

WAUSEON ACTIVITIES

FULTON COUNTY SENIOR CENTER
240 CLINTON ST. | WAUSEON, OH 43567 | 419.337.9299

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			8:00 Walking to Your Favorite Music 1 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Pinochle 2:00 Card Games	8:00 Walking with Friends 2 10:30 Golden Drummers 12:00 Lunch & Birthday Party; Dessert is Sponsored by Heritage Health Care 12:30 Walking in the Gym 1:00 to 2:30 Bonus BINGO 2:00 Box of Brain Games
8:00 Walking (Gym) 5 9:00 Gentle Stretching (Gym) 11:00 Name That Car Word Game 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Line Dancing 2:00 Map It Monday: Visit Italy by Video	8:00 Gym Open for Walking 6 10:30 Golden Drummers 11:00 Hidden Colors Game 12:00 Lunch 12:30 Walking in the Gym 1:00 Choir 1:00 Silver Sneakers® Classic Exercise 1:00 Pinochle 2:00 Tabletop Beanbag Twister	8:00 Stretching & Walking 7 8:45 Zumba Gold (Sponsor: Genacross) 9:45 Walking in the Gym 11:00 Tai Chi (Senior Led) 11:00 Site Council 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Hand & Foot Card Game 2:00 Walking to Oldies Music	8:00 Walking to Your Favorite Music 8 9:00 Managing Arthritis Class w Jordan 10 to 2 Health Screenings (Sign Up) 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Pinochle 2:00 Card Games	Sports Day; Wear a Jersey or Team Shirt 9 8:00 Walking with Friends 10:30 Golden Drummers 12:00 Lunch 12:30 Walking in the Gym 1:00 to 2:30 Super Bowl BINGO, Predict the Score! 2:00 Box of Brain Games
8:00 Walking (Gym) 12 9:00 Gentle Stretching (Gym) 10:30 Free Hearing Aid Cleaning 11:00 Tenzi 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Line Dancing 2:00 Map It Monday: Visit Greece by Video	8:00 Gym Open for Walking 13 10:30 Golden Drummers 11:00 "Finding Peace," Sandy S. 12:00 Lunch 12:30 Walking in the Gym 1:00 Choir 1:00 Silver Sneakers® Classic Exercise 1:00 Pinochle 2:00 Corn Hole	Wear Red/ Pink/ White. 14 8:00 Stretching & Walking 8:45 Zumba Gold (Sponsor: Genacross) 9:45 Walking in the Gym 10:00 Valentine's Day Photo Booth 11:00 Vintage Love Letters w/ Bill 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Hand & Foot Card Game 2:00 Walking to Oldies Music	8:00 Walking to Your Favorite Music 15 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Pinochle 2:00 Card Games	8:00 Walking with Friends 16 10:30 Golden Drummers 12:00 Lunch 12:30 Walking in the Gym 1:00 to 2:30 Bonus BINGO 2:00 Box of Brain Games
19 CLOSED FOR PRESIDENTS' DAY	8:00 Gym Open for Walking 20 10:30 Golden Drummers 11:00 Hidden Pictures (Holidays) 12:00 Lunch 12:30 Walking in the Gym 1:00 Choir 1:00 Silver Sneakers® Classic Exercise 1:00 Pinochle 2:00 Box of Brain Games	8:00 Stretching & Walking 21 8:45 Zumba Gold (Sponsor: Genacross) 9:45 Walking in the Gym 10:00 Make Greeting Cards (Sign Up) 11:00 How to Deal with Energy Costs 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Hand & Foot Card Game 2:00 Walking to Oldies Music	8:00 Walking to Your Favorite Music 22 9:00 Managing Arthritis Class w Jordan 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Pinochle 2:00 Card Games	8:00 Walking with Friends 23 10:30 Golden Drummers 12:00 Lunch 12:30 Walking in the Gym 1:00 to 2:30 Bonus BINGO 2:00 Box of Brain Games
8:00 Walking (Gym) 26 9:00 Gentle Stretching (Gym) 11:00 Sequence 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Line Dancing 2:00 Map It Monday: Visit Australia by Video	8:00 Gym Open for Walking 27 10:30 Golden Drummers 11:00 "Finding Hope," Sandy S. 11:00 Free Blood Pressure Checks 12:00 Lunch 12:30 Walking in the Gym 1:00 Choir 1:00 Silver Sneakers® Classic Exercise 1:00 Pinochle 2:00 Golf Putting Green	8:00 Stretching & Walking 28 8:45 Zumba Gold (Sponsor: Genacross) 9:30 Toenail Clinic (Sign Up) 9:45 Walking in the Gym 11:00 Music by Peter V. & Friends 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® 1:00 Hand & Foot Card Game 2:00 Walking to Oldies Music	Happy Leap Day! Wear Green. 29 8:00 Walking to Your Favorite Music 10:15 to 11:45 BINGO 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 Silver Sneakers® Classic Exercise 1:00 Pinochle 2:00 Card Games	

**DELTA-101 NORTHWOOD DR.
HOPE CHURCH
TUES. & THURS.**

DELTA / SWANTON ACTIVITIES

**SWANTON
620 DODGE ST.
MON., WED., & FRI**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			9:00 Games 1 9:30 to 10 Chair Exercises with Carole M. 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Box of Brain Games	Happy Groundhog Day! 2 Wear Black/ White 9:00 Coffee & Conversation 10:00 Chair Exercises (Senior Led) 11:00 Dulcimer Music, Vickie Halsey 12:00 Lunch 1:00 Word Games
9:00 Cards 5 10:00 Chair Exercises (Senior Led) 11:00 Our Experience in Indonesia as Missionaries, Roger & Suzanne Doriot 12:00 Lunch 1:00 Word Search	9:00 Puzzles & Predict the Super Bowl Score 6 10:45 Site Council 11:00 "Dealing with Rising Energy Costs," Amy from Ohio Consumers' Counsel 12:00 Lunch 1:00 Cards & Games	Wear a Jersey/Team Colors 7 9:00 Games 10:00 Site Council 10:15 to 11:45 Super Bowl BINGO; Predict the Score 12:00 Lunch & Birthday Dessert Sponsored by Kingston 1:00 Box of Brain Games	Wear Red/Pink/White; Bring red/ pink/white prizes for the prize table. 8 9:00 Coffee & Conversation 9:30 to 10 Chair Exercises with Carole M. 10:15 to 11:45 Valentine BINGO with Delta Students 12:00 Lunch 1:00 Word Games	9:00 Word Search 9 10:00 Chair Exercises (Senior Led) 11:00 Downsizing Tips with Marcia Holly, Realtor 12:00 Lunch 1:00 Chit Chat
9:00 Puzzles 12 10:00 Chair Exercises (Senior Led) 10:30 BP Checks Only 11:00 Vintage Love Letters with Storyteller Bill Senecal 12:00 Lunch 1:00 Cards & Games	9:00 Games 13 10:30 BP Checks Only 11:00 Vintage Love Letters with Storyteller Bill Senecal 12:00 Lunch 1:00 Box of Brain Games	Wear Red/Pink/White; Bring red/ pink/white prizes for the prize table. 14 9:00 Coffee & Conversation 10:15 to 11:45 Valentine BINGO 12:00 Lunch 1:00 Word Games	9:00 Word Search 15 9:30 to 10 Chair Exercises with Carole M. 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Chit Chat	9:00 Cards 16 10:00 Chair Exercises (Senior Led) 11:00 Guitar Music, Will Hinton 12:00 Lunch 1:00 Box of Brain Games
19 CLOSED FOR PRESIDENTS' DAY	9:00 Coffee & Conversation 20 11:00 Lively Game/ Chat with Sara C. of Hospice of Northwest Ohio 12:00 Lunch 1:00 Word Games	Wear Senior Center Shirt/ Hat 21 9:00 Puzzles 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Chit Chat	Wear Senior Center Shirt/ Hat 22 9:00 Cards 9:30 to 10 Chair Exercises with Carole M. 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Box of Brain Games	9:00 Games 23 10:00 Chair Exercises (Senior Led) 11:00 Game Day 12:00 Lunch 1:00 Word Search
9:00 Coffee & Conversation 26 10:00 Chair Exercises (Senior Led) 11:00 Ideas to Beat the Winter Blues/ Create Your Own Sunshine with Jen from Elara Caring 12:00 Lunch 1:00 Word Games	Wear White/ Snowmen 27 9:00 Puzzles 11:00 Snowman Games 12:00 Lunch 1:00 Chit Chat	9:00 Cards 28 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Box of Brain Games	Happy Leap Day! Wear Green 29 9:00 Games 9:30 to 10 Chair Exercises with Carole M. 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Word Search	

ARCHBOLD - SCOUT CABIN
INSIDE RUIHLEY PARK, W. WILLIAMS ST.
TUES. & FRI.

ARCHBOLD / FAYETTE

ACTIVITIES

FAYETTE - FAMILY LIFE CENTER
306 E. MAIN STREET
MON., WED., & THURS.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			9:00 Chit Chat 1 10:15 to 11:45 BINGO 12:00 Lunch with Birthday Dessert 1:00 Puzzles	Happy Groundhog Day! 2 Wear Black/ White 9:00 Coffee & Conversation 10:15 to 11:45 BINGO 12:00 Lunch with Birthday Dessert 1:00 Word Search
9:00 Cards 5 11:00 "Animals In Hiding" Word Game 12:00 Lunch 1:00 Table Talk	9:00 Pepper 6 10:45 Site Council 11:00 Lively Game/ Chat with Sara from Hospice of Northwest Ohio 12:00 Lunch 1:00 Cards & Games	9:00 Chit Chat 7 10:00 Chair Yoga 10:45 Site Council 11:00 Music by Peter V. & Friends 12:00 Lunch 1:00 Puzzles	Wear a Jersey or Your Favorite Team's Colors 8 9:00 Coffee & Conversation 10:15 to 11:45 Super Bowl BINGO, Predict the Score! 12:00 Lunch 1:00 Word Search	Wear a Jersey or Your Favorite Team's Colors 9 9:00 Box of Brain Games 10:15 to 11:45 Super Bowl BINGO, Predict the Score! 12:00 Lunch 1:00 Cards
9:00 Word Search 12 10:15 to 11:45 BINGO (NOTE DATE) 12:00 Lunch 1:00 Paper Games	9:00 Chit Chat 13 11:00 Downsizing Tips with Marcia 12:00 Lunch 1:00 Puzzles	Happy Valentine's Day! 14 Wear Red/ Pink/ White 9:00 Coffee & Conversation 10:00 Chair Yoga 11:00 Our Life as Missionaries in Indonesia, Roger & Suzanne Doriot 12:00 Lunch 1:00 Word Search	9:00 Box of Brain Games 15 11:00 Vintage Love Letters with Storyteller Bill S. (BINGO is moved to Mon. 12th) 12:00 Lunch 1:00 Cards	9:00 Games 16 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Table Talk
CLOSED FOR PRESIDENTS' DAY 19	9:00 Coffee & Conversation 20 11:00 Free Blood Pressure Checks & "Just So You Know" with Fulton Co. Health Department 12:00 Lunch 1:00 Word Search	9:00 Box of Brain Games 21 10:00 Chair Yoga 11:00 Show & Tell (Bring Something That Helps Us Learn About You) 12:00 Lunch 1:00 Cards	Wear Senior Center Shirt/ Hat 22 9:00 Games 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Table Talk	Wear Senior Center Shirt/ Hat 23 9:00 Pepper 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Chit Chat
9:00 Coffee & Conversation 26 11:00 Free Blood Pressure Checks & "Just So You Know" with Fulton Co. Health Department 12:00 Lunch 1:00 Word Search	9:00 Box of Brain Games 27 11:00 Dulcimer Music, Vickie Halsey 12:00 Lunch 1:00 Cards	9:00 Games 28 10:00 Chair Yoga 11:00 Scams & Senior Topics with Fayette Police Dept. Community Resource Officer 12:00 Lunch 1:00 Table Talk	Happy Leap Day! Wear Green 29 9:00 Skip Bo 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Chit Chat	