

WAUSEON ACTIVITIES

FULTON COUNTY SENIOR CENTER / 695 S. SHOOP AVE. / WAUSEON, OH 43567 / 419.337.9299

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>CLOSED FOR LABOR DAY</p>	<p>2</p> <p>8:00 Walking 10:00 Golden Drummers 11:00 Keyboard Music 12:00 Lunch 1:00 Veterans Social 1:00 Choir No Silver Sneakers 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking</p>	<p>3</p> <p>8:00 Walking w/ Friends No Tai Chi 10:00 Choir Leaves for Fair 11:00 Choir Songs at Fair 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Card Games 2:30 Walking</p>	<p>4</p> <p>8:00 Walking 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking</p>	<p>5</p> <p>8:00 Walking 10:00 Golden Drummers 12:00 Lunch & Birthday Dessert by Heritage Home Health Care 1:00 Cards/ Games 1:00 BINGO 2:30 Walking</p>
<p>8</p> <p>8:00 Walking 8:30 Zumba Gold 10:00 Tai Chi (Senior Led) 11:00 Free Hearing Aid Cleaning 11:00 Keyboard Music 12:00 Lunch 1:00 Line Dancing 2:30 Walking</p>	<p>9</p> <p>8:00 Walking 10:00 Golden Drummers 11:00 Keyboard Music 12:00 Lunch 1:00 Choir 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking</p>	<p>10</p> <p>8:00 Walking w/ Friends 10:00 Tai Chi (Senior Led) 10:00 Choir Leaves for Fairlawn 10:30 Choir Songs at Fairlawn 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Card Games 2:30 Walking</p>	<p>11</p> <p>Day Trip, Sauder Village Wear Red, White & Blue 8:00 Walking 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking</p>	<p>12</p> <p>8:00 Walking 10:00 Golden Drummers 12:00 Lunch 1:00 Cards/ Games 1:00 BINGO 2:30 Walking</p>
<p>15</p> <p>8:00 Walking 8:30 Zumba Gold 10:00 Tai Chi (Senior Led) 11:00 Free Blood Pressure Checks 11:00 Keyboard Music 12:00 Lunch 1:00 Line Dancing 2:30 Walking</p>	<p>16</p> <p>Archbold/ Fayette Trip to Shipshewana 8:00 Walking 10:00 Golden Drummers 11:00 Noggin Knowledge Trivia 12:00 Lunch 1:00 Choir 1:00 Silver Sneakers® Classic 1:00 Pinochle/ H & F/ Pepper/ Euchre 2:30 Walking</p>	<p>17</p> <p>Day Trip, Toledo Zoo; Wear Senior Center Shirt 8:00 Walking w/ Friends 10:00 Tai Chi (Senior Led) 10:00 Make Cards w/ Deb B. 11:00 Avoid Identity Theft, Atty Gen Ofc 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Card Games 2:30 Walking</p>	<p>18</p> <p>8:00 Walking 10:15 to 11:45 BINGO (Note: Conf. Rm) 12:00 Lunch County Lunch & Learn, plus Drug Court Grad. 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking</p>	<p>1</p> <p>8:00 Walking 10:00 Golden Drummers 12:00 Lunch 1:00 Cards/ Games 1:00 BINGO 2:30 Walking</p>
<p>22</p> <p>8:00 Walking 8:30 Zumba Gold 9:00 Free Vascular Screenings by UTM 10:00 Tai Chi (Senior Led) 10:00 Choir Leaves for Swanton SC 11:00 Choir Songs at Swanton SC 12:00 Lunch 1:00 Line Dancing 2:30 Walking</p>	<p>23</p> <p>8:00 Walking 10:00 Golden Drummers 11:00 Little Rascals Video 12:00 Lunch 1:00 Choir 1:00 Silver Sneakers® Classic 2:00 Pinochle/ H & F/ Pepper/ Euchre 2:30 Walking</p>	<p>24</p> <p>8:00 Walking w/ Friends 10:00 Tai Chi (Senior Led) 11:00 Screen: Carol Burnett Show 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Card Games 2:30 Walking</p>	<p>25</p> <p>8:00 Walking 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking</p>	<p>2</p> <p>8:00 Walking 10:00 Golden Drummers 12:00 Lunch 1:00 Cards/ Games 1:00 BINGO 2:30 Walking</p>
<p>29</p> <p>8:00 Walking 8:30 Zumba Gold 10:00 Tai Chi (Senior Led) 11:00 Keyboard Music 12:00 Lunch 1:00 Line Dancing 2:30 Walking</p>	<p>Day Trip, Musical at Shipshewana 30 8:00 Walking 10:00 Golden Drummers 11:00 Autumn Days Word Search 12:00 Lunch 1:00 Choir 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking</p>			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>CLOSED FOR LABOR DAY</p>	<p>2</p> <p>9:00 Coffee & Conversation 9:00 Parking Lot Stroll 9:00 Chair Yoga at Hope Church (\$5) 11:00 Chip Program, Maumee Valley Planning Organization; Home Repairs for Homeowners & Rights for Renters 12:00 Lunch 1:00 Set</p>	<p>3</p> <p>9:00 "Traveling Little Library" 9:15 Chair Exercises 10:00 Site Council 10:15 to 11:45 Bad to the Bone BINGO, Emily, Swanton Library 12:00 Lunch & Birthday Dessert by Kingston 1:00 Cards</p>	<p>4</p> <p>9:00 Phase 10 10:00 Site Council 10:15 to 11:45 Bad to the Bone BINGO 12:00 Lunch & Birthday Dessert 1:00 Cards & Games</p>	<p>5</p> <p>9:00 Parking Lot Stroll 9 to 11 Mahjong 9:15 Chair Exercises 11:00 Game Day/ Noggin Knowledge Trivia 12:00 Lunch 1:00 Quiddler</p>
<p>8</p> <p>9:00 Dad Jokes 9:15 Chair Exercises 11:00 Free BP Checks, "Just So You Know," Fulton Co. Health Dept. 12:00 Lunch 1:00 Set</p>	<p>9</p> <p>9:00 Parking Lot Stroll 9:00 Chair Yoga at Hope Church (\$5) 11:00 Free BP Checks, "Just So You Know," Fulton Co. Health Dept. 12:00 Lunch 1:00 Quadrillion</p>	<p>10</p> <p>9:00 Parking Lot Stroll 9:15 Chair Exercises 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Scrabble</p>	<p>11</p> <p>Wear Red, White & Blue 9:00 Coffee & Conversation 9:00 Parking Lot Stroll 10:15 to 11:45 BINGO with Delta Students 12:00 Lunch 1:00 Brain Games</p>	<p>12</p> <p>9:00 Chit Chat 9 to 11 Mahjong 9:15 Chair Exercises 11:00 "Tell Me Something Good!" Bring Some Good News/ Something Happy to Show or Tell 12:00 Lunch 1:00 Cards</p>
<p>15</p> <p>9:00 Parking Lot Stroll 9:15 Chair Exercises 11:00 Hand & Foot, Uno & LCR 12:00 Lunch 1:00 Uno Flip</p>	<p>16</p> <p>Archbold/ Fayette Trip to Shipshewana 9:00 Uno Flip 9:00 Chair Yoga at Hope Church (\$5) 11:00 Game Day/ Noggin Knowledge Trivia 12:00 Lunch 1:00 Connect Four</p>	<p>17</p> <p>Day Trip, Toledo Zoo; Wear Senior Center Shirt Site:Wear Animal Print 9:00 Coffee & Conversation 9:00 Parking Lot Stroll 9:15 Chair Exercises 10:15 to 11:45 Animal Print BINGO 12:00 Lunch 1:00 Dominoes</p>	<p>18</p> <p>Wear Animal Print 9:00 Q*Blitz 10:15 to 11:45 Animal Print BINGO 12:00 Lunch 1:00 Time Line - Inventions"</p>	<p>1</p> <p>(Site opens at 10 due to staff training) 10:00 Parking Lot Stroll 10 to 11:45 Mahjong 10:15 Chair Exercises (Note Time) 11:00 Game Day 12:00 Lunch 1:00 Games</p>
<p>22</p> <p>9:00 Shut the Box Brain Game 9:15 Chair Exercises 11:00 Concert by Senior Center Choir 12:00 Lunch 1:00 Kings in the Corner</p>	<p>23</p> <p>9:00 Cards with Friends 9:00 Chair Yoga at Hope Church (\$5) 11:00 Free Bluegrass Concert by Circle of Friends 12:00 Lunch 1:00 Puzzles with Pals</p>	<p>24</p> <p>9:00 Skip-Bo 9:15 Chair Exercises 10:15 to 11:45 Star Wars BINGO 12:00 Lunch 1:00 Things They Don't Teach You In School</p>	<p>25</p> <p>9:00 Shut the Box 10:15 to 11:45 Star Wars BINGO; Caller: Carrie from Delta Library 12:00 Lunch 1:00 Tenzi</p>	<p>9:00 Reminiscing Booklet 9 to 11 Mahjong 9:15 Chair Exercises 11:00 Bedford Cloggers 12:00 Lunch 1:00 Songburst</p>
<p>29</p> <p>9:00 Parking Lot Stroll 9:15 Chair Exercises 11:00 Swanton Police Chief Trejo 12:00 Lunch 1:00 Spot It!"</p>	<p>30</p> <p>Day Trip, Musical at Shipshewana 9:00 Coffee & Conversation 9:00 Parking Lot Stroll 9:00 Chair Yoga at Hope Church (\$5) 11:00 Guitar Music, Will Hinton 12:00 Lunch 1:00 Word Search</p>			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>CLOSED FOR LABOR DAY</p>	<p>9:00 Pepper</p> <p>10:00 Site Council</p> <p>11:00 Beat the Heat, Amy Carles with Ohio Consumers' Counsel</p> <p>12:00 Lunch</p> <p>1:00 Monopoly Deal Game</p>	<p>9:00 Left Center Right Dice Game</p> <p>10:00 Chair Yoga</p> <p>11:00 Noggin Knowledge Trivia</p> <p>12:00 Lunch</p> <p>1:00 "I Should Have Known That" Game</p>	<p>9:00 Monopoly Deal Game</p> <p>10:00 Site Council</p> <p>10:15 to 11:45 Bad to the Bone BINGO</p> <p>12:00 Lunch & Birthday Dessert</p> <p>1:00 Time Line -- Americana, Game</p>	<p>9:00 Coffee & Conversation</p> <p>10:15 to 11:45 Bad to the Bone BINGO</p> <p>12:00 Lunch & Birthday Dessert</p> <p>1:00 Cards</p>
<p>9:00 Blokus</p> <p>9:45 WISE (Wellness Initiative for Senior Education) "Understanding Changes of Aging"</p> <p>12:00 Lunch</p> <p>1:00 Kanoodle</p>	<p>9:00 Time Line -- Events Game</p> <p>11:00 "Keep a Healthy Mind/ Positive Mental Health as You Age" Maumee Valley Guidance</p> <p>12:00 Lunch</p> <p>1:00 "I Should Have Known That" Game</p>	<p>9:00 Puzzles with Pals</p> <p>10:00 Chair Yoga</p> <p>11:00 Free Bluegrass Concert, Circle of Friends</p> <p>12:00 Lunch</p> <p>1:00 "Things They Don't Teach You in School" Game</p>	<p>Site Closed for Day Trip to Sauder Village. Wear Senior Center Shirt.</p> <p>Meet at 9:30 a.m. at Fayette Senior Center, and board the bus at 9:45 a.m. Back by approx. 3 p.m.</p> <p>Call 419-337-9299 to sign up for this trip.</p>	<p>9:00 Pepper</p> <p>10:15 to 11:45 BINGO</p> <p>12:00 Lunch</p> <p>1:00 Word Search</p>
<p>9:00 Time Line -- Americana Game</p> <p>9:45 WISE (Wellness Initiative for Senior Education) "Aging Sensitivity"</p> <p>12:00 Lunch</p> <p>1:00 Qwirkle</p>	<p>Archbold Site Closed for Archbold/ Fayette Trip to Shipshewana</p>	<p>Day Trip, Toledo Zoo; Wear Senior Center Shirt</p> <p>9:00 Coffee & Conversation</p> <p>10:00 Chair Yoga</p> <p>11:00 Music by Sonny & Friends</p> <p>12:00 Lunch</p> <p>1:00 "Facts That Are False" Page</p>	<p>Wear Animal Print</p> <p>9:00 Left Center Right Dice Game</p> <p>10:15 to 11:45 Animal Print BINGO</p> <p>12:00 Lunch</p> <p>1:00 Word Search</p>	<p>Note: (Site Opens at 10 Due to Staff Training). Wear Animal Print</p> <p>10:15 to 11:45 Animal Print BINGO</p> <p>12:00 Lunch</p> <p>1:00 "No Thanks" Game</p>
<p>9:00 Reminiscing Game</p> <p>9:45 WISE (Wellness Initiative for Senior Education) "Valuing Cultural & Generational Diversity"</p> <p>10:30 Free Blood Pressure Checks, Health Dept.</p> <p>12:00 Lunch</p> <p>1:00 SkipBo</p>	<p>9:00 Shut the Box Game</p> <p>11:00 Dulcimer Music, Vickie Halsey</p> <p>12:00 Lunch</p> <p>1:00 Pairzi Game</p>	<p>9:00 Kanoodle Game</p> <p>10:00 Chair Yoga</p> <p>11:00 Medicare Q & A with Val Edwards, Information & Referral Specialist</p> <p>12:00 Lunch</p> <p>1:00 Top It Card Game</p>	<p>9:00 Coffee & Conversation</p> <p>10:15 to 11:45 Star Wars BINGO</p> <p>12:00 Lunch</p> <p>1:00 Puzzles with Pals</p>	<p>9:00 Pepper</p> <p>10:15 to 11:45 Star Wars BINGO</p> <p>12:00 Lunch</p> <p>1:00 Games</p>
<p>9:00 Coffee & Conversation</p> <p>9:45 WISE (Wellness Initiative for Senior Education) "Medication & the Older Adult"</p> <p>12:00 Lunch</p> <p>1:00 Shut the Box Game</p>	<p>9:00 Time Line - Events, Game</p> <p>11:00 Guitar Music, Michael Buck</p> <p>12:00 Lunch</p> <p>1:00 "Dealing with The Best Company" (Cards with Friends)</p>			