

JANUARY, 2025

LUNCH CALENDAR

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (Items must be ordered at least one week in advance)

LF Alt = Low Fat Alternate (Items must be ordered at least one week in advance)

SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.

Checks Payable to: Fulton County Senior Center

*The following major food allergens are used as ingredients in this facility: Milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, and sesame. Please notify our staff for more information about these ingredients.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1* CLOSED NEW YEAR'S DAY	2* Chicken Chunks Tater Tots Green Beans Jell-O	3* Baked Fish Garden Rice Stewed Tomatoes Fresh Fruit
6* Meat Sauce w/ Pasta Sweet & Sour Spinach Wax Beans Peaches Yogurt	7* White Chicken Chili Tossed Salad Kidney Bean Salad Cottage Cheese Juice	8* Beef & Cheese Burrito Corn & Black Bean Blend Cilantro Lime Rice Mango	9* Cream Chipped Beef Mashed Potatoes Succotash Apple Slices	10 Swedish Meatballs Noodles Brussels Sprouts Midori Vegetable Blend Banana
13* Chicken Breast Sandwich Cheddar Cheese Spudz Garlic Chalet Blend Mandarin Oranges	14* Cabbage Roll Smashed Red Potatoes Peas & Onions Pears	15* Salisbury Steak Mashed Potatoes Carrots Dark sweet cherries	16* Smoked Sausage (LS ALT= hot dog) Peppers & Onions Mixed Vegetable Fruit Crunch Cucumber Salad	17* Chicken & Noodles Mashed Potatoes Riviera Blend Applesauce
20* CLOSED FOR MARTIN LUTHER KING JR. DAY	21* Cheese Omelets Smoky Links Potato Coins Baked Apples Orange Juice	22* Cheese Burgers Batter Bites Tuscan Asiago Blend Peaches Cookie/SF cookie	23* Taco Meat / Rice Pinto Beans Roasted corn Tropical Fruit	24* Hamloaf (LS Alt= Meatloaf) Sweet Potatoes Butter Beans Pineapple
27* National Chocolate Cake Day Sloppy Joes Baby Bakers California Blend Juice Chocolate Cake / SF Chocolate Cake	28* Sausage Gravy Hash brown Casserole Peas & Carrots Grapes	29* Baked Chicken Mashed Potatoes Cooked Cabbage Cranberry Relish	30* Chicken Fried Steak Country Gravy Mashed Potatoes Succotash Apricots	31* Baked Ham (LS Alt. Pork Roast) Scalloped Potato Sweet & Sour Spinach Fresh Fruit