

SERVING CITIZENS OF FULTON COUNTY 60 YEARS & OVER

SENIOR

SEPTEMBER 2018

Fulton County Senior Center

240 Clinton St., Wauseon, Ohio 43567

Phone: 419-337-9299 • Fax: 419-337-9289 • Hours: 8am-4pm



SENIOR NEWS

UPCOMING EVENTS - ALL SITES INVITED

Sept 5 – Senior Day at Fulton County Fair

Sept 11 – Day Trip, Toledo Zoo

Sept 13 – Day Trip, Shopping in Angola, Indiana

Sept 18 – Choir to Montpelier

Sept 20 – Day Trip, Fort Meigs, Perrysburg

Sept 21 – Day Trip, Jewelry for Missions, Delta

Sept 27 – Walk with us at Homecoming Park

Oct 2 – Road to Wellness at St. Caspar's Parish

Oct 16 – OSHIIP Medicare Check Up Day

Oct 16 – Day Trip, Toledo Zoo

SENIOR SPOTLIGHT



Many of you are familiar with Rupp Seeds located south of Pettisville. Our spotlight shines on Roger Rupp who has been synonymous with the company for decades. Roger followed in his father Sylvan's footsteps and joined what was then known as the "Rupp Seed Farm" in 1972, with a focus on Rupp brand corn hybrids and soybean varieties. Vegetable seeds came next. It was important for Roger to offer his customers the newest and best genetics instead of simply providing common seed varieties. Roger recently handed over the reins to the next generation of Rupps. Our Senior Center sites have enjoyed excess produce delivered by Rupp Seeds. "The world eats better because of us," Roger said. These days, you can find Roger and wife Peggy renewing relationships with friends and hosting small groups at their home. They also make a weekly visit to the Traumatic Brain Injury Resource Center in Toledo for support, education and inspiration. Photo courtesy of Ohio Farm Bureau Federation.

CELEBRATE SEPTEMBER

September is National Senior Center Month, and we want to celebrate you! If you bring a friend (Fulton County resident, age 60 or over) to the Senior Center for lunch, you will receive a lunch ticket. If you try an exercise class for the first time or attend a day trip for the first time or participate in a 11:00 am program for the first time, you will receive a lunch ticket. Help us spread the word about how wonderful our five Fulton County Senior Centers are by trying something new. And invite a senior friend to come along!

• FULTON COUNTY SENIOR CENTER PROGRAMS & SERVICES •

Information and Referral • Congregate Nutrition Site • Home Delivered Meals • Skill Development Programs
Fitness & Wellness Programs • Social & Recreation Programs • Transportation • Housekeeping • Education
Monthly Newsletter • Support Groups • Health Screens and Services • Volunteer Opportunities

FREE HEALTH CONFERENCE FOR SENIORS

Tuesday, October 2 is the 10th annual Road to Wellness Health Care Conference for mature adults and caregivers in and around Fulton County. The theme for the 2018 event is "Safe & Well Preserved" and will take place from 9:30 am to 2:30 pm at Wauseon's St. Caspar Parish Life Center on Shoop Avenue. Back by popular demand: complete a registration form and receive a **complimentary hot lunch provided by Fulton County Senior Center**. This is the same delicious lunch you would enjoy at the Wauseon Senior Center, just in a different location. You can expect information that applies to nearly all aspects of a senior's life, along with entertainment, health insurance/ Medicare Open Enrollment update, information on gardening, canning & preserving, health screenings and flu shots, freebies, and much more. Registration forms are available at local Senior Center sites and Fulton County Health Department. Or call in your registration at 419-337-9299 or to the Health Department at 419-337-0915.

FLU IMMUNIZATIONS SCHEDULED

Two flu clinics will be offered at Fulton County Senior Centers. On Thursday, October 11 from 10:00 am to noon at the Fulton County Senior Center, 240 Clinton Street, Wauseon. Or on Tuesday, October 16 from 2:00 to 5:30 pm, you may attend the flu clinic at the Fayette Senior Center in the Family Life Center, 306 E. Main Street. This service is provided by the Fulton County Health Department. The Affordable Care Act has instituted a requirement for insurances to pay for immunizations and other preventive care as a "first dollar" service, meaning the member does not have to provide co-pays or meet deductibles. As a result, the Health Department will be billing contracted insurance plans for the service; many individuals will not pay "out of pocket" at the time of service. The Health Department is contracted with seven insurance plans. Medicare and Medicaid are also accepted as payment. Want to find out if your insurance plan is accepted? Call the Health Department at 419-337-0915.

SITES CLOSED OCTOBER 2

Please note, on Tuesday, October 2, the Delta Senior Center and Fayette Senior Center will be closed. You are encouraged to sign up for Road to Wellness. In addition, no noon meal will be served at the Fulton County Senior Center, 240 Clinton Street, on Tuesday, October 2 since our kitchen staff will be serving the hot meal at the Road to Wellness Health Care Conference for Mature Adults and Caregivers at St. Caspar. Please register to join us at Road to Wellness by calling 419-337-9299 or the Health Department at 419-337-0915.

MEDICARE OPEN ENROLLMENT

Here is what can be done during Open Enrollment, October 15th - December 7th:

- Switch from one Medicare Prescription Drug Plan to another Medicare Prescription Drug Plan
- Drop your Medicare prescription drug coverage completely
- Change from Original Medicare to a Medicare Advantage Plan
- Change from a Medicare Advantage Plan back to Original Medicare
- Switch from one Medicare Advantage Plan to another Medicare Advantage Plan
- Switch from a Medicare Advantage Plan that doesn't offer drug coverage to a Medicare Advantage Plan that offers drug coverage
- Switch from a Medicare Advantage Plan that does offer drug coverage to a Medicare Advantage Plan that doesn't offer drug coverage
- Join a Medicare Prescription Drug Plan

Any changes made will take effect on January 1, 2019. To schedule an appointment, contact Valerie Edwards at the Fulton County Senior Center 419-337-9299. **Don't delay! Appointment times fill up quickly.**



WAUSEON HIGHLIGHTS

- Golden Drummers:** Friday am
- Choir Practice:** Tuesday at 1:00 pm
- Tai Chi:** every Tuesday and Thursday
- Food & Fitness:** September 4 & 18
- Pepper:** Wednesday at 1:00 pm
- Human Society Animals:** September 14
- Bingo:** Thursday mornings
- Birthday Party:** first Friday
- Gentle Movement:** see calendar
- Line Dancing:** Mondays afternoons
- Free Hearing Aid Cleaning:** September 10
- Toe Nail Clinic:** September 26. Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

WALK WITH US

September 27 at 11:30, Fulton County seniors are invited to walk for exercise at Homecoming Park. Fulton County Wellness Program is hosting an organized fun, casual, group walk around the park to encourage movement and socialization. When you arrive, check in at the table near the parking lot on Leggett Street. Walk as much or as little as you'd like. Walking once around the park on the sidewalk is one mile. If you walk, you will receive a free light lunch of a slider sandwich, fruit and water. You must call 419-337-9299 by September 20 to register.

WHERE'S VAL?

On Wednesday, September 12, 2018, Val Edwards, Information & Referral Specialist, will take appointments at the Delta Library from 10:00 am to noon. Get help understanding Medicare and Social Security issues, insurance, bills, completing applications, and more. Thursday, September 20, meet Val at the Swanton Library from 10:00 am to noon. Tuesday, September 25 is your chance to meet with Val at the Evergreen Library in Metamora from 10:00 am to noon. On Thursday, September 27, Val will be at Wyse Commons on Archbold's Fairlawn campus. Val is available most weekdays to meet with seniors at the Fulton County Senior Center, 240 Clinton Street, Wauseon. Val's services are offered at no cost to seniors in partnership with Wyse Commons and the local libraries. Please make an appointment in advance with Val for any of these dates by calling 419-337-9299.

ARCHBOLD HIGHLIGHTS

- Bingo:** Fridays
- Blood Pressure Check:** September 24
- Birthday Lunch:** first Friday
- Toenail Clinic:** October 22
Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

FAYETTE HIGHLIGHTS

- Bingo:** every Thursday
- Blood Pressure Check:** third Tuesday
- Birthday Lunch:** first Thursday
- Toenail Clinic:** October 16
Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

DELTA HIGHLIGHTS

- Bingo:** every Thursday
- Blood Pressure Check:** second Tuesday
- Birthday Lunch:** first Thursday
- Free Hearing Aid Cleaning:** September 13
- Toenail Clinic:** October 9
Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

SWANTON HIGHLIGHTS

- Bingo:** every Wednesday
- Birthday Lunch:** first Wednesday
- Blood Pressure Check:** second Monday
- Free Hearing Aid Cleaning:** September 17
- Toenail Clinic:** October 15
Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

SEPTEMBER, 2018

LUNCH CALENDAR

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (Items must be ordered at least one week in advance)
 LF Alt = Low Fat Alternate (Items must be ordered at least one week in advance)

SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CLOSED FOR LABOR DAY	4 Beef & Noodles Mashed Potatoes Sugar Snap Peas Apricots	5 Navy Bean Soup (LS Alt=Tomato Soup) Deli Chicken Sandwich Pickled Beets Tropical Fruit	6 Sausage Patty Sandwich Hash Brown Casserole Succotash Mixed Fruit	7 Salisbury Steak Mashed Potatoes Steamed Broccoli Fresh Apples Yogurt Wauseon Site Only: Pasta Bar
10 Goulash Summer Squash Tossed Salad Fruit Crisp	11 Swiss Steak Mashed Potatoes Green & Wax Beans Fresh Fruit	12 Cheese Burgers Oven Fries Baked Beans Orange Segments	13 Cold Plate Cold Cuts & Cheese (LS Alt=Chicken Salad) Lettuce & Tomato Pea Salad Fruit Salad Wauseon Site Only: Tuna Salad	14 Chipped Beef Mashed Potatoes Mixed Vegetables Peaches
17 Hot Dogs (LS Alt=Chicken Breast) Macaroni & Cheese California Blend Vegetables Mixed Fruit Orange Juice	18 Beef Stroganoff Egg Noodles Brussels Sprouts Apple Sauce Cookies	19 Chicken Breast Sandwich O'Brien Potatoes Buttered Beets Fruit Salad	20 Chili w/Beans Mexican Style Rice Tossed Salad Fruit Crisp	21 Country Fried Steak w/Country Gravy Mashed Potatoes Green Beans Pears
24 Biscuits & Gravy Hash Brown Casserole Tossed Salad Fruit Crunch	25 Cheeseburger Soup Ground Bologna Sandwich (LS Alt=Egg Salad) Broccoli Salad Jell-O	26 Chicken & Noodles Mashed Potatoes Midori Blend Vegetables Peaches Pudding	27 Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Creamed Peas Pineapple	28 Pasta w/Meat Sauce Steamed Broccoli Cream Style Corn Bananas Sites Only: Taco Bar

WAUSEON ACTIVITIES
MONDAY THRU FRIDAY

FULTON COUNTY SENIOR CENTER
240 CLINTON ST. / WAUSEON, OH 43567
419.337.9299

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>CLOSED FOR LABOR DAY</p>	<p>4</p> <p>10:00 Food & Fitness 11:00 Left Center Right Dice Game 11:00 Tai Chi 12:00 Lunch 1:00 Choir Practice 1:00 Tai Chi</p>	<p>5</p> <p>Join in Senior Day at the Fulton Co. Fair! Wear a Senior Center Shirt/ Hat. Senior Center Choir Performs at 11 at Fair 11:00 Cards & Games 12:00 Lunch 1:00 Pepper Card Game (Bingo Room)</p>	<p>6</p> <p>10:15 Bingo with Guests from Fulton Manor & Suites 10:30 Brain Games 11:00 Tai Chi 12:00 Lunch 1:00 Tai Chi</p>	<p>7</p> <p>10:30 Golden Drummers (Gym) 11:00 Site Council & Nutrition Education 12:00 Lunch 12:30 Birthday Party 1:00 Walk the Gym</p>
<p>10:30 Free Hearing Aid Cleaning 11:00 Corn Hole 12:00 Lunch 1:00 Line Dancing (Gym)</p>	<p>11</p> <p>Day Trip, Toledo Zoo Wear Floral Print (at Site) 11:00 Cards 11:00 Tai Chi 12:00 Lunch 1:00 Choir Practice 1:00 Tai Chi</p>	<p>12</p> <p>Wear Green Halfway to St. Patrick's Day 10:00 What Am I? 11:00 Caricaturist, Don Lee 12:00 Lunch 1:00 Pepper Card Game (Bingo Room)</p>	<p>13</p> <p>Day Trip: Shopping in Angola 10:15 Bingo 11:00 Tai Chi 12:00 Lunch 1:00 Tai Chi</p>	<p>14</p> <p>Wear Red, Blue or Yellow for National Play-Doh Day 10:30 Golden Drummers (Gym) 11:00 Fulton Co. Humane Society Animals & Tracey Wanner 12:00 Lunch 1:00 Dominoes</p>
<p>10:30 Word Game 11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Line Dancing (Gym)</p>	<p>18</p> <p>9:30 Choir Leaves for Montpelier Performance 10:00 Food & Fitness 11:00 Tai Chi 12:00 Lunch 1:00 Choir Practice 1:00 Tai Chi 1:30 OPERS</p>	<p>19</p> <p>Dress Like a Farmer Today Gentle Movement Resumes (Gym) 10:30 Brain Game (Home Range Plexer) 11:00 Guitar Music by Mark Lozer 12:00 Lunch 1:00 Pepper Card Game (Bingo Room)</p>	<p>20</p> <p>Day Trip, Fort Meigs, Perrysburg Wear a Senior Center Shirt/ Hat 10:15 Bingo 11:00 Tai Chi 12:00 Lunch 1:00 Tai Chi</p>	<p>21</p> <p>Day Trip, Jewelry for Missions 10:30 Golden Drummers (Gym) 10:30 Simple Chair Exercises by Americare 12:00 Lunch 1:00 Tripoley</p>
<p>9:30 Gentle Movement 11:00 Brain Games with Beth 12:00 Lunch 1:00 Line Dancing (Gym)</p>	<p>25</p> <p>9:30 Hand & Foot 11:00 Music by Just Us 2, Marc & Ellen Pember 11:00 Tai Chi 12:00 Lunch 1:00 Choir Practice 1:00 Tai Chi</p>	<p>26</p> <p>Wear Neon or a Bright Color Today Toe Nail Clinic (by appointment) 9:30 Gentle Movement 11:00 What am I? Part 2 12:00 Lunch 1:00 Pepper Card Game (Bingo Room)</p>	<p>27</p> <p>Wear Brown for National Coffee Day Extended Bingo 11:00 Tai Chi 11:30 Organized Walk at Homecoming Park (Must Register by Sept. 20) 12:00 Lunch 1:00 Tai Chi</p>	<p>28</p> <p>10:30 Golden Drummers (Gym) 12:00 Lunch 1:00 Dirty Marbles</p>

SWANTON
217 CHESTNUT ST.
MON., WED., & FRI

DELTA / SWANTON
ACTIVITIES

DELTA-101 NORTHWOOD DR.
UNITED METHODIST CHURCH
TUES. & THURS.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>CLOSED FOR LABOR DAY</p>	<p>4</p> <p>Table Talk Topic: If you could have a super power, which would you choose? 11:00 Learn a New Card Game, Wizard/ 5 Crowns 12:00 Lunch 1:00 Cards & Games</p>	<p>5</p> <p>Join in Senior Day at the Fulton Co. Fair! 10:00 Site Council & Nutrition Education 10:30 Bingo 12:00 Lunch with Birthday Cake from Swanton Health Care 1:00 Word Games</p>	<p>6</p> <p>10:00 Site Council & Nutrition Education 10:30 Bingo 12:00 Lunch with Birthday Cake 1:00 Puzzles</p>	<p>7</p> <p>Table Talk Topic: If you could have a super power, which would you choose? 10:00 Brain Game (Plexer Chance) 11:00 Fulton County Deputy Simon and K9, Maggie 12:00 Lunch 1:00 Cards</p>
<p>10</p> <p>Table Talk Topic: Your First Job & The Most Challenging Job You've Had 10:00 Brain Game (Puzzle '13) 11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Cards & Games</p>	<p>11</p> <p>Day Trip, Toledo Zoo Table Talk Topic: Your First Job & The Most Challenging Job You've Had 10:00 Brain Game (Puzzle '13) 11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Word Games</p>	<p>12</p> <p>Table Talk Topic: Which of Your Personality Traits Has Been the Most Useful? 10:00 Brain Game (Home Plexer) 10:30 Bingo 12:00 Lunch 1:00 Puzzles</p>	<p>13</p> <p>Day Trip, Shopping at Angola Table Talk Topic: Which of Your Personality Traits Has Been the Most Useful? 10:00 Free Hearing Aid Cleaning 10:00 Brain Game (Home Plexer) 10:30 Bingo, Guest Caller 12:00 Lunch 1:00 Cards</p>	<p>14</p> <p>Wear Red, Blue or Yellow for National Play-Doh Day Table Talk Topic: When it comes to gifts, is it really only the thought that counts? 11:00 Nature's Nursery Program (Live Animals) 12:00 Lunch 1:00 Cards & Games</p>
<p>17</p> <p>Table Talk Topic: Who is the most interesting person in your extended family? 10:00 Brain Game (Interval) 10:30 Free Hearing Aid Cleaning 11:00 Bunco 12:00 Lunch 1:00 Word Games</p>	<p>18</p> <p>Table Talk Topic: Who is the most interesting person in your extended family? 10:00 Brain Game (Interval) 11:00 Simple Exercises with Lisa V of Fairlawn 12:00 Lunch 1:00 Puzzles</p>	<p>19</p> <p>Dress Like a Farmer Day Table Talk Topic: What's Your Favorite Fruit? Vegetable? 10:00 Brain Game (Face Plexer) 10:30 Bingo 12:00 Lunch 1:00 Cards</p>	<p>20</p> <p>Day Trip, Fort Meigs, Perrysburg Dress Like a Farmer Day (at the site) Table Talk Topic: What's Your Favorite Fruit? Vegetable? 10:00 Brain Game (Face Plexer) 10:30 Bingo 12:00 Lunch 1:00 Cards & Games</p>	<p>21</p> <p>Day Trip, Jewelry for Missions Table Talk Topic: Who is your oldest friend? How did you meet them? 11:00 Music by Jaclyn O'Neil, Music Therapist 12:00 Lunch 1:00 Games</p>
<p>24</p> <p>Table Talk Topic: What is the biggest challenge you are facing right now? 10:00 Brain Game (Dr. Seuss) 11:00 Crafters' Corner with Lindsay 12:00 Lunch 1:00 Puzzles</p>	<p>25</p> <p>Table Talk Topic: What is the biggest challenge you are facing right now? 10:00 Brain Game (Proverbs) 11:00 Crafters' Corner with Lindsay 12:00 Lunch 1:00 Cards</p>	<p>26</p> <p>Crazy Mug Day; Bring Your Own Mug for National Coffee Day Table Talk Topic: What quality do you value most in your friends? 10:00 Brain Game (Jack Plexer) 10:30 Bingo 12:00 Lunch 1:00 Cards & Games</p>	<p>27</p> <p>Crazy Mug Day; Bring Your Own Mug for National Coffee Day Table Talk Topic: What quality do you value most in your friends? 9:30 Brain Game (Jack Plexer) 10:00 Extended Bingo 12:00 Lunch 12:30 Living Wills, Power of Attorney, Advanced Directives with Ashley 1:00 Games</p>	<p>28</p> <p>Table Talk Topic: What is a creative gift you have given or received? 10:00 Brain Game (Proverbs) 11:00 Local Author/ Senior/ Chaplain/ Swanton Graduate, Carol L. Miller, <u>Barrels & Arrows</u> 12:00 Lunch 1:00 Word Games</p>

ARCHBOLD / FAYETTE ACTIVITIES

ARCHBOLD - SCOUT CABIN
MON. & FRI.

FAYETTE - FAMILY LIFE CENTER
TUES., WED., & THURS.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>CLOSED FOR LABOR DAY</p>	<p>4</p> <p>10:00 Table Talk Topic: If you could have a super power, which would you choose? 10:00 Brain Game (Chance Plexer) 11:00 Corn Hole 12:00 Lunch 1:00 Cards & Games</p>	<p>5</p> <p>Join in Senior Day at the Fulton Co. Fair! Wear a Senior Center Shirt/Hat Senior Center Choirs Performs at 11 at Fair 10:00 Brain Game (School Travel) 11:00 Friendly Feud 12:00 Lunch 1:00 Word Games</p>	<p>6</p> <p>10:00 Site Council & Nutrition Education 10:30 Bingo 12:00 Lunch with Birthday Cake 12:15 Fulton Co. Treasurer, Escrow Information 1:00 Puzzles</p>	<p>7</p> <p>Table Talk Topic: If you could have a super power, which would you choose? 10:00 Site Council & Nutrition Education 10:30 Bingo 12:00 Lunch with Birthday Cake 1:00 Cards</p>
<p>10</p> <p>Table Talk Topic: Your First Job & The Most Challenging Job You've Had 10:00 Brain Game (Puzzle 13) 11:00 Dulcimer Music with Vickie Halsey 12:00 Lunch 1:00 Cards & Games</p>	<p>11</p> <p>Day Trip, Toledo Zoo Table Talk Topic: Your First Job & The Most Challenging Job You've Had 10:00 Brain Game (Puzzle 13) 11:00 "Crafters Corner" with Lindsay 12:00 Lunch 1:00 Word Games</p>	<p>12</p> <p>Table Talk Topic: Which of Your Personality Traits Has Been the Most Useful? 10:00 Brain Game (Home Plexer) 11:00 Guitar Music by Mark Lozer 12:00 Lunch 1:00 Puzzles</p>	<p>13</p> <p>Day Trip, Shopping in Angola, Indiana Table Talk Topic: When it comes to gifts, is it really only the thought that counts? 10:00 Brain Game 10:30 Bingo 12:00 Lunch 1:00 Cards</p>	<p>14</p> <p>Wear Red, Blue or Yellow for National Play-Doh Day Table Talk Topic: Which of Your Personality Traits Has Been the Most Useful? 10:00 Brain Game (Home Plexer) 10:30 Bingo 12:00 Lunch 1:00 Cards & Games</p>
<p>17</p> <p>Wear Your Favorite Color Today Table Talk Topic: Who is the most interesting person in your extended family? 10:00 Brain Game (Dr Seuss) 11:00 Play Sequence 12:00 Lunch 1:00 Word Games</p>	<p>18</p> <p>Wear Your Favorite Color Today Table Talk Topic: Who is the most interesting person in your extended family? 10:00 Brain Game (Dr Seuss) 11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Puzzles</p>	<p>19</p> <p>Table Talk Topic: What's Your Favorite Fruit? Vegetable? 10:00 Brain Game (Face Plexer) 11:00 Hand Chimes with Gail Zenz 12:00 Lunch 1:00 Cards</p>	<p>20</p> <p>Wear a Senior Center Shirt/Hat Today Day Trip, Fort Meigs Table Talk Topic: Who is your oldest friend? How did you meet them? 10:00 Brain Game (Level Plexer) 10:30 Bingo 12:00 Lunch 1:00 Cards & Games</p>	<p>21</p> <p>Day Trip: Jewelry for Missions Table Talk Topic: What's Your Favorite Fruit? Vegetable? 10:00 Brain Game (Face Plexer) 10:30 Bingo 12:00 Lunch 1:00 Games</p>
<p>24</p> <p>Table Talk Topic: What is a creative gift you have given or received? 10:00 Brain Game (Jack Plexer) 11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept. 12:00 Lunch 1:00 Puzzles</p>	<p>25</p> <p>Table Talk Topic: What is the biggest challenge you are facing right now? 10:00 Brain Game (Proverbs) 11:00 Play Sequence 12:00 Lunch 1:00 Cards</p>	<p>26</p> <p>Table Talk Topic: What quality do you value most in your friends? 10:00 Brain Game (Jack Plexer) 11:00 "My Journey to Israel," Faith Rupp 12:00 Lunch 1:00 Cards & Games</p>	<p>27</p> <p>Crazy Mug Day; Bring Your Own Mug to Celebrate National Coffee Day Table Talk Topic: What is a creative gift you have given or received? 10:00 Extended Bingo 12:00 Lunch 1:00 Games</p>	<p>28</p> <p>Table Talk Topic: What quality do you value most in your friends? 10:00 Brain Game (Proverbs) 10:30 Bingo 12:00 Lunch 1:00 Word Games</p>



Forwarding and return postage guaranteed
Address service requested
Postmaster: Send address changes to:
Fulton County Senior Center
240 Clinton Street
Wauseon, OH 43567-1109

 If you or a family member would like to receive this newsletter by e-mail, please contact us at kschroeder@fultoncountyoh.com.

DATED MATERIAL - DELIVER BEFORE SEPTEMBER 1, 2018

FULTON COUNTY SENIOR CENTER STAFF

Director.....	Sheri Rychener
Receptionist.....	Karen Schroeder
Information & Referral Specialist.....	Valerie Edwards
Administrative Assistant.....	Chris Sager
Vehicle Maintenance Supervisor.....	Wes Green
Housekeeping Program Manager.....	Laura Ankney
Head Cook/Kitchen Manager.....	Kyle Wilcoxon
Assistant Cook.....	Deb Villalovos
Food Program Manager.....	Deb Myers
Kitchen Aides.....	Sherry Bittinger, Sandy Lemley, Maryann Griffin
Activity Coordinator.....	Vicki Hoylman
Activity Support Staff.....	Beth Ricker-Flory
Volunteer Coordinator.....	Brooke Bosco
Site Manager, Archbold/Fayette.....	Linda Holly
Site Aide, Archbold/Fayette.....	Dorothy Bock
Site Manager, Delta/Swanton.....	Jeanne Ortiz
Site Aide, Delta/Swanton.....	Claudia Overmyer
Custodian.....	Danni Smith, Andrea Coburn
Meal Delivery.....	Judy Thourot, Dave Smith, Kim Machinski, Juan Avina, Bill Sigg, Jeffrey Waidelich James Davis, Brenda Hauck, James Mapes, Tim Gorsuch, Angela Johnston, Andrea Coburn
Substitutes.....	Peggy Wilson, Joe Sutton, James Baldwin, Robert Shaw, Vicki Kline, Butch Kline Erin Cheesbro, Sharon McCabe, Chad Hayward, Karen James, Deb Gabel, Anita Ehrsam

The Fulton County Senior Center is a program of the Fulton County Commissioners, funded through levy money, donations, and under a grant, administered by the Ohio Department of Aging and the Area Office on Aging.

Please direct all calls/inquiries to our main number at 419-337-9299.

Wauseon Site	M – F	8:00 am – 4:00 pm
Archbold Site	M and F	9:00 am – 2:00 pm
Delta Site	T and Th	9:00 am – 2:00 pm
Fayette Site	T, W, Th	9:00 am – 2:00 pm
Swanton Site	M, W, F	9:00 am – 2:00 pm