

SERVING CITIZENS OF FULTON COUNTY 60 YEARS & OVER

# SENIOR



**AUGUST 2021**

Fulton County Senior Center  
240 Clinton St., Wauseon, Ohio 43567  
Phone: 419-337-9299 • Fax: 419-337-9289 • Hours: 8am-4pm

## SENIOR NEWS

### UPCOMING EVENTS

**August 19** – Day Trip to Indian Creek Zoo

**August 26** – Day Trip to Sauder Village



## SENIOR SPOTLIGHT



Activities, events and programs are steadily returning to all five Senior Center sites. Seniors are socializing, enjoying lunch inside the sites with friends and playing games and cards. The Wauseon gym has been busy with Line Dancing, Cardio Drumming, Tai Chi and Pickleball.

Watch the newsletter calendars for upcoming music performances at the sites, as well. A new Senior Center bus has been added to the fleet. More day trips will be scheduled in the coming weeks.



## LEARN TO SKETCH

Our popular "Learn to Sketch" activity is back. Bonnie Gillingham will lead this free class. All supplies are provided. Beginners are welcome, and all skill levels are encouraged to attend. This is a no pressure activity. Each class will have different content. The group will meet in Wauseon's BINGO room from 10:30 to 11:30 am on Wednesday, August 4 and 18 and September 15 and 29. Watch future newsletters for additional dates. Call 419-337-9299 to reserve your lunch if you plan to eat after the class. Suggested lunch donation, two dollars.

## GENTLE MOVEMENTS RETURNS WITH NEW NAME

The exercise class formerly named "Gentle Movements" is now Silver Sneakers® Classic. Join instructor Carol Rorick on Tuesdays and Thursdays from 1:00 to 2:00 pm in the Wauseon gym. The class will increase muscle strength, increase range of movement, and improve activities for daily living. Use a chair for seated exercises and standing support. All fitness levels are welcome. Consult your doctor before joining, if exercise has not been a part of your regular routine. This free class is sponsored by American Physical Rehabilitation Network.

## PEPPER CARD GAME RETURNS

Join us in the BINGO room at the Wauseon site for the card game Pepper on Wednesdays at 1:00 pm. No reservations or cost to play Pepper. COVID has changed the rules slightly. We will not be moving to different tables as we play. Call 419-337-9299 to reserve your lunch if you plan to eat before playing cards. Suggested lunch donation, two dollars.

## SENIOR CENTER CHOIR SINGS AGAIN

If you enjoy singing and fellowship, join us starting Tuesday, September 14 at 1:00 pm at the Wauseon site for Choir Sing-a-Long. Accompanist Paul Meeker is looking forward to gathering weekly with singers. New members welcome. Singing helps strengthen lung and face muscles and acts as a stress reliever as singing releases feel-good chemicals in the brain. Choir will continue to meet on Tuesdays from 1:00 to 2:00 pm.

## TWO DAY TRIPS PLANNED

Sign up for a walk on the wild side. We are taking a day trip to Indian Creek Zoo in Lambertville, Michigan, on Thursday, August 19. This trip will be outdoors and requires walking on paved paths. The zoo has over 400 animals and 80 different species. Suggested donation of \$12 per person covers admission and transportation. Please bring your own water bottle and bring money for your lunch and purchases. Holey Cheez-Us gourmet grilled cheese food truck is scheduled to be on site, along with Indian Creek's snack trailer. Call Beth at 419-337-9299 to sign up.

Have fun in the past at Sauder Village. We plan to take the Senior Center bus for another trip to Sauder Village in Archbold on Thursday, August 26. This is a wonderful opportunity to check out the new 1920s Main Street attraction. Suggested donation of \$10 per person covers admission and transportation. Walking is required for this trip. Please bring your own water bottle, and bring money for your lunch and purchases. Call Beth at 419-337-9299 to sign up.

## LOCAL COOLING CENTERS

As summer temperatures rise, take note of these Fulton County cooling center locations.

- Crossroads Evangelical Church, 845 E. Leggett Street, Wauseon, Monday through Thursday 8:30 am to 5 pm and Friday, 8:30 am to noon
- Fulton County Senior Center, 240 Clinton Street, Wauseon, Monday through Friday, 8 am to 4 pm
- North Clinton Church, 831 W. Linfoot Street, Wauseon, Monday through Friday, 8 am to 4 pm
- St. John's Christian Church, 700 S. Defiance Street, Archbold, Monday through Friday, 8 am to 9:00 pm; call first, (419) 446-2545
- Wauseon Public Library, 117 E. Elm Street, Wauseon, Monday through Friday, 10 am to 6 pm, (closed weekends).
- Trinity Lutheran Church, 410 Taylor St. Delta, Monday through Friday, 9 am to 5 pm with the doors unlocked from 9 to noon; call first, (419) 822-4579

### ISOLATED? OHIO CARELINE CAN HELP

The Ohio CareLine is a toll-free number you can call to talk privately to someone who is an expert in isolation, loneliness, and other issues. These experts can talk with you and suggest things you can do to be less isolated. They may help you connect with services and providers that can help you. The Ohio CareLine is a FREE service, available 24 hours, 7 days a week, staffed by licensed behavioral health professionals. Call 1-800-720-9616.

### FORGETFULNESS, WHAT'S NORMAL?

Many older adults worry about their memory and other thinking abilities. For example, they might be concerned about taking longer than before to learn new things, or they may sometimes forget to pay a bill. These changes are usually signs of mild forgetfulness, often a normal part of aging, not serious memory problems.

Memory and other thinking problems have many possible causes, including depression, an infection, or medication side effects. Sometimes, the problem can be treated, and cognition improves. Other times, the problem is a brain disorder, such as Alzheimer's disease, which cannot be reversed.

Signs that it might be time to talk to a doctor include the following:

- Asking the same questions over and over again
- Getting lost in places a person knows well
- Having trouble following recipes or directions
- Becoming more confused about time, people, and places
- Not taking care of oneself. For example, eating poorly, not bathing, or behaving unsafely

Normal aging	Alzheimer's disease
Making a bad decision once in a while	Making poor judgments and decisions a lot of the time
Missing a monthly payment	Problems taking care of monthly bills
Forgetting which day it is and remembering it later	Losing track of the date or time of year
Sometimes forgetting which word to use	Trouble having a conversation
Losing things from time to time	Misplacing things often and being unable to find them

### SIMPLE EXERCISES FOR SENIORS

#### Wrist Curls

1. Place your forearm on a chair's armrest with your hand hanging over the edge.
2. Hold a full water bottle or a canned good with your palm facing upward.
3. Slowly bend your wrist up and down, then repeat 10 times.
4. Switch sides, and perform 10 reps with your other hand. Repeat one more set of 10 on each side.

#### Knee Extensions

1. Begin seated in a chair with your back straight and knees bent.
2. Slowly extend your right leg forward and hold for a few seconds before lowering back to starting position.
3. Repeat with your left leg.
4. Do 10 reps per leg.

#### Step-Ups

1. Begin at the bottom of a set of stairs. Step on the first stair with your left foot.
2. Then, lift your right foot slightly off the floor and hold it in the air for a count of fifteen.
3. Step down to the floor with your right leg, then the left.
4. Repeat on the opposite side and repeat 10 times per side.

### INTERESTING INVENTIONS

In 1907, Murry Spangler, a janitor from Canton, Ohio, invented the vacuum cleaner. A relative of Spangler's, W.H. Hoover, manufactured and sold Spangler's invention throughout the world.

John Montagu, the 4th Earl of Sandwich -- The man credited for inventing sandwiches. In 1762, he wanted a meal that he could eat while gambling. So his cook took meat and put it between bread. Putting the "roll" in "high roller."

Both William Semple and Amos Tyler are credited with inventing chewing gum. Semple, a doctor from Mount Vernon, Ohio, made his chewing gum out of rubber and claimed it could clean teeth. Tyler, a Toledo resident, patented chewing gum in July 1869.

James Ritty, a Dayton resident, developed the first cash register in 1878 with the assistance of his brother, a mechanic. Ritty's machine did not have a cash drawer. Originally a saloonkeeper and inventor, he opened his first saloon in Dayton, Ohio in 1871.

# LUNCH CALENDAR

AUGUST, 2021

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

**SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.**

LS Alt = Lower Sodium Alternative **(Items must be ordered at least one week in advance)**

LF Alt = Low Fat Alternate **(Items must be ordered at least one week in advance)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta w/Meat Sauce <b>2</b> Steamed Broccoli Cream Style Corn Pears	Hot Chicken Sandwich <b>3</b> Roasted Potatoes Cole Slaw Baked Apples	Smoked Sausage <b>4</b> & Sauer Kraut (LS Alt=Turkey Franks) Smashed Red Potatoes Peas w/Onions Fresh Fruit	Beef Vegetable Soup <b>5</b> Turkey Sandwich Broccoli Salad 5 Cup Salad	Chicken & Noodles <b>6</b> Mashed Potatoes Green Beans Peaches Yogurt
BBQ Pork Sandwich <b>9</b> Macaroni & Cheese Succotash Fresh Fruit Juice	Roast Turkey <b>10</b> Dressing California Blend Wax Beans Orange Cranberry Relish	Goulash <b>11</b> Cooked Cabbage Mixed Vegetables Bananas	Pub Burgers <b>12</b> Seasoned Potato Wedges Spinach Mandarin Oranges Pudding	Tomato Basil Soup <b>13</b> Ham & Cheese Sandwich Kidney Bean Salad Ambrosia
Swedish Meatballs <b>16</b> Egg Noodles Brussels Sprouts Wax Beans Fresh	Chicken Salad Sandwich <b>17</b> Three Bean Salad Jell-O Fresh Grapes Cookies	Ham Loaf <b>18</b> (LS Alt=Meatloaf) Sweet Potatoes Cole Slaw Spiced Applesauce	Sloppy Joes <b>19</b> Roasted Potatoes Malibu Blend Vegetable Fruit Salad	Salmon Patties <b>20</b> Au Gratin Potatoes Creamed Peas Tropical Fruit
Cabbage Rolls <b>23</b> Mashed Potatoes Cook's Choice Vegetable Pears	Chicken & Rice Soup <b>24</b> Seafood Salad Sandwich W/Lettuce & Tomato Pea Salad Orange Sections	Baked Ham <b>25</b> (LS Alt=Pork Roast) Scalloped Potatoes Carrots Pineapple Granola Bars	Creamed Chipped Beef <b>26</b> Mashed Potatoes Green Beans Dark Sweet Cherries	Chicken Tenders <b>27</b> O'Brien Potatoes Winter Blend Vegetables Mixed Fruit
Beef Franks <b>30</b> (LS Alt=Chicken Breast) Baked Beans Mixed Vegetables Tangerines Muffins	Chili w/Beans <b>31</b> Mexican Style Rice Sugar Snap Peas Apricots Juice			

# WAUSEON ACTIVITIES

MONDAY THRU FRIDAY

FULTON COUNTY SENIOR CENTER  
240 CLINTON ST. | WAUSEON, OH 43567  
419.337.9299

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 to 10:30 Pickle Ball (Gym) <b>2</b> 11:00 Socializing 12:00 Lunch 1:00 Line Dancing (Gym)	8:00 to 9:30 Pickle Ball (Gym) <b>3</b> 9:30 to 11:00 Tai Chi with Robert (Gym) 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise (Gym)	10:30 Learn to Sketch with Bonnie (Bingo Room) <b>4</b> 11:00 Hand & Foot 12:00 Lunch 1:00 Pepper Card Game (Bingo Room)	8:00 to 9:30 Pickle Ball <b>5</b> 9:30 to 11:00 Tai Chi with Robert (Gym) 10:15 to 11:45 BINGO (Bingo Room) 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise (Gym)	9:00 Sequence <b>6</b> 11:00 Golden Drummers (Cardio Drumming with Karen, Gym) 12:00 Lunch & Birthday Cake 1:00 to 3:00 Pickle Ball (Gym)
8:00 to 10:30 Pickle Ball (Gym) <b>9</b> 10:30 Free Hearing Aid Cleaning 11:00 Word Games 12:00 Lunch 1:00 Line Dancing (Gym)	8:00 to 9:30 Pickle Ball (Gym) <b>10</b> 9:30 to 11:00 Tai Chi with Robert (Gym) 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise (Gym)	9:00 Word Search <b>11</b> 11:00 Hidden Pictures 12:00 Lunch 1:00 Pepper Card Game (Bingo Room)	8:00 to 9:30 Pickle Ball <b>12</b> 9:30 to 11:00 Tai Chi with Robert (Gym) 10:15 to 11:45 BINGO (Bingo Room) 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise (Gym)	9:00 Hand & Foot <b>13</b> 11:00 Golden Drummers (Cardio Drumming with Karen, Gym) 12:00 Lunch 1:00 to 3:00 Pickle Ball (Gym)
8:00 to 10:30 Pickle Ball (Gym) <b>16</b> 11:00 Free Blood Pressure Checks with Fulton Co. Health Dept. <b>(Wear a mask, please.)</b> 12:00 Lunch 1:00 Line Dancing (Gym)	8:00 to 9:30 Pickle Ball (Gym) <b>17</b> 9:30 to 11:00 Tai Chi with Robert (Gym) 11:00 "Healthy Brains, How to Protect Against Dementia," Dr. Lynn Ritter 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise (Gym) 1:30 OPERS (Bingo Room)	10:30 Learn to Sketch with Bonnie <b>18</b> (Bingo Room) 11:00 Jingles/ Slogans/ Commercials 12:00 Lunch 1:00 Pepper Card Game (Bingo Room)	<b>Day Trip: Indian Creek Zoo, wear Senior Center shirt 19</b> 8:00 to 9:30 Pickle Ball 9:30 to 11:00 Tai Chi with Robert 10:15 to 11:45 BINGO (Bingo Room) 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise (Gym)	9:00 Golf Card Game <b>20</b> 11:00 Golden Drummers (Cardio Drumming with Karen, Gym) 12:00 Lunch 1:00 to 3:00 Pickle Ball (Gym)
8:00 to 10:30 Pickle Ball (Gym) <b>23</b> 11:00 Cards & Games 12:00 Lunch 1:00 Line Dancing (Gym)	8:00 to 9:30 Pickle Ball (Gym) <b>24</b> 9:30 to 11:00 Tai Chi with Robert (Gym) 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise (Gym)	9:00 Hand & Foot <b>25</b> 11:00 Box of Brain Games 12:00 Lunch 1:00 Pepper Card Game (Bingo Room)	<b>Day Trip: Sauder Village, wear Senior Center shirt 26</b> 8:00 to 9:30 Pickle Ball 9:30 to 11:00 Tai Chi with Robert 10:15 to 11:45 BINGO (Bingo Room) 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise (Gym)	9:00 Hand & Foot <b>27</b> 11:00 Golden Drummers (Cardio Drumming with Karen, Gym) 12:00 Lunch 1:00 to 3:00 Pickle Ball (Gym)
8:00 to 10:30 Pickle Ball (Gym) <b>30</b> 11:00 Sequence & Other Games 12:00 Lunch 1:00 Line Dancing (Gym)	8:00 to 9:30 Pickle Ball (Gym) <b>31</b> 9:30 to 11:00 Tai Chi with Robert (Gym) 11:00 Don Lee, Caricaturist 12:00 Lunch 1:00 Silver Sneakers® Classic Exercise (Gym)			

**DELTA-101 NORTHWOOD DR.  
UNITED METHODIST CHURCH  
TUES. & THURS.**

# DELTA / SWANTON ACTIVITIES

**SWANTON  
217 CHESTNUT ST.  
MON., WED., & FRI**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Coffee & Conversation <b>2</b> 11:00 Cards 12:00 Lunch 1:00 Cards / Games	9:00 Coffee & Conversation <b>3</b> 11:00 Hidden Pictures 12:00 Lunch 1:00 Cards / Games	9:00 Site is open <b>4</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards / Games	9:00 Site is open <b>5</b> 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Cake 1:00 Cards / Games	9:00 Coffee & Conversation <b>6</b> 11:00 Growing Up Hungarian, Lorrie Kecskes 12:00 Lunch 1:00 Cards / Games
9:00 Coffee & Conversation <b>9</b> 11:00 Fulton Co. Health Dept. Free Blood Pressure Checks & Health Info. ( <b>Please wear a mask.</b> ) 12:00 Lunch 1:00 Cards / Games	10:30 Blood Pressure Checks <b>10</b> ( <b>Please wear a mask.</b> ) 11:00 "Cooking with the Amish" 12:00 Lunch 1:00 Cards / Games	9:00 Site is open <b>11</b> 10:15 to 11:45 BINGO & Prizes Sponsored by Swanton Valley 12:00 Lunch with Birthday Dessert from Swanton Valley 1:00 Cards / Games	9:00 Site is open <b>12</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards / Games	9:00 Coffee & Conversation <b>13</b> 11:00 Hidden Pictures 12:00 Lunch 1:00 Cards / Games
9:00 Coffee & Conversation <b>16</b> 11:00 Cards 12:00 Lunch 1:00 Cards / Games	9:00 Coffee & Conversation <b>17</b> 11:00 Delta Police Chief Hartsock, Current Scam Info. 12:00 Lunch 1:00 Cards / Games	9:00 Site is open <b>18</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards / Games	<b>Day Trip: Indian Creek Zoo, wear Senior Center shirt</b> <b>19</b> 9:00 Site is open 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards / Games	9:00 Coffee & Conversation <b>20</b> 11:00 Info About Current Scams, Mary, Swanton Police Dispatch Clerk 12:00 Lunch 1:00 Cards / Games
9:00 Coffee & Conversation <b>23</b> 11:00 Brain Game Box 12:00 Lunch 1:00 Cards / Games	9:00 Coffee & Conversation <b>24</b> 11:00 Jingles/ Slogans/ Commercials 12:00 Lunch 1:00 Cards / Games	9:00 Site is open <b>25</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards / Games	<b>Day Trip: Sauder Village, wear Senior Center shirt</b> <b>26</b> 9:00 Site is open 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards / Games	9:00 Coffee & Conversation <b>27</b> 11:00 Don Lee, Caricaturist 12:00 Lunch 1:00 Cards / Games
9:00 Coffee & Conversation <b>30</b> 11:00 Cards 12:00 Lunch 1:00 Cards / Games	9:00 Coffee & Conversation <b>31</b> 11:00 Music by Will Hinton 12:00 Lunch 1:00 Cards / Games			

**ARCHBOLD - SCOUT CABIN  
INSIDE RUIHLEY PARK,  
W. WILLIAMS ST.  
TUES. & FRI.**

# ARCHBOLD / FAYETTE ACTIVITIES

**FAYETTE - FAMILY LIFE CENTER  
306 E. MAIN STREET  
MON., WED., & THURS.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Coffee & Conversation <b>2</b> 11:00 Games 12:00 Lunch 1:00 Cards	9:00 Coffee & Conversation <b>3</b> 11:00 Hidden Pictures, Chickens/ Spring Rain 12:00 Lunch 1:00 Cards / Games	9:00 Coffee & Conversation <b>4</b> 11:00 Hidden Pictures 12:00 Lunch 1:00 Cards / Games	9:00 Coffee & Conversation <b>5</b> 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Cake 1:00 Cards / Games	9:00 Coffee & Conversation <b>6</b> 10:15 to 11:45 BINGO 12:00 Lunch & Birthday Cake 1:00 Cards / Games
9:00 Coffee & Conversation <b>9</b> 11:00 Brain Games Box 12:00 Lunch 1:00 Games	9:00 Coffee & Conversation <b>10</b> 11:00 Slogans/ Jingles/ Commercials 12:00 Lunch 1:00 Cards / Games	9:00 Chit Chat <b>11</b> 11:00 Coffee with a Cop, Scam Info, Community Resource Officer, Nicole Ferguson 12:00 Lunch 1:00 Cards / Games	9:00 Coffee & Conversation <b>12</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards / Games	9:00 Coffee & Conversation <b>13</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards / Games
9:00 Coffee & Conversation <b>16</b> 11:00 Hidden Pictures 12:00 Lunch 1:00 Cards / Games	9:00 Coffee & Conversation <b>17</b> 11:00 Fulton Co. Health Dept. Free Blood Pressure Checks & Health Info. (Please wear a mask.) 12:00 Lunch 1:00 Cards / Games	9:00 Coffee & Conversation <b>18</b> 11:00 Brain Games Box 12:00 Lunch 1:00 Cards / Games	<b>Day Trip: Indian Creek Zoo, wear Senior Center shirt 19</b> 9:00 Coffee & Conversation 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards / Games	9:00 Coffee & Conversation <b>20</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards / Games
9:00 Coffee & Conversation <b>23</b> 11:00 Fulton Co. Health Dept. Free Blood Pressure Checks & Health Info. (Please wear a mask.) 12:00 Lunch 1:00 Cards / Games	9:00 Chit Chat <b>24</b> 11:00 Coffee with a Cop, Scam Info; Archbold Police Officer Slough 12:00 Lunch 1:00 Cards / Games	9:00 Coffee & Conversation <b>25</b> 11:00 "Northwest Ohio's Underground Railroad History," Colleen Rufenacht 12:00 Lunch 1:00 Cards / Games	<b>Day Trip: Sauder Village, wear Senior Center shirt 26</b> 9:00 Coffee & Conversation 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards / Games	9:00 Coffee & Conversation <b>27</b> 10:15 to 11:45 BINGO 12:00 Lunch 1:00 Cards / Games
9:00 Coffee & Conversation <b>30</b> 11:00 Cards 12:00 Lunch 1:00 Games	9:00 Coffee & Conversation <b>31</b> 11:00 "Northwest Ohio's Underground Railroad History," Colleen Rufenacht 12:00 Lunch 1:00 Cards / Games			



Forwarding and return postage guaranteed
Address service requested
Postmaster: Send address changes to:
Fulton County Senior Center
240 Clinton Street
Wauseon, OH 43567-1109

Icon of an envelope in a green circle. Text: If you or a family member would like to receive this newsletter by e-mail, please contact us at kschoeder@fultoncountyoh.com.

DATED MATERIAL - DELIVER BEFORE AUGUST 1, 2021

FULTON COUNTY SENIOR CENTER STAFF

Table listing staff roles and names: Director (Sheri Rychener), Receptionist (Karen Schroeder), Information & Referral Specialist (Valerie Edwards), Administrative Assistant (Chris Sager), Vehicle Maintenance Supervisor (Wes Green), Housekeeping Program Manager (Laura Ankney), Head Cook/Kitchen Manager (Kyle Wilcoxon), Assistant Cook (Deb Villalovos), Food Program Manager (Kim Machinski), Kitchen Aides (Sherry Bittinger, Sandy Lemley, Maryann Griffin), Activity Coordinator (Vicki Hoylman), Activity Support Staff (Beth Ricker-Flory), Volunteer Coordinator (Brooke Bosco), Site Manager, Archbold/Fayette (Linda Holly), Site Aide, Archbold/Fayette (Dorothy Bock), Site Manager, Delta/Swanton (Jeanne Ortiz), Site Aide, Delta/Swanton (Claudia Overmyer), Custodian (Danni Smith, Jeffrey Waidelich), Meal Delivery (Jeanette Gorsuch, Donna Loar, Juan Avina, Bill Sigg, Jeffrey Waidelich, Aimee Roth, Sherilyn Meiring, James Davis, Brenda Hauck, James Mapes, Angela Johnston, Andrea Coburn), Substitutes (Judy Thourot, Peggy Wilson, James Baldwin, Robert Shaw, Vicki Kline, Butch Kline, Meredith Grime, Dennis Peabody, Tim Gorsuch, Sharon McCabe, Karen James, Deb Gabel, Anita Ehrsam, Becky Peabody, Michael Mangas, JB Stevens).

The Fulton County Senior Center is a program of the Fulton County Commissioners, funded through levy money, donations, and under a grant, administered by the Ohio Department of Aging and the Area Office on Aging.

Please direct all calls/inquiries to our main number at 419-337-9299.

Table with 3 columns: Site Name, Days, and Hours. Rows include Wauseon Site (M-F, 8:00 am - 4:00 pm), Archbold Site (T and F, 9:00 am - 2:00 pm), Delta Site (T and Th, 9:00 am - 2:00 pm), Fayette Site (M, W, Th, 9:00 am - 2:00 pm), Swanton Site (M, W, F, 9:00 am - 2:00 pm).