

# LUNCH CALENDAR

MARCH, 2024

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

**SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.**

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

**Checks Payable to: Fulton County Senior Center**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Beef Pot Roast <b>1</b> Boiled Potatoes Sliced Carrots Mandarin Oranges
Chicken Tenders <b>4</b> O'Brien Potatoes California Blend Ambrosia	Goulash <b>5</b> Cooked Cabbage Fruit Crunch Mixed Fruit	Beef Stroganoff <b>6</b> Egg Noodles Brussels Sprouts Applesauce Juice	Creamed Chipped Beef <b>7</b> Mashed Potatoes Mixed Vegetables Apple Slices	Chili w/Beans <b>8</b> Mexican Style Rice Corn Tropical Fruit
Baked Ham <b>11</b> (LS Alt=Pork Roast) Scalloped Potatoes Roasted Vegetables Fresh Fruit	Hot Chicken Sandwich <b>12</b> Potato Wedges Cole Slaw Baked Apples	Sausage, Egg & Cheese <b>13</b> Sandwich Hash Brown Casserole Corn Nuggets Pineapple	Beef & Noodles <b>14</b> Mashed Potatoes Green Beans Pears	Bean Soup <b>15</b> Spinach Salad Pickled Beets Jell-O
Lasagna <b>18</b> Steamed Broccoli Sliced Carrots Dark Sweet Cherries	Salisbury Steak <b>19</b> Mashed Potatoes Sugar Snap Peas Mixed Fruit	Swedish Meatballs <b>20</b> Egg Noodles Cooked Cabbage Buttered Beets Grapes	Hamloaf <b>21</b> (LS Alt=Meatloaf) Sweet Potatoes Malibu Blend Vegetable Applesauce	Fish Sandwich <b>22</b> Macaroni & Cheese Stewed Tomatoes Fresh Fruit Juice
Cheese Burgers <b>25</b> Seasoned Potato Wedges Spinach Tangerine	Baked Chicken <b>26</b> Mashed Potatoes Peas & Carrots Cranberry Relish	Polish Sausage <b>27</b> (LS Alt= Pork Loin) Smashed Red Potatoes Broccoli Banana	Corn Chowder <b>28</b> Ham & Swiss Sandwich Three Bean Salad Pineapple Salad	<b>29</b>  <b>Good Friday Holiday No Meals Served</b>