

# LUNCH CALENDAR

SEPTEMBER, 2024

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

**SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.**

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

**Checks Payable to: Fulton County Senior Center**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p><b>Sites Closed</b> <b>Labor Day</b></p>	<p><b>3</b></p> <p>Teriyaki Chicken Fried Rice Asian Blend Smoothie Juice</p>	<p><b>4</b></p> <p>Salisbury Steak Mashed Potatoes Carrots Peaches</p>	<p><b>5</b></p> <p>Bratwurst Peppers &amp; Onions (LS Alt = Chicken Breast) Roasted Rosemary Redskins Beets Apple Slices</p>	<p><b>6</b></p> <p>Beef &amp; Noodles Mashed Potatoes Riviera Blend Fresh Fruit</p>
<p><b>9</b></p> <p>Chili w/ Beans Mexican Rice Corn Mango</p>	<p><b>10</b></p> <p>Sausage, Egg &amp; Cheese Sandwich Hash Brown Casserole Corn Nuggets Orange Juice</p>	<p><b>11</b></p> <p>Cheese Burger Batter Bites Tuscan Asiago Blend Tropical Fruit</p>	<p><b>12</b></p> <p>Ham loaf (LS Alt = Meatloaf) Baby Bakers Cauliflower Pineapple</p>	<p><b>13</b></p> <p>Cream Chipped Beef Mashed Potatoes Mixed Vegetables Fresh Fruit</p>
<p><b>16</b></p> <p>Sloppy Joes Potato Chips California Blend Fruit Crunch</p>	<p><b>17</b></p> <p>Sausage Gravy Potato Coins Peas &amp; Carrots Grapes</p>	<p><b>18</b></p> <p>Baked Chicken Smashed Redskin Potatoes Cooked Cabbage Cranberry Relish</p>	<p><b>19</b></p> <p>Chicken Fried Steak Country Gravy Mashed Potatoes Succotash Apricots</p>	<p><b>20</b></p> <p>Baked Ham (LS Alt = Pork Roast) Sweet Potatoes Creamed Spinach Dark Sweet Cherries</p>
<p><b>23</b></p> <p>Chicken Chunks Batter Bites Garlic Chalet Blend Mandarin Oranges</p>	<p><b>24</b></p> <p>Parisian Soup Seafood Salad Tossed Salad Jell-O w/ Fruit</p>	<p><b>25</b></p> <p>Braised Beef Tips Mashed Potatoes Asparagus Fresh Fruit</p>	<p><b>26</b></p> <p>Baked Fish Garden Rice Stewed Tomatoes Peach Yogurt</p>	<p><b>27</b></p> <p>Chicken Salad Cole Slaw Fruit Salad Carrot Sticks w/ Ranch Cookie</p>
<p><b>30</b></p> <p>Hot Dog (LS Alt = Hot Dog) Baked Beans California Blend Mixed Fruit</p>				