

SERVING CITIZENS OF FULTON COUNTY 60 YEARS & OVER

# SENIOR



**APRIL 2019**

Fulton County Senior Center  
240 Clinton St., Wauseon, Ohio 43567  
Phone: 419-337-9299 • Fax: 419-337-9289 • Hours: 8am-4pm

## SENIOR NEWS

### UPCOMING EVENTS - ALL SITES INVITED

- Sat. April 6** – Magician Stuart MacDonald, Crowell Theater, Adrian
- Thurs. April 11** – Shopping at Goodwill in Ottawa & Napoleon
- Fri. April 19** – Good Friday breakfast
- Tues. April 23** – Senior Center Choir to Delta Senior Center
- Thurs. May 9** – Toledo Museum of Art, trip 4 of 4
- Tues. May 14** – Special Veterans Exhibit, Eyes of Freedom, Museum of Fulton County
- May 14 to June 18** – Diabetes Empowerment Education Program, Wauseon Site

Happy  
Easter

## SENIOR SPOTLIGHT

Alice Wynja of Wauseon views the senior centers of Fulton County as “necessary and an adventure.” In June 2018, Alice was invited to the Swanton Senior Center. She enjoyed it and started attending regularly. Seniors soon invited her to try the Delta Senior Center, the Wauseon site and to become a volunteer at Delta’s Open Door Thrift Store. “I joined the choir that meets at Fulton County Senior Center, Wauseon, and I now volunteer at Open Door. I am leading an oil painting class at the Wauseon site. I think in the past year I have probably met 100 new people!”

“At our senior centers, you can sit down at a table and visit, play a game (Alice loves Scrabble and Bunco), go on trips and get to know others,” Alice said. She appreciates the opportunities to socialize and build relationships.

In her spare time, Alice enjoys spending time with her seven grandchildren, oil painting and Bible study. Her faith in God has helped her deal with loss. “I’m reminded of the healing value of reaching out and building new relationships, like those I have found in the senior centers,” Alice explained. She will soon celebrate 49 years of marriage to her husband, Jim.

As for leading the oil painting classes, Alice said, “We may not be painting the ceiling of the Sistine Chapel by the time we’re done, but we will have SO MUCH FUN!”



## • FULTON COUNTY SENIOR CENTER PROGRAMS & SERVICES •

Information and Referral • Congregate Nutrition Site • Home Delivered Meals • Skill Development Programs  
Fitness & Wellness Programs • Social & Recreation Programs • Transportation • Housekeeping • Education  
Monthly Newsletter • Support Groups • Health Screens and Services • Volunteer Opportunities

## 2018 MEDICARE OPEN ENROLLMENT RECAP

The 2018 Medicare Open Enrollment period was very successful here in Fulton County. Val met with 320 seniors during open enrollment to review Medicare drug and advantage. With Val's help, many seniors found a Prescription Drug Plan or a Medicare Advantage Plan that helped save them money and get more coverage for their needs. This is especially important for those whose medications may have changed throughout the year and their current drug plan was not covering the changes. Other reasons to check your drug plan/advantage plan annually include increases in premiums, deductibles, and co-pays. Appointments can really pay off, as a total of over \$99,000 was saved for Fulton County Seniors this year. Medicare Open Enrollment is each year from October 15 to December 7. Appointments are mandatory during this time and go fast, so please mark your calendars and remember to give us a call in September to schedule your comparison. Thank you to all who helped make this year's Open Enrollment such a success and as always please keep in mind that Val is available to assist you with questions on Medicare and related topics. Call her at 419-337-9299 to schedule an appointment.

## GOOD FRIDAY BREAKFAST

Fulton County Seniors are invited to the Fulton County Senior Center, Wauseon, on Friday, April 19 for Good Friday Breakfast. Serving starts at 8:30 am. Enjoy a menu of egg casserole, biscuits & gravy, fruit, doughnuts and beverages. Suggested donation \$2.00 for Fulton Co. seniors age 60 and over, \$3.50 for all others. Please make your breakfast reservation at 419-337-9299.

## Congratulations

In December, eight seniors walked laps in the Fulton County Senior Center gym and recorded their steps. Nearly 150,000 steps were recorded. Congratulations to the top three walkers, Ruth Ann Vereecke, Martie Peck and Joan Merrill.

## SOCIAL SECURITY WON'T CALL YOU

Be aware of a scam that is affecting seniors in northwest Ohio. Seniors are reporting phone calls claiming to be from the Social Security Administration (SSA). The callers usually state that, due to improper or illegal activity with a citizen's Social Security number (SSN) or account, a citizen will be arrested or face other legal action if they fail to call a provided phone number to address the issue. **These calls are scams.** The SSA does NOT threaten citizens for information. They will NOT say you face legal action or arrest if you do not comply with their requests, and most importantly, they normally only contact someone by phone with whom they have ongoing business. If you receive a call out of the blue that uses threatening language, hang up. It's a scam. Some scammers have even gone as far as to "spoof" phone numbers to appear as though they come from the SSA. For more information in a lengthier article, Google the following sentence: SSA warns public about fraudulent phone calls scam

*Source: Farmers & Merchants State Bank*

## VALUABLE VOLUNTEER

Thank you to students at Fayette Elementary, Delta Elementary and St. Richards Catholic School for creating handmade Valentine's Day cards for our seniors. Teachers, thank you for guiding and encouraging your students in this project. You made Valentine's Day sweeter. Pictured, students from Fayette's Second Grade class.



## FREE DIABETES EDUCATION CLASSES

If you or a loved one has diabetes, you are invited to join a free class at Fulton County Senior Center. Robert Sullivan, of the Area Office on Aging, will lead the Diabetes Empowerment Education Program, also known as DEEP, starting Tuesday, May 14, from 9:30-11:45 a.m. This is a FREE six-week class that will meet Tuesdays through June 18 at the Fulton County Senior Center, 240 Clinton St., Wauseon. The curriculum will cover self-management of diabetes; weight control; eating well with diabetes; and the role of medications with a diabetes diagnosis, among other topics. For more information and to sign up, contact Beth at 419-337-9299.

**WAUSEON HIGHLIGHTS**

**Golden Drummers:** Monday & Friday am

**Choir Practice:** Tuesday at 1:00 pm

**Tai Chi:** every Tuesday and Thursday

**Pickleball:** Tuesdays and Fridays

**Pepper:** Wednesday pm

**Bingo:** Thursday mornings

**Birthday Party:** first Friday

**Line Dancing:** Monday pm

**Gentle Movement:** see calendar

**Free Hearing Aid Cleaning:** April 1 at 10:30 am

**Toenail Clinic:** May 22.

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

**ARCHBOLD HIGHLIGHTS**

**Bingo:** Fridays

**Blood Pressure Check:** April 16

**Birthday Lunch:** first Friday

**Toenail Clinic:** April 16

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

**DELTA HIGHLIGHTS**

**Bingo:** Thursdays

**Blood Pressure Check:** second Tuesday

**Birthday Lunch:** first Thursday

**FAYETTE HIGHLIGHTS**

**Bingo:** Thursdays

**Blood Pressure Check:** April 22

**Birthday Lunch:** first Thursday

**Toenail Clinic:** April 22.

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

**SWANTON HIGHLIGHTS**

**Bingo:** Wednesdays

**Birthday Lunch:** first Wednesday

**Blood Pressure Check:** second Monday

**Free Hearing Aid Cleaning:** April 15 at 10:30 am

**DID YOU KNOW?**

In 2018, the total number of meals served by the Fulton County Senior Center was 118,178. The total number of seniors served was 1207. That's an average of nearly 2300 meals per week! Meals for home delivery and all five Senior Center sites are prepared in our Wauseon kitchen.

**WHERE'S VAL?**

On Wednesday, April 10, 2019, Val Edwards, Information & Referral Specialist, will take appointments at the Delta Library from 10:00 am to noon. Get help understanding Medicare and Social Security issues, insurance, bills, completing applications, and more. Thursday, April 18, meet Val at the Swanton Library from 10:00 am to noon, by appointment only. Tuesday, April 23 is your chance to meet with Val at the Evergreen Library in Metamora from 10:00 am to noon, by appointment. On Thursday, April 25, Val will be at Wyse Commons on Archbold's Fairlawn campus meeting with seniors who have scheduled appointments. Val is available most weekdays to meet with seniors by appointment at the Fulton County Senior Center, 240 Clinton Street, Wauseon. Val's services are offered at no cost to seniors in partnership with Wyse Commons and the local libraries. Please make an appointment in advance with Val for any of these dates by calling 419-337-9299.

# APRIL, 2019

# LUNCH CALENDAR

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (Items must be ordered at least one week in advance)  
 LF Alt = Low Fat Alternate (Items must be ordered at least one week in advance)

**SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Swiss Steak Mashed Potatoes Green & Wax Beans Fresh Fruit	<b>2</b> Shepherd's Pie Steamed Broccoli Fruit Crunch Yogurt	<b>3</b> Creamed Chipped Beef Mashed Potatoes California Blend Vegetable Peaches	<b>4</b> Beef Stroganoff Egg Noodles Brussels Sprouts Apple Sauce Juice	<b>5</b> Chicken Breast Sandwich O'Brien Potatoes Buttered Beets Fruit Salad  <b>Wauseon Only: Fish Sandwich</b>
<b>8</b> Chicken Alfredo Pasta Steamed Carrots Peas Pineapple	<b>9</b> Country Fried Steak W/Country Gravy Mashed Potatoes Succotash Apricots	<b>10</b> Broccoli Soup Cold Cut Sandwich Marinated Carrots Five Cup Salad	<b>11</b> Beef & Noodles Mashed Potatoes Green Beans Pears Pie	<b>12</b> Stuffed Chicken Breast Long Grain & Wild Rice Cook's Choice Vegetable Fresh Grapes Juice  <b>Wauseon Only: Baked Fish</b>
<b>15</b> Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Winter Blend Vegetable Dark Sweet Cherries	<b>16</b> Burgers Potato Chips Ranch Style Beans Fruit Crisp Juice	<b>17</b> Pasta w/Meat Sauce Italian Blend Vegetable Cream Style Corn Bananas	<b>18</b> Cheesy Potato Soup Chicken Salad Sandwich Green Salad Jell-O	<b>19</b> Good Friday Breakfast Serving Starts at 8:30 am *Call 419.337.9299 for reservations* No Lunch Served Site Closes at Noon
<b>22</b> Beef Pot Roast Boiled Potatoes Carrots Orange Segments	<b>23</b> Steamed Franks (LS Alt=Turkey Franks) Baked Beans Mixed Vegetables Tropical Fruit	<b>24</b> Sausage, Egg & Cheese Breakfast Sandwich Hash Brown Casserole Baked Apples Juice	<b>25</b> Smothered Chicken Mashed Potatoes Sugar Snap Peas Cranberry Relish	<b>26</b> Chili w/Beans Corn Nuggets Tossed Salad Pineapple Cookies  <b>Sites Only: Taco Day</b>
<b>29</b> Sausage & Kraut (LS Alt=Pork Loin) Smashed Red Potatoes Peas w/Onions Fresh Fruit	<b>30</b> BBQ Beef Sandwich Roasted Potatoes Cole Slaw Apple Sauce			

**WAUSEON ACTIVITIES**  
MONDAY THRU FRIDAY

**FULTON COUNTY SENIOR CENTER**  
240 CLINTON ST. / WAUSEON, OH 43567  
419.337.9299

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b></p> <p>9:30 Gentle Movement (Gym) 10:30 Free Hearing Aid Cleaning 10:45 Golden Drummers 11:00 Try a New Trivia Game: "Things They Don't Teach You In School" 12:00 Lunch 1:00 Line Dancing</p>	<p><b>2</b></p> <p>8:00 to 10:30 Pickleball 10:00 Cards 11:00 Music by Will Hinton 11:00 Tai Chi (Gym) 12:00 Lunch 1:00 Tai Chi (Gym) 1:00 Choir Practice</p>	<p><b>3</b></p> <p>9:30 Gentle Movement (Gym) 11:00 Try a New Game: Kings in the Corner 12:00 Lunch 1:00 Pepper (Bingo Room)</p>	<p><b>4</b></p> <p>10:15 Bingo 11:00 Tai Chi (Gym) 12:00 Lunch 1:00 Tai Chi (Gym) 1:00 to 2:30 Oil Painting Class (Reservation Required; Bingo Room)</p>	<p><b>5</b></p> <p>10:30 Golden Drummers (Gym) 11:00 Site Council 12:00 Lunch 12:30 Birthday Party 1:00 to 3:00 Gym Open for Pickleball 1:00 to 2:30 Oil Painting Class (Optional Second Day; Bingo Room)</p>
<p><b>8</b></p> <p>9:30 Gentle Movement (Gym) 10:45 Golden Drummers 11:00 Hidden Pictures 12:00 Lunch 1:00 Line Dancing</p>	<p><b>9</b></p> <p>8:00 to 10:30 Pickleball 11:00 Try a New Trivia Game: "I Should Have Known That" 11:00 Tai Chi (Gym) 12:00 Lunch 1:00 Tai Chi (Gym) 1:00 Choir Practice</p>	<p><b>10</b></p> <p><b>Wear Blue for Child Abuse Awareness</b> 9:30 Gentle Movement (Gym) 11:00 Self-care &amp; Stress Management for Seniors; Marriah with Buckeye Health 12:00 Lunch 1:00 Pepper (Bingo Room)</p>	<p><b>11</b></p> <p><b>Day Trip; Shopping at Goodwill in Ottawa &amp; Napoleon</b> 10:15 Bingo 11:00 Tai Chi (Gym) 12:00 Lunch 1:00 Tai Chi (Gym) 1:00 to 2:30 Oil Painting Class (Reservation Required; Bingo Room)</p>	<p><b>12</b></p> <p>10:30 Golden Drummers (Gym) 12:00 Lunch 1:00 Sequence 1:00 to 3:00 Gym Open for Pickleball 1:00 to 2:30 Oil Painting Class (Optional Second Day; Bingo Room)</p>
<p><b>15</b></p> <p>No Gentle Movement 10:45 Golden Drummers 11:00 Fulton Co. Health Dept., Free BP Checks 12:00 Lunch 1:00 Line Dancing</p>	<p><b>16</b></p> <p>8:00 to 10:30 Pickleball 11:00 Try a New Game: Qwirkle 11:00 Tai Chi (Gym) 12:00 Lunch 1:00 Tai Chi (Gym) 1:00 Choir Practice 1:30 OPERS (Bingo Room)</p>	<p><b>17</b></p> <p><b>Wear Senior Center Shirt or Hat</b> No Gentle Movement 10:00 Cards 11:00 Bird Facts; Myndi, Swanton Health Care 12:00 Lunch 1:00 Pepper (Bingo Room)</p>	<p><b>18</b></p> <p>10:15 Bingo with Guests from Fulton Manor/ Suites 11:00 Tai Chi (Gym) 12:00 Lunch 1:00 Tai Chi (Gym)</p>	<p><b>19</b></p> <p><b>Good Friday Breakfast</b> <b>Serving Starts at 8:30 am</b> <b>*Call 419.337.9299 for reservations*</b> <b>CLOSED AT NOON; No Lunch Served</b> <b>No Golden Drummers</b></p>
<p><b>22</b></p> <p>No Gentle Movement 10:45 Golden Drummers 11:00 Picture Brain Game 12:00 Lunch 1:00 Line Dancing</p>	<p><b>23</b></p> <p>8:00 to 10:30 Pickleball 10:00 (Bus Leaves) Senior Center Choir to Delta Senior Center 11:00 Lynn Ritter, Alzheimer's Association, Understanding Alzheimer's &amp; Dementia 11:00 Tai Chi (Gym) 12:00 Lunch 1:00 Tai Chi (Gym) 1:00 Choir Practice</p>	<p><b>24</b></p> <p><b>Wear Pastel Colors for Spring</b> 9:30 Gentle Movement (Gym) 10:00 Cards 11:00 Gym Closed for County Event 12:00 Lunch 1:00 Pepper (Bingo Room)</p>	<p><b>25</b></p> <p><b>Day Trip, Toledo Police Museum</b> 9:45 Extended Bingo 11:00 Tai Chi (Gym) 12:00 Lunch 1:00 Tai Chi (Gym)</p>	<p><b>26</b></p> <p>10:30 Golden Drummers (Gym) 12:00 Lunch 1:00 Sequence 1:00 to 3:00 Gym Open for Pickleball</p>
<p><b>29</b></p> <p>9:30 Gentle Movement (Gym) 10:45 Golden Drummers 11:00 Don't Be Scammed! Better Business Bureau, Nancy Hendricks 12:00 Lunch 1:00 Line Dancing</p>	<p><b>30</b></p> <p>8:00 to 10:30 Pickleball 11:00 Music by Michael Buck 11:00 Tai Chi (Gym) 12:00 Lunch 1:00 Tai Chi (Gym) 1:00 Choir Practice</p>			

# DELTA / SWANTON ACTIVITIES

**DELTA-101 NORTHWOOD DR.  
UNITED METHODIST CHURCH  
TUES. & THURS.**

**SWANTON  
217 CHESTNUT ST.  
MON., WED., & FRI**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b> 10:00 Hidden Pictures 11:00 Why Seniors Fall &amp; How to Prevent Falls; University of Toledo Medical Center Program 12:00 Lunch 1:00 Cards &amp; Games</p>	<p><b>2</b> 10:00 Cards 11:00 Free Concert by Nostalgia Men 12:00 Lunch 1:00 Cards &amp; Games</p>	<p><b>3</b> 10:00 Site Council 10:30 Bingo 12:00 Lunch with Birthday Cake Provided by Swanton Healthcare 1:00 Word Games</p>	<p><b>4</b> 10:00 Site Council 10:30 Bingo 12:00 Lunch with Birthday Cake 1:00 Puzzles</p>	<p><b>5</b> 10:00 Cards 11:00 Are You an Energy Saver? Amy Carles, Ohio Consumers' Counsel 12:00 Lunch 1:00 Games</p>
<p><b>8</b> 10:00 Plexer Picture Game 11:00 "Just So You Know," &amp; Free BP Checks; Fulton Co. Health Dept. 12:00 Lunch 1:00 Cards &amp; Games</p>	<p><b>9</b> 10:00 Cards 11:00 "Just So You Know," &amp; Free BP Checks; Fulton Co. Health Dept. 12:00 Lunch 1:00 Word Games</p>	<p><b>10</b> Wear Blue for Child Abuse Awareness 10:00 Cards 10:30 Bingo 12:00 Lunch 1:00 Puzzles</p>	<p><b>11</b> Day Trip; Shopping at Goodwill, Ottawa &amp; Napoleon No Hearing Aid Cleaning 10:30 Bingo with Delta School Caller 12:00 Lunch 1:00 Games</p>	<p><b>12</b> 10:00 Games 11:00 Local Birds; Facts &amp; Information with Myndi, Swanton Healthcare 12:00 Lunch 1:00 Cards</p>
<p><b>15</b> 10:00 Bunco (Note Time) 10:30 Free Hearing Aid Cleaning 12:00 Lunch 1:00 Word Games</p>	<p><b>16</b> 10:00 Hidden Pictures 11:00 Are You an Energy Saver? Amy Carles, Ohio Consumers' Counsel 12:00 Lunch 1:00 Puzzles</p>	<p><b>17</b> Wear Senior Center Shirt or Hat 10:00 Cards 10:30 Spring Clean Bingo (Bring items for the prize table you no longer need after your Spring cleaning) 12:00 Lunch 1:00 Games</p>	<p><b>18</b> Wear Senior Center Shirt or Hat 10:30 Spring Clean Bingo (Bring items for the prize table you no longer need after your Spring cleaning) 12:00 Lunch 1:00 Cards</p>	<p><b>19</b> Swanton Senior Center is Closed. Join us for Good Friday Breakfast at Fulton Co. Senior Center, 240 Clinton Street, Wauseon. Call 419.337.9299 for reservations.</p>
<p><b>22</b> 10:00 Coffee Klatch 11:00 Lynn Ritter, Alzheimer's Association, Understanding Alzheimer's &amp; Dementia 12:00 Lunch 1:00 Puzzles</p>	<p><b>23</b> 10:00 Cards 11:00 Music by Senior Center Choir 12:00 Lunch 1:00 Games</p>	<p><b>24</b> Wear Pastel Colors for Spring 10:00 Cards 10:30 Bingo 12:00 Lunch 1:00 Cards</p>	<p><b>25</b> Day trip; Toledo Police Museum Wear Pastel Colors for Spring 10:00 Extended Bingo 12:00 Lunch 1:00 Cards &amp; Games</p>	<p><b>26</b> 10:00 Games 11:00 Overcoming "The Blues" &amp; Depression, Susan Dittes 12:00 Lunch 1:00 Word Games</p>
<p><b>29</b> 10:00 Canasta 11:00 More Canasta 12:00 Lunch 1:00 Games</p>	<p><b>30</b> 10:00 Cards 11:00 Local Birds; Facts &amp; Information with Myndi, Swanton Healthcare 12:00 Lunch 1:00 Cards</p>			

**ARCHBOLD - SCOUT CABIN  
INSIDE RUIHLEY PARK,  
W. WILLIAMS ST.  
TUES. & FRI.**

**ARCHBOLD / FAYETTE  
ACTIVITIES**

**FAYETTE - FAMILY LIFE CENTER  
306 E. MAIN STREET  
MON., WED., & THURS.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b> 10:00 Wacky Wordies Game 11:00 Hidden Pictures 12:00 Lunch 1:00 Word Games</p>	<p><b>2</b> 10:00 Pepper 11:00 Rummy By Request 12:00 Lunch 1:00 Cards &amp; Games</p>	<p><b>3</b> 10:00 Cards 11:00 Five Crowns Card Game 12:00 Lunch 1:00 Puzzles</p>	<p><b>4</b> 10:00 Site Council 10:30 Bingo 12:00 Lunch with Birthday Cake 1:00 Cards</p>	<p><b>5</b> 10:00 Site Council 10:30 Bingo 12:00 Lunch with Birthday Cake 1:00 Games</p>
<p><b>8</b> 10:00 Hidden Pictures 11:00 "I Should Have Known That" Trivia Game 12:00 Lunch 1:00 Cards &amp; Games</p>	<p><b>9</b> 10:00 Hidden Pictures 11:00 Music by Will Hinton 12:00 Lunch 1:00 Puzzles</p>	<p><b>Wear Blue for Child Abuse Awareness</b> 10:00 Brain Game 11:00 Hidden Pictures 12:00 Lunch 1:00 Cards</p>	<p><b>Day Trip: Shopping at Goodwill, Ottawa &amp; Napoleon</b> 10:30 Bingo 12:00 Lunch 1:00 Games</p>	<p><b>Wear Pastel Colors for Spring</b> 10:30 Bingo 12:00 Lunch 1:00 Word Games</p>
<p><b>15</b> 10:00 Cards 11:00 Don't Be Fooled by Current Scams; Better Business Bureau, Nancy Hendricks, Senior Relations Specialist 12:00 Lunch 1:00 Puzzles</p>	<p><b>9:30</b> Toe Nail Clinic (By Appointment) 11:00 "Just So You Know," &amp; Free BP Checks; Fulton Co. Health Dept. 12:00 Lunch 1:00 Cards</p>	<p><b>Wear Pastel Colors for Spring</b> 10:00 Hidden Pictures 11:00 Lynn Ritter, Alzheimer's Association, Understanding Alzheimer's &amp; Dementia 12:00 Lunch 1:00 Games</p>	<p>10:30 Bingo 12:00 Lunch 1:00 Word Games</p>	<p><b>19</b> <b>Archbold Site Closed.</b> <b>Make a Reservation and join us for the Good Friday Breakfast at Fulton Co. Senior Center, Wauseon</b></p>
<p><b>22</b> 9:30 Toe Nail Clinic (By Appointment) 10:00 Cards 11:00 "Just So You Know," &amp; Free BP Checks; Fulton Co. Health Dept. 12:00 Lunch 1:00 Cards</p>	<p><b>10:00</b> Pepper 11:00 Bunny Brigade; Sunshine Community Members will Bring Bunnies 12:00 Lunch 1:00 Games</p>	<p><b>10:00</b> Hidden Pictures 11:00 Kings in the Corner Card Game 12:00 Lunch 1:00 Word Games</p>	<p><b>Day Trip, Toledo Police Museum</b> <b>Wear Senior Center Shirt or Hat</b> 10:00 Extended Bingo 12:00 Lunch 1:00 Cards &amp; Games</p>	<p><b>Wear Senior Center Shirt or Hat</b> 10:30 Bingo 12:00 Lunch 1:00 Puzzles</p>
<p><b>29</b> 10:00 Cards 11:00 Trivia Game: "Things They Don't Teach You in School" 12:00 Lunch 1:00 Games</p>	<p><b>10:00</b> Pepper 11:00 Zingo 12:00 Lunch 1:00 Word Games</p>			



Forwarding and return postage guaranteed  
Address service requested  
Postmaster: Send address changes to:  
Fulton County Senior Center  
240 Clinton Street  
Wauseon, OH 43567-1109

 If you or a family member would like to receive this newsletter by e-mail, please contact us at [kschroeder@fultoncountyoh.com](mailto:kschroeder@fultoncountyoh.com).

**DATED MATERIAL - DELIVER BEFORE APRIL 1, 2019**

**FULTON COUNTY SENIOR CENTER STAFF**

Director.....	Sheri Rychener
Receptionist.....	Karen Schroeder
Information & Referral Specialist.....	Valerie Edwards
Administrative Assistant.....	Chris Sager
Vehicle Maintenance Supervisor.....	Wes Green
Housekeeping Program Manager.....	Laura Ankney
Head Cook/Kitchen Manager.....	Kyle Wilcoxon
Assistant Cook.....	Deb Villalovos
Food Program Manager.....	Deb Myers
Kitchen Aides.....	Sherry Bittinger, Sandy Lemley, Maryann Griffin
Activity Coordinator.....	Vicki Hoylman
Activity Support Staff.....	Beth Ricker-Flory
Volunteer Coordinator.....	Brooke Bosco
Site Manager, Archbold/Fayette.....	Linda Holly
Site Aide, Archbold/Fayette.....	Dorothy Bock
Site Manager, Delta/Swanton.....	Jeanne Ortiz
Site Aide, Delta/Swanton.....	Claudia Overmyer
Custodian.....	Danni Smith, Andrea Coburn
Meal Delivery.....	Judy Thourot, Dave Smith, Kim Machinski, Juan Avina, Bill Sigg, Jeffrey Waidelich
Substitutes.....	James Davis, Brenda Hauck, James Mapes, Tim Gorsuch, Angela Johnston, Andrea Coburn Aimee Roth, Alice Smallman, Peggy Wilson, Joe Sutton, James Baldwin, Robert Shaw, Vicki Kline, Butch Kline Erin Cheesbro, Sharon McCabe, Chad Hayward, Karen James, Deb Gabel, Anita Ehrsam

The Fulton County Senior Center is a program of the Fulton County Commissioners, funded through levy money, donations, and under a grant, administered by the Ohio Department of Aging and the Area Office on Aging.

Please direct all calls/inquiries to our main number at 419-337-9299.

Wauseon Site	M – F	8:00 am – 4:00 pm
Archbold Site	T and F	9:00 am – 2:00 pm
Delta Site	T and Th	9:00 am – 2:00 pm
Fayette Site	M, W, Th	9:00 am – 2:00 pm
Swanton Site	M, W, F	9:00 am – 2:00 pm