

WAUSEON ACTIVITIES

FULTON COUNTY SENIOR CENTER
240 CLINTON ST. | WAUSEON, OH 43567 | 419.337.9299

OCTOBER, 2022

SENIOR B-33

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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|---|
| <p>8 to 9:30 Gold Pickleball 3 9:30 to 11:00 Silver Pickleball 11:00 Tai Chi (Senior Led) 11:00 Buzzword (Ground, Fruit) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:35 to 3:45 Bronze Pickleball</p> | <p>Wear Senior Center Shirt 4 9:30 to 2:30 ROAD TO WELLNESS at Pettisville Missionary Church (Register) 8 to 10 Gold Pickleball 10 to Noon Silver Pickleball 12:00 Lunch NO Choir 1:00 Silver Sneakers® Classic Exercise 2 to 3 Walking in the Gym</p> | <p>8 to 10:30 Bronze Pickleball 5 10:30 to 11 Walking in the Gym 11:00 Tai Chi (Senior Led) 11:00 Hidden Pictures (Cider, Hippo) 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® (Gym) 1:00 Pepper Card Game (BINGO Room) 2 to 3:30 Intro to Pickleball for Beginners</p> | <p>8 to 10 Gold Pickleball 6 10 to Noon Silver Pickleball 10:15 to 11:45 BINGO (Bingo Room) 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise 2:00 Card Games</p> | <p>8 to 10:00 Gold Pickleball 7 (Note change) 10:30 Golden Drummers (Cardio Drumming) 11:15 Site Council 12:00 Lunch & Birthday Party 12:30 to 1:00 Walking in the Gym 1:00 to 2:30 Bonus BINGO 1:00 to 3:30 Bronze Pickleball</p> |
| <p>CLOSED FOR COLUMBUS DAY 10</p> | <p>8 to 10 Gold Pickleball 11 10:00 Choir to Archbold Senior Center 10 to Noon Silver Pickleball 12:00 Lunch 1:00 Choir Sing-a-long 1:00 Silver Sneakers® Classic Exercise 2 to 3 Walking in the Gym</p> | <p>8 to 10:30 Bronze Pickleball 12 10:30 to 11 Walking in the Gym 11:00 Tai Chi (Senior Led) 11:00 Music by Peter Villalovos 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® (Gym) 1:00 Pepper Card Game (BINGO Room) 1:00 Bible Study with Roger (Dining) 2 to 3:30 Intro to Pickleball for Beginners</p> | <p>8 to 10 Gold Pickleball 13 10 to Noon Silver Pickleball 10:15 to 11:45 BINGO (Bingo Room) 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise 2:00 Card Games</p> | <p>8 to 10 Silver Pickleball 14 (Note Change) 10:30 Golden Drummers (Cardio Drumming) 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 to 2:30 Bonus BINGO 1:00 to 3:30 Bronze Pickleball</p> |
| <p>8 to 9:30 Gold Pickleball 17 9:30 to 11:00 Silver Pickleball 10:30 Free Hearing Aid Cleaning 11:00 Free Blood Pressure Check 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:35 to 3:45 Bronze Pickleball</p> | <p>7:30 to Noon AARP Driver Safety Class (BINGO Room) 18 8 to 10 Gold Pickleball 10 to Noon Silver Pickleball 12:00 Lunch 1:00 Choir Sing-a-long 1:00 Silver Sneakers® Classic Exercise 1:30 OPERS (BINGO Room) 2 to 3 Walking in the Gym</p> | <p>8 to 10:30 Bronze Pickleball 19 10:00 Choir to Fayette Senior Center 10:30 to 11 Walking in the Gym 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® (Gym) 1:00 Pepper Card Game (BINGO Room) 2 to 3:30 Intro to Pickleball for Beginners</p> | <p>8 to 10 Gold Pickleball 20 10 to Noon Silver Pickleball 10:15 to 11:45 BINGO (Bingo Room) 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise 2:00 Card Games</p> | <p>8 to 10:00 Gold Pickleball 21 (Note change) 10:30 Golden Drummers (Cardio Drumming) 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 to 2:30 Bonus BINGO 1:00 to 3:30 Bronze Pickleball</p> |
| <p>8 to 9:30 Gold Pickleball 24 9:30 to 11:00 Silver Pickleball 11:00 I Spy Halloween (On Paper) 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:35 to 3:45 Bronze Pickleball</p> | <p>8 to 10 Gold Pickleball 25 10 to Noon Silver Pickleball 12:00 Lunch 1:00 Choir Sing-a-long 1:00 Silver Sneakers® Classic Exercise 2 to 3 Walking in the Gym</p> | <p>8 to 10:30 Bronze Pickleball 26 10:30 to 11 Walking in the Gym 11:00 Tai Chi (Senior Led) 11:00 Music by Michael Buck 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® (Gym) 1:00 Pepper Card Game (BINGO Room) 1:00 Bible Study with Roger (Dining) 2 to 3:30 Intro to Pickleball for Beginners</p> | <p>8 to 10 Gold Pickleball 27 10 to Noon Silver Pickleball 10:15 to 11:45 BINGO (Bingo Room) 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise</p> | <p>8 to 10 Silver Pickleball 28 (Note Change) 10:30 Golden Drummers (Cardio Drumming) 12:00 Lunch 12:30 to 1:00 Walking in the Gym 1:00 to 2:30 Bonus BINGO 1:00 to 3:30 Bronze Pickleball</p> |
| <p>Wear a Costume for Halloween 31 8 to 9:30 Gold Pickleball 9:30 to 11:00 Silver Pickleball 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:35 to 3:45 Bronze Pickleball</p> | | | | |

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|---|
| 9:00 Puzzles 3 11:00 "Just So You Know" & Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Cards | Wear Senior Center Shirt/ Hat 4 ROAD TO WELLNESS EVENT Held at Pettisville Missionary Church (Make lunch reservation) DELTA SITE CLOSED | 9:00 Games 5 10:00 Site Council 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Cards | 9:00 Coffee & Conversation 6 10:00 Site Council 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Box of Brain Games | 9:00 Coffee & Conversation 7 11:00 Medicare Questions & Answers, Val Edwards, Information, Referral & Insurance Specialist 12:00 Lunch 1:00 Box of Brain Games |
| CLOSED FOR COLUMBUS DAY 10 | 9:00 Games 11 11:00 "Just So You Know" & Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Cards | 9:00 Coffee & Conversation 12 9:45 Free Hearing Aid Cleaning by Hearing Life 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Box of Brain Games | 9:00 Chit Chat 13 10:15 to 11:45 BINGO with Delta Students 12:00 Lunch 1:00 Cards | Wear Senior Center Shirt/ Hat 14 9:00 Chit Chat 10:00 Help Me See Better, Tips & Aids from Sight Center of Northwest Ohio 12:00 Lunch 1:00 Cards |
| 9:00 Games 17 11:00 Fulton Co. Health Center nurse, "Taking Control of Diabetes" 12:00 Lunch 1:00 Cards | Wear Black Today in Memory of 18 Johnny Cash the Man in Black 9:00 Coffee & Conversation 11:00 Johnny Cash Music by Just Us 2, Marc & Ellen Pember 12:00 Lunch 1:00 Box of Brain Games | 9:00 Chit Chat 19 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards | 9:00 Cards 20 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Games | 9:00 Cards 21 11:00 Liz Cruz of NOCAC (Northwestern Ohio Community Action Commission). Help for Improving Your Home 12:00 Lunch 1:00 Puzzles |
| Day Trip, Shipshewana 24 Amish Meal; Wear Senior Center Shirt/ Hat 9:00 Coffee & Conversation 11:00 Game Day 12:00 Lunch 1:00 Box of Brain Games | 9:00 Chit Chat 25 11:00 Help Me See Better, Tips & Aids from Sight Center of Northwest Ohio 12:00 Lunch 1:00 Cards | 9:00 Cards 26 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Games | 9:00 Games 27 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Puzzles | 9:00 Games 28 10:15 Games & Trivia with Swanton students (Note Time) 12:00 Lunch 1:00 Puzzles |
| Wear a Costume 31 9:00 Chit Chat 11:00 Halloween Fun 12:00 Lunch 1:00 Cards | | | | |

ARCHBOLD - SCOUT CABIN
INSIDE RUIHLEY PARK, W. WILLIAMS ST.
TUES. & FRI.

ARCHBOLD / FAYETTE

ACTIVITIES

FAYETTE - FAMILY LIFE CENTER
306 E. MAIN STREET
MON., WED., & THURS.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|---|
| 9:00 Chit Chat 10:00 Chair Yoga 11:00 Card Games 12:00 Lunch 1:00 Word Search <div style="text-align: right;">3</div> | Wear Senior Center Shirt/ Hat ROAD TO WELLNESS Held at Pettisville Missionary Church (Reservations) ARCHBOLD SITE CLOSED <div style="text-align: right;">4</div> | 9:00 Chit Chat 10:00 Chair Yoga 10:45 Site Council 11:00 October Name Ten Word Game 12:00 Lunch 1:00 Word Search <div style="text-align: right;">5</div> | 9:00 Games 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Cards <div style="text-align: right;">6</div> | 9:00 Coffee & Conversation 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Box of Brain Games <div style="text-align: right;">7</div> |
| CLOSED FOR COLUMBUS DAY <div style="text-align: right;">10</div> | 9:00 Chit Chat 10:45 Site Council 11:00 Music by Senior Center Choir 12:00 Lunch 1:00 Word Search <div style="text-align: right;">11</div> | 9:00 Games 10:00 Chair Yoga 11:00 Music by Will Hinton 12:00 Lunch 1:00 Cards <div style="text-align: right;">12</div> | 9:00 Coffee & Conversation 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Box of Brain Games <div style="text-align: right;">13</div> | Wear Senior Center Shirt/ Hat 9:00 Cards 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Games <div style="text-align: right;">14</div> |
| 9:00 Chit Chat 10:00 Chair Yoga 11:00 Word Game: I Spy Halloween 12:00 Lunch 1:00 Word Search <div style="text-align: right;">17</div> | 9:00 Games 11:00 "Just So You Know" & Free BP Check, Fulton Co. Health Dept. 12:00 Lunch 1:00 Cards <div style="text-align: right;">18</div> | 9:00 Coffee & Conversation 10:00 Chair Yoga 11:00 Music by Senior Center Choir 12:00 Lunch 1:00 Box of Brain Games <div style="text-align: right;">19</div> | 9:00 Cards 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Games <div style="text-align: right;">20</div> | 9:00 Chit Chat 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Puzzles <div style="text-align: right;">21</div> |
| 9:00 Games 10:00 Chair Yoga 11:00 "Just So You Know" & Free BP Check, Fulton Co. Health Dept. 12:00 Lunch 1:00 Cards <div style="text-align: right;">24</div> | Wear Black & Enjoy Music from "The Man in Black" 9:00 Coffee & Conversation 11:00 Johnny Cash Music by Just Us 2, Marc & Ellen Pember 12:00 Lunch 1:00 Box of Brain Games <div style="text-align: right;">25</div> | 9:00 Cards 10:00 Chair Yoga 11:00 "Healthy Living for Brain and Body," Alzheimer's Association 12:00 Lunch 1:00 Games <div style="text-align: right;">26</div> | 9:00 Chit Chat 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Puzzles <div style="text-align: right;">27</div> | Celebrate Halloween & Wear a Costume 9:00 Cards 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Word Search <div style="text-align: right;">28</div> |
| Celebrate Halloween & Wear a Costume 9:00 Coffee & Conversation 10:00 Chair Yoga 11:00 Halloween Story Time with Colleen Rufenacht of Bean Creek History Center, Fayette 1:00 Puzzles <div style="text-align: right;">31</div> | | | | |