

LUNCH CALENDAR

NOVEMBER, 2016

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00

LS Alt = Low Sodium Alternative (**items must be ordered at least one week in advance**)

LF Alt = Low Fat Alternate (**items must be ordered at least one week in advance**)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chicken Fried Steak w/Country Gravy Mashed Potatoes Green Peas Apricots 1	Cheesy Potato Soup Chicken Salad Sandwich Three Bean Salad Jell-O 2	Baked Ham (LS Alt=Roast Pork) Scalloped Potatoes Broccoli Florets Fruit Cobbler 3	Cabbage Rolls Mashed Potatoes Cook's Choice Vegetable Apple Slices w/Dip 4
Sloppy Joes Cheesy Potatoes Mixed Vegetables Mixed Fruit 7	Lasagna Steamed Cauliflower Green Beans Fresh Grapes Iced Cake 8	Ham Loaf (LS Alt= Meatloaf) Sweet Potatoes Brussels Sprouts Apple Sauce 9	Breaded Chicken Strips Oven Fries Malibu Blend Vegetables Peaches 10	CLOSED VETERANS DAY 11
Swedish Meatballs Egg Noodles Cooked Cabbage Fruit Crunch Vegetable Juice 14	Chicken & Rice Soup (LS Alt= Tomato Soup) Cold Cut Sandwich Kidney Bean Salad Mandarin Oranges 15	Beef & Noodles Mashed Potatoes Green Peas Peaches Cookies 16	Sausage & Kraut (LS Alt= Pork Roast) Smashed Red Potatoes Winter Squash Dark Sweet Cherries 17	Beef Pot Roast Boiled Potatoes Carrots Tropical Fruit 18
Liver & Onions or Salisbury Steak Mashed Potatoes Seasoned Corn Apple Sauce 21	Sausage Patty Sandwich Hash Brown Casserole Succotash Pineapple Chunks 22	Roast Turkey Savory Bread Dressing Green Beans Cranberry Orange Relish Vegetable Juice Pumpkin Pie 23	CLOSED HAPPY THANKSGIVING 24	CLOSED HAPPY THANKSGIVING 25
Goulash Summer Squash Tossed Salad Fruit Crisp 28	Swiss Steak Mashed Potatoes Green & Wax Beans Fresh Fruit 29	Cheeseburgers Oven Fries Baked Beans Orange Segments 30		