

LUNCH CALENDAR

JULY, 2024

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

Checks Payable to: Fulton County Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Country Fried Steak Country Gravy Mashed Potatoes Succotash Apricots 1	Ham loaf (LS Alt=Meatloaf) Sweet Potatoes Asparagus Pineapple 2	Sausage Gravy Hash Brown Casserole Peas & Carrots Grapes 3	CLOSED FOR INDEPENDENCE DAY 4	CLOSED FOR INDEPENDENCE DAY HOLIDAY 5
Sloppy Joes Potato Chips California Blend Fruit Crunch 8	Baked Chicken Mashed Potatoes Cooked Cabbage Fruit Salad 9	Baked Ham (LS Alt= Pork Roast) Scalloped Potatoes Sweet & Sour Spinach Dark Sweet Cherries 10	Philly Beef Steak Peppers & Onions Ranch Potato Wedges Peas & Onions Fresh Fruit 11	Chicken Breast Batter Bites Garlic Chalet Blend Mandarin Oranges 12
Baked Fish Garden Rice Stewed Tomatoes Fresh Fruit Juice 15	Tomato Basil Soup Turkey & Cheese Sandwich Broccoli Salad Pumpkin Mousse 16	Beef Pot Roast Boiled Red Potatoes Brussels Sprouts Applesauce 17	Cream Chipped Beef Mashed Potatoes Mixed Vegetables Peaches 18	Hot Dog (LS Alt=Chicken Breast) Baked Beans California Blend Mixed Fruit 19
Rib Patty Tater Tots Corn Casserole Pears 22	Sweet & Sour Meatballs White Rice Midori Vegetable Blend Brussel Sprouts Tropical Fruit 23	Hunters Chicken Carrots Broccoli Banana 24	Beef Stew Beets Fruit Crisp 25	Egg Salad Sandwich Potato Chips Baby Carrots w/ Ranch Jell-O w/ Fruit Juice 26
Goulash Summer Squash Sweet & Sour Spinach Apple Slices 29	Sausage, Egg, Cheese Sandwich Hash Brown Casserole Corn Nuggets Fresh Fruit 30	Hamburger Gravy Mashed Potato Mixed Vegetables Pineapple 31		