

SERVING CITIZENS OF FULTON COUNTY 60 YEARS & OVER

SENIOR

AUGUST 2018

Fulton County Senior Center

240 Clinton St., Wauseon, Ohio 43567

Phone: 419-337-9299 • Fax: 419-337-9289 • Hours: 8am-4pm



SENIOR NEWS

UPCOMING EVENTS - ALL SITES INVITED

Aug 2 – Ronald McDonald House Tour & Lunch at Olive Garden (Second trip)

Aug 7 – Free Concert by Bloomer Bunch (a musical family), Delta Senior Center

Aug 9 – Father John's Microbrewery Tour & Meal, Bryan

Aug 13 – Archbold Site Visits the Fulton Co. Museum

Aug 21 – National Senior Citizen Day; Concert, Prizes & Dessert

Aug 24 – Choir Performs at Swanton Senior Center

Aug 27 – Choir Performs at Fulton Manor

Aug 29 – Spangler Candy Factory Tour

Sept 5 – Senior Day at Fulton County Fair

Sept 11 – Toledo Zoo

Sept 13 – Shopping in Angola, Indiana

Sept 20 – Fort Meigs, Perrysburg

SENIOR SPOTLIGHT



Wauseon seniors Dave & Linda Armstrong celebrated 54 years of marriage in June. The Armstrongs have been involved with the Senior Center for several years. Dave receives home-delivered meals. "The variety is fantastic!" Dave said. Linda enjoys exercise classes at the Wauseon site. Dave is an Air Force veteran, and they both enjoy attending the Senior Center Veterans' Breakfast each fall. "You recognize our veterans in such a kind, considerate way," Linda said. Dave and Linda want readers to know the VA and Fulton County Veterans Services offices have been very helpful by answering

questions and getting Dave the equipment he needs that helps him live with Multiple Sclerosis. In February 2014, Dave joined other local seniors and Senior Center staff in the Senior Center flash mob at halftime of a Wauseon high school boys' basketball game by moving his power wheelchair in time to the music. "The senior center is such a blessing to so many people. I keep trying to tell people, 'you should get involved up there,'" Linda said. The couple recently donated Dave's used power scooter and power wheelchair to the Fulton County Senior Center so other seniors could benefit from the equipment. During the summer, the couple enjoys watching their grandsons play sports. Dave was featured on local TV news after a photo of him watching his grandson play baseball got a lot of attention. The photo showed Dave elevated in his chair so he could see over the fence.



• FULTON COUNTY SENIOR CENTER PROGRAMS & SERVICES •

Information and Referral • Congregate Nutrition Site • Home Delivered Meals • Skill Development Programs
Fitness & Wellness Programs • Social & Recreation Programs • Transportation • Housekeeping • Education
Monthly Newsletter • Support Groups • Health Screens and Services • Volunteer Opportunities

FAIR BOOTH VOLUNTEERS NEEDED

Our Senior Center will have a booth at the 161st Fulton County Fair again this year. Would you like to volunteer for a shift at the booth from August 31 through September 6? Your duties while staffing the booth include such things as the following: hand out brochures, newsletters and meal tickets (to Fulton County Residents, 60+ only), keep the mint basket full and keep the Senior Center promotional DVD playing.

What does the Senior Center mean to you? You might have the opportunity to share your experience and answer some questions while you volunteer at the fair. You may also record a senior's contact information if a senior would like to receive more information about our home-delivered meals or other services. We will also have a sign-up sheet for anyone who would like to receive our newsletter via email. Please purchase a fair admission pass in advance. Thank you for your help with this important event. Contact Beth today at 419-337-9299 to schedule a time to volunteer.

WHERE'S VAL?

On Wednesday, September 12, 2018, Val Edwards, Information & Referral Specialist, will take appointments at the Delta Library from 10:00 am to noon. Get help understanding Medicare and Social Security issues, insurance, bills, completing applications, and more. Thursday, September 20, meet Val at the Swanton Library from 10:00 am to noon. Tuesday, September 25 is your chance to meet with Val at the Evergreen Library in Metamora from 10:00 am to noon. On Thursday, September 27, Val will be at Wyse Commons on Archbold's Fairlawn campus. Also, Val is available most weekdays to meet with seniors at the Fulton County Senior Center, 240 Clinton Street, Wauseon. Val's services are offered at no cost to seniors in partnership with Wyse Commons and the local libraries. Please make an appointment in advance with Val for any of these dates by calling 419-337-9299.

HELP US HELP YOU

Has your phone number changed?
Have you moved?
Has your email address changed?
Is information for your contact person out of date? Please contact us with your up-to-date information. Also, if you currently receive the Bzz newsletter by mail and have an email address, would you consider receiving the newsletter via email instead of regular mail to help us save money on postage?

DID YOU KNOW?

August 21 is National Senior Citizens Day. On August 19th, 1988, a proclamation was made by President Ronald Reagan that deemed August 21st as a national day to give older United States citizens thanks and a heartfelt salute.



To honor our seniors on August 21, you are invited to a free concert by Nostalgia at 11:00 am. Enter to win one of four prizes donated by Aetna. Make your lunch reservation and enjoy a special dessert. This is our way of honoring you on National Senior Citizens Day!

Please also note the Delta Senior Center will be closed on August 21 so Delta seniors can take a special, guided tour of the new Museum and Welcome Center of Fulton County, followed by lunch at the Fulton County Senior Center, Wauseon. Delta seniors may sign up for this tour at the Delta site or by calling 419.337.9299.

WAUSEON HIGHLIGHTS

Golden Drummers: Friday am

Choir Practice: Tuesday at 1:00 pm

Tai Chi: every Tuesday and Thursday

Food & Fitness: August 7 & 21

Pepper: Wednesday at 1:00 pm

Line Dancing: Mondays at 1:00 pm

Bingo: Thursday mornings

Birthday Party: first Friday

Gentle Movement: Resumes in Sept

Toe Nail Clinic: September 26. Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

ARCHBOLD HIGHLIGHTS

Bingo: Fridays

Blood Pressure Check: August 27

Birthday Lunch: first Friday

Toenail Clinic: August 27.

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

FAYETTE HIGHLIGHTS

Bingo: every Thursday

Blood Pressure Check: August 21

Birthday Lunch: first Thursday

Toenail Clinic: August 21.

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

TAKE ME HOME HELPS LOST SENIORS

The Take Me Home program is sponsored by Fulton County Prosecutor Scott Haselman, Sheriff Roy Miller and the Fulton County Board of Developmental Disabilities. The program consists of a database of individuals who may have trouble communicating their name and where they live – such as individuals with autism, Down syndrome, non-verbal individuals with cognitive disabilities or senior citizens with dementia or Alzheimer's.

The Take Me Home database contains a photo, identifying characteristics and contact information. It is a valuable tool for law enforcement agencies as well as families and caregivers.

In the event a person is lost or separated from their loved ones, a search of the database based on the individual's name, phone number or physical characteristics will allow law enforcement personnel to match their Take Me Home record to their contact information.

Registration is free and simple. For more information, contact the Take Me Home Coordinator at takemehome@fultoncountyoh.com or you may complete a registration form (available at all Fulton County Senior Center sites) and turn it in with a photograph to the Sheriff's office or the Board of DD. If a current photograph is not available, a photo can be taken free of charge at the Sheriff's office or at the Board of DD.

DELTA HIGHLIGHTS

Bingo: every Thursday

Blood Pressure Check: second Tuesday

Birthday Lunch: first Thursday

Toenail Clinic: August 14.

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

SWANTON HIGHLIGHTS

Bingo: every Wednesday

Birthday Lunch: first Wednesday

Toenail Clinic: August 13.

Call early for appointment; \$15.00 fee; soak feet for 30 minutes before you arrive.

AUGUST, 2018

LUNCH CALENDAR

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

LS Alt = Lower Sodium Alternative (Items must be ordered at least one week in advance)
 LF Alt = Low Fat Alternate (Items must be ordered at least one week in advance)

SUGGESTED DONATION: \$2.00. LUNCH SERVED AT NOON.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Steamed Franks (LS Alt=Chicken Breast) Baked Beans Normandy Blend Vegetables Fresh Fruit Cookies	7 Breakfast for Lunch Sausage ,Egg and Cheese Biscuit Sandwich Hash Brown Casserole French Toast Bake Diced Fresh Fruit Orange Juice	1 Smoked Sausage Sauer Kraut (LS Alt=Turkey Franks) Smashed Red Potatoes Peas w/Onions Mixed Fruit	2 Chicken Noodle Soup Ham & Cheese Sandwich Broccoli & Cauliflower Salad 5 Cup Salad	3 BBQ Rib Sandwich Seasoned Potato Wedges Succotash Cole Slaw Wauseon Site Only: Baked Potato Bar
13 Cheese Burgers Seasoned Potato Wedges Steamed Spinach Peas	14 Tomato Basil Soup (LS Alt=LS Tomato Soup) Cold Cut Sandwich Broccoli Salad Ambrosia	8 Goulash Cooked Cabbage Mixed Vegetables Peaches	9 Shepherd's Pie Summer Squash Green Salad Fruit Crunch	10 Chicken Gumbo Soup Macaroni Salad Kidney Bean Salad Cheese Cubes Jell-O
20 Chicken Tenders Hash brown Casserole Brussels Sprouts Fruit Cocktail	21 Baked Ham (LS Alt=Pork Roast) Sweet Potatoes Steamed Broccoli Fresh Fruit	15 Chicken & Noodles Mashed Potatoes Green Beans Mixed Fruit	16 Oriental Pepper Steak Brown Rice Midori Blend Vegetables Tropical Fruit Pudding	17 Country Fried Steak w/Country Gravy Mashed Potatoes Peas Apricots
27 Swedish Meatballs Egg Noodles Cooked Cabbage Crumb Topped Peaches Juice	28 Ham Loaf (LS Alt=Meatloaf) Red Skin Potatoes Cole Slaw Apple Sauce	22 Cabbage Rolls Mashed Potatoes Cook's Choice Vegetables Apple Slices w/Dip Pie	23 Beef Vegetable Soup Egg Salad Sandwich Three Bean Salad Mandarin Oranges	24 Lasagna Steamed Cauliflower Tossed Salad Fruit Crisp
31 Stuffed Chicken Breast Au Gratin Potatoes Stewed Tomatoes Pineapple Brownies	29 Ham Salad (LS Alt=Chicken Salad) Lettuce & Tomato Marinated Carrots Hawaiian Delight Salad	30 Sloppy Joe Sandwich Potato Wedges Malibu Blend Vegetables Peas Sites Only: Taco Bar	31 Stuffed Chicken Breast Au Gratin Potatoes Stewed Tomatoes Pineapple Brownies	

WAUSEON ACTIVITIES
MONDAY THRU FRIDAY

FULTON COUNTY SENIOR CENTER
240 CLINTON ST. / WAUSEON, OH 43567
419.337.9299

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10:30 Free Hearing Aid Cleaning</p> <p>11:00 "Daffynitions"</p> <p>12:00 Lunch</p> <p>1:00 Line Dancing</p> <p>1:00 Tripoley</p>	<p>9:30 Diabetes Empowerment Program</p> <p>10:00 Food & Fitness</p> <p>10:15 Leave to Attend Concert by Bloomer Bunch at Delta Sr Ctr</p> <p>11:00 Tai Chi</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi</p> <p>1:00 Choir Practice</p>	<p>1</p> <p>Wear Green for Child Support Awareness</p> <p>11:00 Important Information about Medicare/ Medicaid from a Local Attorney</p> <p>12:00 Lunch</p> <p>1:00 Pepper</p>	<p>2</p> <p>Wear a Colorful Pattern; National Coloring Book Day</p> <p>Day Trip, Ronald McDonald House</p> <p>10:15 Bingo</p> <p>11:00 Tai Chi</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi</p>	<p>3</p> <p>10:30 Golden Drummers</p> <p>11:00 Site Council</p> <p>12:00 Lunch</p> <p>12:30 Birthday Party</p> <p>1:00 Walk the Gym</p>
<p>11:00 Crafters' Corner, Lindsay of Blue Creek Health Care</p> <p>12:00 Lunch</p> <p>1:00 Line Dancing</p> <p>1:00 Corn Hole</p>	<p>9:30 Diabetes Empowerment Program</p> <p>11:00 New Music Therapist from Fulton Co. Health Center</p> <p>11:00 Tai Chi</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi</p> <p>1:00 Choir Practice</p>	<p>8</p> <p>Meet Local Author (Amy) Merrill Wyatt, daughter of Joan & Don Merrill. Book: Ernestine, Catastrophe Queen</p> <p>12:00 Lunch</p> <p>1:00 Pepper</p>	<p>9</p> <p>Day Trip, Father John's Microbrewery</p> <p>10:15 Bingo</p> <p>11:00 Tai Chi</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi</p>	<p>10</p> <p>10:30 Golden Drummers</p> <p>11:00 Cards</p> <p>12:00 Lunch</p> <p>1:00 Dirty Marbles</p>
<p>11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept.</p> <p>12:00 Lunch</p> <p>1:00 Line Dancing</p> <p>1:00 Dominoes</p>	<p>9:30 Diabetes Empowerment Program</p> <p>10:00 Food & Fitness</p> <p>11:00 Free Concert by Nostalgia; Prizes Provided by Aetna</p> <p>11:00 Tai Chi</p> <p>12:00 Lunch & Dessert</p> <p>1:00 Tai Chi</p> <p>1:00 Choir Practice</p> <p>1:30 OPERS (Bingo Room)</p>	<p>15</p> <p>Wear Yellow Today</p> <p>National Lemon Meringue Pie Day</p> <p>10:30 Pie Trivia</p> <p>11:00 Test Your Brain with Plexers</p> <p>12:00 Lunch</p> <p>1:00 Pepper</p>	<p>16</p> <p>10:15 Bingo</p> <p>11:00 Word Game</p> <p>11:00 Tai Chi</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi</p>	<p>17</p> <p>10:30 Golden Drummers</p> <p>11:00 Brain Builder with Beth</p> <p>12:00 Lunch</p> <p>1:00 Walk the Gym</p>
<p>9:15 Senior Center Choir Leaves for Fulton Manor</p> <p>12:00 Lunch</p> <p>1:00 Line Dancing</p> <p>1:00 Hand & Foot</p>	<p>9:30 Diabetes Empowerment Program</p> <p>11:00 Marshmallow Trivia</p> <p>11:00 Tai Chi</p> <p>11:45 Fulton Co. Treasurer, Escrow Info.</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi</p> <p>1:00 Choir Practice</p>	<p>22</p> <p>10:30 Coloring Club</p> <p>11:00 Information about Living Wills, Power of Attorney, Advanced Directive</p> <p>12:00 Lunch</p> <p>1:00 Pepper</p>	<p>23</p> <p>10:15 Bingo</p> <p>11:00 Highlights Hidden Pictures</p> <p>11:00 Tai Chi</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi</p>	<p>24</p> <p>10:00 Choir to Swanton Senior Center</p> <p>10:30 Golden Drummers</p> <p>12:00 Lunch</p> <p>1:00 Tripoley</p>
		<p>29</p> <p>Day Trip, Spangler Candy Company</p> <p>11:00 Cards & Games</p> <p>12:00 Lunch</p> <p>1:00 Pepper</p>	<p>30</p> <p>Wear White And Or Brown National Toasted Marshmallow Day</p> <p>9:45 Extended Bingo</p> <p>11:00 Tai Chi</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi</p>	<p>31</p> <p>10:30 Golden Drummers</p> <p>11:00 Brain Builder with Beth</p> <p>12:00 Lunch</p> <p>1:00 Dominoes</p>

DELTA / SWANTON ACTIVITIES

DELTA-101 NORTHWOOD DR.
UNITED METHODIST CHURCH
TUES. & THURS.

SWANTON
217 CHESTNUT ST.
MON., WED., & FRI

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Today's Theme: Dog Days of Summer</p> <p>9:45 Walking on Path (Weather Permitting)</p> <p>10:00 Table Talk Topic: Tell About a Pet You Have/Had</p> <p>11:00 Samantha & Charlie the Therapy Dog</p> <p>12:00 Lunch</p> <p>1:00 Cards & Games</p>	<p>9:45 Walking in Parking Lot (Weather Permitting)</p> <p>10:00 Table Talk Topic: Tell About a Pet You Have/Had</p> <p>11:00 Concert by the Bloomer Bunch (A Musical Family)</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p>Wear Green for Child Support Awareness</p> <p>10:00 Site Council</p> <p>10:30 Bingo</p> <p>12:00 Lunch with Birthday Cake from Swanton Health Care</p> <p>1:00 Cards</p>	<p>Wear a Colorful Pattern National Coloring Book Day</p> <p>Day Trip, Ronald McDonald House</p> <p>10:00 Site Council</p> <p>10:30 Bingo</p> <p>12:00 Lunch with Birthday Cake</p> <p>1:00 Games</p>	<p>10:00 1950s Word Search</p> <p>11:00 Music from the 1950s with Just Us 2, Marc & Ellen Pember</p> <p>12:00 Lunch</p> <p>12:15 Fulton Co. Treasurer, Escrow Info.</p> <p>1:00 Puzzles</p>
<p>9:45 Walking on Path (Weather Permitting)</p> <p>10:00 Table Talk Topic: What is One of Your All-Time Favorite Movies? Why?</p> <p>10:00 Toe Nail Clinic, by appointment</p> <p>11:00 Wauseon author, (Amy) Merrill Wyatt. Book: <u>Ernestine, Catastrophe Queen</u></p> <p>12:00 Lunch</p> <p>12:45 Play Wizard with Jeanne</p>	<p>9:45 Walking in Parking Lot (Weather Permitting)</p> <p>10:00 Table Talk Topic: What is One of Your All-Time Favorite Movies? Why?</p> <p>10:00 Toe Nail Clinic, by appointment</p> <p>11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept.</p> <p>12:00 Lunch</p> <p>1:00 Games</p>	<p>10:00 Brain Games</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Games</p>	<p>Day Trip, Father John's Microbrewery</p> <p>No Hearing Aid Cleaning</p> <p>10:00 Brain Games</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>	<p>9:45 Walking on Path (Weather Permitting)</p> <p>10:00 to Noon Bunco</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>
<p>9:45 Walking on Path (Weather Permitting)</p> <p>10:00 Table Talk Topic: What is One of Your All-Time Favorite Movies? Why?</p> <p>10:00 Toe Nail Clinic, by appointment</p> <p>11:00 Wauseon author, (Amy) Merrill Wyatt. Book: <u>Ernestine, Catastrophe Queen</u></p> <p>12:00 Lunch</p> <p>12:45 Play Wizard with Jeanne</p>	<p>9:45 Walking in Parking Lot (Weather Permitting)</p> <p>10:00 Table Talk Topic: What is One of Your All-Time Favorite Movies? Why?</p> <p>10:00 Toe Nail Clinic, by appointment</p> <p>11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept.</p> <p>12:00 Lunch</p> <p>1:00 Games</p>	<p>Wear Yellow Today National Lemon Meringue Pie Day</p> <p>10:00 Brain Games</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>	<p>10:00 Brain Games</p> <p>10:30 Bingo</p> <p>12:00 Lunch; Picnic Food by Request</p> <p>1:00 Word Games</p>	<p>9:45 Walking on Path (Weather Permitting)</p> <p>10:00 Brain Games</p> <p>11:00 "Great Lakes" by Carla and John Laver</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>
<p>9:45 Walking in Parking Lot (Weather Permitting)</p> <p>10:00 Table Talk Topic: What is Your Favorite Senior Center Lunch?</p> <p>11:00 Avoid Fraud & Scams, Representative from Ohio Attorney General's Office</p> <p>12:00 Lunch</p> <p>1:00 Games</p>	<p>National Senior Citizen Day</p> <p>Delta Site Closed for Trip Today</p> <p>Wear Senior Center Shirt/Hat</p> <p>9:40 Leave Delta Site</p> <p>10:00 Site Trip/ Guided Tour of New Fulton Co. Museum, Wauseon</p> <p>12:00 Lunch at Fulton Co. Senior Center, Wauseon</p> <p>1:15 Return to Delta Site</p>	<p>10:00 Brain Games</p> <p>10:30 Bingo with Guest Caller</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>	<p>10:00 Brain Games</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Cards & Games</p>	<p>9:45 Walking on Path (Weather Permitting)</p> <p>10:00 Brain Games</p> <p>11:00 Concert by Senior Center Choir</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>
<p>9:45 Walking in Parking Lot (Weather Permitting)</p> <p>10:00 Table Talk Topic: Tell About Something You Really Like About Where You Live</p> <p>11:00 Important Info. On Medicare & Medicaid from a Local Attorney</p> <p>12:00 Lunch</p> <p>12:45 Play Wizard with Jeanne</p>	<p>9:45 Walking in Parking Lot (Weather Permitting)</p> <p>10:00 Table Talk Topic: Tell About Something You Really Like About Where You Live</p> <p>11:00 Cooking for One or Two, Jenny Schwind</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>	<p>Day Trip, Spangler Candy Company</p> <p>10:00 Brain Games</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Cards & Games</p>	<p>Wear White And/Or Brown National Toasted Marshmallow Day</p> <p>9:45 Brain Games</p> <p>10:00 Extended Bingo</p> <p>12:00 Lunch</p> <p>12:15 Fulton Co. Treasurer, Escrow Info.</p> <p>1:00 Cards</p>	<p>9:45 Walking on Path (Weather Permitting)</p> <p>10:00 Brain Games</p> <p>11:00 Dulcimer Music, Vickie Halsey</p> <p>12:00 Lunch</p> <p>1:00 Games</p>

ARCHBOLD / FAYETTE ACTIVITIES

ARCHBOLD - SCOUT CABIN
MON. & FRI.

FAYETTE - FAMILY LIFE CENTER
TUES., WED., & THURS.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6</p> <p>10:00 Table Talk Topic: Tell About a Pet You Have/Had</p> <p>11:00 Avoid Identity Fraud, Kent Roth, F & M Bank</p> <p>12:00 Lunch</p> <p>1:00 Cards & Games</p>	<p>7</p> <p>10:00 Table Talk Topic: Tell About a Pet You Have/Had</p> <p>11:00 Meet Becky Gobel, Director of Fulton Co. Emergency Management Agency</p> <p>12:00 Lunch</p> <p>1:00 Cards & Games</p>	<p>1</p> <p>FAYETTE SITE CLOSED TODAY</p>	<p>2</p> <p>Wear a Colorful Pattern National Coloring Book Day Day Trip, Ronald McDonald House</p> <p>10:00 Site Council</p> <p>10:30 Bingo</p> <p>12:00 Lunch with Birthday Treat</p> <p>1:00 Word Games</p>	<p>3</p> <p>10:00 Site Council</p> <p>10:30 Bingo</p> <p>12:00 Lunch with Birthday Treat</p> <p>1:00 Puzzles</p>
<p>13</p> <p>Archbold Site is Closed for Trip 9:30 Meet at Archbold Senior Center to Board Bus</p> <p>10:00 Site Trip/ Guided Tour of New Fulton Co. Museum, Wauseon</p> <p>12:00 Lunch at Fulton Co. Senior Center, Wauseon</p> <p>1:00 Board Bus for Return Trip to Archbold</p>	<p>14</p> <p>10:00 Table Talk Topic: What is One of Your All-Time Favorite Movies? Why?</p> <p>11:00 Information about Living Wills, Power of Attorney, Advanced Directive, by Ashley H., RN</p> <p>12:00 Lunch</p> <p>1:00 Cards & Games</p>	<p>8</p> <p>10:00 Brain Games</p> <p>11:00 Music by Jean Pflund (keyboard)</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>	<p>9</p> <p>Day Trip, Father John's Microbrewery</p> <p>10:00 Brain Games</p> <p>10:30 Bring Your Grandchild to Bingo</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>	<p>10</p> <p>10:00 Brain Game</p> <p>10:30 Bring Your Grandchild to Bingo</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>
<p>20</p> <p>10:00 Table Talk Topic: What is Your Favorite Senior Center Lunch?</p> <p>11:00 New Music Therapist from Fulton Co. Health Center</p> <p>12:00 Lunch</p> <p>1:00 Cards & Games</p>	<p>21</p> <p>National Senior Center Day Wear Sr Cr Shirt or Hat</p> <p>9:30 Toe Nail Clinic (By Appointment)</p> <p>10:00 Table Talk Topic: What is Your Favorite Senior Center Lunch?</p> <p>11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept.</p> <p>12:00 Lunch</p> <p>1:00 Cards & Games</p>	<p>15</p> <p>Wear Yellow Today National Lemon Meringue Pie Day</p> <p>10:00 Brain Games</p> <p>11:00 Important Medicare/Medicaid Info. With Local Attorney</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>	<p>16</p> <p>10:00 Brain Games</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>12:15 Fulton Co. Treasurer, Escrow Info.</p> <p>1:00 Puzzles</p>	<p>17</p> <p>10:00 Brain Game</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>
<p>27</p> <p>9:30 Toe Nail Clinic (By Appointment)</p> <p>10:00 Table Talk Topic: Tell About Something You Really Like About Where You Live</p> <p>11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept.</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p>28</p> <p>10:00 Table Talk Topic: Tell About Something You Really Like About Where You Live</p> <p>11:00 Play Five Crowns Card Game</p> <p>12:00 Lunch</p> <p>1:00 Cards & Games</p>	<p>22</p> <p>10:00 Brain Games</p> <p>11:00 Music by Jimmy Stewart</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>	<p>23</p> <p>10:00 Brain Games</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p>24</p> <p>10:00 Brain Game</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>12:15 Fulton Co. Treasurer, Escrow Info.</p> <p>1:00 Games</p>
<p>27</p> <p>9:30 Toe Nail Clinic (By Appointment)</p> <p>10:00 Table Talk Topic: Tell About Something You Really Like About Where You Live</p> <p>11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept.</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p>29</p> <p>Day Trip, Spangler Candy Company</p> <p>10:00 Brain Games</p> <p>11:00 New Music Therapist from Fulton Co. Health Center</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>	<p>30</p> <p>Wear White And/Or Brown National Toasted Marshmallow Day</p> <p>10:00 Extended Bingo</p> <p>12:00 Lunch</p> <p>1:00 Games</p>	<p>31</p> <p>10:00 Brain Game</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p>	<p>31</p> <p>10:00 Brain Game</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p>



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Fulton County Senior Center
240 Clinton Street
Wauseon, OH 43567-1109

 If you or a family member would like to receive this newsletter by e-mail, please contact us at kschroeder@fultoncountyoh.com.

DATED MATERIAL - DELIVER BEFORE AUGUST 1, 2018

FULTON COUNTY SENIOR CENTER STAFF

Director	Sheri Rychener
Receptionist	Karen Schroeder
Information & Referral Specialist	Valerie Edwards
Administrative Assistant	Chris Sager
Vehicle Maintenance Supervisor	Wes Green
Housekeeping Program Manager	Laura Ankney
Head Cook/Kitchen Manager	Kyle Wilcoxon
Assistant Cook	Deb Villalovos
Food Program Manager	Deb Myers
Kitchen Aides	Sherry Bittinger, Sandy Lemley, Maryann Griffin
Activity Coordinator	Vicki Hoylman
Activity Support Staff	Beth Ricker-Flory
Volunteer Coordinator	Brooke Bosco
Site Manager, Archbold/Fayette	Linda Holly
Site Aide, Archbold/Fayette	Dorothy Bock
Site Manager, Delta/Swanton	Jeanne Ortiz
Site Aide, Delta/Swanton	Claudia Overmyer
Custodian	Danni Smith, Andrea Coburn
Meal Delivery	Dave Smith, Kim Machinski, Jerry Lighthill, Juan Avina, Bill Sigg, Jeffrey Waidelich
Substitutes	James Davis, Brenda Hauck, James Mapes, Tim Gorsuch, Angela Johnston, Andrea Coburn Judy Thourot, Peggy Wilson, Joe Sutton, James Baldwin, Robert Shaw, Vicki Kline, Butch Kline Erin Cheesbro, Sharon McCabe, Chad Hayward, Karen James, Deb Gabel, Anita Ehrsam

The Fulton County Senior Center is a program of the Fulton County Commissioners, funded through levy money, donations, and under a grant, administered by the Ohio Department of Aging and the Area Office on Aging.

Please direct all calls/inquiries to our main number at 419-337-9299.

Wauseon Site	M – F	8:00 am – 4:00 pm
Archbold Site	M and F	9:00 am – 2:00 pm
Delta Site	T and Th	9:00 am – 2:00 pm
Fayette Site	T, W, Th	9:00 am – 2:00 pm
Swanton Site	M, W, F	9:00 am – 2:00 pm