

**FULTON COUNTY SENIOR CENTER**  
**695 S. SHOOP AVE. | WAUSEON, OH 43567 | 419.337.9299**

**WAUSEON ACTIVITIES**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>8:00 Walking (It's Good for Your Brain)                      9:00 Gentle Stretching (Gym)                      10:00 Tai Chi (Senior Led)  <b>11:00 Monday Brain Booster</b>                      12:00 Lunch                      12:30 Red Hot Chili Steppers (Walking)                      1:00 to 2:30 Line Dancing                      2:30 Map It Monday Travel Video</p>	<p>8:00 Walking to the Oldies                      10:00 Golden Drummers  <b>11:00 Fire Safety with Wauseon FD</b>                      12:30 Chips &amp; Walkamoli (Walking)                      1:00 Choir                      1:00 Silver Sneakers@ Classic Exercise                      2:00 Card Games</p>	<p>8:00 Strolling &amp; Stretching                      8:45 Zumba Gold (Video)                      9:45 Walking in the Gym                      10:00 Tai Chi (Senior Led)  <b>11:00 Site Council</b>                      12:00 Lunch                      1:00 Silver Sneakers Chair Yoga@                      1:00 Card Games                      2:00 Walking to Oldies Music</p>	<p>8:00 Walking to the Oldies                      10:15 to 11:45 BINGO                      12:00 Lunch                      12:30 Shake, Rattle &amp; Stroll (Walking)                      1:00 Silver Sneakers@ Classic Exercise                      1:00 H&amp;F/Pepper/Pinochle/Euchre                      2:00 Card Games</p>	<p>8:00 Gym Walking  <b>9:00 to 11:00 Diabetes Education Class</b>                      10:00 Golden Drummers                      10:15 to 11:45 BINGO                      12:00 Lunch &amp; Birthday Dessert                      12:30 Walking in the Gym                      1:00 to 2:30 BINGO</p>
<p>8:00 Walking for Fitness                      9:00 Gentle Stretching (Gym)                      10:00 Tai Chi (Senior Led)  <b>10:30 Free Hearing Aid Cleaning w/ Hearing Life</b>  <b>11:00 Monday Brain Booster</b>                      12:00 Lunch                      12:30 Red Hot Chili Steppers (Walking)                      1:00 to 2:30 Line Dancing</p>	<p>8:00 Walking with the Classics                      10:00 Golden Drummers  <b>11:00 Music by Sonny &amp; Friends</b>                      12:00 Lunch                      12:30 Chips &amp; Walkamoli (Walking)                      1:00 Choir                      1:00 Silver Sneakers@ Classic Exercise                      2:00 Card Games</p>	<p>8:00 Strolling &amp; Stretching                      8:45 Zumba Gold (Sponsor: Genacross)                      9:45 Walking in the Gym                      10:00 Tai Chi (Senior Led)  <b>11:00 Keyboard Music, Donna</b>                      12:00 Lunch                      1:00 Silver Sneakers Chair Yoga@                      1:00 Card Games                      2:00 Walking to Oldies Music</p>	<p>8:00 Walking to Your Favorite Music                      10:15 to 11:45 BINGO                      12:00 Lunch                      12:30 Shake, Rattle &amp; Stroll (Walking)                      1:00 Silver Sneakers@ Classic Exercise                      1:00 H&amp;F/Pepper/Pinochle/Euchre                      2:00 Sequence &amp; Other Games</p>	<p>8:00 Gym Walking for Heart Health  <b>9:00 to 11:00 Diabetes Education Class</b>                      10:00 Golden Drummers  <b>10:00 to 2:00 Classic Car Cruise In</b>                      12:00 Lunch                      12:30 Walking in the Gym                      1:00 to 2:30 BINGO                      2:00 Box of Brain Games</p>
<p>8:00 Walking to the Golden Oldies                      9:00 Gentle Stretching (Gym)                      10:00 Tai Chi (Senior Led)  <b>11:00 Free Blood Pressure Checks w/ Fulton Co. Health Dept.</b>                      12:00 Lunch                      10:00 Tai Chi (Senior Led)                      12:00 Lunch                      12:30 Red Hot Chili Steppers (Walking)                      1:00 to 2:30 Line Dancing  <b>1 to 3 Legal Aid Document Workshop</b></p>	<p>8:00 Walking with Friends  <b>9:00 Free Hearing Screenings (Sign Up)</b>                      10:00 Golden Drummers  <b>11:00 Info About Hearing Health</b>                      12:00 Lunch                      12:30 Chips &amp; Walkamoli (Walking)                      1:00 Choir                      1:00 Silver Sneakers@ Classic Exercise                      2:00 Card Games</p>	<p><b>Wear Hawaiian</b>                      8:00 Strolling &amp; Stretching                      8:45 Zumba Gold (Sponsor: Genacross)                      9:45 Walking in the Gym                      10:00 Tai Chi (Senior Led)                      12:00 Lunch                      1:00 Silver Sneakers Chair Yoga@                      1:00 Card Games                      2:00 Walking to Oldies Music</p>	<p><b>Day Trip, Sandpiper Cruise</b>                      8:00 Walking to '80s Hits                      10:15 to 11:45 BINGO                      12:00 Lunch                      12:30 Shake, Rattle &amp; Stroll (Walking)                      1:00 Silver Sneakers@ Classic Exercise                      1:00 Sequence &amp; Other Games                      2:00 Card Games</p>	<p>8:00 Gym Walking  <b>9:00 to 11:00 Diabetes Education Class</b>                      (Rain Date for Cruise In)                      10:00 Golden Drummers                      12:00 Lunch                      12:30 Walking in the Gym                      1:00 to 2:30 BINGO                      2:00 Box of Brain Games</p>
<p>9:00 Walking for Your Health                      10:00 Tai Chi (Senior Led)  <b>11:00 Music by Trinity Trio</b>                      12:00 Lunch                      12:30 Red Hot Chili Steppers (Walking)  <b>1:00 Timely Topic with Sandy S.</b>                      1:00 to 2:30 Line Dancing                      2:30 Map It Monday Travel Video</p>	<p>8:00 Walking to '80s Hits                      10:00 Golden Drummers  <b>11:00 Music by Will Hinton</b>                      12:00 Lunch                      12:30 Chips &amp; Walkamoli (Walking)                      1:00 Choir                      1:00 Pinochle                      1:00 Silver Sneakers@ Classic Exercise                      2:00 Card Games</p>	<p>8:00 Strolling &amp; Stretching                      8:45 Zumba Gold (Sponsor: Genacross)  <b>9:30 Toenail Clinic (Sign Up)</b>                      9:45 Walking in the Gym                      10:00 Tai Chi (Senior Led)                      11:00 Sequence &amp; Other Board Games                      12:00 Lunch                      1:00 Silver Sneakers Chair Yoga@                      1:00 Card Games                      2:00 Walking to Oldies Music</p>	<p>8:00 Walking with Friends                      10:15 to 11:45 BINGO                      12:00 Lunch                      12:30 Shake, Rattle &amp; Stroll (Walking)                      1:00 Silver Sneakers@ Classic Exercise                      1:00 H&amp;F/Pepper/Pinochle/Euchre                      2:00 Card Games</p>	<p>8:00 Gym Walking  <b>9:00 to 11:00 Diabetes Education Class</b>                      10:00 Golden Drummers                      12:00 Lunch                      12:30 Walking in the Gym                      1:00 to 2:30 Bonus BINGO                      2:00 Box of Brain Games</p>

**DELTA-101 NORTHWOOD DR.  
HOPE CHURCH  
TUES. & THURS.**

**DELTA / SWANTON  
ACTIVITIES**

**SWANTON  
620 DODGE ST.  
MON., WED., & FRI**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9:00 Brain Booster: Summer Olympics 1 9:30 Chair Exercises With Lynn <b>11:00 Card Day (By Request)</b> 12:00 Lunch 1:00 Uno Flip (Brain Game)</p>	<p>9:00 Wii Games <b>11:00 Keyboard Music &amp; Fun with Terry S.</b> 12:00 Lunch 1:00 Time Line (Brain Game)</p>	<p><b>7</b> <b>Wear Senior Center Shirt</b> 9:00 Puzzles with Pals 9:30 Chair Exercises With Lynn 9:30 "Traveling Little Library" 10:00 Site Council 10:15 to 11:45 BINGO with Swanton Library 12:00 Lunch &amp; Birthday Dessert by Kingston 1:00 Uno Flip (Brain Game)</p>	<p><b>1</b> 9:00 Coffee &amp; Conversation 9:30 Chair Exercises with Carole 10:15 to 11:45 BINGO 12:00 Lunch &amp; Birthday Dessert 1:00 Tenzi (Brain Game)</p>	<p><b>9</b> 9:00 Brain Booster: Summer Olympics 2 9:30 Chair Exercises With Lynn <b>11:00 Free Concert by Nostalgia</b> 12:00 Lunch 1:00 Cards</p>
<p><b>12</b> 9:00 Blokus (Brain Game) 9:30 Chair Exercises With Lynn <b>11:00 Free Bluegrass Concert with Circle of Friends</b> Blood Pressure Checks will Resume in Oct. 12:00 Lunch 1:00 Monopoly Deal (Brain Game)</p>	<p><b>13</b> 9:00 Set (Brain Game) <b>10:00 (Note Time) Bunco with Buddies</b> Blood Pressure Checks will Resume in Oct. 12:00 Lunch 1:00 Shut the Box (Brain Game)</p>	<p><b>14</b> 9:00 Coffee &amp; Conversation 9:30 Chair Exercises With Lynn 10:15 to 11:45 BINGO 12:00 Lunch 1:00 True or False (Brain Game)</p>	<p><b>15</b> 9:00 Cards 9:30 Chair Exercises with Carole 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Five Crowns (Brain Game)</p>	<p><b>1</b> 9:00 Brain Booster: Buzzword 9:30 Chair Exercises With Lynn <b>11:00 Music by Sunshine Bell Choir</b> 12:00 Lunch 1:00 Uno Flip (Brain Game)</p>
<p><b>19</b> 9:00 Monday Brain Booster: "How to Hug" &amp; Summer 624 9:30 Chair Exercises With Lynn <b>10:00 Mahjong Mania &amp; Other Games</b> 12:00 Lunch 1:00 Time Line: Americana (Brain Game)</p>	<p><b>20</b> 9:00 Coffee &amp; Conversation <b>11:00 Music by Michael Buck</b> 12:00 Lunch 1:00 Phase 10 (Brain Game)</p>	<p><b>21</b> <b>Wear Hawaiian</b> 9:00 Reminiscing (Brain Game) 9:30 Chair Exercises With Lynn 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Shut the Box (Brain Game)</p>	<p><b>22</b> <b>Day Trip, Sandpiper Cruise</b> <b>Wear Hawaiian</b> 9:00 Shut the Box (Brain Game) 9:30 Chair Exercises with Carole 10:15 to 11:45 BINGO with Delta Library 12:00 Lunch 1:00 Uno Flip! (Brain Game)</p>	<p><b>23</b> 9:00 Coffee &amp; Conversation 9:30 Chair Exercises With Lynn <b>11:00 Music by Michael Buck</b> 12:00 Lunch 1:00 Word Puzzles</p>
<p><b>26</b> 9:00 Tenzi (Brain Game) 9:30 Chair Exercises With Lynn <b>10:30 (Note Time) Mexican Train Domino Party</b> 12:00 Lunch 1:00 "Things They Don't Teach You In School" (Brain Game)</p>	<p><b>27</b> 9:00 Wits &amp; Wagers (Brain Game) <b>11:00 Sunshine Bell Choir</b> 12:00 Lunch 1:00 Kings in the Corner (Brain Game)</p>	<p><b>28</b> <b>Wear Senior Center Shirt</b> 9:00 Uno Flip (Brain Game) 9:30 Chair Exercises With Lynn 10:15 to 11:45 BINGO 12:00 Lunch 1:00 "I Should Have Known That" (Brain Game)</p>	<p><b>29</b> <b>Wear Senior Center Shirt</b> 9:00 Coffee &amp; Conversation 9:30 Chair Exercises with Carole 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Reminiscing (Brain Game)</p>	<p><b>30</b> 9:00 Word Search 9:30 Chair Exercises With Lynn <b>11:00 A Look at the Life of Elvis, The King of Rock n Roll, with Susanne</b> 12:00 Lunch 1:00 Brain Bender</p>

**ARCHBOLD - SCOUT CABIN**  
**INSIDE RUIHLEY PARK, W. WILLIAMS ST.**  
**TUES. & FRI.**

**ARCHBOLD / FAYETTE**  
**ACTIVITIES**

**FAYETTE - FAMILY LIFE CENTER**  
**306 E. MAIN STREET**  
**MON., WED., & THURS.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9:00 Puzzles with Pals  <b>11:00 ZINGO</b>                      12:00 Lunch                      1:00 Quadrillion (Brain Game Box)</p>	<p>9:00 Cards &amp; Games                      10:45 Site Council  <b>11:00 Beat the Heat with Amy</b>  <b>Carles, Ohio Consumers' Counsel</b>                      12:00 Lunch                      1:00 Tenzi (Brain Game Box)</p>	<p>9:00 Set (Brain Game Box)                      10:00 Chair Yoga                      10:45 Site Council  <b>11:00 Timely Topic with Sandy:</b>  <b>"How to Get Along with</b>  <b>Almost Anyone"</b>                      12:00 Lunch                      1:00 Word Search</p>	<p>9:00 Puzzles with Pals                      10:15 to 11:45 BINGO                      12:00 Lunch &amp; Birthday Dessert                      1:00 Cards &amp; Games</p>	<p>9:00 Coffee &amp; Conversation                      10:15 to 11:45 BINGO                      12:00 Lunch &amp; Birthday Dessert                      1:00 "I Should Have Known That"</p>
<p>9:00 Time Line: Inventions (Brain Game Box)  <b>11:00 Music by Steve Snider</b>                      12:00 Lunch                      1:00 Set (Brain Game Box)</p>	<p>9:00 Pepper  <b>11:00 Music by Michael Buck</b>                      12:00 Lunch                      1:00 Spot It (Brain Game Box)</p>	<p>9:00 Coffee &amp; Conversation                      10:00 Chair Yoga  <b>11:00 Beat the Heat with Amy</b>  <b>Carles, Ohio Consumers' Counsel</b>                      12:00 Lunch                      1:00 Uno Flip (Brain Game Box)</p>	<p><b>Wear Senior Center Shirt</b>                      9:00 Coffee &amp; Conversation                      10:15 to 11:45 BINGO                      12:00 Lunch                      1:00 Q*Bitz (Brain Game Box)</p>	<p>9:00 Pepper                      10:15 to 11:45 BINGO                      12:00 Lunch                      1:00 Shut the Box brain game</p>
<p>9:00 Puzzles with Pals  <b>11:00 Music by Will Hinton</b>                      12:00 Lunch                      1:00 Phase 10 (Brain Game Box)</p>	<p>9:00 Coffee &amp; Conversation  <b>11:00 ZINGO</b>                      (Health Dept. blood pressure checks will return in October).                      12:00 Lunch                      1:00 Skip Bo (Brain Game Box)</p>	<p>9:00 Jigsaw Puzzles                      10:00 Chair Yoga  <b>11:00 Free Concert by Sunshine Bell Choir</b>                      12:00 Lunch                      1:00 Quadrillion (Brain Game Box)</p>	<p>9:00 Puzzles with Pals                      10:15 to 11:45 BINGO                      12:00 Lunch                      1:00 Phase 10 (Brain Game Box)</p>	<p><b>Wear Senior Center Shirt</b>                      9:00 Pepper                      10:15 to 11:45 BINGO                      12:00 Lunch                      1:00 Quiddler Brain Game</p>
<p>9:00 Coffee &amp; Conversation  <b>11:00 Caregiver Burnout with Community Health Professionals</b>                      (Health Dept. blood pressure checks will return in October).                      12:00 Lunch                      1:00 Azul (Brain Game Box)</p>	<p>9:00 Pepper  <b>11:00 Activity Update for our County by Julie Brink, Visitors Bureau Director</b>                      12:00 Lunch                      1:00 Kings in the Corner Card Game</p>	<p>9:00 Phase 10 (Brain Game Box)                      10:00 Chair Yoga  <b>11:00 Free Bluegrass Concert by Circle of Friends</b>                      12:00 Lunch                      1:00 Left Center Right</p>	<p><b>Day Trip, Sandpiper Cruise</b>  <b>Wear Something Hawaiian</b>                      9:00 Cards &amp; Games                      10:15 to 11:45 Hawaiian BINGO                      12:00 Lunch                      1:00 Time Line: Inventions (Brain Game Box)</p>	<p><b>Wear Something Hawaiian</b>                      9:00 Pepper                      10:15 to 11:45 Hawaiian BINGO                      12:00 Lunch                      1:00 Set Brain Game (Brain Game Box)</p>
<p>9:00 Coffee &amp; Conversation  <b>11:00 Caregiver Burnout with Community Health Professionals</b>                      (Health Dept. blood pressure checks will return in October).                      12:00 Lunch                      1:00 Azul (Brain Game Box)</p>	<p>9:00 Pepper  <b>11:00 Activity Update for our County by Julie Brink, Visitors Bureau Director</b>                      12:00 Lunch                      1:00 Kings in the Corner Card Game</p>	<p>9:00 Phase 10 (Brain Game Box)                      10:00 Chair Yoga  <b>11:00 Free Bluegrass Concert by Circle of Friends</b>                      12:00 Lunch                      1:00 Left Center Right</p>	<p>9:00 Puzzles with Pals  <b>10:15 to 11:45 BINGO with Wendy of Normal Memorial Library</b>                      12:00 Lunch                      1:00 Shut the Box (Brain Game Box)</p>	<p>9:00 Pepper                      10:15 to 11:45 BINGO                      12:00 Lunch                      1:00 Cards &amp; Games</p>