

# LUNCH CALENDAR

DECEMBER, 2019

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

**SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.**

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Swedish Meatballs <b>2</b> Egg Noodles Brussels Sprouts Crumb Topped Apples Juice	Salisbury Steak <b>3</b> Mashed Potatoes Sliced Zucchini Applesauce Cookies <b>Wauseon Only: Liver &amp; Onions</b>	Sausage Patty Sandwich <b>4</b> Au Gratin Potatoes Butter Beans Pineapple	Chicken Tortellini Soup <b>5</b> Garden Salad Broccoli Salad Cheese Cubes Ambrosia	Beef & Noodles <b>6</b> Mashed Potatoes Green Beans Mixed Fruit
Goulash <b>9</b> Summer Squash Tossed Salad Fruit Crisp	Roast Pork <b>10</b> Rice Pilaf Winter Blend Vegetables Applesauce Juice	Mushroom Swiss Burgers <b>11</b> Seasoned Potato Wedges Ranch Style Beans Fresh Clementine Rice Krispie Treats	Chicken Alfredo Pasta <b>12</b> Steamed Carrots Peas Pineapple & Bananas	Potato Soup <b>13</b> Turkey Salad Sandwich Pea Salad Sunshine Salad
Swiss Steak <b>16</b> Mashed Potatoes Green & Wax Beans Fresh Fruit	Biscuits & Gravy <b>17</b> Hash Brown Casserole Tossed Salad Fruit Crunch	Beef & Cabbage Soup <b>18</b> Ground Bologna Sandwich (LS Alt=Chicken Salad) Cauliflower Salad Orange Sections	Hot Dogs <b>19</b> (LS Alt=Chicken Breast) Macaroni & Cheese California Blend Vegetable Mixed Fruit Juice	Ham Loaf <b>20</b> (LS Alt=Meatloaf) Sweet Potatoes Cole Slaw Spiced Applesauce
Creamed Chipped Beef <b>23</b> Mashed Potatoes Mixed Vegetables Peaches Biscuits	<b>24</b> <b>CLOSED AT NOON</b> <b>NO MEALS SERVED</b>	<b>25</b> <b>CLOSED</b> <b>MERRY CHRISTMAS</b>	Chicken Fried Steak <b>26</b> w/Country Gravy Mashed Potatoes Peas w/Onions Apricots Pudding <b>Wauseon Only: Baked Fish</b>	Sloppy Joe Sandwich <b>27</b> Roasted Potatoes Malibu Blend Vegetables Fruit Salad
Teriyaki Chicken <b>30</b> Fried Rice Far East Blend Vegetable Tropical Fruit Juice	Sausage & Kraut <b>31</b> (LS Alt=Pork Roast) Smashed Red Potatoes Winter Squash Fresh Fruit			<b>29</b>