

SERVING CITIZENS OF FULTON COUNTY 60 YEARS & OVER

SENIOR



AUGUST 2022

Fulton County Senior Center
240 Clinton St., Wauseon, Ohio 43567
Phone: 419-337-9299 • Fax: 419-337-9289 • Hours: 8am-4pm

SENIOR NEWS

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Your Medicare Questions Answered (Page 2)
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UPCOMING EVENTS

August 10 – Day Trip to Snow's Farm, model trains & quilts
September 1 – Day Trip to Harrison Lake
September 7 – Choir Sings at Fulton Co. Fair

SENIOR SPOTLIGHT



For Terry Stites of rural Wauseon, walking into the Senior Center is a walk down Memory Lane. "I had my high school Graduation ceremony in the gym. I helped build the bleachers for the gym as part of my Ag class. My dad played basketball in the gym years before. Later, I delivered mail here to the Senior Center," Terry explained. Terry was a third generation postal worker for Wauseon. "Combined, my father, grandfather and myself had 123 years with the Wauseon Postal Service," Terry said. "I am a history nut, and Sandy and I have compiled a booklet that summarizes the history of those years," he explained.

It was Terry's mail route that allowed him to meet Sandy. "I was working for the Clerk of Courts / Title Department. He approached me in early 1966 and told me he was going to ask me out after he returned from vacation. He did. And we will celebrate 56 years of marriage in November," Sandy said.

Sandy later investigated welfare fraud for Fulton County's welfare department before it became Job & Family Services. "It was an interesting job. We collected over a million dollars just in Fulton County in the 11 years that I had that job," Sandy said.

Terry and Sandy often come to the Senior Center for lunch. "The food is delicious!" Sandy said. "And the meals are always well balanced. Plus, it's a good place to socialize," Terry added.

Away from the Senior Center, they enjoy supporting their church and spending time with friends. They work together to maintain their yard on the farm where they have resided for five decades. Terry and Sandy have two children and two grandchildren.

SUGGESTED DONATION REMINDER

The suggested meal donation has increased slightly to \$3.00 per meal for home delivery and congregate meals. Meal donations have remained the same for the past seven years. A recent survey of our participating seniors showed a large amount of support for this small increase. We greatly appreciate donations as they help us continue to provide you with quality meals and services. The increase is not mandatory, rather a suggested contribution to help with rising costs. Please understand that no eligible senior will be denied a meal due to inability to contribute all or part of the suggested donation. The suggested donation for out of county diners or those under age 60 will increase to \$5.00 per meal.

MEDICARE ETC. QUESTIONS ANSWERED WITH VAL

Val Edwards, Information & Referral Specialist, is taking appointments for meetings at locations around the county. Get help understanding Medicare and Social Security issues, insurance, bills, completing applications, and more. Delta area seniors with appointments can meet with Val at Delta Library on Wednesday, August 10 from 10:00 am to noon. Thursday, August 18, meet Val at the Swanton Library from 10:00 am to noon, by appointment only. On Thursday, August 25, Val will be at Wyse Commons on Archbold's Fairlawn campus, by appointment only. Live near Metamora? Make an appointment for Tuesday, August 23 to meet with Val at the Evergreen Library in Metamora from 10:00 am to noon. In addition, Val is available most weekdays by appointment to meet with seniors at the Fulton County Senior Center, 240 Clinton Street, Wauseon. Val's services are offered at no cost to seniors in partnership with Wyse Commons and the local libraries. Please make an appointment in advance with Val for any of these dates by calling 419-337-9299.

LOCAL COOLING CENTERS

As summer temperatures rise, take note of these Fulton County cooling center locations.

- Crossroads Evangelical Church, 845 E. Leggett Street Wauseon. Monday through Thursday 8:30 am to 5 pm, closed on Fridays.
- Normal Memorial Library, 301 N. Eagle St., Fayette, OH. Monday & Wednesday 10 am to 5 pm, Tuesday 10 am to 7:30 pm, Thursday 1 pm to 7:30 pm, Friday 1 pm to 5 pm, Saturday 10 am to 1pm.
- North Clinton Church, 831 W. Linfoot Street, Wauseon. Monday through Friday 8 am to 4 pm.
- St. John's Christian Church, 700 S. Defiance Street, Archbold. Monday through Friday 8 am to 9 pm, call first, (419) 446-2545.
- Swanton Public Library, 305 Chestnut St. Swanton, OH 43558. Monday to Thursday 10 am to 7 pm, Friday 10 am to 5:30 pm, Saturday 10 am to 2 pm.
- Trinity Lutheran Church, 410 Taylor St. Delta. Monday through Friday 9 am to 5 pm with the doors unlocked from 9 to noon, call first, (419) 822-4579.
- Village of Delta Memorial Hall, 401 Main St. Delta, Ohio, 419-822-3191. Open as a cooling center 24 hours, when the temperature is over 90 degrees and the heat index is over 95 degrees. Doors will be unlocked for those in need.
- Wauseon Public Library, 117 E. Elm Street, Wauseon. Monday through Friday 10:00 am to 6:00 pm (closed weekends).

SUMMER COOLING HELP

The 2022 Summer Crisis Program (SCP) will provide eligible households with a one-time benefit to assist with electric utility bills up to \$500 for regulated & \$800 for non-regulated, central air conditioning repairs up to \$500, and provide a window air conditioning unit and/or fan. This year the program will be open July 1 – September 30, 2022. Household income must be at or below 175% of the Federal Poverty Guidelines and households must have at least one additional eligibility criteria listed below:

- A household member who is age 60 or older.
- A household member has a documented medical condition verified by a licensed medical professional.
- Percentage of Income Payment Plan Plus (PIPP) customers are eligible for assistance towards their default PIPP payment, first PIPP payment, central air conditioning repairs, or may receive an air conditioning unit and/or fan.
- A household's electric utility has a disconnect notice, has been shut off, or new electric service is being established for the household. These households may also receive an air conditioning unit and/or fan or central air conditioning repairs, if the household can maintain electric service for 30 days.

Please call the appointment hotline number 1-419-219-4641 to schedule an appointment. For additional questions, call 419-337-8601.

ON THE NUTRITION SHELF: LOCAL FOODS

Late Summer/Early Fall is still a wonderful time for fresh produce availability in the Midwest. We encourage you to consider local foods as you plan extra vegetables and fruits for your meals and snacks. These may be foods you grew in your own garden or container, foods purchased at a local Farmers Market, or produce marked local grown or Ohio grown from a store, or even purchasing food from a fresh food delivery service.

Here are a few reasons why local foods may be a good choice for the consumer, the environment, and the economy:

- Local foods may have more nutritional value – as the time from harvest to table should be short. (After foods are picked, especially those not stored properly will decrease in quality and nutrient value).
- Local foods should be full of flavor – because they can be picked when ripe and not have long transportation time, they can be riper.
- Purchasing foods grown in your own community supports the local economy.
- Buying from a family farm helps preserve the future of the American Farmer. Supporting local farms ensures that there will be farms in your community in the future.
- Local grown foods have less chance for contamination. The more steps between the food being harvested and the consumer, the more chances for food safety issues to arise.
- When you purchase local, you have a chance of helping the environment, with less large modes of transportation moving across the country or even world burning fossil fuels.

Whether you purchase a local food, grow your own, or pick up what is convenient at the market, we hope you make an effort to move your servings of vegetables and fruits to 5 or even more every day.

From: Melissa Welker, OHIO STATE UNIVERSITY EXTENSION / 2014 Fall Challenge. CFAES provides research and related educational programs to clients on a nondiscriminatory basis. For more information: go.osu.edu/cfaesdiversity.

REMINDERS FOR A SUCCESSFUL TRANSPORTATION PROGRAM

- The Senior Center can provide transportation to a doctor or dental appointment for seniors who do not drive. Call Brooke Bosco, Coordinator of Volunteers, at 419-337-9299 as soon as you have an appointment date. Our service is on a first come, first served basis. If your appointment requires extended time, please inform Brooke when scheduling your transportation so he can find a driver to accommodate you. We have regular vehicles as well as a van with a ramp capable of transporting a senior in a wheelchair.
- Be ready to leave when the driver arrives at your home.
- Unscheduled stops need to be minimal. Please discuss your needs with your driver prior to your transportation. Time is very restricted on certain days, making last-minute stops impossible. Sorry, no shopping trips.
- Please call if your appointment has been changed or cancelled. Please do not call your driver at home. All communication should be through the Senior Center.
- Donations are gladly accepted to help cover the expense of the program. Give them to your driver or mail your donation to the Fulton Co. Senior Center, 240 Clinton St., Wauseon, OH 43567.
- Wear seatbelts at all times.
- Our drivers are volunteers, not caregivers. If you need extra assistance, please bring a family member or friend to assist you.

The Fulton County Senior Center reserves the right to stop transportation privileges for anyone who abuses the service or violates our policies.

FREE FROM THE ABILITY CENTER

The Ability Center advocates, educates, partners, and provides services supporting people with disabilities to thrive within their communities. The Ability Center offers two FREE programs that help people with disabilities receive durable medical equipment for a temporary or permanent need.

Equipment Loan Program – This program assists consumers needing temporary assistance by loaning equipment up to 90 days free of charge. Items available for loan include manual wheelchairs, shower chairs, tub transfer benches, portable commodes, raised toilet seats, canes, crutches, walkers, portable ramps.

Equipment Gift Program – This program assists consumers who need equipment on a permanent basis. Items available for gifting have included the following: Shower chairs, bath tub grips, tub transfer benches, power chairs and scooters, hospital beds, raised toilet seats and lift chairs (current availability fluctuates and is dependent on donations). We accept donations of durable medical equipment. All items are cleaned and sanitized by staff before lending. Contact Becky Kimble, 419.633.1400, to discuss your current needs or if you have any items for donation.

LUNCH CALENDAR

AUGUST, 2022

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$3.00. LUNCH SERVED AT NOON.

Checks Payable to: Fulton County Senior Center

LS Alt = Lower Sodium Alternative **(Items must be ordered at least one week in advance)**

LF Alt = Low Fat Alternate **(Items must be ordered at least one week in advance)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Creamed Chipped Beef Mashed Potatoes Beets Fruit Cocktail 1	Sausage Patty Sandwich Au Gratin Potatoes Butter Beans Fresh Fruit 2	Cabbage Rolls Mashed Potatoes Cook's Choice Vegetable 5 Cup Salad 3	Beef Stew Winter Squash Fruit Crunch 4	Baked Fish Macaroni & Cheese Stewed Tomatoes Oranges Juice 5
Beef & Barley Soup Tuna Salad Sandwich Marinated Carrots Jell-O 8	BBQ Pork Sandwich Roasted Potatoes Cole Slaw Baked Apples 9	Breaded Chicken Strips Rosemary Potatoes Winter Blend Vegetable Bananas 10	Chicken Fried Steak w/Country Gravy Mashed Potatoes Green Beans Dark Sweet Cherries Brownies 11	Hamloaf (LS Alt=Meatloaf) Sweet Potatoes Spiced Applesauce Vegetable Juice 12
Sloppy Joes Roasted Potatoes Malibu Blend Vegetable Pears Yogurt 15	Salisbury Steak Mashed Potatoes Peas Apricots 16	Cold Plate Ground Bologna Sandwich (LS Alt= Chicken Salad) Tossed Salad Broccoli Salad Fresh Fruit 17	Sausage, Egg & Cheese Breakfast Sandwich Hash Brown Casserole Mixed Vegetables Fruit Salad 18	Pot Roast Boiled Potatoes Carrots Tropical Fruit 19
Swedish Meatballs Egg Noodles Brussels Sprouts Wax Beans Juice 22	Cheese Burgers Seasoned Potato Wedges Scandinavian Blend Vegetables Fresh Fruit 23	Pasta w/Meat Sauce Steamed Broccoli Cream Style Corn Peaches 24	Baked Chicken Red Potatoes Sugar Snap Peas Pineapple 25	Beef Franks (LS Alt=Chicken Breast) Baked Beans Midori Blend Vegetables Mandarin Oranges Cookie 26
Shepherd's Pie Summer Squash Fruit Crisp 29	Beef & Noodles Mashed Potatoes Green Beans Pears 30	Italian Sausage Sandwich w/Peppers & Onions (LS Alt=Turkey Franks) O'Brien Potatoes Broccoli w/Cheese Sauce Fresh Fruit Pudding 31		

WAUSEON ACTIVITIES

FULTON COUNTY SENIOR CENTER
240 CLINTON ST. | WAUSEON, OH 43567 | 419.337.9299

AUGUST, 2022

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>8 to 9:30 Gold Pickleball 1 9:30 to 11:00 Silver Pickleball 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:35 to 3:30 Bronze Pickleball</p>	<p>8 to 10 Gold Pickleball 2 10 to Noon Silver Pickleball 11:00 Hidden Pictures 12:00 Lunch 1:00 Choir Sing-a-long 1:00 Silver Sneakers® Classic Exercise</p>	<p>8 to 10:30 Bronze Pickleball 3 11:00 Buzzword 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® (Gym) 1:00 Pepper Card Game</p>	<p>8 to 10 Gold Pickleball 4 10 to Noon Silver Pickleball 10:15 to 11:45 BINGO (Bingo Room) 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise</p>	<p>8 to 9 Gold Pickleball 5 9 to 10 Silver Pickleball 10:30 Golden Drummers (Cardio Drumming) 11:15 Site Council 12:00 Lunch & Birthday Party 1:00 to 2:30 Bonus BINGO 1:00 to 3:30 Bronze Pickleball</p>
<p>8 to 9:30 Gold Pickleball 8 9:30 to 11:00 Silver Pickleball 10:30 Free Hearing Aid Cleaning 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:35 to 3:30 Bronze Pickleball</p>	<p>8 to 10 Gold Pickleball 9 10 to Noon Silver Pickleball 11:00 August Name Ten Word Game 12:00 Lunch 1:00 Choir Sing-a-long 1:00 Silver Sneakers® Classic Exercise</p>	<p>Day Trip, Snow Farm for Trains/ Quilts 10 8 to 10:30 Bronze Pickleball 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® (Gym) 1:00 Pepper Card Game 1:00 Bible Study with Roger (Dining)</p>	<p>8 to 10 Gold Pickleball 11 10 to Noon Silver Pickleball 10:15 to 11:45 BINGO (Bingo Room) 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise</p>	<p>8 to 9 Gold Pickleball 12 9 to 10 Silver Pickleball 10:30 Golden Drummers (Cardio Drumming) 12:00 Lunch 1:00 to 2:30 Bonus BINGO 1:00 to 3:30 Bronze Pickleball</p>
<p>8 to 9:30 Gold Pickleball 15 9:30 to 11:00 Silver Pickleball 11:00 Free Blood Pressure Check 11:00 Number Search 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:35 to 3:30 Bronze Pickleball</p>	<p>8 to 10 Gold Pickleball 16 10 to Noon Silver Pickleball 11:00 Plexer Picture Word Game 12:00 Lunch 1:00 Choir Sing-a-long 1:00 Silver Sneakers® Classic Exercise 1:30 OPERS Meeting (BINGO Room)</p>	<p>Wear Senior Center Shirt/ Hat 17 8 to 10:30 Bronze Pickleball 11:00 Must by Just Us 2 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® (Gym) 1:00 Pepper Card Game</p>	<p>8 to 10 Gold Pickleball 18 10 to Noon Silver Pickleball 10:15 to 11:45 BINGO (Bingo Room) 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise</p>	<p>8 to 9 Gold Pickleball 19 9 to 10 Silver Pickleball 10:30 Golden Drummers (Cardio Drumming) 12:00 Lunch 1:00 to 2:30 Bonus BINGO 1:00 to 3:30 Bronze Pickleball</p>
<p>8 to 9:30 Gold Pickleball 22 9:30 to 11:00 Silver Pickleball 11:00 Word Search 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:35 to 3:30 Bronze Pickleball</p>	<p>8 to 10 Gold Pickleball 23 10 to Noon Silver Pickleball 11:00 Indoor Corn Hole 12:00 Lunch 1:00 Choir Sing-a-long 1:00 Silver Sneakers® Classic Exercise</p>	<p>8 to 10:30 Bronze Pickleball 24 11:00 Music by Jimmy Stewart 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® (Gym) 1:00 Pepper Card Game 1:00 Bible Study with Roger (Dining)</p>	<p>8 to 10 Gold Pickleball 25 10 to Noon Silver Pickleball 10:15 to 11:45 BINGO (Bingo Room) 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise</p>	<p>8 to 9 Gold Pickleball 26 9 to 10 Silver Pickleball 10:30 Golden Drummers (Cardio Drumming) 12:00 Lunch 1:00 to 2:30 Bonus BINGO 1:00 to 3:30 Bronze Pickleball</p>
<p>8 to 9:30 Gold Pickleball 29 9:30 to 11:00 Silver Pickleball 11:00 Number Search 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 to 2:30 Line Dancing 2:35 to 3:30 Bronze Pickleball</p>	<p>8 to 10 Gold Pickleball 30 10 to Noon Silver Pickleball 11:00 Sequence 12:00 Lunch 1:00 Choir Sing-a-long 1:00 Silver Sneakers® Classic Exercise</p>	<p>8 to 10:30 Bronze Pickleball 31 11:00 Tai Chi (Senior Led) 12:00 Lunch 1:00 Silver Sneakers Chair Yoga® (Gym) 1:00 Pepper Card Game</p>		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Word Search 11:00 Game Day! 12:00 Lunch 1:00 Puzzles 1	9:00 Puzzles 11:00 Music by Sunshine Bell Choir 12:00 Lunch 1:00 Word Search 2	9:00 Games 10:00 Site Council 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Cards 3	9:00 Word Search 10:00 Site Council 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Puzzles 4	9:00 Coffee & Conversation 10:00 (Note Time) Bunco 12:00 Lunch 1:00 Box of Brain Games 5
9:00 Puzzles 11:00 "Just So You Know" & Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Word Search 8	9:00 Games 11:00 "Just So You Know" & Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Cards 9	9:00 Word Search 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Puzzles 10	9:00 Coffee & Conversation 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Box of Brain Games 11	Wear Senior Center Hat / Shirt 12 9:00 Chit Chat 11:00 Free Concert by Nostalgia 12:00 Lunch 1:00 Cards
9:00 Games 10:00 (Note Time) Make Greeting Cards from Recycled Materials with Cindy Jaqua 12:00 Lunch 1:00 Cards 15	9:00 Word Search 11:00 Artist, Don Lee, Cartoons 12:00 Lunch 1:00 Puzzles 16	Bring White Elephant Gifts for BINGO 17 9:00 Coffee & Conversation 10:15 to 11:45 Summer Sizzle Surprise BINGO 12:00 Lunch 1:00 Box of Brain Games	Bring White Elephant Gifts for BINGO 18 9:00 Chit Chat 10:15 to 11:45 Summer Sizzle Surprise BINGO 12:00 Lunch 1:00 Cards	9:00 Cards 11:00 Game Day! 12:00 Lunch 1:00 Puzzles 19
9:00 Word Search 11:00 Learn More About Herbal Teas with Martha 12:00 Lunch 1:00 Puzzles 22	Wear Senior Center Hat / Shirt 23 9:00 Coffee & Conversation 11:00 Keyboard Music, Terry Shear 12:00 Lunch 1:00 Box of Brain Games	9:00 Chit Chat 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards 24	9:00 Cards 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Games 25	9:00 Games 11:00 Music by Sunshine Bell Choir 12:00 Lunch 1:00 Puzzles 26
9:00 Coffee & Conversation 11:00 "Hydration" with Erica from Rehab Hospital of Northwest Ohio 12:00 Lunch 1:00 Box of Brain Games 29	9:00 Chit Chat 11:00 "Hydration" with Erica from Rehabilitation Hospital of Northwest OH 12:00 Lunch 1:00 Cards 30	9:00 Cards 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Games 31		

ARCHBOLD - SCOUT CABIN
INSIDE RUIHLEY PARK, W. WILLIAMS ST.
TUES. & FRI.

ARCHBOLD / FAYETTE

ACTIVITIES

FAYETTE - FAMILY LIFE CENTER
306 E. MAIN STREET
MON., WED., & THURS.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Word Search 1 10:00 Chair Yoga 11:00 Buzzword "Stick" & Word Search 12:00 Lunch 1:00 Games	9:00 Chit Chat 2 10:45 Site Council 11:00 Simple Chair Exercises, Angela from UTMC 12:00 Lunch 1:00 Word Search	9:00 Puzzles 3 10:00 Chair Yoga 10:45 Site Council 11:00 Free Concert by Nostalgia 12:00 Lunch 1:00 Box of Brain Games	9:00 Games 4 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Cards	9:00 Coffee & Conversation 5 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Dessert 1:00 Games
9:00 Cards 8 10:00 Chair Yoga 11:00 Corn Hole 12:00 Lunch 1:00 Games	9:00 Puzzles 9 11:00 Dulcimer Music, Vickie Halsey 12:00 Lunch 1:00 Word Search	Day Trip, Snow Farm, Model Trains & Quilts; Wear Your Senior Center Shirt/ Hat 10 9:00 Games 10:00 Chair Yoga 11:00 Word Search 12:00 Lunch 1:00 Cards	9:00 Coffee & Conversation 11 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Games	9:00 Cards 12 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Word Search
9:00 Puzzles 15 10:00 Chair Yoga 11:00 Hidden Pictures (Bird Patrol, Penguin Hoops) 12:00 Lunch 1:00 Games	9:00 Games 16 11:00 "Just So You Know" & Free Blood Pressure Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Cards	9:00 Coffee & Conversation 17 10:00 Chair Yoga 11:00 Dulcimer Music, Vickie Halsey 12:00 Lunch 1:00 Games	9:00 Cards 18 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Word Search	9:00 Chit Chat 19 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Puzzles
9:00 Games 22 10:00 Chair Yoga 11:00 "Just So You Know" & Free Blood Pressure Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Cards	9:00 Coffee & Conversation 23 11:00 ZINGO 12:00 Lunch 1:00 Games	9:00 Cards 24 10:00 Chair Yoga 11:00 August Name Ten 12:00 Lunch 1:00 Word Search	9:00 Chit Chat 25 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Puzzles	9:00 Cards 26 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Word Search
9:00 Coffee & Conversation 29 10:00 Chair Yoga 11:00 Piano Music, Jean Pfund 12:00 Lunch 1:00 Games	Wear Senior Center Shirt/ Hat 30 9:00 Cards 11:00 Black Swamp Storyteller, Dale Kern 12:00 Lunch 1:00 Word Search	9:00 Chit Chat 31 10:00 Chair Yoga 11:00 Stained Glass, Richard & Doris Brzezicki 12:00 Lunch 1:00 Puzzles		



Forwarding and return postage guaranteed
Address service requested
Postmaster: Send address changes to:
Fulton County Senior Center
240 Clinton Street
Wauseon, OH 43567-1109

Icon of an envelope in a green circle. Text: If you or a family member would like to receive this newsletter by e-mail, please contact us at ks Schroeder@fultoncountyoh.com.

DATED MATERIAL - DELIVER BEFORE AUGUST 1, 2022

FULTON COUNTY SENIOR CENTER STAFF

Table listing staff roles and names: Director (Sheri Rychener), Receptionist (Karen Schroeder), Information & Referral Specialist (Valerie Edwards), Administrative Assistant (Chris Sager), Vehicle Maintenance Supervisor (Wes Green), Assessment/Data Entry Manager (Laura Ankney), Head Cook/Kitchen Manager (Kyle Wilcoxon), Assistant Cook (Deb Villalovos), Food Program Manager (Kim Machinski), Kitchen Aides (Sherry Bittinger, Sandy Lemley, Maryann Griffin), Activity Coordinator (Vicki Hoylman), Activity Support Staff (Beth Ricker-Flory), Volunteer Coordinator (Brooke Bosco), Site Manager, Archbold/Fayette (Dorothy Bock), Site Aide, Archbold/Fayette (Donna Loar), Site Manager, Delta/Swanton (Jeanne Ortiz), Site Aide, Delta/Swanton (Claudia Overmyer), Custodian (Danni Smith, Jeffrey Waidelich), Meal Delivery (Jeanette Gorsuch, Meredith Grime, Juan Avina, Jeffrey Waidelich, Aimee Roth, Sherilyn Meiring, Michael Pollick, Jim Lugbill, Brenda Hauck, James Mapes, Angela Johnston, Andrea Coburn), Substitutes (Judy Thourot, Peggy Wilson, James Baldwin, Robert Shaw, Vicki Kline, Butch Kline, Dennis Peabody, Tim Gorsuch, Jack Myers, Sharon McCabe, Karen James, Deb Gabel, Anita Ehram, Becky Peabody, Michael Mangas, JB Stevens, Steve Jackson).

The Fulton County Senior Center is a program of the Fulton County Commissioners, funded through levy money, donations, and under a grant, administered by the Ohio Department of Aging and the Area Office on Aging.

Please direct all calls/inquiries to our main number at 419-337-9299.

Table with 3 columns: Site Name, Days, and Hours. Rows include Wauseon Site (M-F, 8:00 am - 4:00 pm), Archbold Site (T and F, 9:00 am - 2:00 pm), Delta Site (T and Th, 9:00 am - 2:00 pm), Fayette Site (M, W, Th, 9:00 am - 2:00 pm), Swanton Site (M, W, F, 9:00 am - 2:00 pm).