

LUNCH CALENDAR

FEBRUARY, 2020

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Goulash Cooked Cabbage Tossed Salad Fruit Crunch 3	Swiss Steak Mashed Potatoes Green & Wax Beans Fresh Fruit Granola Bars 4	Chicken Breast Sandwich O'Brien Potatoes Winter Blend Vegetable Dark Sweet Cherries Wauseon Only: Fish Sandwich 5	Minestrone Soup Turkey Sandwich Pea Salad Fruit Salad 6	Creamed Chipped Beef Mashed Potatoes Mixed Vegetables Peaches Biscuits 7
Turkey Burgers Seasoned Potato Wedges Summer Squash Orange Sections Cookies 10	Pork Roast Rice Pilaf Spinach Applesauce Juice 11	Chicken Alfredo Pasta Steamed Carrots Peas Pineapple & Bananas 12	Beef & Broccoli Stir Fry Steamed Brown Rice Midori Blend Vegetables Tropical Fruit 13	Butternut Squash Soup Ham & Cheese Sandwich Cucumber Salad Sunshine Salad 14
CLOSED FOR PRESIDENTS' DAY 17	Steamed Franks (LS Alt=Chicken Breast) Macaroni & Cheese Stewed Tomatoes Pears Juice 18	White Chicken Chili Celery & Carrot Sticks Corn & Frito Salad Jell-O Brownies 19	Beef & Noodles Mashed Potatoes Green Beans Fresh Grapes 20	Biscuits & Gravy Hash Brown Casserole Green Salad Fruit Crisp 21
Country Fried Steak w/Country Gravy Mashed Potatoes Sugar Snap Peas Apricots 24	Hot Chicken Sandwich Roasted Potatoes Cole Slaw Baked Apples Yogurt 25	Sausage & Kraut (LS Alt=Pork Roast) Smashed Red Potatoes Peas w/Onions Pineapple 26	Beef & Vegetable Soup Pasta Salad Broccoli Salad Cheese Cubes Ambrosia 27	Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Malibu Blend Vegetable Mixed Fruit 28