

LUNCH CALENDAR

APRIL, 2017

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOoA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00

LS Alt = Low Sodium Alternative (**items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**items must be ordered at least one week in advance**)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef & Noodles 3 Mashed Potatoes Green Beans Peaches	Sausage & Kraut 4 (LS Alt=Roast Pork) Smashed Red Potatoes Winter Squash Grape Juice	Liver & Onions or 5 Salisbury Steak Mashed Potatoes Midori Blend Vegetables Apple Sauce	Beef Pot Roast 6 Boiled Potatoes Carrots Orange Segments Yogurt	Vegetable Soup 7 Egg Salad Sandwich Pea Salad Jell-O w/Fruit
Sausage Patty Sandwich 10 Hash Brown Casserole Succotash Pineapple Chunks	Goulash 11 Summer Squash Tossed Salad Fruit Crisp	Swiss Steak 12 Mashed Potatoes Green & Wax Beans Apricots	Cheese Burgers 13 Oven Fries Ranch Style Beans Fresh Orange	8:30 Good Friday Breakfast 14 is served at Wauseon Senior Center CLOSED AT NOON GOOD FRIDAY
Chicken Breast Sandwich 17 Au Gratin Potatoes Buttered Beets Fruit Salad	Pork Roast 18 Rice Pilaf Seasoned Spinach Apple Sauce Cranberry Juice	Chipped Beef 19 Mashed Potatoes Mixed Vegetables Peaches Pie	Steamed Franks 20 (LS Alt=Chicken Breast) Baked Beans California Blend Vegetables Fresh Apple	Chicken Salad 21 Lettuce & Tomato Cottage Cheese Broccoli Salad Bananas
Country Fried Steak 24 Mashed Potatoes Country Gravy Green Beans Apricots	Chicken & Rice Soup 25 Turkey Sandwich Pickled Beets Orange Segments Cookies	Chili w/ Beans 26 Mexican Style Rice Seasoned Corn Fruit Punch	Chicken & Noodles 27 Mashed Potatoes Midori Blend Vegetables Dark Sweet Cherries	Ham Loaf 28 (LS Alt=Meat Loaf) Sweet Potatoes Sugar Snap Peas Pineapple Chunks