

# LUNCH CALENDAR

NOVEMBER, 2024

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

**SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.**

**Checks Payable to: Fulton County Senior Center**

**\*The following major food allergens are used as ingredients in this facility: Milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, and sesame. Please notify our staff for more information about these ingredients.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Hot Chicken Sandwich <b>1*</b> Roasted Potatoes Green Beans Mandarin Oranges
Baked Ham <b>4*</b> (LS Alt = Pork Roast) Scalloped Potatoes Normandy Vegetable Blend Baked Apples	Chicken & Noodles <b>5*</b> Mashed Potatoes Green Beans Pears Pudding	Lasagna <b>6*</b> Steamed Broccoli Sliced Carrots Dark Sweet Cherries	Cabbage Rolls <b>7*</b> Mashed Potatoes Cook's Choice Vegetable 5 Cup Salad	<b>VETERANS BREAKFAST 8*</b> Scrambled Egg Sausage Links Potato Fresh Fruit Cinnamon Rolls <i>*Home delivery: Chef's Choice</i>
<b>CLOSED FOR VETERANS DAY 11</b>	Beef & Cheese Burrito <b>12*</b> Refried Beans Cilantro Lime Rice Mango Salsa Sour Cream Tortilla Chips	Potato Soup <b>13*</b> Seafood Salad Sandwich Pea Salad Jell-O w/ Fruit	Hamloaf <b>14*</b> (LS Alt = Meatloaf) Sweet Potatoes Malibu Blend Vegetables Apple Sauce	Chili <b>15*</b> Mexican Style Rice Corn Banana Juice
Baked Fish <b>18*</b> Garden Rice Stewed Tomatoes Cole Slaw Juice	Cheese Burger <b>19*</b> Seasoned Potato Wedges Tuscan Asiago Blend Apricots	Pulled Pork <b>20*</b> Macaroni & Cheese Broccoli Fresh Fruit	Beef Stew <b>21*</b> Buttered Beets Fruit Crunch	Hot Dog <b>22*</b> (LS Alt = Chicken Breast) Baked Beans Cauliflower Peaches
Smoked Sausage <b>25*</b> (LS Alt = Hot Dog) Sauerkraut Smashed Red Potatoes Peas & Onions Fresh Fruit	Beef Vegetable Soup <b>26*</b> Egg Salad Sandwich Tossed Salad Ambrosia	Roast Turkey <b>27*</b> Savory Bread Dressing Mashed Potatoes/Gravy Green Bean Casserole Orange Cranberry Relish Pumpkin Pie	<b>CLOSED FOR THANKSGIVING 28</b>	<b>CLOSED FOR THANKSGIVING HOLIDAY 29</b>