

SERVING CITIZENS OF FULTON COUNTY 60 YEARS & OVER

# SENIOR



**MAY 2019**

Fulton County Senior Center  
240 Clinton St., Wauseon, Ohio 43567  
Phone: 419-337-9299 • Fax: 419-337-9289 • Hours: 8am-4pm

## SENIOR NEWS

### UPCOMING EVENTS - ALL SITES INVITED

**May 9** – Toledo Museum of Art, Special Tour

**May 14** – Morning Trip, "Eyes of Freedom" Veterans Exhibit

**May 14, 21, 28, June 4, 11, 18** – Free Diabetes Class

**May 23** – Day Trip, National Museum of Great Lakes

**May 27** – Closed for Memorial Day

**May 30** – Day Trip, Sylvania Historical Village/ Underground Railroad

**June 6** – Day Trip, Tour of Sunshine Community Campus & Barns, Maumee

**June 7** – Summertime Bash; Music & Food at Pettisville Missionary Church

## SENIOR SPOTLIGHT

Jim & Marilyn Adams of Swanton enjoy the comradery that the Swanton Senior Center offers. "People like to play games and visit and eat together. And I really appreciate the guest speakers we have on a variety of topics," Marilyn said. "It's really a good place to go and meet people," Jim added. Jim and Marilyn also enjoy attending Senior Center day trips. "You can just sit back and relax and let somebody else do the driving," Marilyn explained. Ham loaf is their favorite Senior Center entrée. Before and after the 11:00 programs, Jim looks forward to playing Euchre with the guys.

Jim, a retired university professor, used to restore antique automobiles. He won 31 car shows with his 1952 Bentley. This past winter, he assembled more than a dozen jigsaw puzzles. Marilyn, a retired nurse, spends her spare time researching genealogy. Two of these photos show their creativity at Senior Center events. For Marilyn, a patriotic clothespin wreath and Jim made a pirate ship out of a watermelon.



### • FULTON COUNTY SENIOR CENTER PROGRAMS & SERVICES •

Information and Referral • Congregate Nutrition Site • Home Delivered Meals • Skill Development Programs  
Fitness & Wellness Programs • Social & Recreation Programs • Transportation • Housekeeping • Education  
Monthly Newsletter • Support Groups • Health Screens and Services • Volunteer Opportunities

## FREE VETERANS EXHIBIT AT MUSEUM

The Museum of Fulton County, 8848 OH-108, Wauseon has a unique opportunity to host The Eyes of Freedom. This traveling memorial honors the service and sacrifice of all who answer our nation's call: then, now, and tomorrow. The life-sized portraits & actual combat boots depict the fallen of Lima (Ohio) Company 3/25, one of the hardest-hit units in Operation Iraqi Freedom in 2005. The Eyes of Freedom Memorial is a living, traveling tribute that continues to remind us all of the cost of freedom. You don't want to miss out on this inspiring exhibit. Viewing this memorial is free to the public. You may view Eyes of Freedom from Saturday, May 11 to Saturday, May 18. Please note exhibit hours: Saturday, May 11, opening ceremony at 10 am, exhibit open until 7 pm. The memorial will be open for viewing from noon to 7 pm on Sunday, May 12. View the memorial from 10 am to 7 pm Monday, May 13 to Friday, May 17. On Saturday, May 18, the exhibit is open from 10 am to 4 pm. For more information about the exhibit and to view a 30-minute documentary, visit [www.LimaCompanyMemorial.org](http://www.LimaCompanyMemorial.org) If you would like to ride the Senior Center bus to / from the exhibit on Tuesday, May 14, call for reservations, 419-337-9299. Planning to stay for lunch at the Wauseon Senior Center? Make your lunch reservation with Karen, 419-337-9299.

## HANDWASHING KEEPS YOU HEALTHIER

Handwashing can help prevent illness. It involves five simple and effective steps (Wet, Lather, Scrub, Rinse, Dry) you can take to reduce the spread of diarrheal and respiratory illness so you can stay healthy. Regular handwashing, particularly before and after certain activities, is one of the best ways to remove germs, avoid getting sick, and prevent the spread of germs to others. It's quick, it's simple, and it can keep us all from getting sick. Handwashing is a win for everyone, except the germs.

*Source: www.cdc.gov*

## SENIOR CENTER LUNCH REMINDERS

Our Wauseon kitchen staff starts early each weekday to prepare a few hundred meals for our sites and home-delivered meal recipients. If you receive home-delivered meals, please remember the following:

If you are unable to be **at home** for your meal delivery, contact us so we do not deliver your meal.

Did you know you can choose which meals you would like for the month and give a list to your driver?

Do you prefer the **low-salt alternative** menu option? Contact us with your choice at least one week in advance.

Please restrain your **pets** during the time of meal delivery for the safety of your driver.

If you plan to eat lunch at a site, make your lunch reservation at least 24 hours in advance. Please cancel if you are unable to keep your site lunch reservation, so we prepare the correct number of meals.

We serve a lot of seniors. Thank you for doing your part to help us make your dining experience a positive one.

## SAVE THE DATE

June 7 from 11:00 AM to 1:30 PM, join us for a Senior Center Summertime Bash. Held at Pettisville Missionary Church, this event will feature music by Linden Street and lunch. Make reservations by calling 419-337-9299.

## DID YOU KNOW?

In 2018, our volunteers logged 2,561 hours in a variety of ways for our senior center. That averages to nearly 50 hours per week! Our transportation program served 157 seniors by providing rides to and from medical and dental appointments.

## VALUABLE VOLUNTEER

As the school year draws to a close, we would like to thank the administrators, staff and students of Pike-Delta-York schools. One Thursday each month during the school year, a variety of students, accompanied by a staff member or administrator, have interacted with and built relationships with our Delta seniors on Bingo day at the Delta Senior Center. Both groups have greatly benefited from this interaction. Thank you, PDY schools and Middle School Principal Doug Ford for participating in this intergenerational partnership.



**WAUSEON HIGHLIGHTS**

**Pickleball:** Tuesday & Friday

**Golden Drummers:** Monday & Friday

**Choir Practice:** Tuesday at 1:00 pm

**Tai Chi:** every Tuesday and Thursday

**Pepper:** Wednesday at 1:00 pm

**Bingo:** Thursday mornings

**Birthday Party:** first Friday

**Gentle Movement:** see calendar

**Line Dancing:** Monday pm

**Free Hearing Aid Cleaning:** May 6 at 10:30 am

**Toenail Clinic:** May 22.

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

**ARCHBOLD HIGHLIGHTS**

**Bingo:** Fridays

**Blood Pressure Check:** May 21

**Birthday Lunch:** first Friday

**Toenail Clinic:** June 18.

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

**DELTA HIGHLIGHTS**

**Bingo:** every Thursday

**Blood Pressure Check:** second Tuesday

**Birthday Lunch:** first Thursday

**Free Hearing Aid Cleaning:** May 9 at 10:00 am

**FAYETTE HIGHLIGHTS**

**Bingo:** Thursdays

**Blood Pressure Check:** May 20

**Birthday Lunch:** first Thursday

**Toenail Clinic:** June 24.

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

**SWANTON HIGHLIGHTS**

**Bingo:** every Wednesday

**Birthday Lunch:** first Wednesday

**Blood Pressure Check:** second Monday

**Free Hearing Aid Cleaning:** May 20 at 10:30 am

**WHERE'S VAL?**

On Wednesday, June 12, Val Edwards, Information & Referral Specialist, will take appointments at the Delta Library from 10:00 am to noon. Get help understanding Medicare and Social Security issues, insurance, bills, completing applications, and more. Thursday, June 20, meet Val at the Swanton Library from 10:00 am to noon, by appointment only. Tuesday, June 25 is your chance to meet with Val at the Evergreen Library in Metamora from 10:00 am to noon, by appointment. On Thursday, June 27, Val will be at Wyse Commons on Archbold's Fairlawn campus meeting with seniors who have scheduled appointments. Val is available most weekdays by appointment to meet with seniors at the Fulton County Senior Center, 240 Clinton Street, Wauseon. Val's services are offered at no cost to seniors in partnership with Wyse Commons and the local libraries. Please make an appointment in advance with Val for any of these dates by calling 419-337-9299.

**FREE DIABETES CLASS**

If you or a loved one has diabetes, you are invited to join a free class in Wauseon. Robert Sullivan, of the Area Office on Aging, will lead the Diabetes Empowerment Education Program, also known as DEEP, starting Tuesday, May 14, from 9:30-11:45 a.m. This is a six-week class that will meet Tuesdays through June 18 at the Fulton County Senior Center, 240 Clinton St., Wauseon. The curriculum will cover self-management of diabetes; weight control; eating well with diabetes; and the role of medications with a diabetes diagnosis, among other topics. For more information and to sign up, contact Beth at 419-337-9299.

# LUNCH CALENDAR MAY, 2019

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (Items must be ordered at least one week in advance)  
 LF Alt = Low Fat Alternate (Items must be ordered at least one week in advance)

**SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Corn Chowder Turkey Salad Sandwich Green Salad Fruit Compote	2 Goulash Cooked Cabbage Mixed Vegetables Peaches	3 Breaded Pork Chops Red Skin Potatoes Sugar Snap Peas Pineapple
6 Shepherd's Pie Summer Squash Broccoli Salad Fruit Crisp	7 Baked Chicken Long Grain & Wild Rice Stewed Tomatoes Mixed Fruit Juice	8 Chicken & Noodles Mashed Potatoes Green Beans Bananas	9 Beef Stew Tossed Salad Cottage Cheese Mandarin Oranges Biscuits	10 Ham & Bean Soup (LS Alt=Vegetable Soup) Cauliflower Salad Jell-O Fruit Salad Corn Bread
13 Burgers Potato Wedges Seasoned Spinach Pears Ice Cream	14 Baked Ham (LS Alt=Pork Roast) Scalloped Potatoes Steamed Broccoli Fruit Cobbler	15 Cabbage Rolls Mashed Potatoes Cook's Choice Vegetable Apple Slices w/Dip	16 Breaded Chicken Strips Au Gratin Potatoes Brussels Sprouts Fruit Cocktail <b>Wauseon Only: Fish Sticks</b>	17 Lasagna Steamed Cauliflower Italian Green Beans Fresh Grapes
20 Sloppy Joes Roasted Potatoes Malibu Blend Fruit Salad <b>Sites Only: Taco Day</b>	21 Chicken & Noodle Soup Roast Beef Sandwich Three Bean Salad Jell-O	22 Hot Dogs (LS Alt=Turkey Franks) Baked Beans Seasoned Corn Fresh Oranges	23 Hamloaf (LS Alt=Meatloaf) Sweet Potatoes Cole Slaw Spiced Applesauce Cookies	24 Salisbury Steak Mashed Potatoes Green Beans Dark Sweet Cherries <b>Wauseon Only: Liver &amp; Onions</b>
27 <b>CLOSED</b> <b>MEMORIAL DAY</b>	28 Italian Sausage Sandwich w/Peppers & Onions Corn Nuggets Italian Blend Tropical Fruit Pudding	29 Swiss Steak Mashed Potatoes Green & Wax Beans Fresh Fruit	30 Vegetable Soup Submarine Sandwich w/Lettuce & Tomato Potato Salad Cranberry Orange Relish	31 Biscuits & Gravy Hash Brown Casserole Tossed Salad Fruit Crunch

**WAUSEON ACTIVITIES**  
MONDAY THRU FRIDAY

**FULTON COUNTY SENIOR CENTER**  
240 CLINTON ST. / WAUSEON, OH 43567  
419.337.9299

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9:30 Gentle Movement (Gym) 10:30 Free Hearing Aid Cleaning 10:45 Golden Drummers 11:00 Wacky Wordies Word Game 12:00 Lunch 1:00 Line Dancing (Gym)</p>	<p>8:00 to 10:30 Pickleball (Gym) 11:00 Ohio Consumers' Counsel, Amy Carles, Are You An Energy Saver? Beat the Heat! 11:00 Tai Chi (Gym) 12:00 Lunch with 5th Grade Wauseon Students 1:00 Tai Chi (Gym) 1:00 Choir Practice</p>	<p>9:30 Gentle Movement (Gym) 11:00 Tenzi Dice Game 12:00 Lunch with 5th Grade Wauseon Students 1:00 Pepper (Bingo Room)</p>	<p>10:15 Bingo 11:00 Tai Chi (Gym) 12:00 Lunch 1:00 Tai Chi (Gym)</p>	<p>10:30 Golden Drummers (Gym) 11:00 Site Council 12:00 Lunch 12:30 Birthday Party 1:00 Skip Bo 1:00 to 3:00 Gym Open for Pickleball</p>
<p>9:30 Gentle Movement (Gym) 10:45 Golden Drummers 11:00 Hidden Pictures (Inventors at Work; Flapjacks) 12:00 Lunch 1:00 Line Dancing (Gym)</p>	<p><b>7</b> 8:00 to 10:30 Pickleball (Gym) 11:00 Ohio Consumers' Counsel, Amy Carles, Are You An Energy Saver? Beat the Heat! 11:00 Tai Chi (Gym) 12:00 Lunch with 5th Grade Wauseon Students 1:00 Tai Chi (Gym) 1:00 Choir Practice</p>	<p><b>1</b> 9:30 Gentle Movement (Gym) 11:00 Tenzi Dice Game 12:00 Lunch with 5th Grade Wauseon Students 1:00 Pepper (Bingo Room)</p>	<p><b>2</b> 10:15 Bingo 11:00 Tai Chi (Gym) 12:00 Lunch 1:00 Tai Chi (Gym)</p>	<p><b>3</b> 10:30 Golden Drummers (Gym) 11:00 Site Council 12:00 Lunch 12:30 Birthday Party 1:00 Skip Bo 1:00 to 3:00 Gym Open for Pickleball</p>
<p>9:30 Gentle Movement (Gym) 10:45 Golden Drummers 11:00 Hidden Pictures (Inventors at Work; Flapjacks) 12:00 Lunch 1:00 Line Dancing (Gym)</p>	<p><b>6</b> 9:30 Gentle Movement (Gym) 10:30 Free Hearing Aid Cleaning 10:45 Golden Drummers 11:00 Wacky Wordies Word Game 12:00 Lunch 1:00 Line Dancing (Gym)</p>	<p><b>8</b> <b>Wear Green, Public Assistance Fraud Awareness</b> 9:30 Gentle Movement (Gym) 11:00 Dish Towel Angel Craft with Myndi, Swanton Health Care 12:00 Lunch with 5th Grade Wauseon Students 1:00 Pepper (Bingo Room)</p>	<p><b>9</b> <b>Day Trip, Toledo Museum of Art, Trip 4 of 4</b> 10:15 Bingo 11:00 Tai Chi (Gym) 12:00 Lunch 1:00 Tai Chi (Gym)</p>	<p><b>10</b> 10:00 Senior Center Choir Leaves to Sing at Swanton Senior Center 10:30 Golden Drummers (Gym) 12:00 Lunch 1:00 Left Center Right 1:00 to 3:00 Gym Open for Pickleball</p>
<p>9:30 Gentle Movement (Gym) 10:45 Golden Drummers 11:00 Hidden Pictures (Inventors at Work; Flapjacks) 12:00 Lunch 1:00 Line Dancing (Gym)</p>	<p><b>13</b> 9:30 Gentle Movement (Gym) 10:45 Golden Drummers 11:00 Hidden Pictures (Inventors at Work; Flapjacks) 12:00 Lunch 1:00 Line Dancing (Gym)</p>	<p><b>15</b> 9:30 Gentle Movement (Gym) 11:00 Trivia from 1970s 12:00 Lunch with 5th Grade Wauseon Students 1:00 Pepper (Bingo Room)</p>	<p><b>16</b> 10:15 Bingo 11:00 Tai Chi (Gym) 12:00 Lunch 1:00 Tai Chi (Gym)</p>	<p><b>17</b> Choir to Montpelier Moose; leave at 10:00 am 10:30 Golden Drummers (Gym) 12:00 Lunch 1:00 Tripoley 1:00 to 3:00 Gym Open for Pickleball</p>
<p>9:30 Gentle Movement (Gym) 10:45 Golden Drummers 11:00 Fulton Co. Health Dept., Free BP Checks 12:00 Lunch 1:00 Line Dancing (Gym)</p>	<p><b>21</b> 8:00 to 10:30 Pickleball (Gym) <b>9:30 to 11:45 am Diabetes Education Empowerment Class with Robert Sullivan</b> (Bingo Room) 11:00 Tai Chi (Gym) 12:00 Lunch 1:00 Tai Chi (Gym) 1:00 Choir Practice 1:30 OPERS Meeting (Bingo Room)</p>	<p><b>22</b> 9:30 Toe Nail Clinic (By Appt.) 9:30 Gentle Movement Ends Today (Gym) 11:00 Lynn Ritter, Alzheimer's Association, Communication Strategies for Someone with Memory Loss 12:00 Lunch 1:00 Pepper (Bingo Room)</p>	<p><b>23</b> <b>Day Trip, National Museum of Great Lakes</b> 10:15 Bingo 11:00 Tai Chi (Gym) 12:00 Lunch 1:00 Tai Chi (Gym)</p>	<p><b>24</b> 10:30 Golden Drummers (Gym) 12:00 Lunch 1:00 Dirty Marbles 1:00 to 3:00 Gym Open for Pickleball</p>
<p><b>27</b> <b>CLOSED MEMORIAL DAY</b></p>	<p><b>28</b> 8:00 to 10:30 Pickleball (Gym) 9:30 to 11:45 am Diabetes Education Empowerment Class with Robert Sullivan (Bingo Room) <b>11:00 Music with Jaclyn, FCHC</b> 11:00 Tai Chi (Gym) 12:00 Lunch 1:00 Tai Chi (Gym) 1:00 Choir Practice</p>	<p><b>29</b> No Gentle Movement 11:00 Music by Peter Villalobos 12:00 Lunch 1:00 Pepper (Bingo Room)</p>	<p><b>30</b> <b>Day Trip, Sylvania Underground Railroad</b> 9:45 Extended Bingo 11:00 Tai Chi (Gym) 12:00 Lunch 1:00 Tai Chi (Gym)</p>	<p><b>31</b> 10:30 Golden Drummers (Gym) 12:00 Lunch 1:00 Sequence 1:00 to 3:00 Gym Open for Pickleball</p>

# DELTA / SWANTON ACTIVITIES

**DELTA-101 NORTHWOOD DR.  
UNITED METHODIST CHURCH  
TUES. & THURS.**

**SWANTON  
217 CHESTNUT ST.  
MON., WED., & FRI**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>6</b></p> <p>10:00 Hidden Pictures (Easter Rabbit; Bunny With Tulips)</p> <p>11:00 Lynn Ritter, Alzheimer's Association, Effective Communication Strategies for Someone with Memory Loss</p> <p>12:00 Lunch</p> <p>1:00 Games</p>	<p><b>7</b></p> <p>10:00 Hidden Pictures (Easter Rabbit; Bunny With Tulips)</p> <p>11:00 Civil War Music Program; Vickie Halsey on Dulcimer</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p><b>1</b></p> <p>10:00 Site Council</p> <p>10:30 Bingo</p> <p>12:00 Lunch with Birthday Cake Provided by Swanton Healthcare</p> <p>1:00 Cards &amp; Games</p>	<p><b>2</b></p> <p>9:30 Left Center Right Dice Game</p> <p>10:00 Site Council</p> <p>10:30 Bingo</p> <p>12:00 Lunch with Birthday Cake</p> <p>1:00 Puzzles</p>	<p><b>3</b></p> <p>10:00 Scrabble</p> <p>11:00 Portrayal of Eleanor Roosevelt; Gail Conrad</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>
<p><b>13</b></p> <p>10:00 Picture Brain Game</p> <p>11:00 "Just So You Know," &amp; Free BP Checks; Fulton Co. Health Dept.</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p><b>14</b></p> <p><b>Day Trip, "Eyes Of Freedom," Free Veterans Exhibit, Museum of Fulton County</b></p> <p>10:00 Trash Card Game</p> <p>11:00 "Just So You Know," &amp; Free BP Checks; Fulton Co. Health Dept.</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>	<p><b>8</b></p> <p><b>Bring Your Own Mug/Cup for National Beverage Day; Wear Green, Public Assistance Fraud Awareness</b></p> <p>10:00 Five Crowns Card Game</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>	<p><b>9</b></p> <p><b>Day Trip, Toledo Museum of Art; Bring Your Own Mug/Cup for National Beverage Day</b></p> <p>10:00 Free Hearing Aid Cleaning</p> <p>10:30 Bingo with Delta School Caller</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>	<p><b>10</b></p> <p>10:00 Muffins for Mom, in Honor of Mother's Day</p> <p>11:00 Music by Senior Center Choir</p> <p>12:00 Lunch</p> <p>1:00 Cards &amp; Games</p>
<p><b>20</b></p> <p>10:00 Skip Bo Card Game</p> <p>10:30 Free Hearing Aid Cleaning</p> <p>11:00 Don't Be Fooled by Current Scams; Better Business Bureau, Nancy Hendricks, Senior Relations Specialist</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>	<p><b>21</b></p> <p>10:00 Picture Brain Game</p> <p>11:00 Make a Dish Towel Angel; Myndi; Swanton Healthcare</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>	<p><b>15</b></p> <p>10:00 SkipBo Card Game</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>	<p><b>16</b></p> <p><b>Dress Crazy for Crazy Bingo with Pastor Teresa</b></p> <p>10:00 Seven Up Card Game</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Cards &amp; Games</p>	<p><b>17</b></p> <p>10:00 Trash Card Game</p> <p>11:00 Games from the Brain Game Box</p> <p>12:00 Lunch</p> <p>1:00 More Games</p>
<p><b>27</b></p> <p><b>CLOSED MEMORIAL DAY</b></p>	<p><b>28</b></p> <p>10:00 Uno Card Game</p> <p>11:00 Lynn Ritter, Alzheimer's Association, Healthy Living for Your Body &amp; Brain</p> <p>12:00 Lunch</p> <p>1:00 Cards &amp; Games</p>	<p><b>22</b></p> <p>10:00 Phase 10 Card Game</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Cards &amp; Games</p>	<p><b>23</b></p> <p><b>Day Trip, National Museum of Great Lakes</b></p> <p>10:00 Trash Card Game</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Games</p>	<p><b>24</b></p> <p>10:00 Golf Card Game</p> <p>11:00 Civil War Music Program; Vickie Halsey on Dulcimer</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>
	<p><b>29</b></p> <p>10:00 Rummikub Board Game</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Games</p>	<p><b>29</b></p> <p>10:00 Rummikub Board Game</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Games</p>	<p><b>30</b></p> <p><b>Day Trip, Sylvania Underground Railroad</b></p> <p>10:00 Extended Bingo</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p><b>31</b></p> <p>10:00 Shut the Box Dice Game</p> <p>11:00 Make a Dish Towel Angel; Myndi; Swanton Healthcare</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>

**ARCHBOLD - SCOUT CABIN  
INSIDE RUIHLEY PARK,  
W. WILLIAMS ST.  
TUES. & FRI.**

**ARCHBOLD / FAYETTE  
ACTIVITIES**

**FAYETTE - FAMILY LIFE CENTER  
306 E. MAIN STREET  
MON., WED., & THURS.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10:00 SlapJack Card Game 11:00 Games from the Brain Game Box 12:00 Lunch 1:00 Cards</p>	<p>10:00 Chit Chat 11:00 Lynn Ritter, Alzheimer's Association, Healthy Living for Your Body &amp; Brain 12:00 Lunch 1:00 Games</p>	<p>10:00 Cards 11:00 Music by Will Hinton 12:00 Lunch 1:00 Games</p>	<p>10:00 Site Council 10:30 Bingo 12:00 Lunch with Birthday Cake 1:00 Cards &amp; Games</p>	<p>10:00 Site Council 10:30 Bingo 12:00 Lunch with Birthday Cake 1:00 Puzzles</p>
<p>10:00 Tenzi Dice Game 11:00 What's In The Green Bag? Game 12:00 Lunch 1:00 Cards &amp; Games</p>	<p>10:00 Chit Chat 11:00 Lynn Ritter, Alzheimer's Association, Healthy Living for Your Body &amp; Brain 12:00 Lunch 1:00 Games</p>	<p>10:00 Sip &amp; Socialize 11:00 Beat the Heat: Are You An Energy Saver? Amy Carles, Ohio Consumers' Counsel 12:00 Lunch 1:00 Cards &amp; Games</p>	<p>10:00 Site Council 10:30 Bingo 12:00 Lunch with Birthday Cake 1:00 Cards &amp; Games</p>	<p>10:30 Bingo 12:00 Lunch 1:00 Word Search</p>
<p>10:00 Seven Up Card Game 11:00 "Just So You Know," &amp; Free BP Checks; Fulton Co. Health Dept. (Note Date Change) 12:00 Lunch 1:00 Games</p>	<p>10:00 Sip &amp; Socialize 11:00 "Just So You Know," &amp; Free BP Checks; Fulton Co. Health Dept. 12:00 Lunch 1:00 Puzzles</p>	<p>10:00 Hidden Pictures 11:00 Reminisce, a Game of Memories 12:00 Lunch 1:00 Puzzles</p>	<p>10:00 Coffee with Friends 10:30 Bingo 12:00 Lunch 1:00 Word Search</p>	<p>10:30 Bingo 12:00 Lunch 1:00 Games</p>
<p><b>CLOSED MEMORIAL DAY</b></p>	<p>10:00 Cards 11:00 Beat the Heat: Are You An Energy Saver? Amy Carles, Ohio Consumers' Counsel 12:00 Lunch 1:00 Word Search</p>	<p>10:00 Chit Chat 11:00 Games from the Brain Game Box 12:00 Lunch 1:00 Word Search</p>	<p>10:00 Site Council 10:30 Bingo 12:00 Lunch with Birthday Cake 1:00 Cards &amp; Games</p>	<p>10:30 Bingo 12:00 Lunch 1:00 Cards &amp; Games</p>
	<p>10:00 Cards 11:00 Musical Civil War Program; Vickie Halsey, Dulcimer 12:00 Lunch 1:00 Games</p>	<p>10:00 Chit Chat 11:00 Games from the Brain Game Box 12:00 Lunch 1:00 Word Search</p>	<p>10:00 Site Council 10:30 Bingo 12:00 Lunch with Birthday Cake 1:00 Cards &amp; Games</p>	<p>10:30 Bingo 12:00 Lunch 1:00 Pepper</p>



Forwarding and return postage guaranteed  
Address service requested  
Postmaster: Send address changes to:  
Fulton County Senior Center  
240 Clinton Street  
Wauseon, OH 43567-1109

 If you or a family member would like to receive this newsletter by e-mail, please contact us at [kschroeder@fultoncountyoh.com](mailto:kschroeder@fultoncountyoh.com).

**DATED MATERIAL - DELIVER BEFORE MAY 1, 2019**

**FULTON COUNTY SENIOR CENTER STAFF**

Director.....	Sheri Rychener
Receptionist.....	Karen Schroeder
Information & Referral Specialist.....	Valerie Edwards
Administrative Assistant.....	Chris Sager
Vehicle Maintenance Supervisor.....	Wes Green
Housekeeping Program Manager.....	Laura Ankney
Head Cook/Kitchen Manager.....	Kyle Wilcoxon
Assistant Cook.....	Deb Villalovos
Food Program Manager.....	Deb Myers
Kitchen Aides.....	Sherry Bittinger, Sandy Lemley, Maryann Griffin
Activity Coordinator.....	Vicki Hoylman
Activity Support Staff.....	Beth Ricker-Flory
Volunteer Coordinator.....	Brooke Bosco
Site Manager, Archbold/Fayette.....	Linda Holly
Site Aide, Archbold/Fayette.....	Dorothy Bock
Site Manager, Delta/Swanton.....	Jeanne Ortiz
Site Aide, Delta/Swanton.....	Claudia Overmyer
Custodian.....	Danni Smith, Andrea Coburn
Meal Delivery.....	Judy Thourot, Dave Smith, Kim Machinski, Juan Avina, Bill Sigg, Jeffrey Waidelich
Substitutes.....	James Davis, Brenda Hauck, James Mapes, Tim Gorsuch, Angela Johnston, Andrea Coburn Aimee Roth, Alice Smallman, Peggy Wilson, Joe Sutton, James Baldwin, Robert Shaw, Vicki Kline, Butch Kline Erin Cheesbro, Sharon McCabe, Chad Hayward, Karen James, Deb Gabel, Anita Ehrsam

The Fulton County Senior Center is a program of the Fulton County Commissioners, funded through levy money, donations, and under a grant, administered by the Ohio Department of Aging and the Area Office on Aging.

Please direct all calls/inquiries to our main number at 419-337-9299.

Wauseon Site	M – F	8:00 am – 4:00 pm
Archbold Site	T and F	9:00 am – 2:00 pm
Delta Site	T and Th	9:00 am – 2:00 pm
Fayette Site	M, W, Th	9:00 am – 2:00 pm
Swanton Site	M, W, F	9:00 am – 2:00 pm