

ARCHBOLD - SCOUT CABIN
MON., WED., & FRI.

ARCHBOLD / FAYETTE

ACTIVITIES

FAYETTE - FAMILY LIFE CENTER
TUES., & THURS.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:30 Bible Study 1 11:00 Golden Drummers (Cardio Drumming) Demonstration 12:00 Lunch 1:00 Cards	11:00 Attorney Rebecca Steinhauser, Medicaid for Seniors 2 12:00 Lunch 1:00 Wii Games	11:00 "Just So You Know," Fulton Co. Health Dept. & Free BP Check 3 12:00 Lunch 1:00 Puzzles	10:00 Site Council & Nutrition Education, Cooking Smart & Produce Availability 4 10:30 Bingo 12:00 Lunch & Birthday Cake 1:00 Games	10:00 Site Council & Nutrition Education, Cooking Smart & Produce Availability 5 10:30 Bingo 12:00 Lunch & Birthday Cake 1:00 Word Games
10:30 Bible Study 8 11:00 Zingo 12:00 Lunch 1:00 Wii Games	11:00 Dulcimer Music with Vickie Halsey 9 12:00 Lunch 1:00 Puzzles	Wear Green to Promote Public Assistance Fraud Awareness 10 11:00 Music by Pete Villalovos & Friends 12:00 Lunch 1:00 Games	10:30 Bingo 11 12:00 Lunch 1:00 Word Games	Day Trip, Butterfly House, Whitehouse, Ohio 12 10:30 Bingo 12:00 Lunch 1:00 Cards & Games
10:30 Bible Study 15 11:00 Wii Games 12:00 Lunch 1:00 Puzzles	Day Trip, Spring Fling Senior Expo, Sylvania 16 11:00 "Just So You Know," Fulton Co. Health Dept. & Free BP Check 12:00 Lunch 1:00 Games	11:00 Music by Elwyn Bates 17 12:00 Lunch 1:00 Word Games	10:30 Bingo 18 12:00 Lunch 1:00 Cards & Games	10:30 Bingo 19 12:00 Lunch 1:00 Wii Games
10:30 Bible Study 22 11:00 Cooking for One, Nutritionist Tonya Gomez 12:00 Lunch 1:00 Games	11:00 Free Concert by the Senior Center Choir 23 12:00 Lunch 1:00 Word Games	Day Trip, Toledo Mud Hens Baseball Game 24 11:00 The Dish on Sugar; Fulton Co. Health Center Diabetes Education 12:00 Lunch 1:00 Cards & Games	<i>10 to Noon</i> 25 <i>Val at Wyse Commons</i> 10:30 Bingo 12:00 Lunch 1:00 Wii Games	10:30 Bingo 26 12:00 Lunch 1:00 Puzzles
29 CLOSED MEMORIAL DAY	11:00 Wii Games 30 12:00 Lunch 1:00 Cards & Games	11:00 Crafter's Corner with Lindsay 31 12:00 Lunch 1:00 Wii Games		

**DELTA-101 NORTHWOOD DR.
UNITED METHODIST CHURCH
TUES. & THURS.**

DELTA / SWANTON ACTIVITIES

**SWANTON
217 CHESTNUT ST.
MON., WED., & FRI**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:45 Walking on Outdoor Path 1 (weather permitting) 11:00 Learn to Play Hand & Foot (Card Game) with Cinda F. 12:00 Lunch 1:00 Cards	11:00 Music by Elwyn Bates 2 12:00 Lunch 12:45 Walking Outdoors, Parking Lot 1:00 Games	10:00 Site Council & Nutrition 3 Education; Cooking Smart & Produce Availability 10:30 Bingo 12:00 Lunch & Birthday Cake from Swanton Health Care 1:00 Wii Games	10:00 Site Council & Nutrition 4 Education; Cooking Smart & Produce Availability 10:30 Bingo 12:00 Lunch & Birthday Cake 12:45 Walking Outdoors, Parking Lot 1:00 Word Games	9:45 Walking on Outdoor Path 5 (weather permitting) 11:00 Run For the Roses Kentucky Derby Party; Ladies, bring a decorated hat; Gentlemen, wear a bow tie 12:00 Lunch 1:00 Puzzles
9:45 Walking on Outdoor Path 8 (weather permitting) 11:00 "Just So You Know," by Fulton Co. Health Dept. & Free BP Checks 12:00 Lunch 1:00 Games	11:00 "Just So You Know," 9 by Fulton Co. Health Dept. & Free BP Checks 12:00 Lunch 12:45 Walking Outdoors, Parking Lot 1:00 Wii Games	<i>10 to Noon Val at Delta Library</i> 10 10:30 Bingo 12:00 Lunch 1:00 Word Games	<i>10 to Noon</i> 11 <i>Val at Swanton Library</i> 10:30 Bingo 12:00 Lunch 12:45 Walking Outdoors, Parking Lot 1:00 Puzzles	Day Trip, Butterfly House, Whitehouse, Ohio; Wear a Senior Center Hat or Shirt 12 9:45 Walking on Outdoor Path (weather permitting) 11:00 Bunco 12:00 Lunch 1:00 Cards
9:45 Walking on Outdoor Path 15 (weather permitting) 11:00 Tips from Promedica Stroke Network 12:00 Lunch 1:00 Wii Games	Day Trip to Spring Fling Senior 16 Expo, Sylvania, Ohio 11:00 PoKeNo, Bring Pennies 12:00 Lunch 12:45 Walking Outdoors, Parking Lot 1:00 Word Games	10:30 Bingo 17 12:00 Lunch 1:00 Puzzles	10:30 Bingo 18 12:00 Lunch 12:45 Walking Outdoors, Parking Lot 1:00 Cards	9:45 Walking on Outdoor Path 19 (weather permitting) 11:00 PoKeNo, Bring Pennies 12:00 Lunch 1:00 Wii Games
9:45 Walking on Outdoor Path 22 (weather permitting) 11:00 Alzheimer's Association, Marilyn Ward 12:00 Lunch 1:00 Word Games	<i>10 to Noon</i> 23 <i>Val at Evergreen Library</i> 11:00 Update from Community Health Professionals by Kaysie Kessler 12:00 Lunch 12:45 Walking Outdoors, Parking Lot 1:00 Puzzles	Day Trip to Toledo Mud Hens 24 Baseball Game 10:30 Turkey Bingo; It's Halfway to Thanksgiving! 12:00 Lunch 1:00 Cards	10:00 Extended Turkey Bingo; 25 It's Halfway to Thanksgiving! 12:00 Lunch 12:45 Walking Outdoors, Parking Lot 1:00 Wii Games	9:45 Walking on Outdoor Path 26 (weather permitting) 11:00 Attorney Rebecca Steinhauser, Medicaid for Seniors 12:00 Lunch 1:00 Cards
29 CLOSED MEMORIAL DAY	Wear a Senior Center 30 Hat or Shirt 11:00 Music by Jimmy Stewart 12:00 Lunch 12:45 Walking Outdoors, Parking Lot 1:00 Cards	10:30 Bingo with Mystery Caller 31 12:00 Lunch 1:00 Wii Games		

WAUSEON ACTIVITIES

MONDAY THRU FRIDAY

FULTON COUNTY SENIOR CENTER
240 CLINTON ST. | WAUSEON, OH 43567
419.337.9299

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 Gentle Movement Exercise (Gym) 1 10:30 Free Hearing Aid Cleaning 11:00 Monday Morning Group Card Party, Hand & Foot (Bingo Room) 12:00 Lunch 1:00 Line Dancing (Gym)	10:00 Food & Fitness 2 11:00 Tai Chi (Gym, DVD Instruction) 12:00 Lunch 1:00 Choir Practice 1:00 Tai Chi (Gym, DVD Instruction)	9:30 Gentle Movement Exercise (Gym) 3 10:45 Golden Drummers (Gym) 11:00 Games & Cards 12:00 Lunch 1:00 Pepper (Bingo Room)	10:15 Bingo 4 11:00 Tai Chi (Gym, DVD Instruction) 12:00 Lunch 1:00 Tai Chi (Gym, DVD Instruction)	10:30 Golden Drummers 5 11:00 Site Council 12:00 Lunch 12:30 Birthday Party 1:00 Gym Walking
9:30 Gentle Movement Exercise (Gym) 8 11:00 Brain Builder, Use It or Lose It 12:00 Lunch 1:00 Line Dancing (Gym)	10:00 Food & Fitness 9 Note: NO AM TAI CHI 12:00 Lunch 1:00 Choir Practice 1:00 Tai Chi (Gym, DVD Instruction)	Wear Green to Promote Public Assistance Fraud Awareness 10 9:30 Gentle Movement Exercise (Gym) 10:45 Golden Drummers (Gym) 11:00 Friendly Feud with Beth 12:00 Lunch 1:00 Pepper (Bingo Room)	10:15 Bingo with Guests from Fulton Manor 11 11:00 Tai Chi (Gym, DVD Instruction) 12:00 Lunch 1:00 Tai Chi (Gym, DVD Instruction)	Day Trip, Butterfly House, Whitehouse, Ohio 12 10:30 Golden Drummers 12:00 Lunch 1:00 Wii Games
9:30 Gentle Movement Exercise (Gym) 15 11:00 Monday Morning Group Card Party, Euchre (Bingo Room) 12:00 Lunch 1:00 Line Dancing (Gym)	Day Trip, Spring Fling Senior Expo, Sylvania 16 10:00 Food & Fitness 11:00 "Just So You Know," Fulton Co. Health Dept. 11:00 Tai Chi (Gym, DVD Instruction) 12:00 Lunch 1:00 Choir Practice 1:00 Tai Chi (Gym, DVD Instruction) 1:30 OPERS meeting (Bingo Room)	9:30 Gentle Movement Exercise (Gym) 17 10:45 Golden Drummers (Gym) 11:00 Update from Community Health Professionals 12:00 Lunch 1:00 Pepper (Bingo Room)	10:15 Bingo with Guest Caller & Guests from Fulton Suites 18 11:00 Tai Chi (Gym, DVD Instruction) 12:00 Lunch 1:00 Tai Chi (Gym, DVD Instruction)	10:30 Golden Drummers 19 12:00 Lunch 1:00 Gym Walking
9:30 Gentle Movement Exercise 22 11:00 Monday Morning Group Card Party, Pepper (Bingo Room) 12:00 Lunch 1:00 Line Dancing (Gym)	10:00 Food & Fitness 23 11:00 Tai Chi (Gym, DVD Instruction) 12:00 Lunch 1:00 Choir Practice 1:00 Tai Chi (Gym, DVD Instruction)	Day Trip, Toledo Mud Hens Baseball Game 24 Wear a Senior Center Hat / Shirt 9:30 Gentle Movement (Gym; Last Class) 10:30 Toe Nail Clinic (By Appointment) 10:45 Golden Drummers (Gym) 12:00 Lunch 1:00 Pepper (Bingo Room)	9:45 Extended Bingo 25 11:00 Tai Chi (Gym, DVD Instruction) 12:00 Lunch 1:00 Tai Chi (Gym, DVD Instruction)	10:30 Golden Drummers 26 12:00 Lunch 1:00 Wii Games
CLOSED MEMORIAL DAY 29	10:00 Food & Fitness 30 11:00 Tai Chi (Gym, DVD Instruction) 12:00 Lunch 1:00 Choir Practice 1:00 Tai Chi (Gym, DVD Instruction)	10:45 Golden Drummers (Gym) 31 11:00 Attorney Rebecca Steinhauser, Medicaid for Seniors 12:00 Lunch 1:00 Pepper (Bingo Room)		

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