

# WAUSEON ACTIVITIES

FULTON COUNTY SENIOR CENTER  
695 S. SHOOP AVE. | WAUSEON, OH 43567 | 419.337.9299

MAY, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b>	<b>2</b>	<b>3</b>
		Activities, classes and dine-in lunches will start on May 6.	Call by 3 PM today for dine-in lunch reservations for next week.	We look forward to you joining us starting May 6.
8:00 Walking (Gym) <b>6</b> 9:00 Gentle Stretching (Gym) 10:00 Tai Chi (Senior Led) <b>11:00 Monday Brain Booster: Car Tunes Hidden Picture/ Word Search</b> 12:00 Lunch 1:00 to 2:30 Line Dancing 2:30 Walking in the Gym	8:00 Gym Open for Walking <b>7</b> 10:00 Golden Drummers 11:15 Site Council 12:00 Lunch 12:30 Walking in the Gym <b>1:00 Sip &amp; Paint by Core Wealth &amp; Devoted Health</b> No Choir 1:00 Silver Sneakers® Classic Exercise 2:00 Hand & Foot Card Game	8:00 Stretching & Walking <b>8</b> 8:45 Zumba Gold (Sponsor: Genacross) 9:45 Walking in the Gym 10:00 Tai Chi (Senior Led) 11:00 Word Games 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Hand & Foot Card Game 2:00 Walking to Oldies Music	<b>Wear Senior Center Shirt/ Hat 9</b> 8:00 Walking to Your Favorite Music <b>9:00 Managing Arthritis (Sponsor: Ohio Living)</b> 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Hand & Foot Card Game 2:00 Sequence & Other Games	8:00 Walking with Friends <b>10</b> 10:00 Golden Drummers 12:00 Lunch & Birthday Dessert Provided by Heritage Health Care 12:30 Walking in the Gym 1:00 to 2:30 BINGO 2:30 Box of Brain Games
8:00 Walking (Gym) <b>13</b> 9:00 Gentle Stretching (Gym) 10:00 Tai Chi (Senior Led) <b>10:30 Free Hearing Aid Cleaning by Hearing Life</b> 11:00 Sequence 12:00 Lunch 1:00 to 2:30 Line Dancing 2:30 Map It Monday Video: Old Faithful	8:00 Gym Open for Walking <b>14</b> 10:00 Golden Drummers <b>11:00 Julie Brink, Visitors Bureau</b> 12:00 Lunch 12:30 Walking in the Gym No Choir 1:00 Silver Sneakers® Classic Exercise 2:00 Hand & Foot Card Game	8:00 Stretching & Walking <b>15</b> 8:45 Zumba Gold (Sponsor: Genacross) 9:45 Walking in the Gym <b>10:00 Card Making with Deb B.</b> 10:00 Tai Chi (Senior Led) <b>11:00 Heidi &amp; Habitat For Humanity</b> 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Hand & Foot Card Game 2:00 Walking to Oldies Music	<b>Wear Pink for Pink Panther Day 16</b> 8:00 Walking to Your Favorite Music 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Hand & Foot Card Game 2:00 Sequence & Other Games	8:00 Walking with Friends <b>17</b> 10:00 Golden Drummers 12:00 Lunch 12:30 Walking in the Gym 1:00 to 2:30 BINGO 2:30 Box of Brain Games
8:00 Walking (Gym) <b>20</b> 9:00 Gentle Stretching (Gym) 10:00 Tai Chi (Senior Led) <b>11:00 Free Blood Pressure Checks</b> <b>11:00 Monday Brain Booster: Cows</b> 12:00 Lunch <b>1:00 Timely Topic with Sandy</b> 1:00 to 2:30 Line Dancing 2:30 Map It Monday Video: Grand Canyon	<b>Wear Senior Center Shirt/ Hat 21</b> 8:00 Gym Open for Walking 10:00 Golden Drummers <b>11:00 "Just Chew On It" w/ Wendy</b> 12:00 Lunch 12:30 Walking in the Gym No Choir 1:00 Silver Sneakers® Classic Exercise 2:00 Hand & Foot Card Game	8:00 Stretching & Walking <b>22</b> 8:45 Zumba Gold (Sponsor: Genacross) 9:30 Toenail Clinic (Sign Up) 9:45 Walking in the Gym 10:00 Tai Chi (Senior Led) <b>11:00 Music by Michael Buck</b> 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Hand & Foot Card Game 2:00 Walking to Oldies Music	8:00 Walking to Your Favorite Music <b>23</b> <b>9:00 Managing Arthritis (Sponsor: Rehab Hospital of Northwest Ohio)</b> 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Hand & Foot Card Game 2:00 Sequence & Other Games	8:00 Walking with Friends <b>24</b> 10:00 Golden Drummers 12:00 Lunch 12:30 Walking in the Gym 1:00 to 2:30 BINGO 2:30 Box of Brain Games
<b>27</b>  <b>CLOSED FOR MEMORIAL DAY</b>	8:00 Gym Open for Walking <b>28</b> 10:00 Golden Drummers 11:00 Word Games 12:00 Lunch 12:30 Walking in the Gym No Choir 1:00 Silver Sneakers® Classic Exercise 2:00 Hand & Foot Card Game	<b>Day Trip, Toledo Mud Hens 29</b> 8:00 Stretching & Walking 8:45 Zumba Gold (Sponsor: Genacross) 9:45 Walking in the Gym 10:00 Tai Chi (Senior Led) 11:00 Word Games 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Hand & Foot Card Game 2:00 Walking to Oldies Music	8:00 Walking to Your Favorite Music <b>30</b> 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Hand & Foot Card Game 2:00 Sequence & Other Games	8:00 Walking with Friends <b>31</b> 10:00 Golden Drummers 12:00 Lunch 12:30 Walking in the Gym 1:00 to 2:30 BINGO 2:00 Box of Brain Games

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**DELTA-101 NORTHWOOD DR.  
HOPE CHURCH  
TUES. & THURS.**

# DELTA / SWANTON ACTIVITIES

**SWANTON  
620 DODGE ST.  
MON., WED., & FRI**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		9:00 Uno Flip 9:30 "Traveling Little Library" 9:30 Chair Exercises with Lynn 10:00 Site Council 10:15 to 11:45 BINGO with Swanton Library caller 12:00 Lunch with Birthday Dessert Sponsored by Kingston 1:00 Games	9:00 Hidden Pictures: Mouse House/ Double Dutch 9:30 Chair Exercises with Carole 10:00 Site Council 10:15 to 11:45 BINGO 12:00 Lunch with Birthday Dessert 1:00 Word Search	9:00 From the Brain Game Box: Quadrillion 9:30 Chair Exercises with Lynn <b>11:00 Toledo Humane Society Update with Jackie</b> 12:00 Lunch 1:00 Chit Chat
9:00 Brain Game Box: Timeline/ Inventions No Chair Exercises <b>10:00 (Note Time) Beginner Acrylic Painting Class with Alice Wynja</b> <b>Materials Sponsored by Friends &amp; Family Ohio Homemakers</b> 12:00 Lunch 1:00 Table Talk	9:00 Wii Games, Family Feud 10:00 Parking Lot Stroll with Jeanne 10:30 Animals In Hiding Part 1 Word Games <b>11:00 A Simple Tea. Bring a tea cup to use &amp; talk about. "Decorating On a Dime" with Sue Link</b> 12:00 Lunch 1:00 Games	<b>Wear Senior Center Shirt/ Hat</b> 9:00 Uno Flip 9:30 Chair Exercises with Lynn 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Word Search	<b>Wear Senior Center Shirt/ Hat</b> 9:00 Coffee & Conversation 10:00 Chair Exercises with Carole 10:15 to 11:45 BINGO with Delta students 12:00 Lunch 1:00 Chit Chat	9:00 Hobby Hour (Bring a hobby/ project to work on) 9:30 Parking Lot Stroll with Jeanne 9:30 Chair Exercises with Lynn <b>11:00 A Simple Tea. Bring a tea cup to use &amp; talk about. "Decorating On a Dime" with Sue Link</b> 12:00 Lunch 1:00 Puzzles
9:00 Monday Brain Booster: Hidden Pictures (Memorial Day/ Hikes) 9:30 Chair Exercises with Lynn <b>11:00 Free Blood Pressure Checks &amp; "Just So You Know" with Fulton County Health Department</b> 12:00 Lunch 1:00 Games	9:00 Hobby Hour (Bring a hobby/ project to work on) 10:00 Parking Lot Stroll with Jeanne <b>11:00 Free Blood Pressure Checks &amp; "Just So You Know" with Fulton County Health Department</b> 12:00 Lunch 1:00 Word Search	<b>Wear Pink for Pink Panther Day</b> 9:00 Coffee & Conversation 9:30 Chair Exercises with Lynn 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Chit Chat	<b>Wear Pink for Pink Panther Day</b> 9:00 Brain Game Box: Monopoly Deal 10:00 Chair Exercises with Carole 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Puzzles	9:00 Buzzword & Plexer Word Games 9:30 Chair Exercises with Lynn 11:00 Game Day 12:00 Lunch 1:00 Table Talk 9:00 Brain Game Box: Set 9:30 Chair Exercises with Lynn
<b>11:00 Mental Health Information with Wendy Jennings</b> 12:00 Lunch 1:00 Word Search	9:00 Coffee & Conversation 10:00 Parking Lot Stroll with Jeanne <b>11:00 Free Concert by Just Us 2, Marc &amp; Ellen Pember, "Coffee House Vibes"</b> 12:00 Lunch 1:00 Chit Chat	9:00 Brain Game Box: Tenzi 9:30 Chair Exercises with Lynn <b>10:15 to 11:45 Spring Clean BINGO (Bring items for the Prize Table)</b> 12:00 Lunch 1:00 Puzzles	9:00 Brain Game Box: No Thanks 10:00 Chair Exercises with Carole <b>10:15 to 11:45 Spring Clean BINGO with Delta Library (Bring Items for the Prize Table)</b> 12:00 Lunch 1:00 Table Talk	9:00 Hobby Hour (Bring a hobby/ project to work on) 9:30 Chair Exercises with Lynn <b>11:00 Deputy Sheriff</b> 12:00 Lunch 1:00 Games
<b>27</b>  <b>CLOSED FOR MEMORIAL DAY</b>	9:00 Hobby Hour (Bring a hobby/ project to work on) 10:00 Parking Lot Stroll with Jeanne <b>11:00 An Overview of Services Offered by Area Office on Aging with Shawn W.</b> 12:00 Lunch 1:00 Puzzles	<b>Day Trip, Toledo Mud Hens; Wear Senior Center Shirt / Hat</b> 9:00 Uno Flip 9:30 Chair Exercises with Lynn 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Table Talk	9:00 Brain Game Box: Pairzi 10:00 Chair Exercises with Carole 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Games	9:00 Brain Game Box: Phase 10 9:30 Chair Exercises with Lynn <b>11:00 Avoiding Utility Scams &amp; Unwanted Charges, Amy, Ohio Consumers' Counsel</b> 12:00 Lunch 1:00 Cards

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**ARCHBOLD - SCOUT CABIN**  
**INSIDE RUIHLEY PARK, W. WILLIAMS ST.**  
**TUES. & FRI.**

# ARCHBOLD / FAYETTE

## ACTIVITIES

**FAYETTE - FAMILY LIFE CENTER**  
**306 E. MAIN STREET**  
**MON., WED., & THURS.**

MAY, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		9:00 Kings in the Corner <b>1</b> (Brain Game Box) 10:00 Chair Yoga <b>11:00 How to Avoid Utility Scams &amp; Unwanted Charges with Amy Carles, Ohio Consumers' Counsel</b> 12:00 Lunch 1:00 Chit Chat	9:00 Skip Bo <b>2</b> 10:15 to 11:45 BINGO with Wendy from Normal Memorial Library 12:00 Lunch & Birthday Dessert 1:00 Hobby Hour (Bring your own hobby/ project and work on it)	9:00 Pepper <b>3</b> <b>9:30 to 11:30 Health Screenings with Fulton Co. Health Center (Sign Up)</b> 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Games
9:00 Left Center Right <b>6</b> 11:00 Monday Brain Booster: Hidden Colors Word Game 12:00 Lunch 1:00 Games	9:00 Shut the Box <b>7</b> (Brain Game Box) 10:45 Site Council <b>11:00 How to Avoid Utility Scams &amp; Unwanted Charges with Amy Carles, Ohio Consumers' Counsel</b> 12:00 Lunch 1:00 Chit Chat	9:00 True/ False Questions <b>8</b> (Brain Game Box) 10:00 Chair Yoga 10:45 Site Council <b>11:00 Deputy Sheriff</b> 12:00 Lunch 1:00 Puzzles	<b>Wear Pastel Colors to Celebrate Spring</b> 9:00 Spot It! (Brain Game Box) <b>9:30 to 11:30 Health Screenings with Fulton Co. Health Center (Sign Up)</b> 10:15 to 11:45 BINGO 12:00 Lunch	1:00 Games <b>10</b> <b>Wear Pastel Colors to Celebrate Spring</b> 9:00 Tenzi (Brain Game Box) 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards
9:00 I Got It! (Brain Game Box) <b>13</b> 11:00 Tell Me More (A Question & Answer Program with Dorothy) 12:00 Lunch 1:00 Chit Chat	9:00 Monopoly Deal <b>14</b> (Brain Game Box) 11:00 ZINGO 12:00 Lunch 1:00 Hobby Hour (Bring your own hobby/ project and work on it).	9:00 Hobby Hour (Bring your own hobby/ project and work on it). <b>15</b> 10:00 Chair Yoga <b>11:00 Free Bluegrass Concert by Circle of Friends</b> 12:00 Lunch 1:00 Games	<b>Wear Senior Center Shirt/ Hat</b> <b>16</b> 9:00 Five Crowns (Brain Game Box) 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards	<b>Wear Senior Center Shirt/ Hat</b> <b>17</b> 9:00 Pepper 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Box of Brain Games
9:00 Things They Don't Teach <b>20</b> You In School (Brain Game Box) 11:00 Monday Brain Booster: Hidden Pictures & Word Search (Ice Cream) 12:00 Lunch 1:00 Puzzles	9:00 Time Line (Brain Game Box) <b>21</b> <b>11:00 Free Blood Pressure Checks and "Just So You Know" with Fulton County Health Dept.</b> 12:00 Lunch 1:00 Games	9:00 Spot It! (Brain Game Box) <b>22</b> 10:00 Chair Yoga <b>11:00 Free Blood Pressure Checks and "Just So You Know" with Fulton County Health Dept. (Note Date)</b> 12:00 Lunch 1:00 Cards	9:00 Kings in the Corner <b>23</b> (Brain Game Box) 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Hobby Hour (Bring your own hobby/ project and work on it).	9:00 Kanoodle (Brain Game Box) <b>24</b> 10:15 to 11:45 BINGO 12:00 Lunch <b>12:15 Update about Archbold Community Garden with Abby P. &amp; Garden Tour</b> 1:00 Chit Chat
<b>27</b>  <b>CLOSED</b> <b>MEMORIAL DAY</b>	9:00 Blokus (Brain Game Box) <b>28</b> <b>11:00 Lively Game/ Chat with Sara C. of Hospice of Northwest Ohio</b> 12:00 Lunch 1:00 Hobby Hour (Bring your own hobby/ project and work on it)	<b>Day Trip, Toledo Mud Hens; Wear Senior Center Shirt / Hat</b> <b>29</b> 9:00 Five Crowns (Brain Game Box) 10:00 Chair Yoga <b>11:00 Free Concert by Just Us 2, Marc &amp; Ellen Pember</b> 12:00 Lunch 1:00 Word Search	9:00 Shut the Box <b>30</b> (Brain Game Box) 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Skip Bo	9:00 Qwirkle (Brain Game Box) <b>31</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Table Talk

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