

# LUNCH CALENDAR

FEBRUARY, 2024

Whole grain bread or an alternate and 2% milk are offered with each meal. Lunch reservations are required at least 24 business hours in advance. **Menu is subject to change.** The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

**SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.**

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

**Checks Payable to: Fulton County Senior Center**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Swiss Steak Mashed Potatoes Green Beans Peaches <b>1</b>	Sweet & Sour Meatballs Steamed Brown Rice Midori Blend Vegetable Fresh Fruit Juice <b>2</b>
Country Fried Steak w/ Country Gravy Mashed Potatoes Succotash Apricots <b>5</b>	Meatloaf Au Gratin Potatoes Peas Oranges <b>6</b>	Goulash Summer Squash Tossed Salad Fruit Crisp <b>7</b>	Butternut Squash Soup Corned Beef on Rye Pea Salad Jell-O <b>8</b>	Beef Tips Noodles Brussels Sprouts Hot Applesauce <b>9</b>
Creamed Chipped Beef Mashed Potatoes Mixed Vegetables Fresh Fruit <b>12</b>	Steamed Franks (LS Alt = Chicken Breast) Baked Beans California Blend Vegetable Mixed Fruit <b>13</b>	Beef Stew Buttered Corn Pineapple Casserole <b>14</b>	Chicken Breast Sandwich O'Brien Potatoes Buttered Beets Fruit Salad <b>15</b>	Chicken Alfredo Pasta Steamed Carrots Broccoli Pears Iced Cake <b>16</b>
<b>CLOSED FOR PRESIDENTS' DAY</b> <b>19</b>	Baked Fish Macaroni & Cheese Stewed Tomatoes Fresh Fruit Juice <b>20</b>	Biscuits & Gravy Au Gratin Potatoes Tossed Salad Fruit Crunch <b>21</b>	Chicken & Noodles Mashed Potatoes Green Beans Peaches <b>22</b>	Hamloaf (LS Alt = Meatloaf) Sweet Potatoes Butter Beans Pineapple Chunks <b>23</b>
Cheese Omelets Smoky Links Hash Brown Casserole Baked Apples Orange Juice <b>26</b>	Sloppy Joes Roasted Potatoes Creamy Cole Slaw Midori Blend Vegetable <b>27</b>	Kielbasa & Sauerkraut (LS Alt = Pork Loin) Smashed Red Potatoes Peas w/Onions Fresh Fruit <b>28</b>	Beef Vegetable Soup Turkey Sandwich Broccoli Salad 5 Cup Salad <b>29</b>	