

# WAUSEON ACTIVITIES

FULTON COUNTY SENIOR CENTER  
695 S. SHOOP AVE. | WAUSEON, OH 43567 | 419.337.9299

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|---|---|---|---|
| <b>2</b><br><br><b>CLOSED FOR LABOR DAY</b>  | <b>3</b><br>8:00 "New Kids On The Walk" Walking<br>10:00 Golden Drummers<br><b>11:00 Donna Stutzman, Keyboard</b><br>12:00 Lunch<br>12:30 Walking in the Gym<br>1:00 Choir<br>1:00 Silver Sneakers® Classic Exercise<br>2:00 Card Games                       | <b>4</b><br>8:00 Stretching & Walking<br>8:45 Zumba Gold (By Video)<br>9:45 Walking in the Gym<br><b>10:00 Choir Leaves to Sing at the Fair</b><br>10:00 Tai Chi<br><b>11:00 Choir Sings at the Fair (Gospel Bldg)</b><br>12:00 Lunch<br>1:00 Silver Sneakers Chair Yoga®   | <b>5</b><br>8:00 "Are We There Yet? (Walking)<br>10:15 to 11:45 BINGO<br>12:00 Lunch<br>12:30 to 1:00 Shake, Rattle & Stroll (Walking)<br>1:00 Silver Sneakers® Classic Exercise<br>1:00 Card Games<br>2:00 H & F/Pinochle/ Pepper/ Euchre                                      | <b>6</b><br>8:00 "One Step at a Time" (Walking)<br><b>9 to 11 Diabetes Education Empowerment Program with Robert Sullivan</b><br>10:00 Golden Drummers<br>12:00 Lunch & Birthday Party<br>12:00 Lunch<br>12:30 Walking in the Gym<br>1:00 to 2:30 BINGO |
| <b>9</b><br>8:00 Walking Inside<br>10:00 Tai Chi<br><b>10:30 Free Hearing Aid Cleaning with Hearing Life</b><br><b>11:00 Monday Brain Booster</b><br>12:00 Lunch<br>1:00 to 2:30 Line Dancing<br>2:00 Map It Monday Travel Video   | <b>10</b><br>8:00 "New Kids On The Walk" Walking<br>10:00 Golden Drummers<br><b>11:00 Financial Tips, Melissa Rupp</b><br>12:00 Lunch<br>12:30 Walking in the Gym<br>1:00 Choir<br>1:00 Silver Sneakers® Classic Exercise<br>2:00 Card Games                  | <b>11</b><br><b>Wear Red, White &amp; Blue for Patriot Day</b><br>8:00 Stretching & Walking<br>8:45 Zumba Gold (Sponsor: Genacross)<br>9:45 Walking in the Gym<br>10:00 Tai Chi<br><b>11:00 Circle of Friends Concert</b><br>12:00 Lunch<br><b>1:00 Site Council</b><br>1:00 Silver Sneakers Chair Yoga®<br>1:00 Card Games | <b>12</b><br>8:00 "Are We There Yet? (Walking)<br>10:15 to 11:45 BINGO<br><b>11:00 Grief Support Group</b><br>12:00 Lunch<br>12:30 to 1:00 Shake, Rattle & Stroll (Walking)<br>1:00 Silver Sneakers® Classic Exercise<br>1:00 Card Games<br>2:00 H & F/Pinochle/ Pepper/ Euchre | <b>13</b><br>8:00 "One Step at a Time" (Walking)<br>10:00 Golden Drummers<br>12:00 Lunch<br>12:30 Walking in the Gym<br>1:00 to 2:30 BINGO<br>2:00 Box of Brain Games   |
| <b>16</b><br>8:00 Walking Inside<br>10:00 Tai Chi<br>10:00 Choir Leaves for Fayette<br><b>11:00 Monday Brain Booster (Blood Pressure Checks will return in Oct.)</b><br>12:00 Lunch<br><b>1 to 3:00 Legal Aid Workshop (Sign Up)</b><br>1:00 to 2:30 Line Dancing<br>2:00 Map It Monday Travel Video | <b>17</b><br>8:00 "New Kids On The Walk" Walking<br>10:00 Golden Drummers<br><b>11:00 Vickie Halsey, Dulcimer</b><br>12:00 Lunch<br>12:30 Walking in the Gym<br>1:00 Choir<br>1:00 Silver Sneakers® Classic Exercise<br>2:00 Card Games                       | <b>18</b><br><b>Day Trip, Shippshewana; Wear Senior Center Shirt</b><br>8:00 Stretching & Walking<br>8:45 Zumba Gold (Sponsor: Genacross)<br>9:45 Walking in the Gym<br>10:00 Tai Chi<br><b>11:00 Word Search</b><br>12:00 Lunch<br>1:00 Silver Sneakers Chair Yoga®<br>1:00 Card Games                                     | <b>19</b><br>8:00 "Are We There Yet? (Walking)<br>10:15 to 11:45 BINGO<br>12:00 Lunch<br>12:30 to 1:00 Shake, Rattle & Stroll (Walking)<br>1:00 Silver Sneakers® Classic Exercise<br>1:00 Card Games<br>2:00 H & F/Pinochle/ Pepper/ Euchre                                     | <b>20</b><br>8:00 "One Step at a Time" (Walking)<br>10:00 Golden Drummers<br>12:00 Lunch<br>12:30 Walking in the Gym<br>1:00 to 2:30 BINGO<br>2:00 Box of Brain Games   |
| <b>23</b><br>8:00 Walking Inside<br>10:00 Tai Chi<br><b>11:00 Monday Brain Booster</b><br>1:00 to 2:30 Line Dancing<br>2:00 Map It Monday Travel Video<br>2:00 Various Card Games  | <b>24</b><br>8:00 "New Kids On The Walk" Walking<br>10:00 Golden Drummers<br><b>11:00 Music by Sonny &amp; Friends</b><br>12:00 Lunch<br>12:30 Walking in the Gym<br>1:00 Choir<br>1:00 Silver Sneakers® Classic Exercise<br>1:00 Pinochle<br>2:00 Card Games | <b>25</b><br>8:00 Stretching & Walking<br>8:45 Zumba Gold (Sponsor: Genacross)<br>9:30 Toenail Clinic (Sign Up)<br>9:45 Walking in the Gym<br><b>10:00 Make Greeting Cards (Sign Up)</b><br>10:00 Tai Chi<br>12:00 Lunch<br>1:00 Silver Sneakers Chair Yoga®<br>1:00 Card Games   | <b>26</b><br>8:00 "Are We There Yet? (Walking)<br>10:15 to 11:45 BINGO<br>12:00 Lunch<br>12:30 to 1:00 Shake, Rattle & Stroll (Walking)<br>1:00 Silver Sneakers® Classic Exercise<br>1:00 Card Games<br>2:00 H & F/Pinochle/ Pepper/ Euchre                                     | <b>27</b><br><b>Day Trip, Harrison Lake State Park; Wear Senior Center Shirt</b><br>8:00 "One Step at a Time" (Walking)<br>10:00 Golden Drummers<br>12:00 Lunch<br>12:30 Walking in the Gym<br>1:00 to 2:30 BINGO<br>2:00 Box of Brain Games            |
| <b>30</b><br>8:00 Walking Inside<br>10:00 Tai Chi<br><b>11:00 Karen King's Kitchen Band</b><br>12:00 Lunch<br>1:00 to 2:30 Line Dancing<br>2:00 Map It Monday Travel Video<br>2:00 Various Card Games  |   |   |   |   |

**DELTA-101 NORTHWOOD DR.  
HOPE CHURCH  
TUES. & THURS.**

# DELTA / SWANTON ACTIVITIES

**SWANTON  
620 DODGE ST.  
MON., WED., & FRI**

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |
|---|--|---|---|---|
| <b>2</b><br><br><b>CLOSED<br/>FOR<br/>LABOR DAY</b>   | 9:00 Wii Games <b>3</b><br>9:15 Parking Lot Stroll with Jeanne<br>9:45 Site Council<br><b>10:00 Bunco with Buddies<br/>(Note Time)</b><br>12:00 Lunch<br>1:00 Reminiscing (Brain Box Game)   | 9:30 Chair Exercises With Lynn <b>4</b><br>9:30 "Traveling Little Library"<br>10:00 Site Council<br>10:15 to 11:45 BINGO with<br>Swanton Library<br>12:00 Lunch & Birthday Dessert<br>provided by Kingston<br>1:00 Uno Flip (Brain Box Game)                                | 9:00 Coffee & Conversation <b>5</b><br>9:30 Chair Exercises with Carole<br>10:00 Site Council<br>10:15 to 11:45 BINGO<br>12:00 Lunch & Birthday Dessert<br>1:00 Qwirkle (Brain Box Game)        | 9:00 Cards & Games <b>6</b><br>9:30 Chair Exercises With Lynn<br><b>11:00 Bring Something for Show<br/>&amp; Tell: 4H &amp; County Fairs</b><br>12:00 Lunch<br>1:00 Word Search   |
| 9:00 Monopoly Deal (Brain Box Game) <b>9</b><br>9:30 Chair Exercises With Lynn<br>10:00 Mahjong<br><b>11:00 Fire Safety Tips with<br/>Swanton Fire Dept.</b><br>(Blood Pressure Checks will resume<br>in Oct.)<br>12:00 Lunch<br>1:00 Cards | 9:00 Time Line: Americana <b>10</b><br>(Brain Box Game)<br>9:30 Parking Lot Stroll with Jeanne<br><b>11:00 Delta Fire Dept., Chief Gillen</b><br>(Blood Pressure Checks will resume<br>in Oct.)<br>12:00 Lunch<br>1:00 Word Search | <b>Wear Red, White, Blue for<br/>Patriot Day</b> <b>11</b><br>9:00 Coffee & Conversation<br>9:30 Chair Exercises With Lynn<br>10:15 to 11:45 BINGO with<br>Swanton Students<br>12:00 Lunch<br>1:00 Pairzi (Brain Box Game)  | <b>12</b><br>9:00 Kanoodle (Brain Box Game)<br>9:30 Chair Exercises with Carole<br>10:15 to 11:45 BINGO with<br>Delta Students<br>12:00 Lunch<br>1:00 Games                                     | <b>National Peanut Day;</b> <b>13</b><br><b>Wear Brown</b><br>9:00 Shut the Box (Brain Box Game)<br>9:30 Chair Exercises With Lynn<br>11:00 Game Day<br>12:00 Lunch<br>1:00 Puzzles   |
| 9:00 Time Line: Events <b>16</b><br>(Brain Box Game)<br>9:30 Chair Exercises With Lynn<br>10:00 Mahjong<br><b>11:00 Guitar Music by Will Hinton</b><br>12:00 Lunch<br>1:00 Uno Flip (Brain Box Game)  | 9:00 Coffee & Conversation <b>17</b><br>9:30 Parking Lot Stroll with Jeanne<br><b>11:00 Silly Stories with<br/>Bill Senecal</b><br>12:00 Lunch<br>1:00 Puzzles   | <b>Day Trip, Shipshewana;</b> <b>18</b><br><b>Wear Senior Center Shirt</b><br>9:00 Reminiscing (Brain Box Game)<br>9:30 Chair Exercises With Lynn<br>10:15 to 11:45 Dog Days of Summer<br>BINGO. Bring a photo of your<br>favorite dog.<br>12:00 Lunch<br>1:00 Puzzle Table | <b>19</b><br>9:00 Tenzi (Brain Box Game)<br>9:30 Chair Exercises with Carole<br>10:15 to 11:45 Dog Days of Summer<br>BINGO. Bring a photo of your<br>favorite dog.<br>12:00 Lunch<br>1:00 Cards | <b>20</b><br>9:00 Left Center Right Game<br>9:30 Chair Exercises With Lynn<br>10:00 Chair Exercises (Senior Led)<br><b>11:00 Avoid Financial Scams;<br/>Gavin with Swanton Key Bank</b><br>12:00 Lunch<br>1:00 No Thanks (Brain Box Game)             |
| 9:00 "Things They Don't Teach<br>You In School" (Brain Box Game) <b>23</b><br>9:30 Chair Exercises With Lynn<br>10:00 Mahjong<br><b>11:00 Update from Swanton<br/>Chamber of Commerce with<br/>Delray B.</b><br>12:00 Lunch<br>1:00 Cards   | 9:00 Reminiscing <b>24</b><br>(Brain Box Game)<br>9:30 Parking Lot Stroll with Jeanne<br><b>11:00 Roger &amp; Suzanne Doriot, Life<br/>in Indonesia</b><br>12:00 Lunch<br>1:00 Blokus (Brain Box Game)                             | <b>Dress in Autumn Colors</b> <b>25</b><br>9:00 Tenzi (Brain Box Game)<br>9:30 Chair Exercises With Lynn<br>10:15 to 11:45 BINGO<br>12:00 Lunch<br>1:00 Left Center Right Game  | <b>26</b><br>9:00 Shut the Box<br>(Brain Box Game)<br>9:30 Chair Exercises with Carole<br>10:15 to 11:45 BINGO with<br>Delta Library<br>12:00 Lunch<br>1:00 SkipBo                              | <b>Day Trip, Harrison Lake State</b> <b>27</b><br><b>Park; Wear Senior Center Shirt</b><br>9:00 Uno Flip (Brain Box Game)<br>9:30 Chair Exercises With Lynn<br>11:00 "I Got It!" & Other Card Games<br>(Bring Pennies)<br>12:00 Lunch<br>1:00 Puzzles |
| 9:00 Camping Word Search &<br>Jumble <b>30</b><br>9:30 Chair Exercises With Lynn<br>10:00 Mahjong<br><b>11:00 "Senior and Opioids...<br/>What You need to know,"<br/>DART Officer, Jeff M.</b><br>12:00 Lunch<br>1:00 Games & Cards         |  |   |   |   |

**SENIOR**  
B-33

**ARCHBOLD - SCOUT CABIN**  
**INSIDE RUIHLEY PARK, W. WILLIAMS ST.**  
**TUES. & FRI.**

# ARCHBOLD / FAYETTE

## ACTIVITIES

**FAYETTE - FAMILY LIFE CENTER**  
**306 E. MAIN STREET**  
**MON., WED., & THURS.**

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---|--|--|--|--|
| <b>2</b><br><br><b>CLOSED FOR LABOR DAY</b>   | 9:00 Coffee & Conversation<br><b>11:00 Silly Stories with Bill Senecal</b><br>12:00 Lunch<br>1:00 Reminiscing (Booklet) <b>3</b>   | 9:00 Chit Chat<br>10:00 Chair Yoga<br>10:45 Site Council<br><b>11:00 What's in the Bag w/ Vicki H.</b><br>12:00 Lunch<br>1:00 Five Crowns (Brain Box Game) <b>4</b>  | 9:00 Puzzles with Pals<br>10:15 to 11:45 BINGO<br>12:00 Lunch & Birthday Dessert<br>1:00 Kings in the Corner (Brain Box Game) <b>5</b>                                       | 9:00 Pepper<br>10:15 to 11:45 BINGO<br>12:00 Lunch & Birthday Dessert<br>1:00 Chit Chat <b>6</b>   |
| 9:00 Puzzles with Pals<br><b>10:00 Simple Manicures with Maura (Sign Up; Note Time)</b><br>11:00 Brain Booster: Camping World<br>12:00 Lunch<br>1:00 Quiddler (Brain Box Game) <b>9</b> | 9:00 Pepper<br><b>10:45 Site Council</b><br><b>11:00 Jordan &amp; Ability Center Therapy Dog</b><br>12:00 Lunch<br>1:00 Spot It! (Brain Box Game) <b>10</b>  | <b>Patriot Day. Wear Red, White &amp; Blue</b><br>9:00 "Things They Don't Teach You In School" (Brain Box Game)<br>10:00 Chair Yoga<br><b>11:00 Guitar Music, Will Hinton</b><br>12:00 Lunch<br>1:00 Uno Flip (Brain Box Game) <b>11</b> | 9:00 True or False<br>10:15 to 11:45 BINGO<br>12:00 Lunch<br>1:00 Uno Flip <b>12</b>   | 9:00 Coffee & Conversation<br>10:15 to 11:45 BINGO<br>12:00 Lunch<br>1:00 Games <b>13</b>  |
| 9:00 Set (Brain Box Game) <b>16</b><br><b>11:00 Free Patriotic Music Concert, Fulton County Senior Center Choir</b><br>12:00 Lunch<br>1:00 Puzzles with Pals                            | 9:00 Five Crowns (Brain Box Game) <b>17</b><br><b>11:00 Free Concert by Sunshine Bell Choir</b><br>(Blood Pressure Checks will return in October)<br>12:00 Lunch<br>1:00 Phase 10 (Brain Box Game) | <b>Day Trip, Shipshewana; Wear Senior Center Shirt</b><br>9:00 Spot It (Brain Box Game)<br>10:00 Chair Yoga<br><b>11:00 How to Use a Fire Extinguisher, Gorham-Fayette Fire Dept.</b><br>12:00 Lunch<br>1:00 Games <b>18</b>             | 9:00 Puzzles with Pals<br><b>10:15 to 11:45 Dog Days of Summer BINGO. Bring a photo of your favorite dog.</b><br>12:00 Lunch<br>1:00 Shut the Box (Brain Box Game) <b>19</b> | 9:00 Pepper<br><b>10:15 to 11:45 Dog Days of Summer BINGO. Bring a photo of your favorite dog.</b><br>12:00 Lunch<br>1:00 Cards <b>20</b>                |
| 9:00 "I Should Have Known That" <b>23</b><br>(Brain Box Game)<br><b>11:00 Music by Steve Snider</b><br>(Blood Pressure Checks return in October)<br>12:00 Lunch<br>1:00 Games & Cards   | 9:00 Uno Flip (Brain Box Game) <b>24</b><br><b>11:00 Just Chew On It (A Pondering Program) with Wendy G. of Community Health Professionals</b><br>12:00 Lunch<br>1:00 Set (Brain Box Game)         | 9:00 Skip Bo (Brain Box Game) <b>25</b><br>10:00 Chair Yoga<br><b>11:00 "Senior and Opioids... What You need to know," DART Officer, Jeff M.</b><br>12:00 Lunch<br>1:00 Cards  | <b>Wear Senior Center Shirt</b> <b>26</b><br>9:00 Puzzles with Pals<br>10:15 to 11:45 BINGO<br>12:00 Lunch<br>1:00 Tenzi (Brain Box Game)                                    | <b>Day Trip, Harrison Lake State Park; Wear Senior Center Shirt</b> <b>27</b><br>9:00 Word Search<br>10:15 to 11:45 BINGO<br>12:00 Lunch<br>1:00 Puzzles |
| 9:00 Songburst (Brain Box Game) <b>30</b><br><b>11:00 Dulcimer Music with Vickie Halsey</b><br>12:00 Lunch<br>1:00 Reminiscing (Booklet)  |  |  |  |  |