

LUNCH CALENDAR AUGUST, 2024

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.

Checks Payable to: Fulton County Senior Center

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	9
Stuffed Pepper Mashed Potatoes Peas & Onions Pears	Sausage Patty Sandwich Tater Tots Mixed Vegetables Fresh Fruit	Salisbury Steak Mashed Potatoes Carrots Peaches	Shepherds Pie Cooked Cabbage Fruit Crunch	Chicken & Noodles Mashed Potatoes Green Beans Peaches
			8	16
			Chili Mexican Rice Corn Grapes	Cheese Omelet Maple Pork Sausage Potato Coins Hot Spiced Applesauce Orange Juice
			7	15
				Hot Dog (LS Alt = Chicken Breast) Potato Chips Baked Beans Apple
			6	23
				Chicken Alfredo Broccoli Carrots Peaches
			5	22
				Fish Sandwich Macaroni & Cheese Stewed Tomatoes Juice
			4	29
				Hot Chicken Sandwich Roasted Potatoes Peas & Carrots Fresh Fruit
			3	28
				Swedish Meatballs Noodles Midori Blend Beets Juice
			2	27
				Cream Chipped Beef Mashed Potatoes Succotash Apple Slices
			1	26
				Bean & Bacon Soup Tossed Salad Ambrosia Pea Salad
			14	20
				BBQ Beef Potato Wedges Cauliflower Pears
			13	19
				Goulash Sweet & Sour Spinach Fruit Crisp
			12	18
			11	17
			10	16
			9	15
			8	14
			7	13
			6	12
			5	11
			4	10
			3	9
			2	8
			1	7
			31	6
			30	5
			29	4
			28	3
			27	2
			26	1
			25	31
			24	30
			23	29
			22	28
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			1	7