

WAUSEON ACTIVITIES

FULTON COUNTY SENIOR CENTER
240 CLINTON ST. | WAUSEON, OH 43567 | 419.337.9299

MARCH, 2024

SENIOR

B-33

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				8:00 Walking with Friends 1 10:00 Golden Drummers (New Time) 12:00 Lunch & Birthday Party; Dessert is Sponsored by Heritage Health Care 12:30 Walking in the Gym 1:00 to 2:30 Bonus BINGO 2:00 Box of Brain Games
8:00 Walking (Gym) 4 9:00 Gentle Stretching (Gym) 11:00 St. Patrick's Day Paper Games 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:30 Map It Monday Armchair Traveler: Visit Castles in Budapest by Video	8:00 Gym Open for Walking 5 10:00 Golden Drummers (New Time) 11:00 Dietitian Janna M. from FCHC 12:00 Lunch 12:30 Walking in the Gym 1:00 Choir 1:00 Silver Sneakers® Classic Exercise 2:00 Hand & Foot Card Game	8:00 Stretching & Walking 6 8:45 Zumba Gold (Sponsor: Genacross) 9:45 Walking in the Gym 10:30 Site Council 11:00 Tai Chi (Senior Led) 11:00 Music by Just Us 2 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Hand & Foot Card Game 2:00 Walking to Oldies Music	Wear Senior Center Shirt 7 8:00 Walking to Your Favorite Music 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Hand & Foot Card Game 2:00 Sequence & Other Games	8:00 Walking with Friends 8 10:00 Golden Drummers (New Time) 12:00 Lunch 12:30 Walking in the Gym 1:00 to 2:30 Bonus BINGO 2:00 Box of Brain Games
8:00 Walking (Gym) 11 9:00 Gentle Stretching (Gym) 10:30 Free Hearing Aid Cleaning 11:00 Tai Chi (Senior Led) 11:00 Animals in Hiding Word Game, Part 1 12:00 Lunch 1:00 to 2:30 Line Dancing 2:30 Map It Monday Armchair Traveler: Visit Pyramids & Great Sphinx by Video	8:00 Gym Open for Walking 12 10:00 Golden Drummers (New Time) 11:00 "Carl Britsch: Archbold's Architect" 12:00 Lunch 12:30 Walking in the Gym 1:00 Choir 1:00 Silver Sneakers® Classic Exercise 2:00 Hand & Foot Card Game	8:00 Stretching & Walking 13 8:45 Zumba Gold (Sponsor: Genacross) 9:45 Walking in the Gym 11:00 Tai Chi (Senior Led) 11:00 Habitat for Humanity Update w/ Heidi 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Hand & Foot Card Game 2:00 Walking to Oldies Music	8:00 Walking to Your Favorite Music 14 9:00 Managing Arthritis w/ Jordan 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Hand & Foot Card Game 2:00 Sequence & Other Games	Wear Green 15 8:00 Walking with Friends 10:00 Golden Drummers (New Time) 12:00 Lunch 12:30 Walking in the Gym 1:00 to 2:30 Bonus BINGO 2:00 Box of Brain Games
8:00 Walking (Gym) 18 9:00 Gentle Stretching (Gym) 11:00 Free Blood Pressure Checks 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:30 Map It Monday Armchair Traveler: Visit the New York City High Line & Hudson River by Video	8:00 Gym Open for Walking 19 10:00 Golden Drummers (New Time) 11:00 Deputy Sheriff 12:00 Lunch 12:30 Walking in the Gym 1:00 Choir 1:00 Silver Sneakers® Classic Exercise 1:00 SERO Meeting (BINGO Rm) 2:00 Hand & Foot Card Game	8:00 Stretching & Walking 20 8:45 Zumba Gold (Sponsor: Genacross) 9:45 Walking in the Gym 10:00 Make Cards with Deb B. 11:00 Tai Chi (Senior Led) 11:00 Overview of Area Office on Aging 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 2:00 Hand & Foot Card Game 2:00 Walking to Oldies Music	Wear Senior Center Shirt 21 8:00 Walking to Your Favorite Music 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Hand & Foot Card Game 2:00 Sequence & Other Games	8:00 Walking with Friends 22 10:00 Golden Drummers (New Time) 12:00 Lunch 12:30 Walking in the Gym 1:00 to 2:30 Bonus BINGO 2:00 Box of Brain Games
8:00 Walking (Gym) 25 9:00 Gentle Stretching (Gym) 11:00 Animal Trivia & Word Search 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Line Dancing 2:00 Map It Monday Armchair Traveler: Visit the Lost City of Petra, Jordan by Video	8:00 Gym Open for Walking 26 10:00 Golden Drummers (New Time) 11:00 Utility Scams; Amy, Ohio Consumers 12:00 Lunch 12:30 Walking in the Gym 1:00 Choir 1:00 Silver Sneakers® Classic Exercise 2:00 Hand & Foot Card Game	8:00 Stretching & Walking 27 8:45 Zumba Gold (Sponsor: Genacross) 9:30 Toenail Clinic (Sign Up) 9:45 Walking in the Gym 11:00 Tai Chi (Senior Led) 11:00 Free Concert, Circle of Friends 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 2:00 Hand & Foot Card Game	8:00 Walking to Your Favorite Music 28 9:00 Managing Arthritis w/ Jordan 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 to 2:30 Bonus BINGO (Note Date) 2:00 Sequence & Other Games	8:00 Walking with Friends 29 10:00 Golden Drummers (New Time) No Lunch Served. Closed at Noon for Good Friday

**DELTA-101 NORTHWOOD DR.
HOPE CHURCH
TUES. & THURS.**

DELTA / SWANTON ACTIVITIES

**SWANTON
620 DODGE ST.
MON., WED., & FRI**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				9:00 Coffee & Conversation 1 10:00 Chair Exercises with Lynn 11:00 Update from Heidi Kern, Executive Director of Habitat for Humanity 12:00 Lunch 1:00 Box of Brain Games
No Chair Exercise 4 9 to 11:30 Hand, Knee, Foot Card Game (Note Time) 11:30 Simple Sketching with Diane K. 12:00 Lunch 1:00 Word Search	9:00 Cards 5 11:00 Games/ Who Wants to Be a Millionaire? 12:00 Lunch 1:00 Puzzles	9:00 Table Talk 6 10:00 Site Council 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert Sponsored by Kingston 1:00 Games	9:00 Coffee & Conversation 7 9:30 Chair Exercises with Carole 10:00 Site Council 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Box of Brain Games	9:00 Word Search 8 10:00 Chair Exercises with Lynn 11:00 Free Bluegrass Concert by Circle of Friends 12:00 Lunch 1:00 Chit Chat
9:00 Cards 11 10:00 Chair Exercises with Lynn 11:00 Free Blood Pressure Checks & "Just So You Know" with Fulton County Health Department 12:00 Lunch 1:00 Puzzles	9:00 Table Talk 12 11:00 Free Blood Pressure Checks & "Just So You Know" with Fulton County Health Department 12:00 Lunch 1:00 Games	Bring Your Grandchild to BINGO 13 9:00 Coffee & Conversation 10:15 to 11:45 Lucky Charm BINGO (Bring a Lucky Charm) 12:00 Lunch 1:00 Box of Brain Games	Bring Your Grandchild to BINGO 14 9:00 Skip Bo 9:30 Chair Exercises with Carole 10:15 to 11:45 Lucky Charm BINGO (Bring a Lucky Charm. No Delta Students due to Spring Break) 12:00 Lunch 1:00 Chit Chat	9:00 Games 15 10:00 Chair Exercises with Lynn 11:00 Senior Self Defense Tips with Master B Karate 12:00 Lunch 1:00 Puzzles
9:00 Table Talk 18 10:00 Chair Exercises with Lynn 11:00 "Just Chew On It," a Pondering Program 12:00 Lunch 1:00 Games	9:00 Coffee & Conversation 19 11:00 Free Concert by Nostalgia Men 12:00 Lunch 1:00 Box of Brain Games	Wear Something Goofy for National Goof Off Day 20 9:00 Word Search 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Chit Chat	Wear Something Goofy for National Goof Off Day 21 9:00 Phase 10 9:30 Chair Exercises with Carole 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Puzzles	9:00 Cards 22 No Chair Exercises 10:20 (Note Time) Swanton High School Students. Bring Your Favorite Card Game or Board Game & Teach the Students 12:00 Lunch 1:00 Word Games
9:00 Coffee & Conversation 25 10:00 Chair Exercises with Lynn 11:00 Dealing with Rising Energy Costs with Amy Carles, Ohio Consumers Counsel 12:00 Lunch 1:00 Box of Brain Games	9:00 Word Search 26 11:00 Music by Peter V. & Friends 12:00 Lunch 1:00 Chit Chat	March Madness Day; Wear a Basketball Shirt or Team Colors 27 9:00 Games 10:15 to 11:45 March Madness BINGO 12:00 Lunch 1:00 Puzzles	March Madness Day; Wear a Basketball Shirt or Team Colors 28 9:00 Table Talk 9:30 Chair Exercises with Carole 10:15 to 11:45 March Madness BINGO 12:00 Lunch 1:00 Word Games	29 CLOSED FOR GOOD FRIDAY

ARCHBOLD - SCOUT CABIN
INSIDE RUIHLEY PARK, W. WILLIAMS ST.
TUES. & FRI.

ARCHBOLD / FAYETTE

ACTIVITIES

FAYETTE - FAMILY LIFE CENTER
306 E. MAIN STREET
MON., WED., & THURS.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				9:00 Coffee & Conversation 1 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Cards & Games
9:00 Left Center Right 4 11:00 Word Game: Animals In Hiding (Part 2) 12:00 Lunch 1:00 Games	9:00 Cards 5 11:00 Vintage Love Letters with Storyteller, Bill S. 12:00 Lunch 1:00 Word Search	9:00 Word Search 6 10:00 Chair Yoga 10:45 Site Council 11:00 Dulcimer Music by Vickie Halsey 12:00 Lunch 1:00 Chit Chat	9:00 Coffee & Conversation 7 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Cards & Games	9:00 Pepper 8 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Box of Brain Games
9:00 Puzzles 11 11:00 St. Patrick's Day Paper Games 12:00 Lunch 1:00 Skip Bo	9:00 Pepper 12 10:45 Site Council 11:00 Music by Peter V & Friends 12:00 Lunch 1:00 Chit Chat	9:00 Coffee & Conversation 13 10:00 Chair Yoga 11:00 Free Concert by Nostalgia Men 12:00 Lunch 1:00 Cards & Games	Bring a Lucky Charm 14 9:00 Skip Bo 10:15 to 11:45 Lucky Charm BINGO 12:00 Lunch 1:00 Box of Brain Games	Bring a Lucky Charm 15 9:00 Cards 10:15 to 11:45 Lucky Charm BINGO 12:00 Lunch 1:00 Puzzles
9:00 Word Search 18 11:00 Hidden Pictures (Puppy/ Pony) 12:00 Lunch 1:00 Chit Chat	9:00 Coffee & Conversation 19 11:00 Free Blood Pressure Checks & "Just So You Know" with Fulton County Health Department 12:00 Lunch 1:00 Cards & Games	National Goof-Off Day & Wacky 20 Wednesday. Wear Something Wacky 9:00 Games with Friends 10:00 Chair Yoga 11:00 Beat the Winter Blues with Jen from Elara Caring 12:00 Lunch 1:00 Box of Brain Games	9:00 Left Center Right 21 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Puzzles	9:00 Pepper 22 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Word Games
9:00 Coffee & Conversation 25 11:00 Free Blood Pressure Checks & "Just So You Know" with Fulton County Health Department 12:00 Lunch 1:00 Cards & Games	9:00 Games with Friends 26 11:00 Free Concert by Nostalgia Men 12:00 Lunch 1:00 Box of Brain Games	9:00 Left Center Right 27 10:00 Chair Yoga 11:00 Downsizing Tips with Realtor Marcia Holly 12:00 Lunch 1:00 Puzzles	Wear a Basketball Shirt or 28 Team Colors 9:00 Skip Bo 10:15 to 11:45 March Madness BINGO 12:00 Lunch 1:00 Word Games	CLOSED FOR GOOD FRIDAY