

SERVING CITIZENS OF FULTON COUNTY 60 YEARS & OVER

SENIOR

MAY 2018

Fulton County Senior Center

240 Clinton St., Wauseon, Ohio 43567

Phone: 419-337-9299 • Fax: 419-337-9289 • Hours: 8am-4pm



SENIOR NEWS

UPCOMING EVENTS - ALL SITES INVITED

May 9 – Day Trip, Snook’s Dream Car Museum, BG

May 17 – Day Trip, Toledo Mud Hens Baseball Game

May 22 – Day Trip, Snow Farm, Model Trains, Quilts

May 28 – Closed for Memorial Day

June 6 – Day Trip, Lunch & Shopping, Grand Rapids, OH

June 12 – Day Trip, Schedel Gardens

June 21 – Day Trip, Tour the Jiffy Mix Factory

June 27 – Day Trip, Sauder Village

July 12 – Day Trip, Ronald McDonald House

July 17 – Day Trip, Toledo Mud Hens Baseball Game

SENIOR SPOTLIGHT



Pauline Edgar of Wauseon is an energetic 92-year-old. Her favorite room is her kitchen where she enjoys baking and cooking. “You name it; I can make it! I bake bread, cinnamon rolls, coffee cake, cookies. I also do my own housework, laundry, grocery shopping, and go to church on my own.” Pauline attends Gentle Movement exercise classes at the Fulton County Senior Center, enjoys lunch with her sister, Marjorie Olmstead, and sometimes attends programs and Bingo at the Delta Senior Center where her daughter, Claudia Overmyer, is the Site Aide. “I guess you can make yourself busy if you want to,” Pauline said. This northwest Ohio native was born in Ridgeville Corners, and lived in Delta for 54 years, where she and her husband raised five children. She has nine grandchildren and 18 great-grandchildren. Pauline attended Clinton Center one-room schoolhouse as a girl. “After chores and breakfast, my brother and I would walk two miles to school. I enjoyed school,” she said. Pauline’s most memorable Mother’s Day was when she was 11 years old. “I got appendicitis and had to have surgery on Mother’s Day!”

• FULTON COUNTY SENIOR CENTER PROGRAMS & SERVICES •

Information and Referral • Congregate Nutrition Site • Home Delivered Meals • Skill Development Programs
Fitness & Wellness Programs • Social & Recreation Programs • Transportation • Housekeeping • Education
Monthly Newsletter • Support Groups • Health Screens and Services • Volunteer Opportunities

VALUABLE VOLUNTEERS

As the school year draws to a close, we would like to thank the administrators, staff and students of Pike-Delta-York schools. One Thursday each month during the school year, a variety of students, accompanied by a staff member or administrator, have interacted with and built relationships with our Delta seniors on Bingo day at the Delta Senior Center. Both groups have greatly benefited from this interaction. As the students were leaving recently, one student enthusiastically inquired, "can we come back next week? She said that they do it every Thursday!" Thank you, PDY schools and Middle School Principal Doug Ford for participating in this intergenerational partnership.



HAM & BEAN SOUP BY PAULINE

- One pound dried navy beans
 - Water
 - One large, smoked ham hock or 2 cups chopped, cooked ham
 - Two cloves garlic, minced
 - Salt & Pepper to taste
1. Wash the navy beans and remove any debris. Place beans in a bowl with 2 quarts of water and leave to soak at room temperature for 4 to 8 hours.
 2. In a large Dutch oven or stockpot, simmer the ham hock (or fully cooked, diced ham) with the beans (and their soaking water) until the beans are tender, and the meat is ready to fall off the bone, about 1-1/2 hours. Add 1 to 2 cloves of minced garlic to the soup.
 3. Remove bones and chop the ham. Discard the bones and fat and return the chopped ham to the pot.
 4. Test softness of beans. Keep soup on a low simmer until beans are soft.
 5. Serve the soup with cornbread.

SENIOR CENTER LUNCH REMINDERS

Our Wauseon kitchen staff starts early each weekday to prepare a few hundred meals for our sites and home-delivered meal recipients. If you receive home-delivered meals, please remember the following:

If you are unable to be **at home** for your meal delivery, contact us so we do not deliver your meal.

Did you know you can choose which meals you would like for the month and give a list to your driver?

Which do you prefer? **Salisbury Steak or Liver & onions?** We must know your choice at least one week in advance so we know how much food to order. Changes to meal preferences cannot be accepted on the day the meal is served.

Do you prefer the **low-salt alternative** menu option? Contact us with your choice at least one week in advance.

Please restrain your **pets** during the time of meal delivery for the safety of your driver.

If you plan to eat lunch at a site, make your lunch reservation at least 24 hours in advance. Please cancel if you are unable to keep your site lunch reservation, so we prepare the correct number of meals.

We serve a lot of seniors. Thank you for doing your part to help us make your dining experience a positive one.

WHERE'S VAL?

On Wednesday, May 9, Val Edwards, Information & Referral Specialist, will take appointments at the Delta Library from 10:00 am to noon. Get help understanding Medicare and Social Security issues, insurance, bills, completing applications, and more. Thursday, May 17, meet Val at the Swanton Library from 10:00 am to noon. Tuesday, May 22 is your chance to meet with Val at the Evergreen Library in Metamora from 10:00 am to noon. On Thursday, May 24, Val will be at Wyse Commons on Archbold's Fairlawn campus. Val is available most weekdays to meet with seniors at the Fulton County Senior Center, 240 Clinton Street, Wauseon. Val's services are offered at no cost to seniors in partnership with Wyse Commons and the local libraries. Please make an appointment in advance with Val for any of these dates by calling 419-337-9299.

WAUSEON HIGHLIGHTS

Golden Drummers: Monday and Friday

Choir Practice: Tuesday at 1:00 pm

Tai Chi: every Tuesday and Thursday

Food & Fitness: Tuesday at 10:00 am

Pepper: Wednesday at 1:00 pm

Bingo: Thursday mornings

Birthday Party: May 11

Gentle Movement: see calendar

Line Dancing: Monday pm

Toe Nail Clinic: May 23.

Call early for appointment; \$15.00 fee;
soak feet for 30 minutes before you arrive.

ARCHBOLD HIGHLIGHTS

Bingo: Fridays

Blood Pressure Check: May 21

Birthday Lunch: first Friday

Toenail Clinic: June 25.

Call early for appointment; \$15.00 fee;
soak feet for 30 minutes before you arrive.

DELTA HIGHLIGHTS

Bingo: every Thursday

Blood Pressure Check: second Tuesday

Birthday Lunch: first Thursday

Toenail Clinic: June 12.

Call early for appointment; \$15.00 fee;
soak feet for 30 minutes before you arrive.

ELDER FRAUD PRESENTATION

Con artists and scammers often target older Ohioans. Learn to recognize the signs of a scam to protect yourself and those you love. Join us for a program about "Elder Fraud" on Tuesday, July 10, at 11:00 am at the Fulton County Senior Center, 240 Clinton Street, Wauseon, Ohio. Learn about identity theft, how to avoid fraud and how to recognize scams, among other topics. Guest speaker is Christa L. Luttmann, Northwest Ohio Regional Director – Policy and Public Affairs, Office of Ohio Attorney General Mike DeWine. Please call to reserve your noon lunch, 419.337.9299.

FAYETTE HIGHLIGHTS

Bingo: every Thursday

Blood Pressure Check: third Tuesday

Birthday Lunch: first Thursday

Toenail Clinic: June 19.

Call early for appointment; \$15.00 fee;
soak feet for 30 minutes before you arrive.

HEALTHY LIVING CLASSES OFFERED

Are you over 60 years old? Interested in improving balance, flexibility, and strength? Concerned about falling? Did you know falls are more common than strokes and falls are preventable? Engage with an instructor from Area Office on Aging and learn simple ways to increase your strength and balance among other healthy living tips. A Matter of Balance is a free program to be offered at the Fulton County Senior Center, 240 Clinton Street, Wauseon, beginning Tuesday, May 22 and concluding June 14; every Tuesday and Thursday from 9:30 am to 11:30 am. Call Beth at 419-337-9299 to sign up for the class and to reserve a noon lunch.

SWANTON HIGHLIGHTS

Bingo: every Wednesday

Birthday Lunch: first Wednesday

Blood Pressure Check: second Monday

Toenail Clinic: June 11.

Call early for appointment; \$15.00 fee;
soak feet for 30 minutes before you arrive.

LUNCH CALENDAR *MAY, 2018*

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00

LS Alt = Lower Sodium Alternative (Items must be ordered at least one week in advance)
LF Alt = Low Fat Alternate (Items must be ordered at least one week in advance)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Beef & Noodles Mashed Potatoes Green Beans Apricots	2 Corn Chowder Ground Bologna Sandwich (LS Alt=Chicken Salad) Pea Salad Jell-O	3 Pot Roast Boiled Potatoes Carrots Tropical Fruit	4 Sausage Patty Sandwich Hash Brown Casserole Succotash Fresh Fruit
7 Salisbury Steak (Alt=Liver & Onions) Mashed Potatoes Seasoned Corn Pears	8 Goulash Summer Squash Tossed Salad Fruit Crisp	9 Cheese Burgers Oven Fries Mixed Vegetables Orange Segments	10 Swiss Steak Mashed Potatoes Green & Wax Beans Fresh Fruit Cookies	11 Chili w/Beans Mexican Style Rice Sliced Zucchini Pineapple Chunks Corn Bread
14 Baked Pork Chops O'Brien Potatoes Spinach Apple Sauce Yogurt	15 Chicken Breast Sandwich Macaroni & Cheese Buttered Beets Mixed Fruit Juice Wauseon Only, Fish Sandwich	16 Creamed Chipped Beef Mashed Potatoes Mixed Vegetables Peaches Biscuits	17 Beef Vegetable Soup Macaroni Salad Pickled Beets Sunshine Salad	18 Steamed Franks (LS Alt=Chicken Breast) Baked Beans Stewed Tomatoes Malibu Fruit Salad
21 Chicken Alfredo Pasta Steamed Carrots Sugar Snap Peas Pineapple & Bananas	22 Country Fried Steak w/Country Gravy Mashed Potatoes Green Beans Dark Sweet Cherries	23 Stuffed Pepper Soup Garden Salad Kidney Bean Salad Mandarin Oranges	24 Chicken & Noodles Mashed Potatoes Midori Blend Vegetables Peaches Ice Cream	25 Biscuits & Gravy Au Gratin Potatoes Broccoli Salad Fruit Crunch
28 CLOSED MEMORIAL DAY	29 Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Creamed Peas Pineapple Chunks	30 Pasta w/Meat Sauce Steamed Broccoli Cream Style Corn Bananas Taco Bar for Sites	31 Potato Soup Cold Cut Sandwich Three Bean Jell-O	

WAUSEON ACTIVITIES

MONDAY THRU FRIDAY

FULTON COUNTY SENIOR CENTER
240 CLINTON ST. / WAUSEON, OH 43567
419.337.9299

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>7</p> <p>NO Gentle Movement</p> <p>10:30 Free Hearing Aid Cleaning</p> <p>10:45 Golden Drummers (Gym, Instructor Led)</p> <p>11:00 Piano Music, RuthAnn</p> <p>12:00 Lunch</p> <p>1:00 Line Dancing (Gym, Instructor Led)</p>	<p>1</p> <p>Wear Orange or Black Halfway to Halloween</p> <p>10:00 Food & Fitness</p> <p>11:00 High School or Graduation Photo Show & Tell (Bring in your Photo)</p> <p>11:00 Tai Chi (Gym, DVD Instruction)</p> <p>12:00 Lunch with 5th Grade Wauseon Students</p> <p>1:00 Choir Practice</p> <p>1:00 Tai Chi (Gym, DVD Instruction)</p>	<p>2</p> <p>Gentle Movement (Gym)</p> <p>11:00 Dermascan, Sun & Heat Safety Tips, Jamin T, Health Promotion Manager, Fulton Co. Health Center</p> <p>12:00 Lunch with 5th Grade Wauseon Students</p> <p>1:00 Pepper Card Game (Bingo Room)</p>	<p>3</p> <p>10:15 Bingo</p> <p>11:00 Tai Chi (Gym, DVD Instruction)</p> <p>12:00 Lunch</p> <p>1:00 Nature Program, "River Otter, Beaver Adaptations," Amanda Podach, Fulton Co. Soil & Water Conservation District</p> <p>1:00 Tai Chi (Gym, DVD Instruction)</p>	<p>4</p> <p>10:30 Golden Drummers</p> <p>11:00 Animals from Humane Society & Tracey Wanner</p> <p>12:00 Lunch</p> <p>1:00 Dominoes</p>
<p>14</p> <p>9:30 Gentle Movement (Gym)</p> <p>10:45 Golden Drummers (Gym, Instructor Led)</p> <p>11:00 Crafters' Corner, Lindsay D. of Blue Creek Health Care</p> <p>12:00 Lunch</p> <p>1:00 Line Dancing (Gym, Instructor Led)</p>	<p>8</p> <p>10:00 Food & Fitness</p> <p>11:00 "Hink Pinks" Brain Teasers with Beth</p> <p>NO Morning Tai Chi (Students in Gym)</p> <p>12:00 Lunch with 5th Grade Wauseon Students</p> <p>1:00 Choir Practice</p> <p>1:00 Tai Chi (Gym, DVD Instruction)</p>	<p>9</p> <p>Day Trip, Snook's Dream Cars</p> <p>9:30 Gentle Movement</p> <p>11:00 Hand & Foot</p> <p>12:00 Lunch</p> <p>1:00 Pepper Card Game (Bingo Room)</p>	<p>10</p> <p>Wear Green Fraud Awareness Day</p> <p>10:15 Bingo</p> <p>11:00 Tai Chi (Gym, DVD Instruction)</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi (Gym, DVD Instruction)</p>	<p>11</p> <p>10:30 Golden Drummers</p> <p>11:00 Site Council (Note date change)</p> <p>12:00 Lunch with 5th Grade Wauseon Students</p> <p>12:30 Birthday Party (Note date change)</p> <p>1:00 Walk the Gym</p>
<p>21</p> <p>9:30 Gentle Movement (Gym)</p> <p>NO Golden Drummers</p> <p>11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept.</p> <p>12:00 Lunch</p> <p>1:00 Line Dancing (Gym, Instructor Led)</p>	<p>15</p> <p>10:00 Food & Fitness</p> <p>11:00 Music with Gail Zenz, Hand Chimes</p> <p>11:00 Tai Chi (Gym, DVD Instruction)</p> <p>12:00 Lunch with 5th Grade Wauseon Students</p> <p>1:00 Choir Practice</p> <p>1:00 Tai Chi (Gym, DVD Instruction)</p> <p>1:30 OPERS (Bingo Room)</p>	<p>16</p> <p>Gentle Movement (Gym)</p> <p>11:00 Music by Gene Zenz</p> <p>12:00 Lunch</p> <p>1:00 Pepper Card Game (Bingo Room)</p>	<p>17</p> <p>Wear Senior Center Shirt, Hat Day Trip, Mud Hens Baseball</p> <p>10:15 Bingo</p> <p>11:00 Tai Chi (Gym, DVD Instruction)</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi (Gym, DVD Instruction)</p>	<p>18</p> <p>10:30 Golden Drummers</p> <p>12:00 Lunch with 5th Grade Wauseon Students</p> <p>1:00 to 2:30 Bonus Bingo (Bingo Room)</p>
<p>28</p> <p>CLOSED MEMORIAL DAY</p>	<p>22</p> <p>Day Trip, Max Snow Farm, Model Trains & Quilts</p> <p>9:30 to 11:30 Matter of Balance, Robert Sullivan (Gym)</p> <p>10:00 Food & Fitness</p> <p>NO Morning Tai Chi</p> <p>12:00 Lunch</p> <p>1:00 Choir Practice</p> <p>1:00 Tai Chi (Gym, DVD Instruction)</p>	<p>23</p> <p>Toe Nail Clinic (By Appointment)</p> <p>Gentle Movement (Gym)</p> <p>11:00 Dulcimer Music by Vickie Halsey</p> <p>12:00 Lunch</p> <p>1:00 Pepper Card Game (Bingo Room)</p>	<p>24</p> <p>9:30 to 11:30 Matter of Balance, Robert Sullivan (Gym)</p> <p>NO Morning Tai Chi</p> <p>10:15 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Nature Program, "Brainy Bats," Amanda Podach, Fulton Co. Soil & Water Conservation District</p> <p>1:00 Tai Chi (Gym, DVD Instruction)</p>	<p>25</p> <p>10:30 Golden Drummers</p> <p>12:00 Lunch</p> <p>1:00 Walk the Gym</p>
<p>29</p> <p>9:30 to 11:30 Matter of Balance, Robert Sullivan (Gym)</p> <p>10:00 Food & Fitness</p> <p>NO Morning Tai Chi</p> <p>12:00 Lunch</p> <p>1:00 Choir Practice</p> <p>1:00 Tai Chi (Gym, DVD Instruction)</p>	<p>30</p> <p>Dress Like a Cowboy/Cowgirl Today</p> <p>Gentle Movement (Gym)</p> <p>11:00 Music by Just Us 2, Marc & Eileen Pember</p> <p>12:00 Lunch</p> <p>1:00 Pepper Card Game (Bingo Room)</p>	<p>31</p> <p>9:30 to 11:30 Matter of Balance, Robert Sullivan (Gym)</p> <p>9:45 Extended Bingo</p> <p>NO Morning Tai Chi</p> <p>12:00 Lunch</p> <p>1:00 Tai Chi (Gym, DVD Instruction)</p>		

DELTA / SWANTON ACTIVITIES

DELTA-101 NORTHWOOD DR.
UNITED METHODIST CHURCH
TUES. & THURS.

SWANTON
217 CHESTNUT ST.
MON., WED., & FRI

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9:45 Walking on Path (Weather Permitting)</p> <p>10:00 Garden Club: Share Tips, Plans & Favorite Farmers Market Sites</p> <p>11:00 High School/ Graduation Show & Tell; Bring photos and items that tell your story</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p>Dress Like a Cowboy/Cowgirl Today 1</p> <p>9:45 Walking in Parking Lot (Weather Permitting)</p> <p>10:00 Coloring Club: Coloring Pages for Grown Ups</p> <p>11:00 "Grand Ole Opry" with Just Us 2, Marc & Ellen Pember</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p>10:00 Site Council & Nutrition Education</p> <p>10:30 Bingo</p> <p>12:00 Lunch with Birthday Cake from Swanton Health Care</p> <p>1:00 Games</p>	<p>9:45 Walking in Parking Lot (Weather Permitting)</p> <p>10:00 Brain Games</p> <p>10:00 Site Council & Nutrition Education</p> <p>10:30 Bingo</p> <p>12:00 Lunch with Birthday Cake</p> <p>1:00 Word Games</p>	<p>9:45 Walking on Path (Weather Permitting)</p> <p>10:30 to 11:30 Five Crowns Card Game</p> <p>11:30 Concert by Sunshine Bell Choir</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>
<p>9:45 Walking on Path (Weather Permitting)</p> <p>10:00 Garden Club: Share Tips, Plans & Favorite Farmers Market Sites</p> <p>11:00 High School/ Graduation Show & Tell; Bring photos and items that tell your story</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p>9:45 Walking in Parking Lot (Weather Permitting)</p> <p>10:00 Garden Club: Share Tips, Plans & Favorite Farmers Market Sites</p> <p>11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept.</p> <p>12:00 Lunch</p> <p>1:00 Games</p>	<p>Day Trip, Snook's Dream Car Museum 9</p> <p>10:00 Brain Games</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>	<p>Wear Green Fraud Awareness Day 10</p> <p>9:45 Walking in Parking Lot (Weather Permitting)</p> <p>10:00 Brain Games</p> <p>10:30 Free Hearing Aid Cleaning</p> <p>10:30 Bingo with Delta School Caller</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>	<p>9:45 Bring Table Decor and Your Own Tea Cup</p> <p>11:00 Birds, Bees, Butterflies & Blooms Tea Party</p> <p>12:00 Lunch</p> <p>1:00 Cards & Games</p>
<p>9:45 Walking on Path (Weather Permitting)</p> <p>10:00 Table Talk Topic: Share about your Favorite Restaurants</p> <p>11:00 "Just So You Know," & Free BP Checks, Fulton Co. Health Dept.</p> <p>12:00 Lunch</p> <p>1:00 Games</p>	<p>9:45 Walking in Parking Lot (Weather Permitting)</p> <p>10:00 Table Talk Topic: Share about your Favorite Restaurants</p> <p>11:00 Dulcimer Music, Vickie Halsey</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>	<p>10:00 Brain Games</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>	<p>Wear Senior Center Shirt, Hat Day Trip, Mud Hens Baseball 17</p> <p>9:45 Walking in Parking Lot (Weather Permitting)</p> <p>10:00 Brain Games</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Cards & Games</p>	<p>9:45 Walking on Path (Weather Permitting)</p> <p>9:45 to 11:00 Manicures</p> <p>11:00 "Let's Go Glamping," Campfire Songs with Douglas Siebenaler</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>
<p>9:45 Walking on Path (Weather Permitting)</p> <p>10:00 Table Talk Topic: Share about your Favorite Vacation Spots</p> <p>10:30 Free Hearing Aid Cleaning</p> <p>11:00 "Crafters' Corner" with Lindsay of Blue Creek Health Care</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>	<p>Day Trip, Max Snow Farm, Model Trains & Quilts 22</p> <p>9:45 Walking in Parking Lot (Weather Permitting)</p> <p>10:00 Table Talk Topic: Share about your Favorite Vacation Spots</p> <p>11:00 "Crafters' Corner" with Lindsay of Blue Creek Health Care</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>	<p>Wear Senior Center Shirt, Hat 23</p> <p>10:00 Brain Games</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Cards & Games</p>	<p>9:45 Walking in Parking Lot (Weather Permitting)</p> <p>10:00 Brain Games</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p>9:45 Walking on Path (Weather Permitting)</p> <p>10:00 Trivia</p> <p>11:00 Music with Gene Zenz</p> <p>12:00 Lunch</p> <p>1:00 Games</p>
<p>CLOSED MEMORIAL DAY 28</p>	<p>9:45 Walking in Parking Lot (Weather Permitting)</p> <p>10:00 Table Talk Topic: My First Car, Share Stories about Learning to Drive</p> <p>11:00 Bob Lehman, Defensive Driving Tips</p> <p>12:00 Lunch</p> <p>1:00 Cards & Games</p>	<p>10:00 Brain Games</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p>9:45 Walking in Parking Lot (Weather Permitting)</p> <p>10:00 Extended Bingo</p> <p>12:00 Lunch</p> <p>1:00 Games</p>	

ARCHBOLD / FAYETTE ACTIVITIES

**ARCHBOLD - SCOUT CABIN
MON. & FRI.**

**FAYETTE - FAMILY LIFE CENTER
TUES., WED., & THURS.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>9:30 Table Talk Topic: What Is An Item You Would Add to a Time Capsule to be Opened in the Year 2048? Why? 11:00 Play Sequence 12:00 Lunch 1:00 Games</p>	<p>9:30 Word Search 11:00 Music by Elwyn Bates 12:00 Lunch 1:00 Cards</p>	<p>9:30 Chit Chat 10:00 Site Council & Nutrition Education 10:30 Bingo 12:00 Lunch 1:00 Word Games</p>	<p>9:30 Chit Chat 10:00 Site Council & Nutrition Education 10:30 Bingo 12:00 Lunch 1:00 Cards & Games</p>
<p>9:30 Table Talk Topic: What Age Do You Consider the Prime of Life? Why? 11:00 "Crafters' Corner" with Lindsay of Blue Creek Health Care 12:00 Lunch 1:00 Games</p>	<p>9:30 Table Talk Topic: What Age Do You Consider the Prime of Life? Why? 11:00 "Crafters' Corner" with Lindsay of Blue Creek Health Care 12:00 Lunch 1:00 Cards</p>	<p>Day Trip, Snook's Dream Cars, Bowling Green 9:30 Word Search 11:00 Gail Zenz, Hand Chimes 12:00 Lunch 1:00 Word Games</p>	<p>Wear Green Fraud Awareness Day 9:30 Chit Chat 10:30 Bingo 12:00 Lunch 1:00 Cards & Games</p>	<p>9:30 Chit Chat 10:30 Bingo 12:00 Lunch 1:00 Puzzles</p>
<p>9:30 Table Talk Topic: Favorite Restaurants 11:00 Hidden Pictures 12:00 Lunch 1:00 Cards</p>	<p>9:30 Table Talk Topic: Favorite Restaurants 11:00 "Just So You Know," & Free BP Checks Fulton Co. Health Dept. 12:00 Lunch 1:00 Word Games</p>	<p>9:30 Word Search 11:00 Learn About Identity Theft, F & M Bank Staff 12:00 Lunch 1:00 Cards & Games</p>	<p>Wear Senior Center Shirt, Hat Day Trip, Mud Hens Baseball 9:30 Chit Chat 10:30 Bingo 12:00 Lunch 1:00 Puzzles</p>	<p>9:30 Chit Chat 10:30 Bingo 12:00 Lunch 1:00 Games</p>
<p>9:30 Table Talk Topic: Favorite Vacation Spots 11:00 "Just So You Know," & Free BP Checks Fulton Co. Health Dept. 12:00 Lunch 1:00 Word Games</p>	<p>Day Trip, Max Snow Farm, Model Trains & Quilts 9:30 Table Talk Topic: Favorite Vacation Spots 11:00 Games 12:00 Lunch 1:00 Cards & Games</p>	<p>9:30 Word Search 11:00 Sun & Heat Safety, Dermascan, Jamin Torres of Fulton Co. Health Center 12:00 Lunch 1:00 Puzzles</p>	<p>9:30 Chit Chat 10:30 Bingo 12:00 Lunch 1:00 Games</p>	<p>Wear Senior Center Shirt/ Hat Today 9:30 Chit Chat 10:30 Bingo 12:00 Lunch 1:00 Cards</p>
<p>CLOSED MEMORIAL DAY</p>	<p>9:30 Table Talk Topic: My First Car, Share Stories About Learning to Drive 11:00 Left, Center, Right Dice Game 12:00 Lunch 1:00 Puzzles</p>	<p>9:30 Word Search 11:00 Corn Hole 12:00 Lunch 1:00 Games</p>	<p>9:30 Chit Chat 10:30 Bingo 12:00 Lunch 1:00 Cards</p>	<p>9:30 Chit Chat 10:30 Bingo 12:00 Lunch 1:00 Cards</p>



Forwarding and return postage guaranteed
Address service requested
Postmaster: Send address changes to:
Fulton County Senior Center
240 Clinton Street
Wauseon, OH 43567-1109

 If you or a family member would like to receive this newsletter by e-mail, please contact us at kschroeder@fultoncountyoh.com.

DATED MATERIAL - DELIVER BEFORE MAY 1, 2018

FULTON COUNTY SENIOR CENTER STAFF

Director	Sheri Rychener
Receptionist.....	Karen Schroeder
Administrative Assistant/Volunteer Coordinator.....	
Vehicle Maintenance Supervisor.....	Wes Green
Housekeeping Program Manager.....	Laura Ankney
Head Cook	Kyle Wilcoxon
Assistant Cook.....	Deb Villalovos
Food Program Manager.....	Deb Myers
Kitchen Aides	Sherry Bittinger, Sandy Lemley, Leslie Gype
Activity Coordinator	Vicki Hoylman
Activity Support Staff.....	Beth Ricker-Flory
Support Staff	Chris Sager
Information & Referral Specialist	Valerie Edwards
Site Manager, Archbold/Fayette.....	Linda Holly
Site Aide, Archbold/Fayette.....	Dorothy Bock
Site Manager, Delta/Swanton	Jeanne Ortiz
Site Aide, Delta/Swanton	Claudia Overmyer
Custodian	Danni Smith, Andrea Coburn
Meal Delivery	Kim Machinski, Jerry Lighthill, Juan Avina, Bill Sigg, Brooke Bosco, James Davis, Brenda Hauck, James Mapes, Tim Gorsuch, Angela Johnston, Andrea Coburn
Substitutes	Judy Thourot, Peggy Wilson, Joe Sutton, Maryann Griffin, James Baldwin, Robert Shaw, Vicki Kline, Erin Cheesbro, Sharon McCabe, Chad Hayward, Karen James, Jeffrey Waidelich

The Fulton County Senior Center is a program of the Fulton County Commissioners, funded through levy money, donations, and under a grant, administered by the Ohio Department of Aging and the Area Office on Aging.

Please direct all calls/inquiries to our main number at 419-337-9299.

Wauseon Site	M – F	8:00 am – 4:00 pm
Archbold Site	M and F	9:00 am – 2:00 pm
Delta Site	T and Th	9:00 am – 2:00 pm
Fayette Site	T, W, Th	9:00 am – 2:00 pm
Swanton Site	M, W, F	9:00 am – 2:00 pm