

# LUNCH CALENDAR

DECEMBER, 2021

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

**SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.**

LS Alt = Lower Sodium Alternative **(Items must be ordered at least one week in advance)**

LF Alt = Low Fat Alternate **(Items must be ordered at least one week in advance)**

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|---|---|---|--|
|   |   | Sausage Patty Sandwich<br>Hash Brown Casserole<br>Succotash<br>Pineapple <b>1</b>     | Butternut Squash Soup<br>Submarine Sandwich<br>Broccoli Salad<br>Ambrosia <b>2</b>  | BBQ Beef<br>Roasted Potatoes<br>Ranch Style Beans<br>Cole Slaw <b>3</b>          |
| Hamburger Gravy<br>Mashed Potatoes<br>Peas & Mushrooms<br>Peaches<br>Yogurt <b>6</b>        | Chicken Alfredo Pasta<br>Steamed Broccoli<br>Baby Carrots<br>Mixed Fruit <b>7</b>   | Beef Stroganoff<br>Egg Noodles<br>Brussels Sprouts<br>Wax Beans<br>Juice <b>8</b>     | Cabbage Rolls<br>Mashed Potatoes<br>Cook's Choice Vegetable<br>Applesauce <b>9</b>  | Salmon Patties<br>Au Gratin Potatoes<br>Creamed Peas<br>Tropical Fruit <b>10</b> |
| Beef & Noodle Soup<br>Turkey Salad Sandwich<br>Tossed Salad<br>Jell-O <b>13</b>             | Hot Dogs<br>(LS Alt=Chicken Breast)<br>Baked Beans<br>California Blend<br>Dark Sweet Cherries<br>Cookies <b>14</b>              | Hamloaf<br>(LS Alt=Meatloaf)<br>Sweet Potatoes<br>Baked Apples<br>Cole Slaw <b>15</b> | Chili w/Beans<br>Mexican Style Rice<br>Sliced Zucchini<br>Seasoned Corn<br>Juice <b>16</b>                                | Salisbury Steak<br>Mashed Potatoes<br>Peas & Carrots<br>Bananas <b>17</b>        |
| Oriental Pepper Steak<br>Steamed Brown Rice<br>Far East Vegetables<br>Juice <b>20</b>       | Chicken & Noodles<br>Mashed Potatoes<br>Green Beans<br>Fresh Fruit<br>Granola Bars <b>21</b>                                    | Goulash<br>Cooked Cabbage<br>Mixed Vegetables<br>Fresh Grapes <b>22</b>               | Pot Roast<br>Boiled Potatoes<br>Carrots<br>Mandarin Oranges <b>23</b>   | <b>24</b><br><b>CLOSED</b><br><b>FOR</b><br><b>CHRISTMAS HOLIDAY</b>             |
| Pub Burgers<br>Seasoned Potato Wedges<br>Normandy Blend Vegetable<br>Fresh Apples <b>27</b> | Tomato Basil Soup<br>Corned Beef on Rye<br>(LS Alt=Turkey Breast)<br>Kidney Bean Salad<br>5 Cup Salad<br>Pickle Spear <b>28</b> | Swiss Steak<br>Mashed Potatoes<br>Peas w/Mushrooms<br>Pears<br>Iced Cake <b>29</b>    | Smoked Sausage<br>w/Sauer Kraut<br>(LS Alt=Turkey Franks)<br>Smashed Red Potatoes<br>Winter Squash<br>Tangerine <b>30</b> | <b>31</b><br><b>CLOSED</b><br><b>FOR</b><br><b>NEW YEARS HOLIDAY</b>             |