

SERVING CITIZENS OF FULTON COUNTY 60 YEARS & OVER

# SENIOR

**NOVEMBER 2018**

Fulton County Senior Center

240 Clinton St., Wauseon, Ohio 43567

Phone: 419-337-9299 • Fax: 419-337-9289 • Hours: 8am-4pm



## SENIOR NEWS

### UPCOMING EVENTS - ALL SITES INVITED

- Nov 1** – Special Tour at Toledo Museum of Art
- Nov 2** – “Taste of the States,” Penta County Culinary
- Nov 9** – Veterans Breakfast at St. Caspar
- Nov 9** – Archbold & Swanton Sites Closed

- Nov 12** – Closed for Veterans Day
- Nov 22 & 23** – Closed for Thanksgiving
- Dec 12** – Day trip to Victoria’s Gifts & More
- Dec 12** – Free Concert by Nostalgia, Wauseon Site

## SENIOR SPOTLIGHT



### ANNUAL VETERANS BREAKFAST

All Fulton County seniors are invited to a Veterans Breakfast on Friday, November 9 at 9:00 am at St. Caspar Catholic Church, Shoop Ave., Wauseon. Free breakfast served at your seat for all Fulton County veterans and spouses age 60 and over. All seniors are welcome! Suggested \$2.00 donation for seniors who are neither veterans nor spouses of veterans. Patriotic program will include music by a brass ensemble and special speakers. Please note, space is limited to the first 325. You must call 419-337-9299 by November 5 to make your breakfast reservations. Menu will include sausage/ egg/ cheese croissant sandwich, French toast casserole, fruit, pastry, coffee, milk and juice. Valet parking is available. The Archbold and Swanton Senior Center sites will be closed. No meal served at the Fulton County Senior Center, Wauseon. Please note the location of this event and call early to secure your seat.

## • FULTON COUNTY SENIOR CENTER PROGRAMS & SERVICES •

Information and Referral • Congregate Nutrition Site • Home Delivered Meals • Skill Development Programs  
Fitness & Wellness Programs • Social & Recreation Programs • Transportation • Housekeeping • Education  
Monthly Newsletter • Support Groups • Health Screens and Services • Volunteer Opportunities

**WHERE'S VAL?**

It's November, which means Medicare Open Enrollment is under way! Val Edwards, Information & Referral Specialist, will be available for extended hours at the following locations to focus on Medicare Open Enrollment. Please make an appointment well in advance with Val for any of these dates by calling 419-337-9299.

Wednesday, November 14, from 10:00 am to 3:00 pm at the Delta Library

Thursday, November 15, from 10:00 am to 3:00 pm at the Swanton Library

Tuesday, November 27, from 10:00 am to 3:00 pm at the Evergreen Library in Metamora

Val has some appointments available to meet with seniors at the Fulton County Senior Center, 240 Clinton Street, Wauseon. Val's services are offered at no cost to seniors in partnership with Wyse Commons and the local libraries.

**WINTER WEATHER IS JUST AROUND THE CORNER**

It's not too early to start planning for Ohio's unpredictable fall and winter weather. Take action now to keep a few shelf-stable meals in your kitchen in the unlikely event that our Senior Center closes. Also, once the snow starts to fly, remember to keep your driveway and sidewalks clear. Your meal delivery driver thanks you in advance for providing a safe way to bring your meal to your door. If we cancel activities or meals, you can expect to receive a phone call from our automated phone system. One Call Now will provide you with instructions in the event of a Level 2 or Level 3 snow emergency.

**CHANGE CLOCKS & BATTERIES**

Daylight Savings Time ends at 2:00 am on Sunday, November 4, and our clocks "fall back" one hour. It is a good idea to ask a family member, neighbor or property owner to replace the batteries in your smoke detectors when you change your clocks.

**PREPARE YOUR PANTRY FOR BAD WEATHER**

Ready-to-eat Breakfast Items:

- Cereal
- Dry milk (use bottled water if threat of contamination exists)
- Fresh fruit (apples, oranges, grapefruits, and bananas stay fresh for days to weeks)
- Canned or dried fruits
- Granola bars
- Protein bars

Ready-to-eat Lunch/Dinner Items:

- (Don't forget a hand-held can opener)
- Canned meats (tuna, chicken, Vienna sausages, Spam)
- Canned soups, broths
- Canned vegetables, beans
- Ready-to-eat Snack Items:
  - Nuts
  - Nut butters (peanut butter, almond butter, etc.)
  - Snack crackers (saltines, goldfish)
  - Pre-packaged cookies
  - Trail mix
  - Bottled or boxed juices
  - Bottled water

**USE YOUR GIFT AT THE SENIOR CENTER**

Calling all volunteers! How would you like to help? Call Bingo? Drive a senior to a local medical appointment? Teach a class or game or hobby? Volunteers are welcome at all of our five senior center sites. Tell us what your gift is and where you would like to help. You can only spare two hours a month? We can still use you! Contact Brooke to add your name to our list of valuable volunteers and start making a difference in the lives of local seniors today.

## WAUSEON HIGHLIGHTS

**Golden Drummers:** Monday & Friday am

**Choir Practice:** Tuesday at 1:00 pm

**Tai Chi:** every Tuesday and Thursday

**Food & Fitness:** November 6 & 20

**Pepper:** Wednesday at 1:00 pm

**Line Dancing:** see calendar

**Bingo:** Thursday mornings

**Birthday Party:** first Friday

**Gentle Movement:** see calendar

**Toenail Clinic:** November 14. Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

## SPECIAL MUSEUM TOURS

You are invited to sign up for one of four upcoming trips to the Toledo Museum of Art. Our Senior Center is partnering with the Toledo Museum of Art and Area Office on Aging to provide docent-led tours of special exhibits at the art museum. The tour dates will be November 1, 2018 and January 10, March 14 and May 9, 2019. Seniors will enjoy lunch at the Museum Café as well as time to browse museum displays on their own following lunch. Call Beth at 419-337-9299 to sign up.

## RESTRAIN DOGS

If you receive home-delivered meals and have a dog, please restrain the dog or put it in another room when your meal driver delivers your meal. The driver will not deliver if the dog is loose. Thank you for working with us to ensure safe delivery of your home-delivered meal.

## TRIP SIGN UP REMINDER

Space is limited for our local trips. We encourage you to sign up early if this is a high-interest trip for you. If the trip fills up, we will add your name to the waiting list and you might still have the opportunity to attend due to cancellations. If your name remains on the waiting list, you can be among the first seniors we call the next time the trip is offered.

## ARCHBOLD HIGHLIGHTS

**Bingo:** Fridays

**Blood Pressure Check:** November 26

**Birthday Lunch:** first Friday

**Toenail Clinic:** December 17

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

## FAYETTE HIGHLIGHTS

**Bingo:** every Thursday

**Blood Pressure Check:** third Tuesday

**Birthday Lunch:** first Thursday

**Toenail Clinic:** December 13

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

## DELTA HIGHLIGHTS

**Bingo:** every Thursday

**Blood Pressure Check:** November 13

**Birthday Lunch:** first Thursday

**Free Hearing Aid Cleaning:** November 8

## SWANTON HIGHLIGHTS

**Bingo:** every Wednesday

**Birthday Lunch:** first Wednesday

**Blood Pressure Check:** November 5

**Free Hearing Aid Cleaning:** November 10

# NOVEMBER, 2018

# LUNCH CALENDAR

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (Items must be ordered at least one week in advance)  
 LF Alt = Low Fat Alternate (Items must be ordered at least one week in advance)

**SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> Sloppy Joes Oven Fries Malibu Blend Vegetables Fruit Salad	<b>2</b> Baked Chicken Long Grain & Wild Rice Stewed Tomatoes Bananas Cranberry Juice
<b>5</b> Swedish Meatballs Egg Noodles Cooked Cabbage Crumb Topped Peaches Fresh Apple	<b>6</b> Chicken & Noodles Mashed Potatoes Green Beans Apricots Pudding	<b>7</b> Sausage & Kraut (LS Alt=Turkey Franks) Smashed Red Potatoes Winter Squash Fruit Juice	<b>8</b> Salisbury Steak Mashed Potatoes Seasoned Corn Apple Sauce  <b>Wauseon Site Only: add Liver &amp; Onions</b>	<b>9</b> <b>Home Delivery Only:</b> Cold Cuts & Cheese Lettuce & Tomato Kidney Bean Salad Ambrosia Orange Juice <b>Veterans Breakfast at St. Caspar:</b> <b>Reserve your spot at 419-337-9299</b>
<b>12</b> <b>CLOSED FOR VETERANS DAY</b>	<b>13</b> Sausage Patty Sandwich Hash Brown Casserole Succotash Pineapple Chunks Ice Cream	<b>14</b> Goulash Summer Squash Tossed Salad Fruit Crisp	<b>15</b> Swiss Steak Mashed Potatoes Green & Wax Beans Fresh Fruit	<b>16</b> Split Pea Soup Ground Bologna Sandwich (LS Alt=Chicken Salad) Broccoli Slaw Jell-O
<b>19</b> Creamed Chipped Beef Mashed Potatoes Mixed Vegetables Peaches	<b>20</b> Cheese Burgers Oven Fries Baked Beans Orange Segments	<b>21</b> Roast Turkey Bread Dressing Green Bean Casserole Winter Blend Vegetables Orange Cranberry Relish Pumpkin Pie	<b>22</b> <b>CLOSED FOR THANKSGIVING</b>	<b>23</b> <b>CLOSED FOR THANKSGIVING</b>
<b>26</b> Steamed Franks (LS Alt=Chicken Breast) Macaroni & Cheese California Blend Vegetables Mixed Fruit Asst. Juice	<b>27</b> Chicken Alfredo Pasta Peas & Mushrooms Steamed Carrots Pineapple Chunks <b>Sites Only: Taco Bar</b>	<b>28</b> Chicken Breast Sandwich O'Brien Potatoes Buttered Beets Fruit Salad Cookies	<b>29</b> Tomato Basil Soup Deli Chicken Sandwich Potato Salad Mandarin Oranges	<b>30</b> Beef Stroganoff Egg Noodles Brussels Sprouts Wax Beans Fruit Juice

**WAUSEON ACTIVITIES**  
MONDAY THRU FRIDAY

**FULTON COUNTY SENIOR CENTER**  
240 CLINTON ST. / WAUSEON, OH 43567  
419.337.9299

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>5</b></p> <p>Gentle Movement (Gym) 10:30 Free Hearing Aid Cleaning 10:45 Golden Drummers 11:00 <b>Special Program by The Bloomer Bunch &amp; Friends, "Thankfulness"</b> 12:00 Lunch 1:00 Line Dancing</p>	<p><b>6</b></p> <p>10:00 Food &amp; Fitness (Bingo Room) 11:00 Tai Chi 12:00 Lunch 1:00 Tai Chi 1:00 Choir Practice</p>	<p><b>7</b></p> <p>9:30 Gentle Movement (Gym) 11:00 <b>Substance Use &amp; Youth, Just the Facts, Local Stats</b> Special Program by Healthy Choices, Caring Communities 12:00 Lunch 1:00 Pepper Card Game (Bingo Room)</p>	<p><b>8</b></p> <p>10:15 Bingo 11:00 Tai Chi 12:00 Lunch 1:00 Tai Chi</p>	<p><b>9</b></p> <p><b>Wear Red, White, Blue</b> 9:00 Veterans Breakfast at St. Caspar Church; Call 419-337-9299 to reserve your spot. No Golden Drummers No Meal Served at Wauseon Site</p>
<p><b>12</b></p> <p><b>CLOSED FOR VETERANS DAY</b></p>	<p><b>13</b></p> <p>No Food &amp; Fitness 11:00 <b>Music Program by Senior Center Choir</b> 11:00 Tai Chi 12:00 Lunch 1:00 Tai Chi 1:00 Choir Practice</p>	<p><b>14</b></p> <p><b>Wacky Wednesday; Wear Something Mismatched or Wacky</b> 9:30 Gentle Movement (Gym) 11:00 <b>Free Bluegrass Concert, Circle of Friends</b> 12:00 Lunch 1:00 Pepper Card Game (Bingo Room)</p>	<p><b>15</b></p> <p><b>Day Trip, Walleye Hockey Game; Wear Senior Center Shirt/ Hat Today</b> 10:15 Bingo 11:00 Tai Chi 12:00 Lunch 1:00 Tai Chi</p>	<p><b>16</b></p> <p>10:30 Golden Drummers (Gym) 11:00 Fulton Co. Humane Society Animals &amp; Tracey Wannier 12:00 Lunch 1:00 Walk the Gym</p>
<p><b>19</b></p> <p>NO Gentle Movement 10:15 Bingo (Note Date Change) 10:45 Golden Drummers 11:00 "Just So You Know," Fulton Co. Health Dept. &amp; Free BP Checks 12:00 Lunch 1:00 Line Dancing</p>	<p><b>20</b></p> <p><b>Wear Scarlet/Gray or Maize/Blue</b> 10:00 Food &amp; Fitness (Bingo Room) 11:00 <b>Opiates/Marijuana: What do I need to know?</b> Special Program by Healthy Choices, Caring Communities 11:00 Tai Chi 12:00 Lunch 1:00 Tai Chi 1:00 Choir Practice 1:30 OPERS (Bingo Room)</p>	<p><b>21</b></p> <p>NO Gentle Movement 11:00 <b>Inside Look: Judge Robinson Talks About Drug Court</b> 11:00 Tai Chi (Note Date Change) 12:00 Lunch 1:00 Tai Chi (Note Date Change) 1:00 Pepper Card Game (Bingo Room)</p>	<p><b>22</b></p> <p><b>CLOSED FOR THANKSGIVING</b></p>	<p><b>23</b></p> <p><b>CLOSED FOR THANKSGIVING</b></p>
<p><b>26</b></p> <p>NO Gentle Movement 10:45 Golden Drummers 11:00 Hand &amp; Foot 12:00 Lunch 1:00 Line Dancing</p>	<p><b>27</b></p> <p>No Food &amp; Fitness 11:00 Holiday Energy Saver Program, Amy Carles, Ohio Consumers' Counsel 11:00 Tai Chi 12:00 Lunch 1:00 Tai Chi 1:00 Choir Practice 3:00 <b>Evening Trip, Lights Before Christmas, Toledo Zoo</b></p>	<p><b>28</b></p> <p>9:30 Gentle Movement (Gym) 11:00 <b>E-cigarettes/vaping, are they safe?</b> Special Program by Healthy Choices, Caring Communities 12:00 Lunch 1:00 Pepper Card Game (Bingo Room)</p>	<p><b>29</b></p> <p>9:45 Extended Bingo 11:00 Tai Chi 12:00 Lunch 1:00 Tai Chi</p>	<p><b>30</b></p> <p>10:00 Brain Builder with Beth 10:30 Golden Drummers (Gym) 12:00 Lunch 1:00 Dirty Marbles</p>
<p><b>1</b></p> <p><b>Day Trip, Toledo Museum of Art</b> 10:15 Bingo 11:00 Tai Chi 12:00 Lunch 1:00 Tai Chi</p>	<p><b>1</b></p> <p><b>Day Trip, Taste of States at Penta</b> 10:30 Golden Drummers 11:00 Site Council 12:00 Lunch 12:30 Birthday Party 1:00 Walk the Gym</p>	<p><b>1</b></p> <p><b>Day Trip, Taste of States at Penta</b> 10:30 Golden Drummers 11:00 Site Council 12:00 Lunch 12:30 Birthday Party 1:00 Walk the Gym</p>	<p><b>1</b></p> <p><b>Day Trip, Taste of States at Penta</b> 10:30 Golden Drummers 11:00 Site Council 12:00 Lunch 12:30 Birthday Party 1:00 Walk the Gym</p>	<p><b>1</b></p> <p><b>Day Trip, Taste of States at Penta</b> 10:30 Golden Drummers 11:00 Site Council 12:00 Lunch 12:30 Birthday Party 1:00 Walk the Gym</p>

# DELTA / SWANTON ACTIVITIES

**DELTA-101 NORTHWOOD DR.  
UNITED METHODIST CHURCH  
TUES. & THURS.**

**SWANTON  
217 CHESTNUT ST.  
MON., WED., & FRI**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10:00 Sequence 11:00 (Note Date) "Just So You Know" &amp; Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Word Spiel</p>	<p>10:00 Cards 11:00 Country Music by Will Hinton 12:00 Lunch 1:00 Games</p>	<p>10:00 Site Council &amp; Nutrition Education 10:30 Bingo 12:00 Lunch &amp; Birthday Cake from Swanton Health Care 1:00 Puzzles</p>	<p><b>Day Trip, Toledo Museum of Art</b> 10:00 Site Council &amp; Nutrition Education 10:30 Bingo 12:00 Lunch &amp; Birthday Cake 1:00 Puzzles</p>	<p><b>Day Trip, Taste of States at Penta</b> <b>2</b> 10:00 Yahtzee 11:00 Opioids &amp; Marijuana: What Do I Need to Know? Special Program Sponsored by Swanton Area Community Coalition 1:00 Word Games</p>
<p><b>12</b> <b>CLOSED FOR VETERANS DAY</b></p>	<p>10:00 Cards &amp; Games 11:00 "Just So You Know" &amp; Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Puzzles</p>	<p><b>13</b> <b>Dress in Scarlet/Gray or Maize/Blue</b> 10:00 Five Crowns 10:30 Buckeye/ Wolverine Bingo 12:00 Lunch 1:00 Word Games</p>	<p><b>14</b> <b>Day Trip, Walleye Hockey</b> <b>Dress in Scarlet/Gray or Maize/Blue (at site)</b> 10:00 Cards &amp; Games 10:30 Buckeye/ Wolverine Bingo 12:00 Lunch 1:00 Cards</p>	<p><b>15</b> <b>Free Hearing Aid Cleaning</b> 10:30 Bingo with Delta School Caller 12:00 Lunch 1:00 Word Games</p>
<p>10:00 (Note Time) Free Hearing Aid Cleaning 10:30 Bingo (Note Date) 12:00 Lunch 1:00 Puzzles</p>	<p>10:00 Cards &amp; Games 10:30 Bingo (Note Date) 12:00 Lunch 1:00 Word Games</p>	<p>10:00 Site Council &amp; Nutrition Education 10:30 Bingo 12:00 Lunch &amp; Birthday Cake from Swanton Health Care 1:00 Puzzles</p>	<p><b>16</b> 10:00 Left Center Right 11:00 Guitar Music by Mark Lozer 12:00 Lunch 1:00 Uno</p>	<p><b>17</b> <b>Wear Red, White &amp; Blue</b> <b>Swanton Site Closed</b> Register for our Veterans Breakfast, 419-337-9299 9:00 Veterans Breakfast at St. Caspar's, Shoop Ave, Wauseon</p>
<p>10:00 Xactika 11:00 Local Children's Author, Charles Gee, "Everyone Has a Story to Tell" 12:00 Lunch 1:00 Word Games</p>	<p>10:00 Cards &amp; Games 11:00 Free Christmas Concert by Nostalgia 12:00 Lunch 1:00 Cards</p>	<p>10:00 Skip Bo 11:00 Games/ Chit Chat 12:00 Lunch 1:00 Cards</p>	<p><b>20</b> <b>CLOSED FOR THANKSGIVING</b></p>	<p><b>21</b> <b>CLOSED FOR THANKSGIVING</b></p>
<p>10:00 Sequence 11:00 (Note Date) "Just So You Know" &amp; Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Word Spiel</p>	<p>10:00 Cards 11:00 Country Music by Will Hinton 12:00 Lunch 1:00 Games</p>	<p>10:00 Site Council &amp; Nutrition Education 10:30 Bingo 12:00 Lunch &amp; Birthday Cake from Swanton Health Care 1:00 Puzzles</p>	<p><b>22</b> <b>Day Trip, Walleye Hockey</b> <b>Dress in Scarlet/Gray or Maize/Blue (at site)</b> 10:00 Cards &amp; Games 10:30 Buckeye/ Wolverine Bingo 12:00 Lunch 1:00 Cards</p>	<p><b>23</b> <b>CLOSED FOR THANKSGIVING</b></p>
<p>10:00 Xactika 11:00 Local Children's Author, Charles Gee, "Everyone Has a Story to Tell" 12:00 Lunch 1:00 Word Games</p>	<p>10:00 Cards &amp; Games 11:00 Free Christmas Concert by Nostalgia 12:00 Lunch 1:00 Cards</p>	<p>10:00 Skip Bo 11:00 Games/ Chit Chat 12:00 Lunch 1:00 Cards</p>	<p><b>24</b> <b>CLOSED FOR THANKSGIVING</b></p>	<p><b>25</b> <b>CLOSED FOR THANKSGIVING</b></p>
<p>10:00 Xactika 11:00 Local Children's Author, Charles Gee, "Everyone Has a Story to Tell" 12:00 Lunch 1:00 Word Games</p>	<p>10:00 Cards &amp; Games 11:00 Free Christmas Concert by Nostalgia 12:00 Lunch 1:00 Cards</p>	<p>10:00 Skip Bo 11:00 Games/ Chit Chat 12:00 Lunch 1:00 Cards</p>	<p><b>26</b> <b>CLOSED FOR THANKSGIVING</b></p>	<p><b>27</b> <b>CLOSED FOR THANKSGIVING</b></p>
<p>10:00 Xactika 11:00 Local Children's Author, Charles Gee, "Everyone Has a Story to Tell" 12:00 Lunch 1:00 Word Games</p>	<p>10:00 Cards &amp; Games 11:00 Free Christmas Concert by Nostalgia 12:00 Lunch 1:00 Cards</p>	<p>10:00 Skip Bo 11:00 Games/ Chit Chat 12:00 Lunch 1:00 Cards</p>	<p><b>28</b> 10:00 Wizard 10:30 Bingo 12:00 Lunch 1:00 Buzz Word</p>	<p><b>29</b> 10:00 Extended Bingo 12:00 Lunch 1:00 Games</p>
<p>10:00 Xactika 11:00 Local Children's Author, Charles Gee, "Everyone Has a Story to Tell" 12:00 Lunch 1:00 Word Games</p>	<p>10:00 Cards &amp; Games 11:00 Free Christmas Concert by Nostalgia 12:00 Lunch 1:00 Cards</p>	<p>10:00 Skip Bo 11:00 Games/ Chit Chat 12:00 Lunch 1:00 Cards</p>	<p><b>29</b> 10:00 Extended Bingo 12:00 Lunch 1:00 Games</p>	<p><b>30</b> 10:00 Word Spiel 10:30 PoKeNo By Request (Note Time; Bring Pennies) 12:00 Lunch 1:00 Puzzles</p>

**ARCHBOLD - SCOUT CABIN  
INSIDE RUIHLEY PARK,  
W. WILLIAMS ST.  
MON. & FRI.**

**ARCHBOLD / FAYETTE  
ACTIVITIES**

**FAYETTE - FAMILY LIFE CENTER  
306 E. MAIN STREET  
TUES., WED., & THURS.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10:00 Cards &amp; Games 11:00 Special Program about Drug Addiction in Fulton County, with Healthy Choices, Caring Communities 12:00 Lunch 1:00 Games</p>	<p>10:00 Brain Game 11:00 Dick Altman, Fulton Co. Court's Magistrate; What are dispute resolution tools? How do we use them? 12:00 Lunch 1:00 Games</p>	<p>10:00 Brain Game 11:00 Special Program with Sharon Morr, Vaping &amp; E-Cigarettes, How Safe Are They? 12:00 Lunch 1:00 Cards</p>	<p><b>1</b> Day Trip, Toledo Museum of Art 10:00 Site Council &amp; Nutrition Education 10:30 Bingo 12:00 Lunch with Birthday Cake 1:00 Cards</p>	<p><b>2</b> Day Trip, Taste of States at Penta 10:00 Site Council &amp; Nutrition Education 10:30 Bingo 12:00 Lunch with Birthday Cake 1:00 Puzzles</p>
<p><b>5</b> 10:00 Cards &amp; Games 11:00 Special Program about Drug Addiction in Fulton County, with Healthy Choices, Caring Communities 12:00 Lunch 1:00 Games</p>	<p><b>6</b> 10:00 Brain Game 11:00 Dick Altman, Fulton Co. Court's Magistrate; What are dispute resolution tools? How do we use them? 12:00 Lunch 1:00 Games</p>	<p><b>7</b> 10:00 Brain Game 11:00 Special Program with Sharon Morr, Vaping &amp; E-Cigarettes, How Safe Are They? 12:00 Lunch 1:00 Cards</p>	<p><b>8</b> 10:00 Cards &amp; Games 10:30 Bingo 12:00 Lunch 1:00 Puzzles</p>	<p><b>9</b> <b>Wear Red, White &amp; Blue</b> Archbold Site Closed Register for our Veterans Breakfast, 419-337-9299 9:00 Veterans Breakfast at St. Caspar's, Shoop Ave, Wauseon</p>
<p><b>12</b> <b>CLOSED FOR VETERANS DAY</b></p>	<p><b>13</b> 10:00 Brain Game 11:00 Crafters' Corner with Lindsay 12:00 Lunch 1:00 Cards</p>	<p><b>14</b> 10:00 Brain Game 11:00 Bob Dewille, Handmade Plastic Mats for Homeless 12:00 Lunch 1:00 Puzzles</p>	<p><b>15</b> Day Trip, Walleye Hockey <b>Dress in Ohio State or Michigan Colors (at site)</b> 10:00 Cards &amp; Games 10:30 Buckeye / Wolverine Bingo 12:00 Lunch 1:00 Word Games</p>	<p><b>16</b> <b>Dress in Ohio State or Michigan Colors</b> 10:00 Cards &amp; Games 10:30 Buckeye / Wolverine Bingo 12:00 Lunch 1:00 Games</p>
<p>10:00 Cards &amp; Games 10:30 Bingo (Note date change) 12:00 Lunch 1:00 Cards</p>	<p><b>19</b> 10:00 Brain Game 11:00 "Just So You Know," &amp; Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Puzzles</p>	<p><b>20</b> 10:00 Brain Game 11:00 "Just So You Know," &amp; Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Puzzles</p>	<p><b>22</b> <b>CLOSED FOR THANKSGIVING</b></p>	<p><b>23</b> <b>CLOSED FOR THANKSGIVING</b></p>
<p>10:00 Cards &amp; Games 11:00 "Just So You Know," &amp; Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Puzzles</p>	<p><b>26</b> 10:00 Cards &amp; Games 11:00 "Just So You Know," &amp; Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Puzzles</p>	<p><b>27</b> 10:00 Brain Game 11:00 Music by Nancy Roth's Quartet 12:00 Lunch 1:00 Word Games</p>	<p><b>29</b> 10:00 EXTENDED Bingo 12:00 Lunch 1:00 Cards &amp; Games</p>	<p><b>30</b> 10:00 Cards &amp; Games 10:30 Bingo 12:00 Lunch 1:00 Word Games</p>



Forwarding and return postage guaranteed  
Address service requested  
Postmaster: Send address changes to:  
Fulton County Senior Center  
240 Clinton Street  
Wauseon, OH 43567-1109

 If you or a family member would like to receive this newsletter by e-mail, please contact us at [kschroeder@fultoncountyoh.com](mailto:kschroeder@fultoncountyoh.com).

**DATED MATERIAL - DELIVER BEFORE NOVEMBER 1, 2018**

**FULTON COUNTY SENIOR CENTER STAFF**

Director.....	Sheri Rychener
Receptionist.....	Karen Schroeder
Information & Referral Specialist.....	Valerie Edwards
Administrative Assistant.....	Chris Sager
Vehicle Maintenance Supervisor.....	Wes Green
Housekeeping Program Manager.....	Laura Ankney
Head Cook/Kitchen Manager.....	Kyle Wilcoxon
Assistant Cook.....	Deb Villalovos
Food Program Manager.....	Deb Myers
Kitchen Aides.....	Sherry Bittinger, Sandy Lemley, Maryann Griffin
Activity Coordinator.....	Vicki Hoylman
Activity Support Staff.....	Beth Ricker-Flory
Volunteer Coordinator.....	Brooke Bosco
Site Manager, Archbold/Fayette.....	Linda Holly
Site Aide, Archbold/Fayette.....	Dorothy Bock
Site Manager, Delta/Swanton.....	Jeanne Ortiz
Site Aide, Delta/Swanton.....	Claudia Overmyer
Custodian.....	Danni Smith, Andrea Coburn
Meal Delivery.....	Judy Thourot, Dave Smith, Kim Machinski, Juan Avina, Bill Sigg, Jeffrey Waidelich
Substitutes.....	James Davis, Brenda Hauck, James Mapes, Tim Gorsuch, Angela Johnston, Andrea Coburn Aimee Roth, Alice Smallman, Peggy Wilson, Joe Sutton, James Baldwin, Robert Shaw, Vicki Kline, Butch Kline Erin Cheesbro, Sharon McCabe, Chad Hayward, Karen James, Deb Gabel, Anita Ehrsam

The Fulton County Senior Center is a program of the Fulton County Commissioners, funded through levy money, donations, and under a grant, administered by the Ohio Department of Aging and the Area Office on Aging.

Please direct all calls/inquiries to our main number at 419-337-9299.

Wauseon Site	M – F	8:00 am – 4:00 pm
Archbold Site	M and F	9:00 am – 2:00 pm
Delta Site	T and Th	9:00 am – 2:00 pm
Fayette Site	T, W, Th	9:00 am – 2:00 pm
Swanton Site	M, W, F	9:00 am – 2:00 pm