE (Wellness Initiative for Senior Education) "Substance Abuse, Addiction, & Older Adults" 12:00 Lunch 1:00 Monopoly Dea Game	7 Archbold Site is Closed ROAD TO WELLNESS (By Reservation)	9:00 Word Search 8 9:15 to 10 Free Chair Yoga 10:15 Program by Wendy, "Poems & Gnomes." Meet at Normal Memorial Library 12:00 Lunch 1:00 Goat Lords Game	Bring A Teddy Bear to the Senior Center Day 9 9:00 Trivia 10:15 to 11:45 Teddy Bear BINGO 12:00 Lunch 1:00 Skip Bo	Bring A Teddy Bear to the Senior Center Day 10 9:00 Coffee & Conversation 10:15 to 11:45 Teddy Bear BINGO 12:00 Lunch 1:00 Word Search
13 CLOSED FOR COLUMBUS DAY	9:00 Time Line: Inventions Game 14 11:00 Free Bluegrass Concert by Circle of Friends 12:00 Lunch 1:00 Set Card Game	9:00 Chit Chat 15 10:00 Free Chair Yoga 11:00 Michael Buck, Guitar Music 12:00 Lunch 1:00 No Thanks Game	9:00 Coffee & Conversation 16 10:15 to 11:45 Vagabond BINGO, Dress Like a Vagabond 12:00 Lunch 1:00 Uno Flip Card Game	Day Trip, Gust Bros Pumpkin Farm; Wear Senior Center Shirt 17 9:00 Pepper 10:15 to 11:45 Vagabond BINGO, Dress Like a Vagabond 12:00 Lunch 1:00 Puzzles
9:00 Time Line: Events Game 20 9:45 WISE (Wellness Initiative for Senior Education) "An Enhanced Quality of Life" 12:00 Lunch 1:00 "Things They Don't Teach You In School" Game	9:00 Uno Flex 21 11:00 "Just So You Know" & Free Blood Pressure Checks 12:00 Lunch 1:00 Quadrillion Game	9:00 Coffee & Conversation 22 10:00 Free Chair Yoga 11:00 Guitar Music, Will Hinton 12:00 Lunch 1:00 Cards	9:00 Tenzi Game 23 10:15 to 11:45 Happy Fall, Y'all BINGO. Bring an autumn item for the prize table & wear autumn colors. 12:00 Lunch 1:00 Socialize 1 to 3 Flu Clinic at Wyse Commons	9:00 Uno Flip 24 10:15 to 11:45 Happy Fall, Y'all BINGO. Bring an autumn item for the prize table & wear autumn colors. 12:00 Lunch 1:00 Cards with Friends
9:00 Flu Immunizations with Health Dept. 27 11:00 "Just So You Know" & Free Blood Pressure Checks 12:00 Lunch 1:00 "I Should Have Known That" Game	9:00 Coffee & Conversation 28 11:00 Music by Sonny & Friends 12:00 Lunch 1:00 Phase 10 Card Game	Day Trip, Maumee Bay State Park; Wear Senior Center Shirt 29 9:00 Left Center Right Dice Game 10:00 Free Chair Yoga 11:00 Free Bluegrass Concert by Circle of Friends 12:00 Lunch 1:00 Brain Box Games	Happy Halloween! 30 Wear a Costume 9:00 Halloween Word Games 10:15 to 11:45 Halloween BINGO 12:00 Lunch 1:00 Top It Card Game	Happy Halloween! 31 Wear a Costume 9:00 Cards 10:15 to 11:45 Halloween BINGO 12:00 Lunch 1:00 Left, Center, Right Dice Game"



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Address service requested
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Fulton County Senior Center
695 S. Shoop Ave.
Wauseon, OH 43567-1109

 If you or a family member would like to receive this newsletter by e-mail, please contact us at kschroeder@fultoncountyoh.com.

DATED MATERIAL - DELIVER BEFORE OCTOBER 1, 2025

FULTON COUNTY SENIOR CENTER STAFF

Director.....	Karen Schroeder
Receptionist.....	Karen Schroeder
Information & Referral Specialist.....	Valerie Edwards
Administrative Assistant.....	Chris Sager
Assessment/Data Entry Manager.....	Laura Ankney
Head Cook/Kitchen Manager.....	Kim Lerma
Assistant Cook.....	Aria Frey
Food Program Manager.....	Kim Machinski
Volunteer Coordinator.....	Angela Johnston
Kitchen Aides.....	Adriane Baldwin, Sherry Bittinger, Candace Gonzales, Hunter Hallet
Activity Coordinator.....	Vicki Hoylman
Activity Support Staff.....	Beth Ricker-Flory
Site Manager, Archbold/Fayette.....	Dorothy Bock
Site Aide, Archbold/Fayette.....	Donna Loar
Site Manager, Delta/Swanton.....	Jeanne Ortiz
Site Aide, Delta/Swanton.....	Andrea Coburn
Custodian.....	Danni Smith
Meal Delivery.....	Tiffany Emery, Meredith Grime, Brenda Hauck, Angela Johnston, Kelli Kuntz, Arin Lauber, Jim Lugbill, James Mapes, Jack Myers, Aimee Roth, Sam Sanderson, Judy Thourot, Shawn Vance-Dixon
Substitutes.....	James Baldwin, Anita Ehrsam, Tim Gorsuch, Steve Jackson, Vicki Lynn Kline, Cheryl Kohls, Michael Mangas, Sharon McCabe, Becky Peabody, Dennis Peabody, Christian Powers, Mary Schultz, Michelle Shafer, Tom Wagner, LouAnn Wheeler

The Fulton County Senior Center is a program of the Fulton County Commissioners, funded through levy money, donations, and under a grant, administered by the Ohio Department of Aging and the Area Office on Aging.

Please direct all calls/inquiries to our main number at 419-337-9299.

Wauseon Site	M – F	8:00 am – 4:00 pm
Archbold Site	T and F	9:00 am – 2:00 pm
Delta Site	T and Th	9:00 am – 2:00 pm
Fayette Site	M, W, Th	9:00 am – 2:00 pm
Swanton Site	M, W, F	9:00 am – 2:00 pm