

# LUNCH CALENDAR

JUNE, 2018

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

**SUGGESTED DONATION: \$2.00**

LS Alt = Lower Sodium Alternative (**Items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**Items must be ordered at least one week in advance**)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Sausage & Kraut (LS Alt=Pork Roast) Smashed Red Potatoes Winter Squash Fruit Juice <b>1</b>
BBQ Pork Sandwich <b>4</b> Succotash Cole Slaw Baked Apples	Steamed Franks <b>5</b> (LS Alt=Chicken Breast) Macaroni & Cheese Stewed Tomatoes Pears Fruit Juice	Roast Turkey <b>6</b> Dressing Sliced Carrots Green Beans Fresh Fruit	Goulash <b>7</b> Cooked Cabbage Seasoned Corn Peaches Brownies	Shepherd's Pie <b>8</b> Summer Squash Green Salad Fruit Crisp
Breaded Pork Chops <b>11</b> Rice Pilaf Sugar Snap Peas Pineapple Chunks Fruit Juice	Cheese Burgers <b>12</b> Potato Wedges Seasoned Spinach Mixed Fruit Pudding	Baked Chicken <b>13</b> O'Brien Potatoes Midori Blend Vegetables Tropical Fruit	Beef & Noodles <b>14</b> Mashed Potatoes Peas & Carrots Apricots	Navy Bean Soup <b>15</b> (LS Alt=LS Tomato Soup) Egg Salad Sandwich Tossed Salad Jell-O
Chicken ala King <b>18</b> Mashed Potatoes Steamed Carrots Biscuits	Cheeseburger Soup <b>19</b> (LS Alt=Vegetable Soup) Roast Beef Sandwich Kidney Bean Salad Mandarin Oranges	Baked Ham <b>20</b> (LS Alt=Pork Roast) Sweet Potatoes Steamed Broccoli Dark Sweet Cherries	Cabbage Rolls <b>21</b> Mashed Potatoes Cook's Choice Vegetable Apple Slices w/Dip	Breaded Chicken Strips <b>22</b> Hash Brown Casserole Brussels Sprouts Fruit Cocktail Cookies
Lasagna <b>25</b> Cauliflower Tossed Salad Fruit Crisp	Ham Loaf <b>26</b> (LS Alt=Meat Loaf) Au Gratin Potatoes Creamed Peas Pineapple <b>Sites Only – Taco Bar</b>	Sloppy Joes <b>27</b> Tater Tots Winter Blend Vegetables Bananas Yogurt	Minestrone Soup <b>28</b> Turkey Sandwich Broccoli Salad Jell-O	Swedish Meatballs <b>29</b> Egg Noodles Green & Wax Beans Baby Carrots Fruit Juice