

LUNCH CALENDAR

SEPTEMBER, 2021

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Beef & Noodles Mashed Potatoes Green Beans Bananas 1	Smoked Sausage w/ Sauer Kraut (LS Alt=Turkey Franks) Smashed Red Potatoes Peas w/Onions Juice 2	Salisbury Steak Mashed Potatoes Seasoned Corn Fresh Apples 3
CLOSED FOR LABOR DAY 6	Sausage Patty Sandwich Cheesy Potatoes Succotash Pineapple 7	Pot Roast Boiled Potatoes Sliced Carrots Mandarin Oranges Pie 8	Goulash Summer Squash Steamed Broccoli Peaches 9	Cheese Burgers Seasoned Potato Wedges Spinach Mixed Fruit 10
Corn Chowder Ground Bologna Sandwich (LS Alt=Chicken Salad) Carrot & Raisin Salad Jell-O 13	Creamed Chipped Beef Mashed Potatoes Mixed Vegetables Fresh Fruit 14	Steamed Franks (LS Alt=Chicken Breast) Macaroni & Cheese Winter Blend Vegetable Pears Vegetable Juice 15	Swiss Steak Mashed Potatoes Buttered Beets Apricots 16	Fish Sandwich Au Gratin Potatoes Stewed Tomatoes Tropical Fruit Cookies 17
Chicken Alfredo Pasta Glazed Carrots Peas Pineapple 20	Beef Stroganoff Egg Noodles Brussels Sprouts Peach Crisp Apple Slices 21	Baked Chicken Mashed Potatoes Green Beans Fresh Grapes 22	Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Creamy Cole Slaw Baked Apples 23	Navy Bean Soup (LS Alt=Tomato Soup) Tossed Salad Potato Salad Cheese Cubes Sunshine Salad 24
Sausage Gravy & Biscuits Hash Brown Casserole Corn Nuggets Fresh Oranges Pudding 27	Hot Chicken Sandwich Roasted Potatoes California Blend Vegetable Dark Sweet Cherries 28	Potato Soup Submarine Sandwich Pea Salad Ambrosia 29	Lasagna Steamed Broccoli Winter Squash Fresh Fruit 30	