

LUNCH CALENDAR

MAY, 2022

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (Items must be ordered at least one week in advance)

SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.

LF Alt = Low Fat Alternate (Items must be ordered at least one week in advance)

Checks Payable to: Fulton County Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cabbage Rolls 2 Mashed Potatoes Cook's Choice Vegetables Peaches	Chicken Breast Sandwich 3 O'Brien Potatoes` Midori Blend Vegetables Orange Sections	Beef Stew 4 Buttered Beets Fruit Crunch	Chili w/Beans 5 Mexican Style Rice Seasoned Corn Fresh Fruit Juice	Hamloaf 6 (LS Alt=Meatloaf) Sweet Potatoes Malibu Blend Vegetables Mixed Fruit
Smoked Sausage 9 w/Sauerkraut (LS Alt=Pork Roast) Smashed Red Potatoes Winter Squash Fresh Oranges	Corn Chowder 10 Cold Cut Sandwich Potato Salad Five Cup Salad	BBQ Pork Sandwich 11 Roasted Potatoes Succotash Cole Slaw	Baked Fish 12 Macaroni & Cheese Stewed Tomatoes Tossed Salad Juice	Lasagna 13 Steamed Broccoli Carrots Pears Yogurt
Smothered Pork Chops 16 Red Potatoes Brussels Sprouts Applesauce	Swiss Steak 17 Mashed Potatoes Peas w/Mushrooms Dark Sweet Cherries Brownies	Cheese Burgers 18 Seasoned Potato Wedges Steamed Spinach Pineapple	Goulash 19 Cooked Cabbage Mixed Vegetables Peaches	Chicken & Noodles 20 Mashed Potatoes Green Beans Bananas
Sloppy Joes 23 Roasted Potatoes Winter Blend Vegetables Fresh Grapes Cookies	Pot Roast 24 Boiled Potatoes Carrots Tropical Fruit	Chicken Vegetable Soup 25 Ham & Cheese on Rye Broccoli Salad Fruit Salad	Hamburger Gravy 26 Mashed Potatoes Sugar Snap Peas Fresh Fruit	Baked Chicken 27 Wild Rice Pilaf Tossed Salad Fruit Crisp Juice
30 CLOSED FOR MEMORIAL DAY	Steamed Franks 31 (LS Alt=Chicken Breast) Baked Beans Sweet Corn Nuggets Mandarin Oranges			