

LUNCH CALENDAR

SEPTEMBER, 2017

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00

LS Alt = Low Sodium Alternative (Items must be ordered at least one week in advance)

LF Alt = Low Fat Alternate (Items must be ordered at least one week in advance)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Sausage Gravy & Biscuits 1 Sweet Potato Tots Cole Slaw Baked Apples
4 CLOSED LABOR DAY	5 Beef & Noodles Mashed Potatoes Midori Blend Vegetables Peaches Yogurt	6 Ham Loaf (LS Alt=Meat Loaf) Sweet Potatoes Succotash Pineapple Chunks	7 Pasta w/Meat Sauce Steamed Broccoli Cream Style Corn Bananas	8 Hot Chicken Sandwich Potato Wedges Sugar Snap Peas Fruit Salad
11 Sausage & Kraut (LS Alt=Pork Loin) Smashed Red Potatoes Peas w/Onions Fresh Fruit	12 Beef & Barley Soup Chicken Salad Sandwich Broccoli Salad 5 Cup Salad	13 Beef Pot Roast Boiled Potatoes Carrots Fresh Oranges Cookies	14 BBQ Pork Sandwich Potato Salad Baked Beans Apple Sauce	15 Steamed Franks (LS Alt=Chicken Breast) Macaroni & Cheese Seasoned Corn Plums Assorted Juices
18 Roast Turkey Dressing Brussels Sprouts Wax Beans Orange Cranberry Relish	19 Goulash Cooked Cabbage Mixed Vegetables Peaches	20 Potato Soup Ham & Cheese Sandwich Kidney Bean Salad Orange Segments	21 Shepherd's Pie Summer Squash Green Salad Fruit Crisp	22 Pub Burgers Seasoned Potato Wedges Seasoned Spinach Pears
25 Baked Chicken Long Grain & Wild Rice Stewed Tomatoes Tropical Fruit Cranberry Juice	26 Beef Stew Tossed Salad Cottage Cheese Mandarin Oranges Biscuits	27 Chicken & Noodles Mashed Potatoes Malibu Blend Vegetables Mixed Fruit Iced Cake	28 Country Fried Steak w/Country Gravy Mashed Potatoes Green Beans Apricots	29 Ham Salad (LS Alt=Chicken Salad) Lettuce & Tomato Pea Salad Cheese Cubes Fruit Punch