

# LUNCH CALENDAR

APRIL, 2022

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

**SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.**

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

**Checks Payable to: Fulton County Senior Center**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Salmon Patties Au Gratin Potatoes Creamed Peas Pineapple <b>1</b>
Baked Ham <b>4</b> (LS Alt=Pork Roast) Scalloped Potatoes Brussels Sprouts Baked Apples	Pub Burgers <b>5</b> Seasoned Potato Wedges Mixed Vegetables Mandarin Oranges	Chicken Fried Steak <b>6</b> w/Country Gravy Mashed Potatoes Green Beans Pears	Pasta w/Meat Sauce <b>7</b> Steamed Broccoli Baby Carrots Fresh Grapes Pudding	Baked Fish <b>8</b> Macaroni & Cheese Stewed Tomatoes Tangerine Juice
Goulash <b>11</b> Summer Squash Cooked Cabbage Fresh Fruit	Sausage Gravy & Biscuits <b>12</b> Cheesy Potatoes Sweet Corn Casserole Tropical Fruit	Swiss Steak <b>13</b> Mashed Potatoes Peas w/Onions Bananas	Beef & Cabbage Soup <b>14</b> Tossed Salad Carrot & Raisin Salad 5 Cup Salad	<b>15</b>  <b>GOOD FRIDAY NO MEALS SERVED</b>
Chili w/Beans <b>18</b> Mexican Style Rice Seasoned Corn Fresh Fruit	Hamloaf <b>19</b> (LS Alt=Meatloaf) Sweet Potatoes Malibu Blend Vegetable Applesauce Cup Cakes	Rib Patty Sandwich <b>20</b> Succotash Fruit Crunch Cole Slaw	Chicken & Noodles <b>21</b> Mashed Potatoes Green Beans Mixed Fruit	Pot Roast <b>22</b> Boiled Potatoes Carrots Mandarin Oranges
Italian Sausage <b>25</b> w/Peppers & Onions (LS Alt=Turkey Franks) Seasoned Potato Wedges Winter Blend Vegetable Dark Sweet Cherries	Beef Vegetable Soup <b>26</b> Tossed Salad Broccoli Salad Jell-O	Hamburger Gravy <b>27</b> Mashed Potatoes Peas & Carrots Pears	Baked Chicken <b>28</b> Savory Bread Dressing Winter Squash Orange Cranberry Relish Juice	Hot Dogs <b>29</b> (LS A=Chicken Breast) Baked Beans Mixed Vegetables Pineapple