

LUNCH CALENDAR

SEPTEMBER, 2025

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (Items must be ordered at least one week in advance)

LF Alt = Low Fat Alternate (Items must be ordered at least one week in advance)

SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.

Checks Payable to: Fulton County Senior Center

***The following major food allergens are used as ingredients in this facility: Milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, and sesame. Please notify our staff for more information about these ingredients.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1*</p> <p>Sites Closed Labor Day</p>	<p>2*</p> <p>Beef & Noodles Mashed Potatoes Green Beans Apricots</p>	<p>3*</p> <p>Swanton B-day Navy Bean Soup (LS Alt=Tomato Soup) Deli Chicken Sandwich Pickled Beets Tropical Fruit</p>	<p>4*</p> <p>Fayette & Delta B-day Sausage Patty Sandwich Riced Cauliflower Succotash Mixed Fruit</p>	<p>5*</p> <p>Wauseon & Archbold B-day Salisbury Steak Mashed Potatoes Maple Glazed Carrots Apple Yogurt</p>
<p>8*</p> <p>Baked Ham (LS Alt = Pork Loin) Scalloped Potatoes Sweet & Sour Spinach Fruit Crisp</p>	<p>9*</p> <p>Fish Sandwich Macaroni & Cheese Stewed Tomatoes Dark Sweet Cherries</p>	<p>10</p> <p>Chili w/Beans Mexican Style Rice Corn Mango Cornbread</p>	<p>11</p> <p>Chicken Salad Creamy Cucumbers Ambrosia Fresh Fruit</p>	<p>1</p> <p>Chipped Beef Mashed Potatoes Mixed Vegetables Peaches Biscuit</p>
<p>15*</p> <p>Hot Dogs (LS Alt=Chicken Breast) Baked Beans California Blend Mixed Fruit Chips</p>	<p>16*</p> <p>Beef Stroganoff Egg Noodles Brussels Sprouts Fruit Crunch</p>	<p>17*</p> <p>Chicken Breast Sandwich O'Brien Potatoes Buttered Beets Fruit Salad</p>	<p>1</p> <p>Chicken Alfredo Broccoli Garlic Mushrooms Fruit Cocktail</p>	<p>1</p> <p>Cheese Burgers Batter Bites Tuscan Asiago Blend Mandarin Oranges</p>
<p>22*</p> <p>Biscuits & Gravy Hash Brown Casserole Peas & Carrots Grapes</p>	<p>23*</p> <p>Cheeseburger Soup Ground Bologna Sandwich (LS Alt=Egg Salad) Tossed Salad Jell-O w/ Fruit</p>	<p>24*</p> <p>Teriyaki Chicken Fried Rice Asian Blend Fresh Fruit Pudding/SF Pudding</p>	<p>25*</p> <p>Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Creamed Peas Banana</p>	<p>26*</p> <p>Nat'l Pancake Day Scrambled Egg Sausage Links Pancake Escalloped Apples Carrots w/ Ranch Orange Juice</p>
<p>29*</p> <p>Country Fried Steak w/Country Gravy Mashed Potatoes Green Beans Pears</p>	<p>3</p> <p>Goulash Summer Squash Pineapple Casserole Fresh Fruit</p>			