

SERVING CITIZENS OF FULTON COUNTY 60 YEARS & OVER

SENIOR

OCTOBER 2018

Fulton County Senior Center
240 Clinton St., Wauseon, Ohio 43567
Phone: 419-337-9299 • Fax: 419-337-9289 • Hours: 8am-4pm

SENIOR NEWS

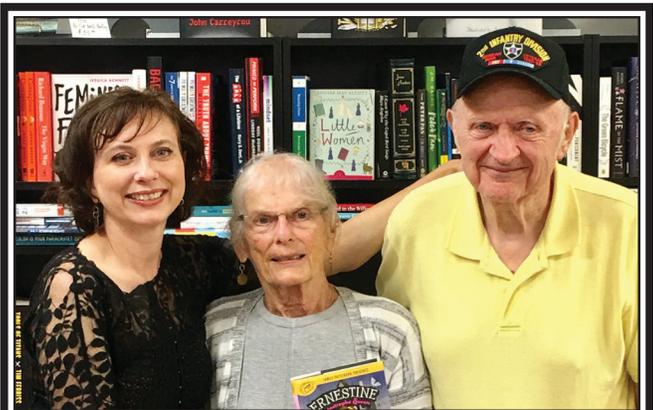
UPCOMING EVENTS - ALL SITES INVITED

- Oct 2** – Road To Wellness at St. Caspar's
- Oct 4** – Special Senior Day at St. Caspar's
- Oct 8** – Closed, Columbus Day
- Oct 10** – Free Concert, Joe LaConey Band, Wauseon Site
- Oct 11** – Flu Shots at Wauseon Site
- Oct 16** – Flu Shots at Fayette Site
- Oct 16** – Day Trip, Toledo Zoo
- Oct 16** – Appointments, Medicare Check Up Day
- Oct 25** – Day Trip, Jiffy Mix Factory Tour
- Nov 1** – Special Tour, Toledo Museum of Art
- Nov 27** – Evening Trip, Lights Before Christmas at Toledo Zoo

FREE MEAL & ENTERTAINMENT FOR SENIORS

Thursday, October 4 is a great day to be a Fulton County senior and receive some special perks. Enjoy free entertainment (an Elvis & Johnny Cash singer), a free chicken barbeque lunch (potato salad, dinner roll, baked beans, cookie, beverage) and prizes, plus have your caricature drawn by local sketch artist Don Lee, all sponsored by Worthington Industries. Location: St. Caspar Parish Life Center on Shoop Avenue. Doors open at 10:00 am, music starts at 11:00 am and lunch is served at noon. Event ends by 2:00 pm. Valet parking will be offered. You must register for this fun, free event by September 27 by calling 419-337-9299.

SENIOR SPOTLIGHT



Meet Joan and Don Merrill of Wauseon, pictured here with one of their daughters, author Amy Merrill Wyatt. Joan and Don have been attending the Fulton County Senior Center for nearly four years. They are faithful attenders of the Tai Chi class. Joan also enjoys the Gentle Movement exercise class. "We really like the day trips and all of the programs. There is such a wide variety, and they are always so interesting and helpful. And the lunches are excellent!" Joan said. Don is a 1949 graduate of Delta High School, then served in Korea with the Navy from 1950 to 1953. He was due to arrive home in May 1953, but was delayed, so the two were wed on July 4, 1953, right after he arrived back on US soil. Joan is a 1950 Wauseon High School graduate. The Merrills have three daughters, five grandchildren and six great-grandchildren whom they enjoy visiting. Don and Joan also enjoy taking walks, their fish pond and flower gardening.

• FULTON COUNTY SENIOR CENTER PROGRAMS & SERVICES •

Information and Referral • Congregate Nutrition Site • Home Delivered Meals • Skill Development Programs
Fitness & Wellness Programs • Social & Recreation Programs • Transportation • Housekeeping • Education
Monthly Newsletter • Support Groups • Health Screens and Services • Volunteer Opportunities

FREE HEALTH CONFERENCE FOR SENIORS

Tuesday, October 2 is the 10th annual Road to Wellness Health Care Conference for mature adults and caregivers in and around Fulton County. The theme for the 2018 event is "Safe & Well Preserved" and will take place from 9:30 am to 2:30 pm at Wauseon's St. Caspar Parish Life Center on Shoop Avenue. Back by popular demand: complete a registration form and receive a **complimentary hot lunch provided by Fulton County Senior Center**. This is the same delicious lunch you would enjoy at the Wauseon Senior Center, just in a different location. Menu: BBQ pork sandwich, creamy cole slaw, potato chips, whole fresh fruit, pickle, cookie. You can expect information that applies to nearly all aspects of a senior's life, along with entertainment, health insurance/Medicare Open Enrollment update, information on gardening, canning & preserving, health screenings and flu shots, freebies, and much more. Registration forms are available at local Senior Center sites and Fulton County Health Department. Or call in your registration at 419-337-9299 or to the Health Department at 419-337-0915.

SITES CLOSED OCTOBER 2 & 4

Please note, on Tuesday, October 2 and Thursday, October 4, the Delta Senior Center and Fayette Senior Center will be closed. You are encouraged to sign up for Road to Wellness on October 2 and the free entertainment and meal sponsored by Worthington Industries on October 4. In addition, no noon meal will be served at the Fulton County Senior Center, 240 Clinton Street, on Tuesday, October 2 or Thursday, October 4 since our kitchen staff will be serving at St. Caspar. Please register to join us for Road to Wellness on October 2 as well as for the free event sponsored by Worthington Industries on October 4 by calling 419-337-9299 before September 27.

THANK YOU

Thank you to each individual who helped make the Senior Center booth a success at the Fulton County Fair! Thank you to Anything Grows for donating helium balloons and to Aetna Better Health of Ohio for donating raffle prizes and insulated lunch totes for August 21 Senior Citizen Day.

WHERE'S VAL?

It's October, which means it is Medicare Open Enrollment time! Val Edwards, Information & Referral Specialist, will be available for extended hours at the following locations to focus on Medicare Open Enrollment. Please make an appointment well in advance with Val for any of these dates by calling 419-337-9299.

Wednesday, October 17, from 10:00 am to 3:00 pm at the Delta Library
Thursday, October 18, from 10:00 am to 3:00 pm at the Swanton Library
Tuesday, October 23, from 10:00 am to 3:00 pm at the Evergreen Library in Metamora
Thursday, October 25, from 9:00 am to 3:00 pm at Wyse Commons Library, Archbold

Val has some appointments available to meet with seniors at the Fulton County Senior Center, 240 Clinton Street, Wauseon. Val's services are offered at no cost to seniors in partnership with Wyse Commons and the local libraries. calling 419-337-9299.

MEDICARE OPEN ENROLLMENT

Here is what can be done during Open Enrollment, October 15th - December 7th:

- Switch from one Medicare Prescription Drug Plan to another Medicare Prescription Drug Plan
- Drop your Medicare prescription drug coverage completely
- Change from Original Medicare to a Medicare Advantage Plan
- Change from a Medicare Advantage Plan back to Original Medicare
- Switch from one Medicare Advantage Plan to another Medicare Advantage Plan
- Switch from a Medicare Advantage Plan that doesn't offer drug coverage to a Medicare Advantage Plan that offers drug coverage
- Switch from a Medicare Advantage Plan that does offer drug coverage to a Medicare Advantage Plan that doesn't offer drug coverage
- Join a Medicare Prescription Drug Plan

Any changes made will take effect on January 1, 2019. To schedule an appointment, contact Valerie Edwards at the Fulton County Senior Center 419-337-9299. **Don't delay! Appointment times fill up quickly.**



WAUSEON HIGHLIGHTS

Free Concert by Joe LaConey Band: October 10

Golden Drummers: Monday & Friday am

Choir Practice: Tuesday at 1:00 pm

Food & Fitness: October 9 & 23 at 10:00 am

Tai Chi: Tuesday and Thursday

Pepper: Wednesday at 1:00 pm

Bingo: Thursday mornings

Birthday Party: first Friday

Gentle Movement: see calendar

Line Dancing: see calendar

Toe Nail Clinic: November 14. Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

HELP US HELP YOU

Has your phone number changed? Have you moved? Has your email address changed? Is information for your contact person out of date? Please contact us with your up-to-date information. Also, if you currently receive the Bzz newsletter by mail and have an email address, would you consider receiving the newsletter via email instead of regular mail to help us save money on postage?

FLU IMMUNIZATIONS SCHEDULED

Two flu clinics will be offered at Fulton County Senior Centers. On Thursday, October 11 from 10:00 am to noon at the Fulton County Senior Center, 240 Clinton Street, Wauseon. Or on Tuesday, October 16 from 2:00 to 5:30 pm, you may attend the flu clinic at the Fayette Senior Center in the Family Life Center, 306 E. Main Street. This service is provided by the Fulton County Health Department. The Affordable Care Act has instituted a requirement for insurances to pay for immunizations and other preventive care as a "first dollar" service, meaning the member does not have to provide co-pays or meet deductibles. As a result, the Health Department will be billing contracted insurance plans for the service; many individuals will not pay "out of pocket" at the time of service. The Health Department is contracted with seven insurance plans. Medicare and Medicaid are also accepted as payment. Want to find out if your insurance plan is accepted? Call the Health Department at 419-337-0915.

ARCHBOLD HIGHLIGHTS

Bingo: Fridays

Blood Pressure Check: October 22

Birthday Lunch: first Friday

Toenail Clinic: October 22

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

FAYETTE HIGHLIGHTS

Bingo: every Thursday

Blood Pressure Check: October 16

Birthday Lunch: October 3

Toenail Clinic: October 16

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

DELTA HIGHLIGHTS

Bingo: every Thursday

Blood Pressure Check: second Tuesday

Birthday Lunch: October 11

Toenail Clinic: October 9

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

SWANTON HIGHLIGHTS

Bingo: every Wednesday

Birthday Lunch: first Wednesday

Blood Pressure Check: October 15

Toenail Clinic: October 15

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

LUNCH CALENDAR OCTOBER, 2018

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299
 LS Alt = Lower Sodium Alternative (Items must be ordered at least one week in advance)
 LF Alt = Low Fat Alternate (Items must be ordered at least one week in advance)

SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| 1 Sausage & Kraut (LS Alt= Turkey Franks) Smashed Red Potatoes Winter Squash Oranges | 2 Home Delivery Only: BBQ Pork Sandwich Tater Tots Vinegar Cole Slaw Fruit Crisp Free Lunch at Road to Wellness, St. Caspar's. No Meal Served at Sites. | 3 Breaded Pork Chops Rice Pilaf Sugar Snap Peas Pineapple Chunks Fruit Punch | 4 Home Delivery Only: Chicken Salad Lettuce & Tomato Pickled Beets 5 Cup Salad Free Lunch for special Senior Day at St. Caspar's, hosted by Worthington Industries. No Meal Served at Sites. | 5 Breakfast for Lunch Sausage, Egg and Cheese Biscuit Sandwich Hash Brown Casserole French Toast Bake Fresh Fruit Vegetable Juice |
| 8 CLOSED FOR COLUMBUS DAY | 9 Hot Chicken Sandwich Potato Wedges Italian Blend Vegetables Dark sweet Cherries | 10 Squash Soup Ham & Cheese Sandwich Broccoli Salad Fruit Salad | 11 Steamed Franks (LS Alt=Chicken Breast) Baked Beans Seasoned Corn Tropical Fruit | 12 Goulash Cooked Cabbage Corn Nuggets Peaches Cookies |
| 15 Shepherd's Pie Summer Squash Green Salad Fruit Crisp | 16 Ham & Bean Soup Egg Salad Sandwich Cucumber Salad Jell-O | 17 Cheese Burgers Potato Wedges Seasoned Spinach Pears | 18 Roast Turkey Savory Bread Dressing Steamed Broccoli Wax Beans Orange Cranberry Relish | 19 Beef & Noodles Mashed Potatoes Green Beans Mixed Fruit |
| 22 Beef Stew Tossed Salad Cottage Cheese Mandarin Oranges Biscuits | 23 Country Fried Steak w/Country Gravy Mashed Potatoes Peas Apricots Yogurt | 24 Baked Ham (LS Alt=Pork Roast) Scalloped Potatoes Malibu Blend Vegetables Fruit Cobbler | 25 Stuffed Pepper Soup Chicken Salad Sandwich Three Bean Salad Orange Segments | 26 Breaded Chicken Strips O'Brien Potatoes Brussels Sprouts Fruit Cocktail |
| 29 Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Cole Slaw Spiced Applesauce | 30 Lasagna Steamed Cauliflower Italian Green Beans Fresh Grapes | 31 Corn Chowder Turkey Sandwich Pea Salad Jell-O | | |

WAUSEON ACTIVITIES

MONDAY THRU FRIDAY

FULTON COUNTY SENIOR CENTER
240 CLINTON ST. / WAUSEON, OH 43567
419.337.9299

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|---|
| <p>1</p> <p>9:30 Gentle Movement (Gym)</p> <p>10:30 Free Hearing Aid Cleaning</p> <p>10:45 Golden Drummers (Gym)</p> <p>11:00 Hand and Foot</p> <p>12:00 Lunch</p> <p>1:00 Line Dancing</p> | <p>2</p> <p>Wear a Senior Center Shirt/ Hat Today</p> <p>9:30 am to 2:30 pm Road to Wellness, Healthcare Conference for Seniors & Caregivers (Register by Sept 26) at St. Caspars</p> <p>NO MEAL SERVED AT WAUSEON SITE</p> <p>No Food & Fitness</p> <p>11:00 Tai Chi</p> <p>1:00 Tai Chi (Gym)</p> <p>NO Choir Practice</p> | <p>3</p> <p>9:30 Gentle Movement (Gym)</p> <p>11:00 Games</p> <p>12:00 Lunch</p> <p>1:00 Pepper Card Game (Bingo Room)</p> | <p>4</p> <p>If you pre-registered, join us at St. Caspar's in Wauseon for a free lunch & entertainment sponsored by Worthington Industries</p> <p>NO Bingo</p> <p>NO MEAL SERVED AT WAUSEON SITE</p> <p>No Tai Chi</p> | <p>5</p> <p>10:30 Golden Drummers</p> <p>11:00 Dirty Marbles</p> <p>12:00 Lunch</p> <p>12:30 Birthday Party</p> <p>1:00 Walk the Gym</p> |
| <p>8</p> <p>CLOSED FOR COLUMBUS DAY</p> | <p>9</p> <p>11:00 Tai Chi</p> <p>11:00 Get the Scoop About Courthouse Renovations, Common Pleas Court Judge Robinson</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi (Gym)</p> <p>NO Choir Practice</p> | <p>10</p> <p>NO Gentle Movement</p> <p>10:45 Free Concert in the Gym; Joe LaConey Band from Sylvania Senior Center</p> <p>12:00 Lunch</p> <p>1:00 Pepper Card Game (Bingo Room)</p> | <p>11</p> <p>10:00 am to Noon Get Your Flu Shot</p> <p>10:15 Bingo</p> <p>11:00 Local Author/ Senior/ Chaplain/ Swanton Graduate, Carol L. Miller, Barrels & Arrows</p> <p>11:00 Tai Chi</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi</p> | <p>12</p> <p>10:30 Golden Drummers</p> <p>11:00 Humane Society Animal and Tracey Wanner</p> <p>12:00 Lunch</p> <p>1:00 Tripoley</p> |
| <p>15</p> <p>9:30 Gentle Movement (Gym)</p> <p>10:45 Golden Drummers (Gym)</p> <p>11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept.</p> <p>12:00 Lunch</p> <p>1:00 Line Dancing</p> | <p>16</p> <p>Day Trip, Toledo Zoo</p> <p>OSHIP Appointments at Wauseon Site</p> <p>No Food & Fitness</p> <p>11:00 Tai Chi (Gym)</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi (Gym)</p> <p>NO Choir Practice</p> <p>1:30 OPERS</p> | <p>17</p> <p>Wear Flannel or Plaid Today</p> <p>9:30 Gentle Movement (Gym)</p> <p>11:00 "Addiction: What Does It Mean?" with Healthy Choices, Caring Communities</p> <p>12:00 Lunch</p> <p>1:00 Pepper Card Game (Bingo Room)</p> <p>1:00 SERO (Dining Room)</p> | <p>18</p> <p>10:15 Bingo</p> <p>11:00 Tai Chi</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi</p> | <p>19</p> <p>10:30 Golden Drummers</p> <p>11:00 Dominoes</p> <p>12:00 Lunch</p> <p>1:00 Left Center Right</p> |
| <p>22</p> <p>NO Gentle Movement</p> <p>10:45 Golden Drummers (Gym)</p> <p>11:00 Shane Chamberlin; What Is it Like to Be a Probation Officer?</p> <p>12:00 Lunch</p> <p>1:00 Line Dancing</p> | <p>23</p> <p>11:00 Tai Chi (Gym)</p> <p>11:00 Karaoke</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi (Gym)</p> <p>NO Choir Practice</p> | <p>24</p> <p>Wear Orange and or Black Today</p> <p>9:30 Gentle Movement (Gym)</p> <p>11:00 What's New at Toledo Museum of Art? Special Senior Center Program Announcement</p> <p>12:00 Lunch</p> <p>1:00 Pepper Card Game (Bingo Room)</p> | <p>25</p> <p>Day Trip, Jiffy Mix Factory Tour</p> <p>9:45 Extended Bingo with Guests from Fulton Manor/ Suites</p> <p>11:00 Tai Chi</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi</p> | <p>26</p> <p>10:30 Golden Drummers</p> <p>12:00 Lunch</p> <p>1:00 Walk the Gym</p> |
| <p>29</p> <p>9:30 Gentle Movement (Gym)</p> <p>10:45 Golden Drummers (Gym)</p> <p>11:00 Dick Altman, Fulton Co. Court's Magistrate; What are Dispute Resolution Tools? How Do We Use Them in Fulton Co?</p> <p>12:00 Lunch</p> <p>1:00 Line Dancing</p> | <p>30</p> <p>11:00 Living Wills, Power of Attorney, Advanced Directives; Ashley Hanefeld RN BSN Clinical Liaison for Southern Care</p> <p>11:00 Tai Chi (Gym)</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi (Gym)</p> <p>NO Choir Practice</p> | <p>31</p> <p>Wear a Costume Happy Halloween!</p> <p>NO Gentle Movement</p> <p>11:00 Halloween "Boo" Party</p> <p>12:00 Lunch</p> <p>1:00 Pepper Card Game (Bingo Room)</p> | | |

DELTA / SWANTON ACTIVITIES

**DELTA-101 NORTHWOOD DR.
UNITED METHODIST CHURCH
TUES. & THURS.**

**SWANTON
217 CHESTNUT ST.
MON., WED., & FRI**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| <p>1</p> <p>10:00 Cards & Games 11:00 Meet Becky Goble, Director of Fulton Co. Emergency Management Agency 12:00 Lunch 1:00 Games</p> | <p>2</p> <p>DELTA SITE CLOSED TODAY 9:30 am to 2:30 pm If you pre-registered, join us for Road to Wellness, Healthcare Conference for Seniors & Caregivers at St. Caspar's, Wauseon</p> | <p>3</p> <p>10:00 Site Council & Nutrition Education 10:30 Bingo 12:00 Lunch with Birthday Cake from Swanton Health Care 1:00 Word Games</p> | <p>4</p> <p>DELTA SITE CLOSED TODAY If you pre-registered, join us at St. Caspar's in Wauseon for a free lunch & entertainment sponsored by Worthington Industries. Doors open at 10:00 am</p> | <p>5</p> <p>10:00 Cards & Games 11:00 Smile Show & Tell; Bring in Two Things That Make You Laugh or Smile When You See Them 12:00 Lunch 1:00 Cards</p> |
| <p>8</p> <p>CLOSED FOR COLUMBUS DAY</p> | <p>9</p> <p>10:00 Toe Nail Clinic (By Appointment) 11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Word Games</p> | <p>10</p> <p>Wear Plaid/ Flannel Today 10:00 Five Crowns 10:30 Bingo 12:00 Picnic Food for Lunch 1:00 Puzzles</p> | <p>11</p> <p>Wear Plaid/ Flannel Today NO Hearing Aid Cleaning 10:00 Site Council & Nutrition Education 10:30 Bingo, Delta School Caller 12:00 Lunch with Birthday Cake 12:15 Information About the November Ballot 1:00 Cards</p> | <p>12</p> <p>10:00 Scrabble 11:00 "Addiction: What Do I Need To Know?" Guest speaker sponsored by Swanton Area Community Coalition 12:00 Lunch 1:00 Cards & Games</p> |
| <p>15</p> <p>10:00 Toe Nail Clinic (By Appointment) 10:30 Free Hearing Aid Cleaning with Brenda 11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept. (Note Date Change) 12:00 Lunch 1:00 Word Games</p> | <p>16</p> <p>10:00 Five Crowns 11:00 Music by Jimmy Stewart 12:00 Lunch 1:00 Puzzles</p> | <p>17</p> <p>10:00 Racko 10:30 Bingo 12:00 Lunch 1:00 Cards</p> | <p>18</p> <p>Wear Gray Great American Smoke Out 10:00 Skip Bo 10:30 Bingo 12:00 Lunch 1:00 Cards & Games</p> | <p>19</p> <p>Wear Gray Great American Smoke Out 10:00 Cards & Games 11:00 Living Wills, Power of Attorney, Advanced Directives with Ashley, RN BSN, Clinical Liaison for Southern Care 12:00 Lunch 1:00 Games</p> |
| <p>22</p> <p>10:00 Uno 11:00 Crafters' Corner with Lindsay 12:00 Lunch 1:00 Puzzles</p> | <p>23</p> <p>Wear Black or Orange Today 10:00 Dutch Blitz 11:00 Crafters' Corner with Lindsay 12:00 Lunch 1:00 Cards</p> | <p>24</p> <p>Wear Black or Orange Today 10:00 Rummikub 10:30 Bingo 12:00 Lunch 1:00 Cards & Games</p> | <p>25</p> <p>Day Trip, Jiffy Mix Factory Tour 10:00 EXTENDED Bingo 12:00 Lunch 1:00 Word Games</p> | <p>26</p> <p>10:00 to Noon Bunco 12:00 Lunch 1:00 Games</p> |
| <p>29</p> <p>10:00 Dutch Blitz 11:00 Mary from Swanton Police, Holiday Scams to Avoid 12:00 Lunch 1:00 Cards</p> | <p>30</p> <p>10:00 Table Talk: Halloween 11:00 Stories of Haunted Fulton County by Fulton Co. Museum Staff 12:00 Lunch 1:00 Cards & Games</p> | <p>31</p> <p>Wear a Halloween Costume 10:00 Yahtzee 10:30 Black Hat Society Meeting 10:30 Bingo 12:00 Lunch 1:00 Games</p> | | |

**ARCHBOLD - SCOUT CABIN
INSIDE RUIHLEY PARK,
W. WILLIAMS ST.
MON. & FRI.**

**ARCHBOLD / FAYETTE
ACTIVITIES**

**FAYETTE - FAMILY LIFE CENTER
306 E. MAIN STREET
TUES., WED., & THURS.**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
| <p>1</p> <p>10:00 Cards & Games 11:00 Living Wills, Power of Attorney, Advanced Directives with Ashley, RN BSN, Clinical Liaison for Southern Care 12:00 Lunch 1:00 Word Games</p> | <p>2</p> <p>FAYETTE SITE CLOSED TODAY 9:30 am to 2:30 pm If you pre-registered, join us for Road to Wellness, Healthcare Conference for Seniors & Caregivers at St. Caspar's, Wauseon</p> | <p>3</p> <p>10:00 Site Council & Nutrition Education 11:00 Bingo 12:00 Lunch with Birthday Cake 1:00 Puzzles</p> | <p>4</p> <p>FAYETTE SITE CLOSED TODAY 10:00 am to 2:00 pm If you pre-registered, join us at St. Caspar's, Wauseon for a free lunch & entertainment sponsored by Worthington Industries.</p> | <p>5</p> <p>10:00 Site Council & Nutrition Education 10:30 Bingo 12:00 Lunch 1:00 Cards</p> |
| <p>8</p> <p>CLOSED FOR COLUMBUS DAY</p> | <p>9</p> <p>10:00 Cards & Games 11:00 "Crafters' Corner" with Lindsay 12:00 Lunch 1:00 Puzzles</p> | <p>10</p> <p>10:00 Cards & Games 11:00 Addiction: What Does it Mean? A Special Program by Healthy Choices, Caring Communities 12:00 Lunch 1:00 Games & Cards</p> | <p>11</p> <p>Wear Plaid/ Flannel Today 10:30 Bingo 12:00 Lunch with Birthday Cake 1:00 Cards</p> | <p>12</p> <p>Wear Plaid/ Flannel Today 10:00 Cards & Games 10:30 Bingo 12:00 Lunch 1:00 Word Games</p> |
| <p>15</p> <p>10:00 Cards & Games 11:00 Guitar Music, Mark Lozer 12:00 Lunch 1:00 Puzzles</p> | <p>16</p> <p>9:30 Toe Nail Clinic (By Appointment) 10:00 Cards & Games 11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Games & Cards 2:00 to 5:30 Flu Shots</p> | <p>17</p> <p>10:00 Cards & Games 11:00 Guitar Music, Mark Lozer 12:00 Lunch 1:00 Cards</p> | <p>18</p> <p>Wear Gray Great American Smoke Out 10:00 Cards & Games 10:30 Bingo 12:00 Lunch 1:00 Word Games</p> | <p>19</p> <p>Wear Gray Great American Smoke Out 10:00 Cards & Games 10:30 Bingo 12:00 Lunch 1:00 Games</p> |
| <p>22</p> <p>9:30 Toe Nail Clinic (By Appointment) 10:00 Cards & Games 11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Games & Cards</p> | <p>23</p> <p>10:00 Cards & Games 11:00 Music by Elwyn Bates 12:00 Lunch 1:00 Cards</p> | <p>24</p> <p>Wear Black And Or Orange 10:00 Cards & Games 11:00 Substance Use & Youth: Just the Facts (Local Stats) A Special Program by Healthy Choices, Caring Communities 12:00 Lunch 1:00 Word Games</p> | <p>25</p> <p>Day Trip, Jiffy Mix Factory Tour 10:00 EXTENDED Bingo 12:00 Lunch 1:00 Puzzles</p> | <p>26</p> <p>10:00 Cards & Games 10:30 Bingo 12:00 Lunch 1:00 Puzzles</p> |
| <p>29</p> <p>10:00 Cards & Games 11:00 Music by Elwyn Bates 12:00 Lunch 1:00 Cards</p> | <p>30</p> <p>10:00 Cards & Games 11:00 Opioids & Marijuana: What Do I Need To Know? A Special Program by Healthy Choices, Caring Communities 12:00 Lunch 1:00 Word Games</p> | <p>31</p> <p>Wear a Halloween Costume 10:00 Cards & Games 10:30 Halloween Bonus Bingo, Costume Contest, Eerie Treats 12:00 Lunch 1:00 Games</p> | | |



Forwarding and return postage guaranteed
Address service requested
Postmaster: Send address changes to:
Fulton County Senior Center
240 Clinton Street
Wauseon, OH 43567-1109

 If you or a family member would like to receive this newsletter by e-mail, please contact us at kschroeder@fultoncountyoh.com.

DATED MATERIAL - DELIVER BEFORE OCTOBER 1, 2018

FULTON COUNTY SENIOR CENTER STAFF

| | |
|--|--|
| Director..... | Sheri Rychener |
| Receptionist..... | Karen Schroeder |
| Information & Referral Specialist..... | Valerie Edwards |
| Administrative Assistant..... | Chris Sager |
| Vehicle Maintenance Supervisor..... | Wes Green |
| Housekeeping Program Manager..... | Laura Ankney |
| Head Cook/Kitchen Manager..... | Kyle Wilcoxon |
| Assistant Cook..... | Deb Villalovos |
| Food Program Manager..... | Deb Myers |
| Kitchen Aides..... | Sherry Bittinger, Sandy Lemley, Maryann Griffin |
| Activity Coordinator..... | Vicki Hoylman |
| Activity Support Staff..... | Beth Ricker-Flory |
| Volunteer Coordinator..... | Brooke Bosco |
| Site Manager, Archbold/Fayette..... | Linda Holly |
| Site Aide, Archbold/Fayette..... | Dorothy Bock |
| Site Manager, Delta/Swanton..... | Jeanne Ortiz |
| Site Aide, Delta/Swanton..... | Claudia Overmyer |
| Custodian..... | Danni Smith, Andrea Coburn |
| Meal Delivery..... | Judy Thourot, Dave Smith, Kim Machinski, Juan Avina, Bill Sigg, Jeffrey Waidelich James Davis, Brenda Hauck, James Mapes, Tim Gorsuch, Angela Johnston, Andrea Coburn |
| Substitutes..... | Peggy Wilson, Joe Sutton, James Baldwin, Robert Shaw, Vicki Kline, Butch Kline Erin Cheesbro, Sharon McCabe, Chad Hayward, Karen James, Deb Gabel, Anita Ehrsam |

The Fulton County Senior Center is a program of the Fulton County Commissioners, funded through levy money, donations, and under a grant, administered by the Ohio Department of Aging and the Area Office on Aging.

Please direct all calls/inquiries to our main number at 419-337-9299.

| | | |
|---------------|----------|-------------------|
| Wauseon Site | M – F | 8:00 am – 4:00 pm |
| Archbold Site | M and F | 9:00 am – 2:00 pm |
| Delta Site | T and Th | 9:00 am – 2:00 pm |
| Fayette Site | T, W, Th | 9:00 am – 2:00 pm |
| Swanton Site | M, W, F | 9:00 am – 2:00 pm |