

SERVING CITIZENS OF FULTON COUNTY 60 YEARS & OVER

SENIOR

OCTOBER 2019

Fulton County Senior Center
240 Clinton St., Wauseon, Ohio 43567
Phone: 419-337-9299 • Fax: 419-337-9289 • Hours: 8am-4pm



SENIOR NEWS

UPCOMING EVENTS - ALL SITES INVITED

October 1 – Road to Wellness at Pettisville Missionary Church
(New Location)

October 8 – Day Trip, Toledo Zoo

October 10 – Flu Clinic at Wauseon Site

October 14 – Closed for Columbus Day

October 15 – OSHIIP Medicare Check Up Day; appointments only

October 16 – Day trip, Leaders Farm, Napoleon

October 28 – Flu Clinic at Fayette Site

November 8 – Veterans Breakfast at Pettisville Missionary Church
(New Location)

SENIOR SPOTLIGHT

Tom Yeater of Swanton first visited the Swanton Senior Center in August 2016. He and his wife attended the Open House of the Swanton site when it moved to Swanton Community Center. “We were looking for some social friendship after moving to the area and many people were friendly! That really got us hooked,” Tom said. Tom & Kate have been regular attenders since. “I really like to play cards and games,” Tom said, “and they do a good job of introducing new games for us to learn,” he continued.

Tom has an Engineering degree and a Professional Engineering degree, several patents in design of pumps, he designed firefighting equipment and was head of the Drafting & Design Department at North Central State College. He served as a machinist in the Army during the Vietnam War.

As a hobby, he has used his skills to create wooden toys, bookshelves, quilt racks, games, and furniture, to name a few. And most recently, mailboxes, crafting at least six pair for houses in his subdivision. “I’ll give credit to God, first of all. I grew up on a farm and got experience there. My dad was very talented, so, some of my talents are handed down,” Tom said.



• FULTON COUNTY SENIOR CENTER PROGRAMS & SERVICES •

Information and Referral • Congregate Nutrition Site • Home Delivered Meals • Skill Development Programs
Fitness & Wellness Programs • Social & Recreation Programs • Transportation • Housekeeping • Education
Monthly Newsletter • Support Groups • Health Screens and Services • Volunteer Opportunities

NEW LOCATION FOR FREE SENIOR DAY

Tuesday, October 1 is the 11th annual Road to Wellness Health Care Conference for mature adults and caregivers in and around Fulton County. The theme for the 2019 event is "Stay On the Defensive" and will take place from 9:30 am to 3:00 pm at **Pettisville Missionary Church**, 19055 Co Rd D, in Pettisville (Note new location!). Back by popular demand: register in advance and receive a **complimentary hot lunch provided by Fulton County Senior Center**. This is the same delicious lunch you would enjoy at the Wauseon Senior Center, just in a different location. You can expect information that applies to nearly all aspects of a senior's life, along with entertainment with Abbigale Rose, a Fulton County Health Center update, tips on defensive driving, info on mental health and a dance exhibition. Plus, health screenings and flu shots, freebies, and much more. Registration forms are available at local Senior Center sites and Fulton County Health Department. Or call in your registration before September 24 at 419-337-9299 or to the Health Department at 419-337-0915.

WHERE'S VAL?

It's October, which means it is Medicare Open Enrollment time! Val Edwards, Information & Referral Specialist, will be available for extended hours at the following locations to focus on Medicare Open Enrollment. Please make an appointment well in advance with Val for any of these dates by calling 419-337-9299.

Thursday, October 17, from 10:00 am to 3:00 pm
at the Swanton Library

Tuesday, October 22, from 10:00 am to 3:00 pm
at the Evergreen Library in Metamora

Wednesday, October 23, from 10:00 am to 3:00 pm
at the Delta Library

Thursday, October 24, from 9:00 am to 3:00 pm
at Wyse Commons Library, Archbold

Monday, October 28, from 9:00 am to 1:00 pm
at Fayette Senior Center

Val has some appointments available to meet with seniors at the Fulton County Senior Center, 240 Clinton Street, Wauseon. Val's services are offered at no cost to seniors in partnership with Wyse Commons and the local libraries.

SITES CLOSED OCTOBER 1

Please note, on Tuesday, October 1, the Delta Senior Center and Archbold Senior Center will be closed. You are encouraged to sign up for Road to Wellness. In addition, no noon meal will be served at the Fulton County Senior Center, 240 Clinton Street, on Tuesday, October 1 since our kitchen staff will be serving the hot meal at the Road to Wellness Health Care Conference for Mature Adults and Caregivers at Pettisville Missionary Church. Please register to join us at Road to Wellness by calling 419-337-9299 or the Health Department at 419-337-0915.

HELP US HELP YOU

Has your phone number changed? Have you moved? Has your email address changed? Is information for your contact person out of date? Please contact us with your up-to-date information. Also, if you currently receive the Bzz newsletter by mail and have an email address, would you consider receiving the newsletter via email instead of regular mail to help us save money on postage?

MEDICARE OPEN ENROLLMENT

Here is what can be done during Open Enrollment, October 15th - December 7th:

- Switch from one Medicare Prescription Drug Plan to another Medicare Prescription Drug Plan
 - Drop your Medicare prescription drug coverage completely
 - Change from Original Medicare to a Medicare Advantage Plan
 - Change from a Medicare Advantage Plan back to Original Medicare
- Switch from one Medicare Advantage Plan to another Medicare Advantage Plan
- Switch from a Medicare Advantage Plan that doesn't offer drug coverage to a Medicare Advantage Plan that offers drug coverage
- Switch from a Medicare Advantage Plan that does offer drug coverage to a Medicare Advantage Plan that doesn't offer drug coverage
- Join a Medicare Prescription Drug Plan

Any changes made will take effect on January 1, 2020. To schedule an appointment, contact Valerie Edwards at the Fulton County Senior Center 419-337-9299. **Don't delay! Appointment times fill up quickly.**



SWANTON HIGHLIGHTS

Bingo: every Wednesday

Birthday Lunch: first Wednesday

Blood Pressure Check: second Monday

Free Hearing Aid Cleaning: Oct. 21 at 10:30 am

DELTA HIGHLIGHTS

Bingo: every Thursday

Blood Pressure Check: second Tuesday

Birthday Lunch: first Thursday

THANK YOU

Thank you to each individual who helped make the Senior Center booth a success at the Fulton County Fair! Thank you to Anything Grows for donating helium balloons and to Medical Mutual of Ohio for donating giveaways for August 21's Senior Citizen Day.

FLU IMMUNIZATIONS SCHEDULED

Two flu clinics will be offered at Fulton County Senior Centers. On Thursday, October 10 from 10:00 am to noon at the Fulton County Senior Center, 240 Clinton Street, Wauseon. Or on Monday, October 28 from 2:00 to 4:30 pm, you may attend the flu clinic at the Fayette Senior Center in the Family Life Center, 306 E. Main Street. This service is provided by the Fulton County Health Department. The Affordable Care Act has instituted a requirement for insurances to pay for immunizations and other preventive care as a "first dollar" service, meaning the member does not have to provide co-pays or meet deductibles. As a result, the Health Department will be billing contracted insurance plans for the service; many individuals will not pay "out of pocket" at the time of service. The Health Department is contracted with ten insurance plans. Medicare and Medicaid are also accepted as payment. Want to find out if your insurance plan is accepted? Call the Health Department at 419-337-0915.

WAUSEON HIGHLIGHTS

Free Concert by Joe LaConey Band: October 9

Golden Drummers: Monday & Friday am

Choir Practice: Tuesday at 1:00 pm

Pickleball: Tuesday, Wednesday & Friday

Tai Chi: every Tuesday and Thursday

Pepper: Wednesday at 1:00 pm

Bingo: Thursday mornings

Birthday Party: first Friday

Line Dancing: Monday at 1:00 pm

Free Hearing Aid Cleaning: Oct. 7 at 10:30 am

Gentle Movement: see calendar
(Sponsored by Allied Home Health Services)

Toenail Clinic: November 13.

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

ARCHBOLD HIGHLIGHTS

Bingo: Fridays

Blood Pressure Check: October 15

Birthday Lunch: first Friday

Toenail Clinic: October 15.

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

FAYETTE HIGHLIGHTS

Bingo: every Thursday

Blood Pressure Check: October 28

Birthday Lunch: first Thursday

Toenail Clinic: October 28.

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

OCTOBER, 2019

LUNCH CALENDAR

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (Items must be ordered at least one week in advance)
 LF Alt = Low Fat Alternate (Items must be ordered at least one week in advance)

SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Home Delivery Menu Only: Submarine Sandwich w/Lettuce & Tomato Broccoli Salad Ambrosia No Lunch Served at Sites; register for free lunch at Road to Wellness	Salisbury Steak Mashed Potatoes Seasoned Corn Apricots Wauseon Only: Liver & Onions	Oriental Pepper Steak Steamed Brown Rice Far East Blend Vegetables Mandarin Oranges	Roast Pork Rice Pilaf Spinach Apple Sauce Juice
Sausage Patty Sandwich Hash Brown Casserole Succotash Pineapple Chunks Pudding Wauseon Only: Fish Sandwich	7 Chicken Vegetable Soup Ham & Cheese Sandwich Pea Salad Jell-O	9 Creamed Chipped Beef Mashed Potatoes Mixed Vegetables Peaches	10 Goulash Summer Squash Garden Salad Fruit Crunch	11 Swiss Steak Mashed Potatoes Green & Wax Beans Fresh Fruit
14 CLOSED FOR COLUMBUS DAY	15 Chicken Alfredo Pasta Steamed Carrots Peas Tropical Fruit	16 Beef Stroganoff Egg Noodles Brussels Sprouts Apple Sauce	17 Cheese Burgers Seasoned Potato Wedges Baked Beans Orange Sections Cookies	18 Corn Chowder Corned Beef on Rye (LS Alt=Turkey) Kidney Bean Salad Pineapple & Bananas
Chili w/Beans Mexican Style Rice Calico Corn Fresh Fruit	21 Smothered Chicken Mashed Potatoes Sugar Snap Peas Dark Sweet Cherries	23 Biscuits & Gravy Hash Brown Casserole Green Salad Fruit Crisp	24 Steamed Franks (LS Alt=Chicken Breast) Macaroni & Cheese California Blend Mixed Fruit Juice	25 Beef & Noodles Mashed Potatoes Green Beans Peaches Yogurt
Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Glazed Carrots Fresh Oranges	28 Pasta w/Meat Sauce Steamed Broccoli Cream Style Corn Mixed Fresh Fruit Wauseon Only: Pasta Bar	30 Hot Chicken Sandwich Roasted Potatoes Creamy Cole Slaw Baked Apples	31 Cream of Broccoli Soup Ham Salad Sandwich (LS Alt= Chicken Salad) Cauliflower Salad 5 Cup Salad	

FULTON COUNTY SENIOR CENTER
240 CLINTON ST. / WAUSEON, OH 43567
419.337.9299

WAUSEON ACTIVITIES
MONDAY THRU FRIDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>7</p> <p>8:45 Golden Drummers</p> <p>10:00 Gentle Movement (Sponsored by Allied Home Health Services)</p> <p>10:30 Free Hearing Aid Cleaning</p> <p>11:00 Trivia from 1960s, 1970s</p> <p>12:00 Lunch</p> <p>1:00 Line Dancing (Gym)</p>	<p>1</p> <p>ROAD TO WELLNESS at Pettisville Missionary Church (Registration Required)</p> <p>8:00 to 10:30 Gym Open for Pickleball</p> <p>NO AM Tai Chi (Gym)</p> <p>NO Lunch served at Wauseon site</p> <p>NO PM Tai Chi (Gym)</p> <p>NO Choir Practice</p>	<p>2</p> <p>8:00 to 9:30 Pickleball (Gym)</p> <p>10:00 Gentle Movement (Sponsored by Allied Home Health Services)</p> <p>11:00 Game, Timeline</p> <p>“Americana” edition</p> <p>12:00 Lunch</p> <p>1:00 Pepper (Bingo Room)</p>	<p>3</p> <p>7:45 to Noon AARP Driver Safety Class (Registration Required; Gym)</p> <p>10:15 Bingo</p> <p>NO Morning Tai Chi (Gym Needed for Class)</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi (Gym)</p>	<p>4</p> <p>10:00 Golden Drummers</p> <p>11:00 Site Council</p> <p>12:00 Lunch</p> <p>12:30 Birthday Party</p> <p>1:00 to 3:00 Gym Open for Pickleball</p>
<p>14</p> <p>CLOSED FOR COLUMBUS DAY</p>	<p>8</p> <p>Day Trip: Toledo Zoo; Wear Senior Center Shirt/ Hat Today</p> <p>8:00 to 10:30 Pickleball (Gym)</p> <p>11:00 New Game: Qwirkle & Games from the Brain Game box</p> <p>11:00 Tai Chi (Gym)</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi (Gym)</p> <p>1:00 Choir Practice</p>	<p>9</p> <p>8:00 to 9:30 Pickleball (Gym)</p> <p>No Gentle Movement</p> <p>10:45 Free Concert, Joe LaConey Band (Gym)</p> <p>12:00 Lunch</p> <p>1:00 Pepper (Bingo Room)</p>	<p>10</p> <p>10:00 to Noon Flu Shots Given by Fulton Co Health Dept.</p> <p>10:15 Bingo</p> <p>11:00 Tai Chi (Gym)</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi (Gym)</p>	<p>11</p> <p>10:00 Golden Drummers</p> <p>12:00 Lunch</p> <p>1:00 to 3:00 Gym Open for Pickleball</p> <p>1:00 Sequence</p>
<p>21</p> <p>8:45 Golden Drummers</p> <p>10:00 Gentle Movement (Sponsored by Allied Home Health Services)</p> <p>11:00 Fulton Co. Health Dept., Free BP Checks</p> <p>12:00 Lunch</p> <p>1:00 Line Dancing (Gym)</p>	<p>15</p> <p>Medicare Check Up Day, Appt. Only</p> <p>8:00 to 10:30 Pickleball (Gym)</p> <p>11:00 “Label Reading 101” Cathy, Nutrition Specialist from Area Office on Aging</p> <p>11:00 Tai Chi (Gym)</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi (Gym)</p> <p>1:00 Choir Practice</p> <p>1:30 OPERS (Bingo Room)</p>	<p>16</p> <p>Day Trip, Leaders Farm</p> <p>8:00 to 9:30 Pickleball (Gym)</p> <p>10:00 Gentle Movement (Sponsored by Allied Home Health Services)</p> <p>11:00 New Game: Qwirkle</p> <p>12:00 Lunch</p> <p>1:00 Pepper (Bingo Room)</p> <p>1:00 SERO (Dining Room)</p>	<p>17</p> <p>10:15 Bingo with Guests from Fulton Manor/ Suites</p> <p>11:00 Tai Chi (Gym)</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi (Gym)</p>	<p>18</p> <p>10:00 Golden Drummers</p> <p>12:00 Lunch</p> <p>1:00 to 3:00 Gym Open for Pickleball</p> <p>1:00 Dominoes</p>
<p>28</p> <p>8:45 Golden Drummers</p> <p>10:00 Gentle Movement (Sponsored by Allied Home Health Services)</p> <p>11:00 Qwirkle, Timeline, Blokus & Games from the Brain Game box</p> <p>12:00 Lunch</p> <p>1:00 Line Dancing (Gym)</p>	<p>22</p> <p>Candy Corn Day; Wear Orange, Yellow and or White</p> <p>8:00 to 10:30 Pickleball (Gym)</p> <p>11:00 “Don’t be Scammed!” Ryan Lippe, of Ohio Attorney General’s Office</p> <p>11:00 Tai Chi (Gym)</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi (Gym)</p> <p>1:00 Choir Practice</p>	<p>23</p> <p>8:00 to 9:30 Pickleball (Gym)</p> <p>Choir to Fayette Senior Center; leave at 10:00</p> <p>10:00 Gentle Movement (Sponsored by Allied Home Health Services)</p> <p>11:00 Games from Brain Game Box</p> <p>12:00 Lunch</p> <p>1:00 Pepper (Bingo Room)</p>	<p>24</p> <p>10:15 Bingo</p> <p>11:00 Tai Chi (Gym)</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi (Gym)</p>	<p>25</p> <p>10:00 Golden Drummers</p> <p>12:00 Lunch</p> <p>1:00 to 3:00 Gym Open for Pickleball</p> <p>1:00 Golf Card Game</p>
<p>28</p> <p>8:45 Golden Drummers</p> <p>10:00 Gentle Movement (Sponsored by Allied Home Health Services)</p> <p>11:00 Qwirkle, Timeline, Blokus & Games from the Brain Game box</p> <p>12:00 Lunch</p> <p>1:00 Line Dancing (Gym)</p>	<p>29</p> <p>8:00 to 10:30 Pickleball (Gym)</p> <p>11:00 Music with Jaclyn O’Neil, Music Therapist</p> <p>11:00 Tai Chi (Gym)</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi (Gym)</p>	<p>30</p> <p>8:00 to 9:30 Pickleball (Gym)</p> <p>10:00 Gentle Movement (Sponsored by Allied Home Health Services)</p> <p>10:00 Cards</p> <p>11:00 Halloween Fun & Games with Neena from Lakes of Monclova</p> <p>12:00 Lunch</p> <p>1:00 Pepper (Bingo Room)</p>	<p>31</p> <p>Happy Halloween; Wear a Costume Today</p> <p>9:45 Extended Bingo</p> <p>11:00 Tai Chi (Gym)</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi (Gym)</p>	

DELTA / SWANTON ACTIVITIES

**DELTA-101 NORTHWOOD DR.
UNITED METHODIST CHURCH
TUES. & THURS.**

**SWANTON
217 CHESTNUT ST.
MON., WED., & FRI**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10:00 Skip Bo</p> <p>11:00 "Just So You Know," & Free BP Checks; Fulton Co. Health Dept. (Note Date Change)</p> <p>12:00 Lunch</p> <p>1:00 Games & Cards</p>	<p>1</p> <p>Register to Join us for ROAD TO WELLNESS At Pettisville Missionary Church</p> <p>Delta Site is Closed Today</p>	<p>2</p> <p>10:00 Site Council</p> <p>10:30 Bingo</p> <p>12:00 Lunch with Birthday Cake Provided by Swanton Healthcare</p> <p>1:00 Games</p>	<p>3</p> <p>10:00 Site Council</p> <p>10:30 Bingo</p> <p>12:00 Lunch with Birthday Cake</p> <p>1:00 Puzzles</p>	<p>4</p> <p>10:00 Trivia from 1960s & 1970s</p> <p>11:00 "Label Reading 101," Area Office on Aging Nutrition Specialist, Cathy S.</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>
<p>7</p> <p>10:00 Skip Bo</p> <p>11:00 "Just So You Know," & Free BP Checks; Fulton Co. Health Dept. (Note Date Change)</p> <p>12:00 Lunch</p> <p>1:00 Games & Cards</p>	<p>8</p> <p>Day Trip, Toledo Zoo</p> <p>Wear Senior Center Shirt/ Hat Today</p> <p>10:00 Sip & Socialize Coffee Time</p> <p>11:00 "Just So You Know," & Free BP Checks; Fulton Co. Health Dept.</p> <p>12:00 Lunch</p> <p>1:00 Games</p>	<p>9</p> <p>10:00 Five Crowns Card Game</p> <p>10:30 Bingo; Prizes sponsored by Swanton Valley</p> <p>12:00 Lunch with Dessert Provided by Swanton Valley Rehab & Healthcare Center</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>	<p>10</p> <p>10:00 Trash Card Game</p> <p>No Hearing Aid Cleaning</p> <p>10:30 Bingo with Delta School Caller</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p>11</p> <p>10:00 Brain Game Box</p> <p>10:45 "TV Moms" Sheila Painter, Professional Storyteller (note start time)</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>
<p>14</p> <p>CLOSED FOR COLUMBUS DAY</p>	<p>15</p> <p>10:00 Brain Games Box & Trivia from 1960s & 1970s</p> <p>11:00 Dr. Lynn Ritter, Alzheimer's Association, Understanding & Responding to Dementia-Related Behavior</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>	<p>16</p> <p>Day Trip, Leaders Farm</p> <p>Wear Senior Center Shirt/ Hat Today</p> <p>10:00 Golf Card Game</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p>17</p> <p>10:00 Uno</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>	<p>18</p> <p>10:00 to Noon Decorate Pumpkin-Shaped Cookies and Learn to Play Pinochle</p> <p>12:00 Lunch</p> <p>1:00 Games & Cards</p>
<p>21</p> <p>10:00 Games from Brain Games Box</p> <p>10:30 Free Hearing Aid Cleaning</p> <p>11:00 "Opioid Crisis & Seniors," Jeff Medere, Area Office On Aging</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>	<p>22</p> <p>10:00 Canasta By Request</p> <p>11:00 More Canasta</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p>23</p> <p>10:00 Seven Up Card Game</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>	<p>24</p> <p>10:00 Skip Bo</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Games & Cards</p>	<p>25</p> <p>10:00 Uno</p> <p>11:00 Play Pinochle (Week 2)</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>
<p>28</p> <p>10:00 Canasta</p> <p>11:00 More Canasta</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p>29</p> <p>10:00 Decorate Pumpkin-Shaped Cookies</p> <p>11:00 Music by Circle of Friends</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>	<p>30</p> <p>Happy Day Before Halloween! Wear Candy Corn colors or a Halloween costume today</p> <p>10:00 Scrabble</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Games & Cards</p>	<p>31</p> <p>Happy Halloween; Wear a Halloween Costume or orange/black today</p> <p>10:00 Extended Bingo</p> <p>12:00 Lunch</p> <p>1:00 Games</p>	

**ARCHBOLD - SCOUT CABIN
INSIDE RUIHLEY PARK,
W. WILLIAMS ST.
TUES. & FRI.**

**ARCHBOLD / FAYETTE
ACTIVITIES**

**FAYETTE - FAMILY LIFE CENTER
306 E. MAIN STREET
MON., WED., & THURS.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10:00 Coffee Time 11:00 Keyboard Music, Jean Pfund 12:00 Lunch 1:00 Cards</p>	<p>1 Register to Join us for ROAD TO WELLNESS At Pettisville Missionary Church Archbold Site is Closed Today</p>	<p>2 10:00 Coffee Time 11:00 Music by Michael Buck 12:00 Lunch 1:00 Word Games</p>	<p>3 10:00 Site Council & Nutrition Education 10:30 Bingo 12:00 Lunch with Birthday Cake 1:00 Puzzles</p>	<p>4 10:00 Site Council & Nutrition Education 10:30 Bingo 12:00 Lunch with Birthday Cake 1:00 Cards & Games</p>
<p>7 10:00 Coffee Time 11:00 Keyboard Music, Jean Pfund 12:00 Lunch 1:00 Cards</p>	<p>8 Wear Senior Center Shirt/ Hat Today Day Trip, Toledo Zoo 10:00 Euchre 10:30 Frost Pumpkin-Shaped Cookies 11:00 Fulton Co. Deputy & K-9 12:00 Lunch 1:00 Word Games</p>	<p>9 10:00 Cards 11:00 Music by Jimmy Stewart 12:00 Lunch 1:00 Puzzles</p>	<p>10 10:30 Bingo 12:00 Lunch 1:00 Cards & Games</p>	<p>11 10:00 Cards 10:30 Bingo 12:00 Lunch 1:00 Games</p>
<p>14 CLOSED FOR COLUMBUS DAY</p>	<p>15 9:30 Toe Nail Clinic (By Appointment) 10:00 Pepper 11:00 "Just So You Know," & Free BP Checks; Fulton Co. Health Dept. 12:00 Lunch 1:00 Puzzles</p>	<p>16 Day Trip, Leaders Farm 10:00 Wacky Wordies #69, #71 11:00 "Avoiding Utility Scams and Unwanted Charges," Amy Carles, Senior Outreach & Education Specialist 12:00 Lunch 1:00 Cards & Games</p>	<p>17 10:30 Bingo 12:00 Lunch 1:00 Games</p>	<p>18 10:00 Coffee Time 10:30 Bingo 12:00 Lunch 1:00 Cards</p>
<p>21 10:00 Cards 11:00 Black Swamp Storyteller, Dale Kern 12:00 Lunch 1:00 Puzzles</p>	<p>22 10:00 Brain Box Games 11:00 Music with Jaclyn O'Neil, Fulton County Health Center 12:00 Lunch 1:00 Cards & Games</p>	<p>23 10:00 Chit Chat 11:00 Music by Senior Center Choir 12:00 Lunch 1:00 Games</p>	<p>24 10:30 Bingo 12:00 Lunch 1:00 Cards</p>	<p>25 10:00 Cards 10:30 Bingo 12:00 Lunch 1:00 Word Games</p>
<p>28 9:30 Toe Nail Clinic (By Appointment) 11:00 "Just So You Know," & Free BP Checks; Fulton Co. Health Dept. 12:00 Lunch 1:00 Cards & Games 2:00 to 4:30 Flu Clinic, by Fulton Co. Health Dept.</p>	<p>29 10:00 Pepper 11:00 "Avoiding Utility Scams and Unwanted Charges," Amy Carles, Senior Outreach & Education Specialist 12:00 Lunch 1:00 Games</p>	<p>30 Wear Orange/ Yellow/ White for Candy Corn Day 10:00 Wacky Wordies #65, #66 11:00 Frost Pumpkin-Shaped Cookies, Enjoy Brain Box Games 12:00 Lunch 1:00 Cards</p>	<p>31 Wear a Halloween Costume Today 10:00 Extended Bingo 12:00 Lunch 1:00 Word Games</p>	



Forwarding and return postage guaranteed
Address service requested
Postmaster: Send address changes to:
Fulton County Senior Center
240 Clinton Street
Wauseon, OH 43567-1109

 If you or a family member would like to receive this newsletter by e-mail, please contact us at kschroeder@fultoncountyoh.com.

DATED MATERIAL - DELIVER BEFORE OCTOBER 1, 2019

FULTON COUNTY SENIOR CENTER STAFF

Director.....	Sheri Rychener
Receptionist.....	Karen Schroeder
Information & Referral Specialist.....	Valerie Edwards
Administrative Assistant.....	Chris Sager
Vehicle Maintenance Supervisor.....	Wes Green
Housekeeping Program Manager.....	Laura Ankney
Head Cook/Kitchen Manager.....	Kyle Wilcoxon
Assistant Cook.....	Deb Villalovos
Food Program Manager.....	Deb Myers
Kitchen Aides.....	Sherry Bittinger, Sandy Lemley, Maryann Griffin
Activity Coordinator.....	Vicki Hoylman
Activity Support Staff.....	Beth Ricker-Flory
Volunteer Coordinator.....	Brooke Bosco
Site Manager, Archbold/Fayette.....	Linda Holly
Site Aide, Archbold/Fayette.....	Dorothy Bock
Site Manager, Delta/Swanton.....	Jeanne Ortiz
Site Aide, Delta/Swanton.....	Claudia Overmyer
Custodian.....	Danni Smith, Andrea Coburn
Meal Delivery.....	Dave Smith, Kim Machinski, Juan Avina, Bill Sigg, Jeffrey Waidelich, Aimee Roth James Davis, Brenda Hauck, James Mapes, Angela Johnston, Andrea Coburn
Substitutes.....	Judy Thourot, Alice Smallman, Peggy Wilson, Joe Sutton, James Baldwin, Robert Shaw, Vicki Kline, Butch Kline Tim Gorsuch, Sherilyn Meiring, Sharon McCabe, Chad Hayward, Karen James, Deb Gabel, Anita Ehram

The Fulton County Senior Center is a program of the Fulton County Commissioners, funded through levy money, donations, and under a grant, administered by the Ohio Department of Aging and the Area Office on Aging.

Please direct all calls/inquiries to our main number at 419-337-9299.

Wauseon Site	M – F	8:00 am – 4:00 pm
Archbold Site	T and F	9:00 am – 2:00 pm
Delta Site	T and Th	9:00 am – 2:00 pm
Fayette Site	M, W, Th	9:00 am – 2:00 pm
Swanton Site	M, W, F	9:00 am – 2:00 pm