

# LUNCH CALENDAR

OCTOBER, 2017

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

**SUGGESTED DONATION: \$2.00**

LS Alt = Lower Sodium Alternative **(Items must be ordered at least one week in advance)**

LF Alt = Low Fat Alternate **(Items must be ordered at least one week in advance)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Baked Ham (LS Alt=Pork Roast) Scalloped Potatoes Broccoli Florets Fruit Cobbler <b>2</b>	Beef & Noodles Mashed Potatoes Green Beans Peaches <b>3</b>	Breaded Chicken Strips Au Gratin Potatoes Brussels Sprouts Fruit Cocktail Yogurt <b>4</b>	Lasagna Steamed Cauliflower Italian Green Beans Fresh Grapes <b>5</b>	Ham Loaf (LS Alt=Meat Loaf) Sweet Potatoes Creamy Cole Slaw Spiced Apple Sauce <b>6</b>
<b>CLOSED COLUMBUS DAY</b> <b>9</b>	Sloppy Joe Sandwich Oven Fries Malibu Blend Vegetables Apricots <b>10</b>	Cheeseburger Soup Cold Cut Sandwich (LS Alt=Turkey Breast) Kidney Bean Salad Ambrosia <b>11</b>	Swedish Meatballs Egg Noodles Mixed Vegetables Crumb Topped Peaches Fresh Oranges <b>12</b>	Cabbage Rolls Mashed Potatoes Cook's Choice Vegetable Apple Slices w/Dip <b>13</b>
Sausage & Kraut (LS Alt=Pork Roast) Smashed Red Potatoes Winter Squash Grape Juice <b>16</b>	Beef Pot Roast Boiled Potatoes Carrots Tropical Fruit <b>17</b>	Salisbury Steak or Liver & Onions Mashed Potatoes Green Beans Apple Sauce <b>18</b>	Sausage Patty Sandwich Hash Brown Casserole Succotash Pineapple Chunks Cookies <b>19</b>	Goulash Summer Squash Tossed Salad Fruit Crisp <b>20</b>
Swiss Steak Mashed Potatoes Green & Wax Beans Fresh Fruit <b>23</b>	Pub Burgers Oven Fries Baked Beans Orange Segments Pie <b>24</b>	Cheesy Broccoli Soup Ground Bologna Sandwich (LS Alt=Chicken Salad) Pea Salad Jell-O w/Fruit <b>25</b>	Chili w/Beans Mexican Style Rice Baked Apples Corn Bread Pineapple Juice <b>26</b>	Chipped Beef Mashed Potatoes Mixed Vegetables Peaches <b>27</b>
Steamed Franks (LS Alt=Chicken Breast) Macaroni & Cheese California Blend Vegetables Mixed Fruit Orange Juice <b>30</b>	Beef Stroganoff Buttered Noodles Brussels Sprouts Carrots Fresh Fruit <b>31</b>			