

SERVING CITIZENS OF FULTON COUNTY 60 YEARS & OVER

# SENIOR

**JANUARY 2017**

Fulton County Senior Center  
240 Clinton St., Wauseon, Ohio 43567  
Phone: 419-337-9299 • Fax: 419-337-9289 • Hours: 8am-4pm



## SENIOR NEWS



**HAPPY NEW YEAR**

### UPCOMING EVENTS - ALL SITES INVITED

- January 2** – Closed for New Year's Day
- January 16** – Closed for Martin Luther King, Jr. Day
- January 18** – Men's Trip to Clymer Wild Game Museum
- January 31** – Morning Trip to Open Door Thrift Store, Delta
- April 21** – "Senior" Prom at Wauseon Senior Center Gym

## SENIOR SPOTLIGHT

Meet Kenny Bell of Wauseon. This active senior is quick to offer a smile, a wave, and a wink. You can find Kenny at the Senior Center nearly every day. He sings in the Senior Center choir, participates in Golden Drummers, walks laps in the gym, plays progressive Pepper and also plays Hand & Foot. Kenny has a lot of positive things to say about the Senior Center. He said the many activities give him something to look forward to. "People here go out of their way to make us feel good! I don't have to sit home alone by myself. We have the best choir in town. You can't beat the meals! The staff is friendly and dedicated. Golden Drummers is for anybody. You don't have to be good at progressive Pepper; even if you lose the most games, you get a prize." Did you know that Kenny likes to impersonate Elvis Presley? Kenny loves to golf, and spends many summer days walking 18 holes at Old Pines Golf Course. He is active at First Christian Church. Kenny was married to Doris for 37 years and has two children and four grandchildren.



### • FULTON COUNTY SENIOR CENTER SERVICES •

Home Delivered Meals • Congregate Meals • Education & Socialization • Monthly Newsletter (The Senior B-zz) • Information & Referral  
Transportation Service for Medical Appointments • Housekeeping • Legal Services • Lending Libraries • Exercise Classes  
Grocery Shopping & Bill Paying Transportation as Scheduled • Volunteer Opportunities  
Blood Pressure Checks Available Daily at Wauseon Site and Scheduled at Other Sites • Computer Lab at Wauseon Site  
Assistance With Completing Applications and Forms • Gym Available at Wauseon Site to Exercise During Regular Business Hours

**FOCUS ON PREVENTING FALLS**

One in every three older adults falls each year — and falls are a leading cause of injuries and death among older adults. Exercises such as walking or working out with an elastic band can increase your strength, balance, and flexibility and help you avoid falls. Also ask your healthcare provider to check that you're not taking any pills that can make you more likely to fall. Eliminate items in your home that are easy to trip over, like throw rugs. Insert grab bars in your bathtub or shower, and install night lights so it's easier to see at night.

*Source: HealthInAging.org*

**HELP US HELP YOU**

Has your phone number changed? Have you moved or changed email addresses? Is information for your contact person out of date? Please contact us with your up-to-date information. Also, if you currently receive the Bzz newsletter by mail and have an email address, would you consider receiving the newsletter via email instead of regular mail to help us save money on postage?

**WINTER WEATHER ALERTS**

Have you taken action and stocked up on a few shelf-stable meals in your kitchen in the unlikely event that our Senior Center would be closed due to bad weather? Also, we thank you in advance for providing a safe way to bring your meal to your door. Your meal delivery driver appreciates it when you make their safety a priority and arrange to keep your driveway and sidewalks clear of snow and ice. If Senior Center activities or meals are canceled due to bad weather, you can expect to receive a phone call from our automated phone system. One Call Now will provide you with instructions in the event of a Level 2 or Level 3 snow emergency. Level 2 means meals, activities and transportation are canceled. Level 3 means all sites are closed.

**HOME DELIVERED MEALS**

If you receive a home-delivered meal, please understand that we value your flexibility. Your meal might arrive slightly behind schedule at times. Weather and road construction are factors. The number of meals being delivered by one driver on a particular day often varies and might create a delay for you. We encourage our drivers to take a few moments to make sure the senior receiving a meal is at home and well. Families rely on our meal delivery drivers to check on the welfare of senior family members. In most cases, the driver is simply running behind and has not forgotten you. Please wait to call our Senior Center until 1:00 pm to report that your meal has not yet arrived.

**WHERE'S VAL?**

On Wednesday, January 11, 2017, Val Edwards, Information & Referral Specialist, will take appointments at the Delta Library from 10:00 am to noon. Get help understanding Medicare and Social Security issues, insurance bills, completing applications, and more. Thursday, January 19, meet Val at the Swanton Library from 10:00 am to noon. Tuesday, January 24 is your chance to meet with Val at the Evergreen Library in Metamora from 10:00 am to noon. On Thursday, January 26, Val will be at Wyse Commons on Archbold's Fairlawn campus. Val's services are offered at no cost to seniors in partnership with Wyse Commons and the local libraries. Please make an appointment in advance with Val for any of these dates by calling 419-337-9299.

**VALUABLE VOLUNTEER**

Sara Short of Wauseon is our Valuable Volunteer for January. Sara has been directing the Senior Center Choir since early 2016. Sara said directing the 26-member choir is a volunteer job she really enjoys. "I was a church organist and pianist since I was big enough to reach the pedals, but I was not professionally trained," she explained. "We are having so much fun! Surprisingly, we have a lot more men than women. We are still looking for seniors who would like to join us. Some come and go as they are able and as schedules permit. Only a few seniors sing parts. We are just singing because we are having fun," Sara said. Thank you, Sara, for the time you spend directing the choir, as well as filing and organizing the choir's music.



## DELTA HIGHLIGHTS

**Bingo:** every Thursday  
**Blood Pressure Check:** second Tuesday  
**Birthday Lunch:** first Thursday  
**Toenail Clinic:** February 14. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

- Music by Gene Zenz
- Healthy Brain Q & A, Alzheimer's Association
- Morning trip to Delta businesses

## SWANTON HIGHLIGHTS

**Bingo:** every Wednesday  
**Birthday Lunch:** first Wednesday  
**Blood Pressure Check:** second Monday  
**Toenail Clinic:** February 13. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

- Music by Just Us 2, Marc & Ellen Pember
- Healthy Brain Q & A, Alzheimer's Association
- Music by Michael Buck

**DID YOU KNOW?**

Simply taking a brisk 30-40 minute walk most days offers the following stunning rewards:

- A 35% reduction in the risk of Alzheimer's and other dementias.
- A 30 - 50% reduction in the risk of premature death.
- A 35% reduction in the risk of heart attacks & strokes.
- A 30% reduction in arthritic knee pain.
- Relief from mild to moderate depression on par with prescription antidepressants.
- Significant protection from cancers of the breast, colon, and uterus, along with significant improvement in the survivorship of breast, prostate, and colon cancers.

Above information is from Dr. Ann's Wellness Bulletin, Dr. Ann Kulze, M.D.

**The gym at the Fulton County Senior Center is available for walking when no other gym programs are taking place.**

## WAUSEON HIGHLIGHTS

NO Choir Practice in Jan./Feb.  
 NO Line Dancing in January  
**Golden Drummers:** Friday am  
**Shopping:** Tuesday pm  
**Tai Chi:** every Tues. and Thurs.  
**Food & Fitness:** Tuesday at 10:00 am  
**Pepper:** Wednesday pm  
**Bingo:** Thursday mornings  
**Birthday Party:** first Friday  
**Gentle Movement Resumes:** January 9  
**Toe Nail Clinic:** January 25, 2017. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

- Music by Gene Zenz
- Music by Hannah from Fulton Co. Health Center
- Music by Michael Buck

## ARCHBOLD HIGHLIGHTS

**Bingo:** Fridays  
**Blood Pressure Check:** first Wednesday  
**Birthday Lunch:** first Friday  
**Bible Study:** Monday mornings  
**Toenail Clinic:** February 1. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

- Music by Michael Buck
- Sister Ellen & Sister Andrea; Project HOPE and their work with immigration.
- Corn Hole

## FAYETTE HIGHLIGHTS

**Bingo:** every Thursday  
**Blood Pressure Check:** third Tuesday  
**Birthday Lunch:** first Thursday  
**Bible Study:** 10th and 24th  
**Toenail Clinic:** February 21. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

- Police Canine Demonstration
- Music by Michael Buck
- Corn Hole

# JANUARY, 2017

# LUNCH CALENDAR

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

**SUGGESTED DONATION: \$2.00**

LS Alt = Low Sodium Alternative (items must be ordered at least one week in advance)

LF Alt = Low Fat Alternate (items must be ordered at least one week in advance)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> <b>CLOSED</b> <b>HAPPY NEW YEAR</b>	<b>3</b> Shepherd's Pie Summer Squash Tossed Salad Fruit Crisp	<b>4</b> Breaded Pork Chops Redskin Potatoes Sugar Snap Peas Pineapple Chunks	<b>5</b> Pub Burgers Oven Fries Seasoned Spinach Pears	<b>6</b> Baked Chicken Long Grain & Wild Rice Stewed Tomatoes Cranberry Juice Bananas
<b>9</b> Chicken & Noodles Mashed Potatoes Mixed Vegetables Mixed Fruit	<b>10</b> Beef Stew Tossed Salad Cottage Cheese Mandarin Oranges Biscuits	<b>11</b> Chicken Fried Steak w/Country Gravy Mashed Potatoes Green Peas Apricots	<b>12</b> Beef & Barley Soup Chicken Salad Sandwich Three Bean Salad Jell-O	<b>13</b> Baked Ham (LS Alt=Pork Roast) Scalloped Potatoes Broccoli Florets Fruit Cobbler
<b>16</b> <b>CLOSED</b> <b>MARTIN LUTHER</b> <b>KING JR. DAY</b>	<b>17</b> Cabbage Rolls Mashed Potatoes Cook's Choice Vegetables Apple Slices w/Dip Brownies	<b>18</b> Stuffed Chicken Breast O'Brien Potatoes Brussels Sprouts Fruit Cocktail	<b>19</b> Lasagna Steamed Cauliflower Italian Green Beans Fresh Grapes	<b>20</b> Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Creamy Cole Slaw Spiced Apple Sauce
<b>23</b> Stuppy Joes Seasoned Potato Wedges Malibu Blend Vegetable Fruit Salad	<b>24</b> Swedish Meatballs Egg Noodles Cooked Cabbage Crumb Topped Peaches Fresh Apple	<b>25</b> Chicken & Rice Soup (LS Alt=LS Tomato Soup) Cold Cut Sandwich Kidney Bean Salad Ambrosia	<b>26</b> Beef & Noodles Mashed Potatoes Green Beans Peaches	<b>27</b> Sausage & Kraut (LS Alt=Pork Roast) Smashed Red Potatoes Winter Squash Grape Juice
<b>30</b> Beef Pot Roast Boiled Potatoes Carrots Tropical Fruit	<b>31</b> Liver & Onions or Salisbury Steak Mashed Potatoes Seasoned Corn Apple Sauce			

**WAUSEON ACTIVITIES**  
MONDAY THRU FRIDAY

**FULTON COUNTY SENIOR CENTER**  
240 CLINTON ST. / WAUSEON, OH 43567  
419.337.9299

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p><b>CLOSED</b> <b>HAPPY NEW YEAR</b></p>	<p><b>3</b></p> <p>10:00 Food &amp; Fitness 11:00 Tai Chi On Your Own (Gym) 12:00 Lunch NO Choir Practice 1:00 Tai Chi On Your Own (Gym)</p>	<p><b>4</b></p> <p>11:00 Hands-On Game, "How Do You Handle It?" 12:00 Lunch 1:00 Pepper (Bingo Room)</p>	<p><b>5</b></p> <p>10:15 Bingo 11:00 Tai Chi On Your Own (Gym) 12:00 Lunch 1:00 Tai Chi On Your Own (Gym)</p>	<p><b>6</b></p> <p>10:30 Golden Drummers 11:00 Site Council 12:00 Lunch 12:30 Birthday Party</p>
<p><b>9:30 Gentle Movement Exercise Begins!</b> 11:00 Frosty Word Scramble 12:00 Lunch NO Line Dancing</p>	<p><b>10</b></p> <p>10:00 Food &amp; Fitness 11:00 Tai Chi On Your Own (Gym) 12:00 Lunch NO Choir Practice 1:00 Tai Chi On Your Own (Gym)</p>	<p><b>11</b></p> <p>9:30 Gentle Movement Exercise (Gym) 11:00 Music by Gene Zenz 12:00 Lunch 1:00 Pepper (Bingo Room)</p>	<p><b>12</b></p> <p><b>Wear a Hat to Celebrate National Hat Day</b> 10:15 Bingo 11:00 Tai Chi On Your Own (Gym) 12:00 Lunch 1:00 Tai Chi On Your Own (Gym)</p>	<p><b>13</b></p> <p>Attorney Rebecca Steinhauer takes appointments 10:30 Golden Drummers 12:00 Lunch 1:00 Walk the Gym</p>
<p><b>16</b></p> <p><b>CLOSED</b> <b>MARTIN LUTHER KING JR. DAY</b></p>	<p><b>17</b></p> <p>10:00 Food &amp; Fitness 11:00 "Just So You Know," Fulton Co. Health Dept. 11:00 Tai Chi On Your Own (Gym) 12:00 Lunch NO Choir Practice 1:00 Tai Chi On Your Own (Gym)</p>	<p><b>18</b></p> <p><b>Wear a Senior Center Hat/Shirt</b> <b>Men's Trip to Clymer Wild Game Museum</b> 9:30 Gentle Movement Exercise (Gym) 10:00 Monopoly with Beth 12:00 Lunch 1:00 Pepper (Bingo Room)</p>	<p><b>19</b></p> <p>10:15 Bingo 11:00 Tai Chi On Your Own (Gym) 12:00 Lunch 1:00 Tai Chi On Your Own (Gym)</p>	<p><b>20</b></p> <p>10:30 Golden Drummers 11:00 Music by Hannah, Music Therapist at Fulton Co. Health Center 12:00 Lunch 1:00 Walk the Gym</p>
<p><b>23</b></p> <p>9:30 Gentle Movement Exercise (Gym) 11:00 "Use it or Lose it" Brain Builders 12:00 Lunch NO Line Dancing</p>	<p><b>24</b></p> <p>10:00 Food &amp; Fitness 11:00 Tai Chi On Your Own (Gym) 12:00 Lunch NO Choir Practice 1:00 Tai Chi On Your Own (Gym)</p>	<p><b>25</b></p> <p>9:30 Gentle Movement Exercise (Gym) 10:30 Toe Nail Clinic (By appointment) 11:00 Music by Michael Buck 12:00 Lunch 1:00 Pepper (Bingo Room)</p>	<p><b>26</b></p> <p><b>Snowman Day</b> <b>Wear white, silver or a snowman</b> 9:45 Extended Bingo 11:00 Tai Chi On Your Own (Gym) 12:00 Lunch 1:00 Tai Chi On Your Own (Gym)</p>	<p><b>27</b></p> <p>10:30 Golden Drummers 12:00 Lunch 1:00 Walk the Gym</p>
<p><b>30</b></p> <p>9:30 Gentle Movement Exercise (Gym) 11:00 Karaoke Sing-Along 12:00 Lunch NO Line Dancing</p>	<p><b>31</b></p> <p><b>Day Trip, Delta Shopping</b> 10:00 Food &amp; Fitness 11:00 Tai Chi On Your Own (Gym) 12:00 Lunch NO Choir Practice 1:00 Tai Chi On Your Own (Gym)</p>	<p><b>28</b></p>	<p><b>29</b></p>	<p><b>30</b></p>

# DELTA / SWANTON ACTIVITIES

**DELTA-101 NORTHWOOD DR.  
UNITED METHODIST CHURCH  
TUES. & THURS.**

**SWANTON  
217 CHESTNUT ST.  
MON., WED., & FRI**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b>  <b>CLOSED</b> <b>HAPPY NEW YEAR</b>	<b>3</b> 11:00 Pokeno (Bring Pennies) 12:00 Lunch 1:00 Word Games	<b>4</b> 10:00 Site Council 10:30 Bingo 12:00 Lunch & Birthday Cake from Swanton Health Care 1:00 Games	<b>5</b> 10:00 Site Council 10:30 Bingo 12:00 Lunch & Birthday Treat 1:00 Cards & Games	<b>6</b> 11:00 Sports-Themed Show & Tell (Bring something sports-related) 12:00 Lunch 1:00 Puzzles
<b>9</b> 11:00 "Just So You Know" & Free BP Checks Fulton County Health Dept. 12:00 Lunch 1:00 Word Games	<b>10</b> 11:00 "Just So You Know" & Free BP Checks Fulton County Health Dept. 12:00 Lunch 1:00 Games	<b>11</b> <b>Hat Day; Wear a hat</b> 10:30 Bingo 12:00 Lunch 1:00 Cards & Games	<b>12</b> <b>Hat Day; Wear a hat</b> 10:30 Bingo with Delta School Caller 12:00 Lunch 1:00 Puzzles	<b>13</b> 11:00 Music by Just Us 2, Marc & Ellen Pember 12:00 Lunch 1:00 Wii Games
<b>16</b>  <b>CLOSED</b> <b>MARTIN LUTHER KING JR. DAY</b>	<b>17</b> 11:00 Music by Gene Zenz 12:00 Lunch 1:00 Cards & Games	<b>18</b> <b>Wear a Senior Center Hat or Shirt today</b> <b>Men's Trip to Clymer Wild Game Museum</b> 10:30 Bingo 12:00 Lunch 1:00 Puzzles	<b>19</b> <b>Wear a Senior Center Hat or Shirt today</b> 10:30 Bingo 12:00 Lunch 1:00 Wii Games	<b>20</b> 11:00 Bunco 12:00 Lunch 1:00 Cards
<b>23</b> 11:00 Healthy Brain Q & A with Alzheimer's Association 12:00 Lunch 1:00 Cards & Games	<b>24</b> 11:00 Jeopardy/Healthy Brain Q & A with Alzheimer's Association 12:00 Lunch 1:00 Puzzles	<b>25</b> <b>Snowman Day</b> <b>Wear white, silver or snowmen</b> 10:30 Bingo 12:00 Lunch 1:00 Wii Games	<b>26</b> <b>Snowman Day</b> <b>Wear white, silver or snowmen</b> 10:00 Extended Bingo 12:00 Lunch 1:00 Games	<b>27</b> 11:00 Pokeno (Bring Pennies) 12:00 Lunch 1:00 Cards
11:00 Music by Michael Buck 12:00 Lunch 1:00 Puzzles	<b>31</b> <b>Morning Trip, Delta shopping</b> 12:00 Lunch at Delta Senior Center 1:00 Wii Games			

# ARCHBOLD / FAYETTE ACTIVITIES

**ARCHBOLD - SCOUT CABIN  
MON., WED., & FRI.**

**FAYETTE - FAMILY LIFE CENTER  
TUES., & THURS.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p><b>CLOSED HAPPY NEW YEAR</b></p>	<p><b>3</b></p> <p>11:00 Cards &amp; Games 12:00 Lunch 1:00 Wii Games</p>	<p><b>4</b></p> <p>11:00 "Just So You Know" by Fulton County Health Dept. &amp; Free BP Checks 12:00 Lunch 1:00 Games</p>	<p><b>5</b></p> <p>10:00 Site Council &amp; Nutrition Education 10:30 Bingo 12:00 Lunch &amp; Birthday Treat 1:00 Cards &amp; Games</p>	<p><b>6</b></p> <p>10:00 Site Council &amp; Nutrition Education 10:30 Bingo 12:00 Lunch &amp; Birthday Treat 1:00 Puzzles</p>
<p><b>9</b></p> <p>10:30 Bible Study 11:00 Project HOPE with Sister Ellen &amp; Sister Andrea &amp; their work with immigration 12:00 Lunch 1:00 Wii Games</p>	<p><b>10</b></p> <p>10:30 Bible Study 11:00 Music by Michael Buck 12:00 Lunch 1:00 Games</p>	<p><b>11</b></p> <p>11:00 The Bright Side of a Cold, Gray Winter with Shalom Ministries; Shirley Fry 12:00 Lunch 1:00 Cards &amp; Games</p>	<p><b>12</b></p> <p><b>Hat Day; Wear a Hat</b> 10:30 Bingo 12:00 Lunch 1:00 Puzzles</p>	<p><b>13</b></p> <p><b>Hat Day; Wear a Hat</b> 10:30 Bingo 12:00 Lunch 1:00 Word Games</p>
<p><b>16</b></p> <p><b>CLOSED MARTIN LUTHER KING JR. DAY</b></p>	<p><b>17</b></p> <p>11:00 "Just So You Know" by Fulton County Health Dept. &amp; Free BP Checks 12:00 Lunch 1:00 Cards &amp; Games</p>	<p><b>18</b></p> <p><b>Wear a Senior Center Shirt or Hat</b> 11:00 Music by Michael Buck 12:00 Lunch 1:00 Puzzles</p>	<p><b>19</b></p> <p><b>Wear a Senior Center Shirt or Hat</b> 10:30 Bingo 12:00 Lunch 1:00 Word Games</p>	<p><b>20</b></p> <p>10:30 Bingo 12:00 Lunch 1:00 Cards</p>
<p><b>23</b></p> <p>10:30 Bible Study 11:00 Heart Radiothon Update with Sharon Morr 12:00 Lunch 1:00 Cards &amp; Games</p>	<p><b>24</b></p> <p>10:30 Bible Study 11:00 Justin &amp; Police Dog, Fozzo, from Fulton Co. Sheriff's Office 12:00 Lunch 1:00 Puzzles</p>	<p><b>25</b></p> <p>11:00 I Spy Brain Builder 12:00 Lunch 1:00 Word Games</p>	<p><b>26</b></p> <p><b>Snowman Day</b> <b>Wear white, silver or snowmen</b> 10:30 Bingo 12:00 Lunch 1:00 Cards</p>	<p><b>27</b></p> <p><b>Snowman Day</b> <b>Wear white, silver or snowmen</b> 10:30 Bingo 12:00 Lunch 1:00 Games</p>
<p><b>30</b></p> <p>10:30 Bible Study 11:00 Corn Hole 12:00 Lunch 1:00 Puzzles</p>	<p><b>31</b></p> <p>11:00 Corn Hole 12:00 Lunch 1:00 Word Games</p>			



Forwarding and return postage guaranteed
Address service requested
Postmaster: Send address changes to:
Fulton County Senior Center
240 Clinton Street
Wauseon, OH 43567-1109

Icon of an envelope in a green circle. Text: If you or a family member would like to receive this newsletter by e-mail, please contact us at kschoeder@fultoncountyoh.com.

DATED MATERIAL - DELIVER BEFORE JANUARY 1, 2017

FULTON COUNTY SENIOR CENTER STAFF

Table listing staff roles and names: Director (Sheri Rychener), Receptionist (Karen Schroeder), Administrative Assistant/Volunteer Coordinator (Brandi Nafziger), Vehicle Maintenance Supervisor (Wes Green), Housekeeping Program Manager (Laura Ankney), Head Cook (Kyle Wilcoxon), Assistant Cook (Deb Villalovos), Food Program Manager (Deb Myers), Kitchen Aides (Sherry Bittinger, Sandy Lemley, Leslie Gype), Activity Coordinator (Vicki Hoylman), Activity Support Staff (Beth Ricker-Flory), Information & Referral Specialist (Valerie Edwards), Site Manager, Archbold/Fayette (Bill Rose), Site Aide, Archbold/Fayette (Tracey Wanner), Site Manager, Delta/Swanton (Jeanne Ortiz), Site Aide, Delta/Swanton (Claudia Overmyer), Meal Delivery & Custodian (Dave Smith, Andrea Coburn), Meal Delivery (Kim Machinski, Jerry Lighthill, Juan Avina, Chris Sager, Bill Sigg, Naaman Thomas, Brenda Hauck, James Mapes, Tim Gorsuch), Substitutes (Judy Thourot, Peggy Wilson, Leland Good, Joe Sutton, Maryann Griffin, Jim Moden, James Baldwin, Pam Miller, Angela Johnston, Sharon McCabe, James Davis, Chad Hayward, Karen James, Abigail Rodriguez).

The Fulton County Senior Center is a program of the Fulton County Commissioners, funded through levy money, donations, and under a grant, administered by the Ohio Department of Aging and the Area Office on Aging.

Please direct all calls/inquiries to our main number at 419-337-9299.

- Wauseon Site Hours of Operation: 8:00am-4:00pm
Archbold Site Hours of Operation: 9:00am-2:00pm
Delta Site Hours of Operation: 9:00am-2:00pm
Fayette Site Hours of Operation: 9:00am-2:00pm
Swanton Site Hours of Operation: 9:00am-2:00pm