

**JULY, 2025**

**LUNCH CALENDAR**

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and AOaA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (Items must be ordered at least one week in advance)

LF Alt = Low Fat Alternate (Items must be ordered at least one week in advance)

**SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.**

**Checks Payable to: Fulton County Senior Center**

**\*The following major food allergens are used as ingredients in this facility: Milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, and sesame. Please notify our staff for more information about these ingredients.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1*</b> Shepherd's Pie Cooked Cabbage Fruit Crunch	<b>2*</b> Teriyaki Chicken Fried Rice Asian Blend Mixed Fruit	<b>3*</b> Hot Dog (LS Alt. Chicken Breast) Baked Beans California Blend Macaroni Salad Potato Chips	<b>4*</b> <b>CLOSED FOR INDEPENDENCE DAY</b>
<b>7*</b> Philly Steak/Cheese Peppers & Onions Paco Blend Peas Dark Sweet Cherries	<b>8*</b> Goulash Summer Squash Riced Cauliflower Grapes	<b>9*</b> Cod Tenders Tater Tots Stewed Tomatoes Fresh Fruit	<b>10</b> Chicken Breast Rosemary Herb Potatoes Black Eyed Peas Mandarin Oranges	<b>11</b> BBQ Pork Potato Wedge Harvard Beets Pears
<b>14*</b> Beef & Noodles Mashed Potatoes Green Bean Casserole Peaches	<b>15*</b> Italian Wedding Soup Tossed Salad Fruit Salad Cottage Cheese	<b>16*</b> Beef & Cheese Burrito Refried Beans Cilantro Lime Rice Mango	<b>17*</b> Cheese Burger Batter Bites Cooks Choice Applesauce	<b>18*</b> 5 cheese Ziti w/ Italian sausage Spinach Broccoli Fresh fruit
<b>21*</b> World Ice Cream Day Chicken Tenders Macaroni & Cheese Garlic Chalet Blend Sorbet Cups	<b>22*</b> Stuffed Peppers Smashed Red Potatoes Green Beans Pears	<b>23*</b> Salisbury Steak Mashed Potatoes Maple Glazed Carrots Banana	<b>24*</b> Bratwurst/ Sauerkraut (LS ALT = Hot Dog) German Potato Salad Fruit Crunch Juice	<b>25*</b> Egg Salad Sandwich Carrots w/Ranch Jello w/ Fruit Fresh Fruit
<b>28*</b> Chili Mexican Rice Corn Pineapple	<b>29*</b> Sausage, Egg & Cheese Sandwich Potato Coins Baked Apples Orange Juice	<b>30*</b> Beef Pot Roast Boiled Potato Brussels Sprouts Peaches	<b>3</b> BOWL Honey Sesame Chicken Rice Broccoli Snap Peas Fruit Cocktail	