

SERVING CITIZENS OF FULTON COUNTY 60 YEARS & OVER

# SENIOR



**AUGUST 2025**

Fulton County Senior Center  
695 S. Shoop Ave., Wauseon, Ohio 43567  
Phone: 419-337-9299 • Fax: 419-337-9289 • Hours: 8am-4pm

## SENIOR NEWS

### CLASSIC CAR CRUISE IN

On Friday, August 15, roll in to the Fulton County Senior Center parking lot in Wauseon in your classic car, truck, motorcycle or bicycle. Show us your ride and rev up some memories at the 'Cruise In'. Vehicles may start rolling in around 10:00 a.m. and roll out around 2:00 p.m.. Enjoy ice cream treats and a hot dog meal while you walk around viewing the vehicles. Please call for meal reservations (indicate hot dog or chef salad as your entrée) and vehicle registrations by August 8. We welcome you to invite your friends. Rain date is Friday, August 22. Our address is 695 S. Shoop Avenue, Wauseon.

## SENIOR SPOTLIGHT

Not many seniors spend from two to five hours each day on their hobby, but Ron Savage said the time he spends tending to his roses flies by. "It's something I enjoy, and I love to give away roses," Ron said. He started with five rose bushes in 1992, and his rose garden has grown to more than 150 rose bushes, including varieties with fun names like Betty Boop, Dolly Parton, Ring of Fire, and Strawberry Swirl. "You have hybrid teas, that's the most common. Then miniatures, Grandifloras, Floribunda, climbing, and shrub roses, and I've got them all," Ron explained, adding, "I buy a lot of my rose bushes at Wal-Mart, then spend time pruning, spraying for insects, and fertilizing, and with care, they bloom throughout the summer." Ron's green thumb extends to growing cucumbers, tomatoes, strawberries, and other flowers, such as hibiscus. Each year, Ron looks forward to selecting just the right roses to enter in the Fulton County fair. His hard work has paid off, as he has won "Best of Show" seven times since he started showing roses in 1993. He is hoping to bring home another award this year.



When the rose bushes are laden with blooms, Ron collects them in vases, and adds roses to each dining table in our Senior Center. He also enjoys telling others about growing roses, and sharing tips and hints with other growers. "Being retired now, I have all the time in the world," he said. Ron, a 1972 graduate of Delta High School, and a former truck driver, jokes that this hobby prevents him from developing other bad habits.

Ron and his wife Joan live in Wauseon with their collie, Jet. They have a daughter and a son.

### WHAT'S YOUR NEED?

Fulton County Job and Family Services, Adult Protective Services, has limited funds to potentially help with personal items, such as clothing, hygiene needs, shoes, coats, blankets, etc. These funds could also help with household needs and/or repairs, such as lift chairs, mattresses, tables, carpeting, air conditioners, space heaters, tables, window repairs, etc. These funds are limited and on a first come first serve basis. If you need assistance, please contact 419-337-0010 extension 1827.

### LOCAL COOLING CENTERS

Beat the summer heat by enjoying the air conditioning of a local cooling center. The Fulton Co Senior Center, 695 S. Shoop Ave. Wauseon, is open Monday through Fri from 8 AM to 4 PM, (no county holidays). To inquire about a cooling center in your Fulton County community, call 419-337-9299.

### FREE WELLNESS CLASSES

The Fulton County Senior Center in partnership with Maumee Valley Guidance Center is pleased to offer Wellness Initiative for Senior Education (WISE) Program, an Evidence-based Wellness Program for Older Adults.

There is no cost for the series of six sessions which will empower older adults to make positive, healthy choices. Course topics include Understanding the Changes Associated with Aging, Valuing Cultural and Generational Diversity, Medication and the Older Adult, Substance Abuse / Addiction in Older Adults, Gaining an Enhanced Quality of Life, and more.

WISE Program participants increased their knowledge regarding how their bodies age, how the aging process affects their ability to metabolize medications and alcohol, and how to recognize the early signs and symptoms of depression. WISE participants were more likely to improve health behaviors related to lifestyle choices, health care empowerment, and use of prescription and over-the-counter medications.

Please sign up to join us for this special opportunity presented at Fayette Senior Center, 306 E. Main Street, Fayette, from 9:45 to 11:45 a.m. on Monday, September 8, 15, 22, 29, October 6, (not 13, closed for Columbus Day), and October 20. Attending all six sessions is not mandatory. To sign up, call 419-337-9299.

### SUMMER COOLING HELP

The 2025 Summer Crisis Program (SCP) will provide eligible households with a one-time benefit to assist with electric utility bills up to \$500 for regulated & \$800 for non-regulated, central air conditioning repairs up to \$1500 for homeowners, and provide a window air conditioning unit and/or fan. This year the program will be open July 1 – September 30, 2025. Household income must be at or below 175% of the Federal Poverty Guidelines and households must have at least one additional eligibility criteria listed below:

- A household member who is age 60 or older.
- A household member has a documented medical condition that is impacted by the heat, and verified by a licensed medical professional.
- Percentage of Income Payment Plan Plus (PIPP) customers are eligible for assistance towards their default PIPP payment, first PIPP payment, central air conditioning repairs, or may receive an air conditioning unit and/or fan.
- A household's electric utility has a disconnect notice, has been shut off, or new electric service is being established for the household. These households may also receive an air conditioning unit and/or fan or central air conditioning repairs, if the household can maintain electric service for 30 days.

Please call the appointment hotline number 419-219-4641 to schedule an appointment. For additional questions, call 419-337-8601.

### SAUDER VILLAGE DAY TRIP

Visit Historic Sauder Village in Archbold for our Senior Center day trip. Enjoy engaging stories, demonstrations, & fun activities while exploring historic homes, barns, gardens, & craft shops. Take a walk through time from 1803 through the 1920s while visiting Natives & Newcomers, Pioneer Settlement, & the 1920s Main Street. Stroll down Main Street & see the theater & grocery store, sip a chocolate malt at the soda fountain, meet horses at the livery, & explore the bank, fire station, car dealership, & barbershop. Enjoy a free train ride, meet farm animals, take a buggy ride (\$6), & explore the candy counter! Lunch is on your own at the Barn Restaurant, Café, & /or Doughbox Bakery. Our day trip is Thursday, August 14. Meet at the Fulton County Senior Center, 695 S. Shoop Ave., Wauseon at 9:30 a.m. to leave by 9:50 a.m. or board the bus at the Delta Senior Center, 101 Northwood Drive, at 9:25 a.m. Suggested trip donation is \$13 per senior, covers bus & admission. Bring money for your lunch on your own & purchases. Everyone back by 3:15 p.m. Call to sign up, 419-337-9299.

### MEDICARE ETC. QUESTIONS ANSWERED WITH VAL

Val Edwards, Information & Referral Specialist, is taking appointments for meetings at locations around the county. Get help understanding Medicare and Social Security issues, insurance, bills, completing applications, and more. Delta area seniors with appointments can meet with Val at Delta Library on Wednesday, August 13 from 10:00 am to noon. Thursday, August 21, meet Val at the Swanton Library from 10:00 am to noon, by appointment only. Live near Metamora? Make an appointment for Tuesday, August 26 to meet with Val at the Evergreen Library in Metamora from 10:00 am to noon. On Thursday, August 28, Val will be at Wyse Commons on Archbold's Fairlawn campus by appointment. In addition, Val is available most weekdays by appointment to meet with seniors at the Fulton County Senior Center, 695 S. Shoop Avenue, Wauseon. Val's services are offered at no cost to seniors in partnership with Wyse Commons and the local libraries. Please make an appointment in advance with Val for any of these dates by calling 419-337-9299.

### ON THE NUTRITION SHELF: LOCAL FOODS

Late Summer/Early Fall is still a wonderful time for fresh produce availability in the Midwest. We encourage you to consider local foods as you plan extra vegetables and fruits for your meals and snacks. These may be foods you grew in your own garden or container, foods purchased at a local Farmers Market, or produce marked local grown or Ohio grown from a store, or even purchasing food from a fresh food delivery service.

Here are a few reasons why local foods may be a good choice for the consumer, the environment, and the economy:

- Local foods may have more nutritional value – as the time from harvest to table should be short. (After foods are picked, especially those not stored properly will decrease in quality and nutrient value).
- Local foods should be full of flavor – because they can be picked when ripe and not have long transportation time, they can be riper.
- Purchasing foods grown in your own community supports the local economy.
- Buying from a family farm helps preserve the future of the American Farmer. Supporting local farms ensures that there will be farms in your community in the future.
- Local grown foods have less chance for contamination. The more steps between the food being harvested and the consumer, the more chances for food safety issues to arise.

Whether you purchase a local food, grow your own, or pick up what is convenient at the market, we hope you make an effort to move your servings of vegetables and fruits to 5 or even more every day.

Source: Ohio State University Extension.

# LUNCH CALENDAR

AUGUST, 2025

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

**SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.**

**Checks Payable to: Fulton County Senior Center**

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

**\*The following major food allergens are used as ingredients in this facility: Milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, and sesame. Please notify our staff for more information about these ingredients.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Wauseon & Archbold B-day <sup>1*</sup> Tuna Mac Salad Broccoli Salad Watergate Salad Pears
Sloppy Joe <b>4*</b> Tater Tots California Blend Apricots	Baked Chicken <b>5*</b> Collard Greens Black Eyes Peas Yogurt w/ Fruit	Swanton B-day <b>6*</b> Bacon Egg Cheese Bites Potato Rings French Toast Casserole Fresh Fruit	Fayette & Delta B-day <b>7*</b> Stuffed Pepper Peas & Onions Garlic Mushrooms Mixed Fruit	BOWL <b>8*</b> Chicken Ceaser Salad Cottage Cheese Fresh Fruit Lima Dill Salad
Sausage Patty Sandwich <b>11</b> Batter Bites Mixed Vegetables Dark Sweet Cherries	Beef & Cheese Burrito <b>12*</b> Refried Beans Cilantro Lime Rice Mango	Pulled Pork <b>13*</b> Macaroni & Cheese Tomato Garlic Butter Beans Amish Coleslaw Tropical Fruit	Shepherd's Pie <b>14*</b> Cooked Cabbage Pumpkin Delight	CRUISE-IN <b>15*</b> Hot Dog (LS Alt= Chicken Breast) Tater Tots Baked Beans Apple
Parisian Soup <b>18*</b> Tossed Salad Ambrosia Pea Salad Cookie/SF Cookie	BBQ Beef <b>19*</b> Baby Bakers Riced Cauliflower Pineapple	Chicken & Noodles <b>20*</b> Mashed Potatoes Green Beans Peaches	Herb Breaded Fish <b>21*</b> Garden Rice Stewed Tomatoes Juice	Cheeseburgers <b>22*</b> Tater Tots Tuscan Asiago Blend Tangerine
Cheese Omelet <b>25*</b> Sausage Links Potato Coins Escaloped Apples Orange Juice	Goulash <b>26*</b> Sweet & Sour Spinach Fruit Crisp	Hot Chicken Sandwich <b>27*</b> Potato Wedge Peas & Carrots Fresh Fruit	Meatball Sub <b>28*</b> Midori Blend Beets Sorbet Cup	Deli sandwich <b>29*</b> Three Bean Salad Jell-O w/ fruit Chips Grapes

# WAUSEON ACTIVITIES

FULTON COUNTY SENIOR CENTER | 695 S. SHOOP AVE. | WAUSEON, OH 43567 | 419.337.9299

AUGUST, 2025

SENIOR  
B-22

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				8:00 Walking 10:00 Golden Drummers 12:00 Lunch & Birthday Dessert by Heritage Health Care 1:00 Cards/ Games 1:00 BINGO 2:30 Walking <b>1</b>
8:00 Walking <b>8:30 Zumba Gold</b> 10:00 Tai Chi (Senior Led) 11:00 Keyboard Music 12:00 Lunch 1:00 Line Dancing 2:30 Walking <b>4</b>	8:00 Walking 10:00 Golden Drummers <b>11:00 Free Balance Testing/ Fall Prevention</b> 12:00 Lunch <b>1:00 Veterans Social</b> <b>1:00 Choir</b> 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking <b>5</b>	8:00 Walking w/ Friends 9 to 11 WISE (Last Session) 10:00 Tai Chi (Senior Led) <b>11:00 Music by Sonny &amp; Friends</b> 12:00 Lunch <b>1:00 Site Council</b> 1:00 Silver Sneakers Chair Yoga® 1:00 Card Games 2:30 Walking <b>6</b>	8:00 Walking 10:15 to 11:45 BINGO <b>11:00 Keyboard Music, Karin McGilvery</b> 12:00 Lunch 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking <b>7</b>	8:00 Walking 10:00 Golden Drummers 12:00 Lunch 1:00 Cards/ Games 1:00 BINGO 2:30 Walking <b>8</b>
8:00 Walking <b>8:30 Zumba Gold</b> 10:00 Tai Chi (Senior Led) 11:00 Keyboard Music 12:00 Lunch 1:00 Line Dancing 2:30 Walking <b>11</b>	8:00 Walking 10:00 Golden Drummers <b>11:00 Bedford Cloggers</b> 12:00 Lunch <b>1:00 Choir</b> 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking <b>12</b>	8:00 Walking w/ Friends 10:00 Tai Chi (Senior Led) <b>11:00 Circle of Friends Bluegrass</b> 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Card Games 2:30 Walking <b>13</b>	<b>Sauder Village Day Trip; Wear Senior Center Shirt</b> 8:00 Walking 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking <b>14</b>	8:00 Walking <b>10 to 2 Classic Car Cruise In (Register Vehicles by Aug. 8)</b> 10:00 Golden Drummers 12:00 Lunch 1:00 Cards/ Games 1:00 BINGO 2:30 Walking <b>15</b>
8:00 Walking <b>8:30 Zumba Gold</b> 10:00 Tai Chi (Senior Led) <b>11:00 Free Blood Pressure Checks</b> 11:00 Keyboard Music 12:00 Lunch 1:00 Line Dancing 2:30 Walking <b>18</b>	8:00 Walking 10:00 Golden Drummers 11:00 Keyboard Music 12:00 Lunch <b>1:00 Choir</b> 1:00 Silver Sneakers® Classic 1:00 Pinochle/ H & F/ Pepper/ Euchre 2:30 Walking <b>19</b>	8:00 Walking w/ Friends 10:00 Tai Chi (Senior Led) <b>10:00 Make Cards w/ Deb (Sign Up)</b> <b>11:00 Music by Michael Buck</b> 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Card Games 2:30 Walking <b>20</b>	<b>National Senior Citizen Day; Wear Senior Center Shirt</b> 8:00 Walking 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking <b>21</b>	8:00 Walking <b>10 to 2 RAIN DATE for Classic Car Cruise In</b> 10:00 Golden Drummers 12:00 Lunch 1:00 Cards/ Games 1:00 BINGO 2:30 Walking <b>22</b>
8:00 Walking <b>8:30 Zumba Gold</b> 10:00 Tai Chi (Senior Led) 11:00 Keyboard Music 12:00 Lunch 1:00 Line Dancing 2:30 Walking <b>25</b>	8:00 Walking 10:00 Golden Drummers <b>11:00 Program by Senior Center Choir</b> 12:00 Lunch 1:00 Choir 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking <b>26</b>	8:00 Walking w/ Friends 9:30 Toenail Clinic (Sign Up) 10:00 Tai Chi (Senior Led) <b>11:00 Pharmacist, Matt Gerig</b> 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Card Games 2:30 Walking <b>27</b>	8:00 Walking 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Silver Sneakers® Classic 2:00 H & F/ Pepper/ Pinochle/ Euchre 2:30 Walking <b>28</b>	<b>Day Trip, Harrison Lake State Park; Wear Senior Center Shirt</b> 8:00 Walking 10:00 Golden Drummers 12:00 Lunch 1:00 Cards/ Games 1:00 BINGO 2:30 Walking <b>29</b>

# DELTA – SWANTON ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				9:00 Coffee & Conversation <b>1</b> 9 to 11 Mahjong 9:15 Chair Exercises <b>11:00 Sponsored: Nature's Nursery, Animals &amp; Info.</b> 12:00 Lunch 1:00 Dominoes
9:00 Parking Lot Stroll <b>4</b> 9:15 Chair Exercises <b>11:00 Hands Only CPR with the American Red Cross</b> 12:00 Lunch 1:00 Puzzles with Pals	9:00 Parking Lot Stroll <b>5</b> 9:00 Chair Yoga at Hope Church (\$5) <b>11:00 "Ask the Pharmacist," Najib Mawad of Care RX Pharmacy in Swanton</b> 12:00 Lunch 1:00 Time Line - Events	9:00 "Traveling Little Library" <b>6</b> 9:15 Chair Exercises 10:00 Site Council <b>10:15 to 11:45 Bikini BINGO (Bring Your Posterboard Bikini); Caller: Emily, Swanton Library</b> 12:00 Lunch & Birthday Dessert by Kingston 1:00 Azul	9:00 Puzzles with Pals <b>7</b> 9:00 Parking Lot Stroll 10:00 Site Council <b>10:15 to 11:45 Bikini BINGO (Bring Your Posterboard Bikini)</b> 12:00 Lunch & Birthday Dessert 1:00 Word Search	9:00 Scrabble <b>8</b> 9 to 11 Mahjong 9:15 Chair Exercises <b>11:00 "Ask the Pharmacist," Najib Mawad of Care RX Pharmacy in Swanton</b> 12:00 Lunch 1:00 Quadrillion <b>August 9: Watch for Jeanne &amp; Tiffany in the Swanton Parade!</b>
9:00 Uno Flip <b>11</b> <b>9:00 Free Vascular Screenings with UTMC (Sign Up)</b> <b>10:30 Free BP Checks, Fulton Co. Health Dept.</b> <b>11:00 Vascular Education, UTMC</b> 12:00 Lunch 1:00 Word Search	9:00 Uno Flip <b>12</b> 9:00 Parking Lot Stroll 9:00 Chair Yoga at Hope Church (\$5) <b>11:00 Free BP Checks, "Just So You Know," Fulton Co. Health Dept.</b> 12:00 Lunch 1:00 Connect Four	9:00 Chit Chat <b>13</b> 9:15 Chair Exercises <b>9:45 Free Hearing Aid Cleanings &amp; Hearing Screenings</b> <b>10:15 to 11:45 Dog Days of Summer BINGO</b> 12:00 Lunch 1:00 Shut the Box	<b>Sauder Village Day Trip; Wear Senior Center Shirt</b> <b>14</b> 9:00 Reminiscing Booklet 9:00 Parking Lot Stroll <b>10:15 to 11:45 Dog Days of Summer BINGO</b> 12:00 Lunch 1:00 Cards	9:00 Coffee & Conversation <b>15</b> 9 to 11 Mahjong 9:15 Chair Exercises <b>11:00 "Rightsizing/ Having a Space That Works for You," with Melissa Rupp, OSU Extension</b> 12:00 Lunch 1:00 Phase 10
9:00 Golf Card Game <b>18</b> 9:15 Chair Exercises <b>11:00 Roger Myers, Beekeeper</b> 12:00 Lunch 1:00 Games	9:00 Parking Lot Stroll <b>19</b> 9:00 Chair Yoga at Hope Church (\$5) <b>11:00 Game Day</b> 12:00 Lunch 1:00 Monopoly Deal	9:00 Coffee & Conversation <b>20</b> 9:15 Chair Exercises 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Tenzi	<b>National Senior Citizen Day; Wear Senior Center Shirt</b> <b>21</b> 9:00 "No Thanks" Game 9:00 Parking Lot Stroll <b>10:15 to 11:45 BINGO</b> 12:00 Lunch 1:00 Goat Lords Game"	9:00 Chit Chat <b>22</b> 9 to 11 Mahjong 9:15 Chair Exercises <b>11:00 Concert by Sunshine Bell Choir</b> 12:00 Lunch 1:00 Set (Brain Game)
9:00 Coffee & Conversation <b>25</b> 9:15 Chair Exercises <b>11:00 Top 10 Financial Tips for Seniors, Melissa Rupp, OSU Extension</b> 12:00 Lunch 1:00 Tell Me More (Brain Game)	9:00 Parking Lot Stroll <b>26</b> 9:00 Chair Yoga at Hope Church (\$5) <b>11:00 Concert by Sunshine Bell Choir</b> 12:00 Lunch 1:00 "I Should Have Known That"	<b>Wear Your School Colors/ Bring a School Photo and or Yearbook</b> <b>27</b> 9:00 Q*Bitz 9:15 Chair Exercises <b>10:15 to 11:45 Back to School BINGO</b> 12:00 Lunch 1:00 Games	<b>Wear Your School Colors/ Bring a School Photo and or Yearbook</b> <b>28</b> 9:00 Pairzi 9:00 Parking Lot Stroll <b>10:15 to 11:45 Back to School BINGO with Carrie, Delta Library</b> 12:00 Lunch 1:00 "Things They Don't Teach You In School"	<b>Day Trip, Harrison Lake State Park; Wear Senior Center Shirt</b> <b>29</b> 9:00 Time Line - Inventions 9 to 11 Mahjong 9:15 Chair Exercises <b>11:00 Game Day</b> 12:00 Lunch 1:00 Cards

# ARCHBOLD – FAYETTE

## ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				9:00 Left Center Right Game <b>1</b> 10:15 to 11:45 Twin Day BINGO (Match with a Friend) 12:00 Lunch & Birthday Dessert 1:00 Uno Flip Game <b>Watch for Dorothy &amp; Donna in the Bull Thistle Parade Tomorrow!</b>
9:00 Kings In the Corner Game <b>4</b> <b>11:00 Learn About Bee Keeping with Brad Hibbard</b> 12:00 Lunch 1:00 Puzzles with Pals	9:00 Coffee & Conversation <b>5</b> 10:00 Site Council <b>11:00 Guitar Music by Will Hinton</b> 12:00 Lunch 1:00 Reminiscing	9:00 Left Center Right Game <b>6</b> 10:00 Chair Yoga <b>11:00 Senior Scam Guard, Pam with Better Business Bureau</b> 12:00 Lunch 1:00 Word Search	9:00 Wits & Wagers Brain Game <b>7</b> 10:00 Site Council 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Brain Games	9:00 Coffee & Conversation <b>8</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards
9:00 Five Crowns Game <b>11</b> <b>11:00 Learn About the Fayette Garden &amp; Beautification Club</b> 12:00 Lunch 1:00 Spot It! Game	9:00 Blokus Game <b>12</b> <b>10:15 to 11:45 Friday's Dog Days of Summer BINGO (Note Date), (Bring a Photo of Your Dog)</b> 12:00 Lunch 1:00 Monopoly Deal Game	9:00 Coffee & Conversation <b>13</b> 10:00 Chair Yoga <b>11:00 Free Concert by Sunshine Bell Choir</b> 12:00 Lunch 1:00 Games	<b>Sauder Village Day Trip; Wear Senior Center Shirt</b> <b>14</b> 9:00 Games <b>10:15 to 11:45 Dog Days of Summer BINGO (Bring a Photo of Your Dog)</b> 12:00 Lunch 1:00 Coffee & Conversation	9:00 Pepper <b>15</b> <b>11:00 Free Concert by Sunshine Bell Choir (Note: BINGO will be 12th)</b> 12:00 Lunch 1:00 Reminiscing & Remembering
9:00 "Things They Don't Teach You In School" Game <b>18</b> <b>11:00 Guitar Music by Will Hinton</b> 12:00 Lunch 1:00 Tenzi Game	9:00 Coffee & Conversation <b>19</b> <b>11:00 "Just So You Know" &amp; Free Blood Pressure Checks</b> 12:00 Lunch 1:00 Time Line - Americana (Game)	9:00 Set (Brain Game) <b>20</b> 10:00 Chair Yoga <b>11:00 Game Day. Bring Your Favorite Board/ Card Game</b> 12:00 Lunch 1:00 Word Search	<b>National Senior Citizen Day; Wear Senior Center Shirt</b> <b>21</b> 9:00 Chit Chat 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Left Center Right Game	9:00 Cards <b>22</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Games
9:00 Coffee & Conversation <b>25</b> <b>11:00 "Just So You Know" &amp; Free Blood Pressure Checks</b> 12:00 Lunch 1:00 Phase 10 Game	9:00 Tenzi Game <b>26</b> <b>11:00 Music by Sonny Wyse &amp; Friends</b> 12:00 Lunch 1:00 Shut the Box Game	9:00 "I Should Have Known That" Game <b>27</b> <b>9:15 to 10 Chair Yoga (Note Time)</b> <b>10:15 Meet at Normal Memorial Library; Program by Wendy</b> 12:00 Lunch 1:00 Reminiscing	<b>Wear Your School Colors/ Bring a School Photo and or Yearbook</b> <b>28</b> 9:00 "Things They Don't Teach You In School" Brain Game <b>10:15 to 11:45 Back to School BINGO</b> 12:00 Lunch 1:00 Word Puzzles	<b>Day Trip, Harrison Lake State Park; Wear Senior Center Shirt</b> <b>29</b> 9:00 Pepper <b>10:15 to 11:45 Back to School BINGO; Wear Your School Colors/ Bring a School Photo and or Yearbook</b> 12:00 Lunch 1:00 Word Search



Forwarding and return postage guaranteed  
Address service requested  
Postmaster: Send address changes to:  
Fulton County Senior Center  
695 S. Shoop Ave.  
Wauseon, OH 43567-1109

 If you or a family member would like to receive this newsletter by e-mail, please contact us at [kschroeder@fultoncountyoh.com](mailto:kschroeder@fultoncountyoh.com).

**DATED MATERIAL - DELIVER BEFORE AUGUST 1, 2025**

**FULTON COUNTY SENIOR CENTER STAFF**

Director.....	.....
Receptionist.....	..... Karen Schroeder
Information & Referral Specialist.....	..... Valerie Edwards
Administrative Assistant.....	..... Chris Sager
Assessment/Data Entry Manager.....	..... Laura Ankney
Head Cook/Kitchen Manager.....	..... Kim Lerma
Assistant Cook.....	..... Aria Frey
Food Program Manager.....	..... Kim Machinski
Volunteer Coordinator.....	..... Angela Johnston
Kitchen Aides.....	..... Sherry Bittinger, Candace Gonzales, Hunter Hallet, Jessica Tibbs
Activity Coordinator.....	..... Vicki Hoylman
Activity Support Staff.....	..... Beth Ricker-Flory
Site Manager, Archbold/Fayette.....	..... Dorothy Bock
Site Aide, Archbold/Fayette.....	..... Donna Loar
Site Manager, Delta/Swanton.....	..... Jeanne Ortiz
Site Aide, Delta/Swanton.....	..... Andrea Coburn
Custodian.....	..... Danni Smith
Meal Delivery.....	..... Juan Avina, Tiffany Emery, Meredith Grime, Brenda Hauck, Angela Johnston, Kelli Kuntz, Jim Lugbill, James Mapes, Jack Myers, Aimee Roth, Sam Sanderson, Judy Thourot, Jeffrey Waidelich
Substitutes.....	..... James Baldwin, Shawn Vance-Dixon, Anita Ehrsam, Tim Gorsuch, Steve Jackson, Vicki Lynn Kline, Cheryl Kohls, Arin Lauber, Michael Mangas, Sharon McCabe, Becky Peabody, Dennis Peabody, Christian Powers, Mary Schultz, Michelle Shafer, Tom Wagner, LouAnn Wheeler

The Fulton County Senior Center is a program of the Fulton County Commissioners, funded through levy money, donations, and under a grant, administered by the Ohio Department of Aging and the Area Office on Aging.

Please direct all calls/inquiries to our main number at 419-337-9299.

Wauseon Site	M – F	8:00 am – 4:00 pm
Archbold Site	T and F	9:00 am – 2:00 pm
Delta Site	T and Th	9:00 am – 2:00 pm
Fayette Site	M, W, Th	9:00 am – 2:00 pm
Swanton Site	M, W, F	9:00 am – 2:00 pm