

SERVING CITIZENS OF FULTON COUNTY 60 YEARS & OVER

SENIOR

OCTOBER 2016

Fulton County Senior Center
240 Clinton St., Wauseon, Ohio 43567
Phone: 419-337-9299 • Fax: 419-337-9289



SENIOR NEWS

SENIOR SPOTLIGHT



Thanks to the care, concern and attention to detail of Peggy Rupp, hundreds of seniors from Fulton County have received reliable transportation to medical appointments all around northwest Ohio for almost two decades. Peggy began working with the Medical Transportation program at Fulton County Senior Center in November 1998. She has watched the fleet of vehicles increase from one to seven. She has watched the need for medical transportation for seniors grow steadily. Currently, volunteers make an average of 105 trips per month and drive an average of 3,185 miles per month. Peggy coordinates every trip, matching volunteer drivers with seniors and overseeing trip details. Peggy said some seniors need transportation each week to dialysis or a series

of rehabilitation therapy appointments following an injury. Others have recognized it is time to let someone else do the driving in Toledo and other cities. "I appreciate everything our volunteers do. This program could not run without those volunteers," Peggy explained. At the end of October Peggy will retire, completing 19 years of service with Fulton County. Thank you, Peggy, for your dedication to the Senior Center's volunteer program.

THANK YOU

Thank you to each person who helped make the Senior Center fair booth a success. Thank you to the Hoste family for donating candy.

UPCOMING EVENTS - ALL SITES INVITED

- October 4** – Road to Wellness; Special Event for Seniors
- October 10** – Closed for Columbus Day
- October 12** – Joe LaConey Band, Wauseon Gym
- October 18** – Flu Clinic, 2 to 5:30 pm, Fayette Site
- October 19** – Music by Bloomer Bunch, Wauseon Gym
- October 20** – Flu Clinic, 10 am to Noon, Wauseon Site
- October 28** – Taste of the States Food Buffet at Penta
- November 1** – Music by Bloomer Bunch, Delta Site

• FULTON COUNTY SENIOR CENTER SERVICES •

Home Delivered Meals • Congregate Meals • Education & Socialization • Monthly Newsletter (The Senior B-zz) • Information & Referral
Transportation Service for Medical Appointments • Housekeeping • Legal Services • Lending Libraries • Exercise Classes
Grocery Shopping & Bill Paying Transportation as Scheduled • Volunteer Opportunities
Blood Pressure Checks Available Daily at Wauseon Site and Scheduled at Other Sites • Computer Lab at Wauseon Site
Assistance With Completing Applications and Forms • Gym Available at Wauseon Site to Exercise During Regular Business Hours



MEDICARE OPEN ENROLLMENT

This is what can be done during Open Enrollment, October 15th - December 7th:

- Switch from one Medicare Prescription Drug Plan to another Medicare Prescription Drug Plan
- Drop your Medicare prescription drug coverage completely
- Change from Original Medicare to a Medicare Advantage Plan
- Change from a Medicare Advantage Plan back to Original Medicare
- Switch from one Medicare Advantage Plan to another Medicare Advantage Plan
- Switch from a Medicare Advantage Plan that doesn't offer drug coverage to a Medicare Advantage Plan that offers drug coverage
- Switch from a Medicare Advantage Plan that does offer drug coverage to a Medicare Advantage Plan that doesn't offer drug coverage
- Join a Medicare Prescription Drug Plan

Any changes made will take effect on January 1, 2017. To schedule an appointment, contact Valerie Edwards at the Fulton County Senior Center 419-337-9299.

PROTECT YOURSELF FROM THE FLU

One of the best ways to protect yourself from the flu is to get vaccinated. Influenza is a respiratory illness and symptoms include fever, chills, congestion with cough, body aches and fatigue. Influenza can be very serious leading to pneumonia and possibly hospitalization. To prevent this, "high-dose" flu vaccine is recommended for persons aged 65 and above. It protects against three strains of influenza viruses and contains four times as much antigen per strain. High-dose vaccine provides a much higher immune response in this group. You may have heard about other flu vaccines that protect against four strains of flu; the fourth strain is not as important for mature adults because they have better protection against "B" viruses than younger people. Because it's less likely that people over the age of 65 will become ill with a "B" strain of influenza, it's much better for this person to get the "high-dose" vaccine.

It takes about two weeks after receiving the flu vaccine to be protected against the flu, so the CDC recommends getting vaccinated as soon as the vaccine is available. It's also important for grandparents and those spending time with infants under the age of 6 months to get vaccinated. This can help to prevent influenza in these little ones since they cannot be vaccinated themselves.

Your Health Department will be giving Flu shots at the Road to Wellness Event on October 4th, the Fulton County Senior Center, Wauseon site, on October 20th, and many other locations throughout the county during October. If you are a person with mobility issues or have health problems that make it difficult for you to stand in line, please call the Health Department; the nurses are happy to vaccinate you in your vehicle if you arrange an appointment.

So take that important step. Get vaccinated! For more information, visit the Fulton County Health Department website at www.fultoncountyhealthdept.com.

VALUABLE VOLUNTEER

It was Tom Blosser's life experiences combined with his desire to help others that prepared him to volunteer as a medical transportation driver at the Senior Center. When he was 23, Tom worked as a house orderly at Bethesda Hospital in Cincinnati. For two years he enjoyed assisting patients. Later, he spent 22 years as a truck driver. Tom said it means a lot to him to be able to help seniors in Fulton County. He said he enjoys getting out and meeting different kinds of people. "The seniors appreciate it," Tom said. "It's a good feeling and you want to help out even more," he added.

If you have two or more hours of free time each week and would like to try volunteering, we would love to hear from you.



SWANTON HIGHLIGHTS

Bingo: every Wednesday

Birthday Lunch: first Wednesday

Blood Pressure Check: second Monday

Toenail Clinic: October 21. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

- Road to Wellness Event at St. Caspar
- "Sentimental Journey: A Walk Down Memory Lane" & Music by Just Us 2
- Healthy Brain Q & A with Alzheimer's Association

WAUSEON HIGHLIGHTS

Line Dance: Monday pm

Shopping: Tuesday pm

Tai Chi: every Tues. and Thurs.

Food & Fitness: Tuesday at 10:00 am

Choir Practice: Tuesday pm

Pepper: Wednesday pm

Bingo: Thursday am

Birthday Party: first Friday

Gentle Movement: Mon. & Wed.

Golden Drummers: Friday am

Toe Nail Clinic: November 16. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

- Road to Wellness Event at St. Caspar
- Election Update & Information
- Joe LaConey Band
- Bloomer Bunch

ARCHBOLD HIGHLIGHTS

Bingo: every Friday

Blood Pressure Check: first Wednesday

Birthday Lunch: first Friday

Bible Study: Monday morning

Toenail Clinic: October 19. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

- Road to Wellness Event at St. Caspar
- Chair Exercises with Americare
- Music by Black Swamp Dulcimers
- Piano Music by Ruth Font

FAYETTE HIGHLIGHTS

Bingo: every Thursday

Blood Pressure Check: every 3rd Tuesday

Birthday Lunch: first Thursday

Bible Study: 11th and 25th

Toenail Clinic: October 25. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

- Road to Wellness Event at St. Caspar
- Flu Clinic with Fulton County Health Department
- Healthy Ideas with Maumee Valley

WHERE'S VAL?

It's October, which means time for Open Enrollment! Val Edwards, Information & Referral Specialist, will be available for extended hours at the following locations to focus on Medicare Open Enrollment. Please make an appointment well in advance with Val for any of these dates by calling 419-337-9299.

Wednesday, October 19, from 9:30 am to 4 pm
at the Delta Library

Thursday, October 20, from 10 am to 3 pm
at the Swanton Library

Tuesday, October 25, 10 am to 3 pm
at the Evergreen Library, Metamora

Thursday, October 27 from 9 am to 3 pm in the Wyse Commons Library on the Fairlawn campus, Archbold

Val's services are offered at no cost to seniors in partnership with Wyse Commons and the local libraries.

DELTA HIGHLIGHTS

Bingo: every Thursday

Blood Pressure Check: second Tuesday

Birthday Lunch: first Thursday

Toenail Clinic: October 4. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

- Road to Wellness Event at St. Caspar
- "What to do with Grief" by Gary Friesen
- Estate Planning with Attorney Rebecca Steinhauser

OCTOBER, 2016

LUNCH CALENDAR

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

SUGGESTED DONATION: \$2.00

LS Alt = Low Sodium Alternative (items must be ordered at least one week in advance)

LF Alt = Low Fat Alternate (items must be ordered at least one week in advance)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Sausage Gravy & Biscuits Hash Brown Casserole Sugar Snap Peas Fresh Fruit	4 Beef & Noodles Mashed Potatoes Green Beans Peaches Cookies	5 Stuffed Chicken Breast Long Grain & Wild Rice Cook's Choice Vegetables Fresh Grapes Tomato Juice	6 Country Fried Steak Mashed Potatoes Sugar Snap Peas Apricots	7 Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Butter Beans Pineapple Chunks
10 CLOSED COLUMBUS DAY	11 Pasta w/Meat Sauce Steamed Broccoli Cream Style Corn Fresh Fruit	12 Hot Chicken Sandwich Potato Wedges Creamy Cole Slaw Baked Apples Yogurt	13 Kielbasa & Sauer Kraut (LS Alt=Pork Roast) Smashed Red Potatoes Peas w/Onions Diced Fresh Fruit	14 Cheeseburger Soup (LS Alt=Tomato Soup) Turkey Sandwich Broccoli Salad Fruit Salad
17 Beef Pot Roast Boiled Potatoes Sliced Carrots Orange Segments	18 BBQ Pork Sandwich Macaroni & Cheese Succotash Apple Sauce Assorted Juices	19 Steamed Franks (LS Alt=Chicken Breast) Baked Beans Seasoned Corn Tropical Fruit	20 Roast Turkey Dressing Steamed Broccoli Wax Beans Orange Cranberry Relish	21 Goulash Cooked Cabbage Mixed Vegetables Peaches Pie
24 Shepherd's Pie Summer Squash Green Salad Fruit Crisp	25 Breaded Pork Chops Redskin Potatoes Sugar Snap Peas Pineapple Chunks Brownies	26 Cheese Burgers Seasoned Potato Wedges Steamed Spinach Pears	27 Baked Chicken Long Grain & Wild Rice Stewed Tomatoes Bananas Cranberry Juice	28 Chicken & Noodles Mashed Potatoes Green Beans Mixed Fruit
31 Beef Stew Tossed Salad Cottage Cheese Mandarin Oranges Biscuits				

WAUSEON ACTIVITIES
MONDAY THRU FRIDAY

FULTON COUNTY SENIOR CENTER
240 CLINTON ST. / WAUSEON, OH 43567
419.337.9299

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>9:30 Gentle Movement 10:30 Free Hearing Aid Cleaning with Todd 11:00 First Monday Trivia 12:00 Lunch 1:00 Line Dancing 2:30 Line Dancing for the Ultra Beginner (New Class!)</p>	<p>4</p> <p>Seniors are invited to Road To Wellness at St. Caspar 10:00 Food & Fitness 11:00 Cards & Games 11:00 Tai Chi On Your Own (Gym) 12:00 Lunch 1:00 Tai Chi On Your Own (Gym)</p>	<p>5</p> <p>9:30 Gentle Movement 11:00 Election Information & Update by Board of Elections 12:00 Lunch 1:00 Pepper (Bingo Room)</p>	<p>Wear Plaid or Flannel Today 6</p> <p>10:15 Bingo 11:00 Tai Chi On Your Own (Gym) 12:00 Lunch 1:00 Bring Your Latest Craft Project; Work on it among Friends 1:00 Tai Chi On Your Own (Gym)</p>	<p>7</p> <p>10:30 Golden Drummers 11:20 Site Council (Note Time) 12:00 Lunch 12:30 Birthday Party 1:00 Walk The Gym</p>
<p>10</p> <p>CLOSED COLUMBUS DAY</p>	<p>11</p> <p>Holmes Co. Amish Trip 10:00 Food & Fitness 11:00 Cards & Games 11:00 Tai Chi On Your Own (Gym) 12:00 Lunch 1:00 Tai Chi On Your Own (Gym)</p>	<p>12</p> <p>Holmes Co. Amish Trip No Gentle Movement (Gym In Use) 11:00 Free Concert by Joe LaConey Band 12:00 Lunch 1:00 Pepper (Bingo Room)</p>	<p>13</p> <p>Bingo with Fulton Manor 11:00 Tai Chi On Your Own (Gym) 12:00 Lunch 1:00 Tai Chi On Your Own (Gym)</p>	<p>14</p> <p>Football Friday Wear a Team Shirt, Hat or Jersey 10:30 Golden Drummers 11:00 Healthy Topic with Danae of Americare 12:00 Lunch 1:00 Walk The Gym</p>
<p>17</p> <p>9:30 Gentle Movement 10:30 Free Hearing Aid Cleaning 11:00 Corn Hole 12:00 Lunch 1:00 Line Dancing (Gym) 2:30 Line Dancing for the Ultra Beginner (New Class!)</p>	<p>18</p> <p>10:00 Food & Fitness 11:00 "Just So You Know," Fulton Co. Health Dept. 11:00 Tai Chi On Your Own (Gym) 12:00 Lunch 1:00 Choir Practice 1:00 Tai Chi On Your Own (Gym) 1:30 OPERS (Dining)</p>	<p>19</p> <p>9:30 Gentle Movement 11:00 Free Concert by The Bloomer Bunch 12:00 Lunch 1:00 Pepper (Bingo Room)</p>	<p>20</p> <p>10:00 - Noon Flu Clinic (Dining) 10:15 Bingo with Fulton Suites 11:00 Tai Chi On Your Own (Gym) 12:00 Lunch 1:00 SERO Meeting 1:00 Tai Chi On Your Own (Gym)</p>	<p>21</p> <p>10:30 Golden Drummers 11:00 Dulcimer Music, Vickie Halsey 12:00 Lunch 1:00 Bring Your Latest Craft Project; Work on it among Friends</p>
<p>24</p> <p>9:30 Gentle Movement 11:00 Use It or Lose It Brain Builders 12:00 Lunch 1:00 Line Dancing (Gym) 2:30 Line Dancing for the Ultra Beginner (New Class!)</p>	<p>25</p> <p>10:00 Food & Fitness 11:00 Laughter Is The Best Medicine 11:00 Tai Chi On Your Own (Gym) 12:00 Lunch 1:00 Choir Practice 1:00 Tai Chi On Your Own (Gym)</p>	<p>26</p> <p>9:30 Gentle Movement 11:00 Healthy Ideas with Maumee Valley 12:00 Lunch 1:00 Pepper (Bingo Room)</p>	<p>National Cat Day 27 Wear Animal Print 9:45 Extended Bingo 11:00 Tai Chi On Your Own (Gym) 12:00 Lunch 1:00 Tai Chi On Your Own (Gym)</p>	<p>28</p> <p>9:45 Meet for Trip to Penta Culinary Buffet 10:30 Golden Drummers 12:00 Lunch 1:00 Walk The Gym</p>
<p>31</p> <p>Happy Halloween! Wear a Costume 9:30 Gentle Movement 10:30 Monster Mash 12:00 Lunch 1:00 Line Dancing (Gym) 2:30 Line Dancing for the Ultra Beginner (New Class!)</p>				

DELTA / SWANTON ACTIVITIES

**DELTA-101 NORTHWOOD DR.
UNITED METHODIST CHURCH
TUES. & THURS.**

**SWANTON
217 CHESTNUT ST.
MON., WED., & FRI**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10:30 Walking On Outdoor Path 3</p> <p>11:00 Update by Habitat for Humanity</p> <p>12:00 Lunch</p> <p>1:00 No Afternoon Activities; Staff Training</p>	<p>Seniors are invited to Road To Wellness Event & Lunch at St. Caspar</p> <p>10:30 Toe Nail Clinic (by appointment)</p> <p>11:00 Cards & Games</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>	<p>Wear Plaid or Flannel Today 5</p> <p>10:00 Site Council</p> <p>10:30 Bingo</p> <p>12:00 Lunch & Birthday Cake by Swanton Health Care</p>	<p>Wear Plaid or Flannel Today 6</p> <p>10:00 Site Council</p> <p>10:30 Bingo</p> <p>12:00 Lunch & Birthday Treat</p> <p>1:00 Cards</p>	<p>Walking On Outdoor Path 7</p> <p>11:00 Healthy Brain Q & A with Alzheimer's Association</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>
<p>10</p> <p>CLOSED</p> <p>COLUMBUS DAY</p>	<p>Holmes Co. Amish Trip 11</p> <p>11:00 "Just So You Know" by Fulton Co. Health Dept.</p> <p>12:00 Lunch</p> <p>1:00 Games</p>	<p>Holmes Co. Amish Trip 12</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p>Bingo with Caller from Delta School 13</p> <p>10:30 Bingo with Caller from Delta School</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>	<p>Football Friday 14</p> <p>Wear a Team Shirt, Hat or Jersey</p> <p>10:30 Walking On Outdoor Path</p> <p>11:00 Chris Crenear; Swanton Health Care & Retirement Center</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>
<p>Free Hearing Aid Cleaning 17</p> <p>10:30 Walking On Outdoor Path</p> <p>11:00 "Just So You Know" by Fulton Co. Health Dept.</p> <p>12:00 Lunch</p> <p>1:00 Games</p>	<p>"How to Deal with Grief" 18</p> <p>11:00 with Gary Friesen</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p>National Cat Day 19</p> <p>Wear Animal Print</p> <p>9:30 to 4:00 Val at Delta Library</p> <p>10:30 Animal Print Bingo</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>	<p>National Cat Day 20</p> <p>Wear Animal Print</p> <p>10:00 to 3:00 Val at Swanton Library</p> <p>10:30 Animal Print Bingo</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>	<p>Toe Nail Clinic 21</p> <p>(by appointment)</p> <p>11:00 Come Along on a "Sentimental Journey" with Music by Just Us 2, Marc & Ellen Pember</p> <p>12:00 Lunch</p> <p>1:00 Games & Cards</p>
<p>Walking On Outdoor Path 24</p> <p>11:00 Healthy Spine, Healthy You, Dr. Matt Spiers</p> <p>12:00 Lunch</p> <p>1:00 Cards</p>	<p>10:00 to 3:00 Val at Evergreen Library 25</p> <p>11:00 Estate Planning Tips with Attorney Rebecca Steinhauser</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>	<p>Bingo 26</p> <p>10:30 Bingo</p> <p>12:00 Lunch</p> <p>1:00 Word Games</p>	<p>Black & Orange Bingo 27</p> <p>10:30 Black & Orange Bingo</p> <p>12:00 Lunch</p> <p>1:00 Games</p>	<p>Walking On Outdoor Path 28</p> <p>11:00 Pokeno By Request (Bring Pennies)</p> <p>12:00 Lunch</p> <p>1:00 Cards & Games</p>
<p>Happy Halloween! 31</p> <p>Wear a Costume</p> <p>10:30 Walking On Outdoor Path</p> <p>11:00 Vintage Halloween</p> <p>12:00 Lunch</p> <p>1:00 Puzzles</p>				

ARCHBOLD / FAYETTE ACTIVITIES

ARCHBOLD - SCOUT CABIN
MON., WED., & FRI.

FAYETTE - FAMILY LIFE CENTER
TUES., & THURS.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>10:30 Bible Study 11:00 Chair Exercises with Danae, Americare 12:00 Lunch 1:00 Cards & Games</p>	<p>4</p> <p>Seniors are invited to Road To Wellness at St. Caspar 11:00 Games & Cards 12:00 Lunch 1:00 Games</p>	<p>5</p> <p>11:00 "Just So You Know," Fulton Co. Health Dept. & Free BP Checks 12:00 Lunch 1:00 Puzzles</p>	<p>6</p> <p>Wear Plaid or Flannel Today 10:00 Site Council 10:30 Bingo 12:00 Lunch & Birthday Cake 1:00 Word Games</p>	<p>7</p> <p>Wear Plaid or Flannel Today 10:00 Site Council 10:30 Bingo 12:00 Lunch & Birthday Cake 1:00 Cards</p>
<p>10</p> <p>CLOSED COLUMBUS DAY</p>	<p>11</p> <p>Holmes Co. Amish Trip 10:30 Bible Study 11:00 Wii Games 12:00 Lunch 1:00 Puzzles</p>	<p>12</p> <p>Holmes Co. Amish Trip 11:00 Candy Bar Quiz 12:00 Lunch 1:00 Word Games</p>	<p>13</p> <p>10:30 Bingo 12:00 Lunch 1:00 Cards</p>	<p>14</p> <p>10:30 Bingo with Pam 12:00 Lunch 1:00 Games</p>
<p>17</p> <p>10:30 Bible Study 11:00 Music by Black Swamp Dulcimers 12:00 Lunch 1:00 Puzzles</p>	<p>18</p> <p>11:00 "Just So You Know," Fulton Co. Health Dept. & Free BP Checks 12:00 Lunch 1:00 Word Games 2:00 to 5:30 <i>Walk-In Flu Clinic</i></p>	<p>19</p> <p>10:30 Toe Nail Clinic (By Appointment) 11:00 The Dish On Sugar with Fulton Co. Health Center Diabetes Educator 12:00 Lunch 1:00 Cards</p>	<p>20</p> <p>10:30 Bingo 12:00 Lunch 1:00 Games</p>	<p>21</p> <p>10:30 Bingo 12:00 Lunch 1:00 Puzzles</p>
<p>24</p> <p>10:30 Bible Study 11:00 Laughter Is the Best Medicine; Knock-Knock Jokes 12:00 Lunch 1:00 Word Games</p>	<p>25</p> <p>10:30 Toe Nail Clinic (By Appointment) 10:30 Bible Study 11:00 "Healthy Ideas," with Maumee Valley 12:00 Lunch 1:00 Cards</p>	<p>26</p> <p>11:00 Piano Music by Ruth Font 12:00 Lunch 1:00 Games</p>	<p>27</p> <p>National Cat Day Wear Animal Print 9:00 to 3:00 <i>Val at Myse Commons</i> 10:30 Bingo with Pam 12:00 Lunch 1:00 Puzzles</p>	<p>28</p> <p>National Cat Day Wear Animal Print 10:30 Bingo 12:00 Lunch 1:00 Word Games</p>
<p>31</p> <p>Happy Halloween! Wear a Costume 10:30 Bible Study 11:00 Zingo 12:00 Lunch 1:00 Cards</p>				



Forwarding and return postage guaranteed
Address service requested
Postmaster: Send address changes to:
Fulton County Senior Center
240 Clinton Street
Wauseon, OH 43567-1109

 If you or a family member would like to receive this newsletter by e-mail, please contact us at kschroeder@fultoncountyoh.com.

DATED MATERIAL - DELIVER BEFORE OCTOBER 1, 2016

FULTON COUNTY SENIOR CENTER STAFF

Director	Sheri Rychener
Administrative Assistant/Coordinator of Volunteers	Peggy Rupp
Receptionist	Karen Schroeder
Vehicle Maintenance Supervisor	Wes Green
Housekeeping Program Manager	Laura Ankney
Head Cook	Kyle Wilcoxon
Assistant Cook	Deb Villalovos
Food Program Manager	Deb Myers
Kitchen Aides	Sherry Bittinger, Sandy Lemley, Leslie Gype
Activity Coordinator	Vicki Hoylman
Activity Support Staff	Beth Ricker-Flory
Information & Referral Specialist	Valerie Edwards
Site Manager, Archbold/Fayette	Bill Rose
Site Aide, Archbold/Fayette	Tracey Wanner
Site Manager, Delta/Swanton	Jeanne Ortiz
Site Aide, Delta/Swanton	Claudia Overmyer
Meal Delivery & Custodian	Dave Smith, Andrea Coburn
Meal Delivery	Kim Machinski, Jerry Lighthill, Juan Avina, Chris Sager, Bill Sigg, Naaman Thomas, Brenda Hauck, James Mapes
Substitutes	Judy Thourot, John Moden, Peggy Wilson, Leland Good, Joe Sutton, Maryann Griffin, Jim Moden, James Baldwin, Pam Miller, Tim Gorsuch, Carol Duvall, Angela Johnston, Sharon McCabe, James Davis, Chad Hayward, Karen James, Abigail Rodriguez

The Fulton County Senior Center is a program of the Fulton County Commissioners, funded through levy money, donations, and under a grant, administered by the Ohio Department of Aging and the Area Office on Aging.

Please direct all calls/inquiries to our main number at 419-337-9299.