

LUNCH CALENDAR

JULY, 2019

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.

LS Alt = Lower Sodium Alternative **(Items must be ordered at least one week in advance)**

LF Alt = Low Fat Alternate **(Items must be ordered at least one week in advance)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Pork Sandwich Roasted Potatoes Ranch Style Beans Creamy Cole Slaw 1	Turkey Ala King Mashed Potatoes Sugar Snap Peas Biscuits 2	Cheese Burgers Potato Salad Green Beans Fruit Crunch 3	CLOSED FOR INDEPENDENCE DAY 4	Stuffed Chicken Breast Long Grain & Wild Rice Creamed Peas Orange Cranberry Relish Juice Wauseon Site Only: Salmon Patties (Request In Advance) 5
Baked Ham (LS Alt=Pork Roast) Scalloped Potatoes Broccoli Fruit Crisp 8	Goulash Cooked Cabbage Mixed Vegetable Peaches 9	Cold Plate Turkey Salad Lettuce & Tomato Cheese Cubes Sunshine Salad Fresh Apple 10	Stuffed Pepper Soup Ground Bologna Sandwich (LS Alt=Chicken Salad) Kidney Bean Salad Fresh Fruit Salad 11	Steamed Franks (LS Alt=Chicken Breast) Macaroni & Cheese California Blend Bananas Juice 12
Beef Stew Tossed Salad Cottage Cheese Mandarin Oranges Biscuits 15	Chicken & Noodles Mashed Potatoes Green Beans Mixed Fruit 16	Lasagna Steamed Cauliflower Sugar Snap Peas Fresh Grapes 17	Cabbage Rolls Mashed Potatoes Peas & Carrots Pears Pie 18	Teriyaki Chicken Fried Rice Midori Blend Fresh Tangerine Juice 19
Sloppy Joes Corn Nuggets Malibu Blend Vegetable Fruit Salad Sites Only: Taco Day 22	White Chicken Chili Tossed Salad Cauliflower Salad Grape Salad 23	Swedish Meatballs Egg Noodles Brussels Sprouts Crumb Topped Peaches Fresh Pear 24	Hamloaf (LS Alt=Meatloaf) Sweet Potatoes Cole Slaw Apple Sauce 25	Sausage & Kraut w/ Sauer Kraut (LS Alt=Pork Roast) Smashed Red Potatoes Winter Squash Orange Sections 26
Chicken Tenders Macaroni & Cheese Normandy Blend Vegetable Fruit Cocktail Juice 29	Salisbury Steak Mashed Potatoes Seasoned Corn Apricots Cookies Wauseon Site Only: Liver & Onions (Request In Advance) 30	Sausage Patty Sandwich Hash Brown Casserole Succotash Pineapple 31		