

SERVING CITIZENS OF FULTON COUNTY 60 YEARS & OVER

# SENIOR B-zz

**FEBRUARY 2016**

Fulton County Senior Center  
240 Clinton St., Wauseon, Ohio 43567  
Phone: 419-337-9299 • Fax: 419-337-9289

## SENIOR NEWS

### HELP US HELP YOU!

If you have recently changed your phone number, a contact person has changed their number, or moved, please contact us to update your information.

### VALENTINE TEA

All seniors are invited to join us on February 12 at 1:00 pm in the Wauseon Senior Center gym for a Valentine tea. Sit back, relax and enjoy hot tea and refreshments while Wauseon Chorale entertains you. Feel free to bring a friend for this event. Please sign up with Beth at 419-337-9299.

### UPCOMING EVENTS & DAY TRIPS - ALL SITES

**February 8** – Senior Center Choir sings at Archbold site

**February 12** – Valentine Tea with Wauseon Chorale, Wauseon Senior Center gym

**February 23** – Senior Center Choir sings at Heartland

**February 26** – Tour of News Station Channel 24, Toledo

**March 10** – Day Trip to Cabela's Outdoor Store, Dundee, Michigan

**March 25** – Senior Center Good Friday Breakfast, 8:30 am

**April 27** – Joe LaConey Band, Wauseon Senior Center gym

### GENTLE MOVEMENT

Give yourself a reason to keep moving! Join Beth Ann as she leads Gentle Movement classes in the Wauseon Senior Center gym on Monday and Wednesday mornings at 9:30 am.

## SENIOR SPOTLIGHT



February's spotlight shines on four 'sweetheart' couples who regularly attend Fulton County Senior Center sites. Top left, Delta's Tom & Carol Mead share a milkshake at a trip to the Country Dip. Top right, Evelyn & Dale Quillet meet the Easter bunny at the Archbold site. Bottom left, Mary & Jim Gype live it up at Wauseon's Cinco de Mayo celebration. Bottom right, Floyd & Pat Van Alstine enjoy Swanton's Hawaiian Luau.

## • FULTON COUNTY SENIOR CENTER SERVICES •

Home Delivered Meals • Congregate Meals • Education & Socialization • Monthly Newsletter (The Senior B-zz) • Information & Referral  
Transportation Service for Medical Appointments • Housekeeping • Legal Services • Lending Libraries • Exercise Classes  
Grocery Shopping & Bill Paying Transportation as Scheduled • Volunteer Opportunities  
Blood Pressure Checks Available Daily at Wauseon Site and Scheduled at Other Sites • Computer Lab at Wauseon Site  
Assistance With Completing Applications and Forms • Gym Available at Wauseon Site to Exercise During Regular Business Hours

**TAX PREPARATION ASSISTANCE**

Northwest Ohio Community Action Commission (NOCAC) offers assistance with tax preparation. Call 419-784-2150 ext. 1100. Free tax help at the Detwiler Building in Wauseon on Wednesdays now until April 15 from 8:15 am to 4 pm. Or sign up for an appointment at Delta Library on February 11, March 3 or March 24 from 10 am to 5 pm. Tax assistance also available at the Fayette Opera House February 25 and March 31 from 9 am to 4 pm. By appointment only.

**WHERE'S VAL?**

On Thursday, February 18, Valerie Edwards, Information & Referral Specialist, will take appointments from 10 to noon at the Swanton Library. Get help understanding insurance bills, Medicare, completing applications, and more. On Tuesday, February 23, Val will be at the Evergreen Library in Metamora from 10 to noon. Thursday, February 25 is your opportunity to meet with Val in the Wyse Commons Library on the Fairlawn campus, Archbold, from 10 to noon. Val's services are offered at no cost to seniors in partnership with Wyse Commons and the local libraries. Please make an appointment in advance with Val for any of these dates by calling 419-337-9299.

**ALZHEIMER'S PROGRAMS**

A representative from the Alzheimer's Association will return March 9, 16 and 23 to provide three programs about Alzheimer's disease. Marilyn Ward will present at 11:00 am in the Wauseon Bingo room on such topics as the Basics of Alzheimer's Disease, How to Cope with a Family Member who has Alzheimer's and Leading a Healthy Lifestyle to lessen your risk of dementia. Join us for one program or all three. Make your lunch reservation in advance by calling 419-337-9299. Suggested lunch donation of \$2.00 for Fulton County seniors age 60 and over; all others, \$3.50.

**YOUR IMPORTANT PAPERS**

The start of a new year often brings with it a desire to get organized. How organized are your important papers? Use this checklist from Area Office on Aging of Northwest Ohio to keep track of your key paperwork. Gather them together (or make note of their location) and place in a safety deposit box, or give to a trusted family member who can retrieve them in an emergency.

**Financial**

- Bank notes
- Bank savings accounts
- Bonds
- Broker name/ phone
- Certificates of deposit
- Checking account
- Credit card list
- IRAs
- Mortgage papers
- Mutual funds
- Safety deposit key/combination
- Stock certificates
- Tax records

**Insurance**

- Medicare card
- Secondary health
- Life
- Special care
- Long Term Care
- Catastrophic illness
- Auto
- Home
- Other

**Legal**

- Auto title
- Deeds
- Living Will
- Living trust
- Power of attorney
- Power of attorney for health
- Trust papers
- Will

**Life Events**

- Birth certificate
- Burial plot
- Funeral arrangements
- Immigration/ naturalization papers
- Marriage/divorce papers
- Military papers
- Social Security card

**TELEVISION STATION TOUR**

On Friday, February 26, we plan to tour the News Channel 24 television station. On this tour, you will see the control room, news studio, meet employees and watch part of the midday news broadcast. Space is limited. Reserve your spot with Beth at 419-337-9299.

**VALUABLE VOLUNTEER**

We would like to give special recognition to Joe Sutton of Archbold as this month's Valuable Volunteer. Joe started driving seniors to medical appointments in 2014. Joe said he started volunteering because he wanted to be helpful. "It is my way of giving back. I wanted to be doing something that would help someone, not for recognition but just to be able to help," he said. Joe spent 44 years working as a professional driver. He quipped, "driving seniors to medical appointments in a minivan or car is a lot easier than driving an 18-wheeler!" Joe said he would encourage others to try volunteering as a Senior Center driver. When Joe is not volunteering, he supports his grandchildren in their activities and rides his bicycle several hundred miles a year. Thank you for volunteering, Joe!



## WAUSEON HIGHLIGHTS

**Line Dance:** Monday pm  
**Shopping:** every Tues. pm  
**Tai Chi:** every Tues. and Thurs.  
**Food & Fitness:** Tuesday at 10:00 am  
**Choir Practice:** Tues. pm  
**Pepper:** Wednesday pm  
**Bingo:** Thursday mornings  
**Birthday Party:** 1st Friday  
**Gentle Movement:** Mondays & Wednesdays  
**Toe Nail Clinic:** March 22. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

*Check the calendar for these Wauseon events*

- Music by Elwyn Bates
- Comedy Club; Bring a funny joke or story to share
- Piano Music by Marty Ross

## ARCHBOLD HIGHLIGHTS

**Bingo:** every Friday  
**Blood Pressure Check:** every 1st Wed.  
**Birthday Lunch:** 1st Friday  
**Bible Study:** Monday mornings  
**Toenail Clinic:** February 17. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

*Check the calendar for these Archbold events*

- Black Swamp Dulcimer Gathering
- Lent Programs by Local Pastors
- Ronald McDonald House Charities

## SWANTON HIGHLIGHTS

**Bingo:** every Wednesday  
**Birthday Lunch:** 1st Wednesday  
**Blood Pressure Check:** 2nd Monday  
**Toenail Clinic:** February 19. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

*Check the calendar for these Swanton events*

- Leap Day Comedy Club
- Evergreen Student Council & Therapy Dog
- Pinterest Party (Bring something you made)

## DELTA HIGHLIGHTS

**Bingo:** every Thursday  
**Blood Pressure Check:** 2nd Tuesday  
**Birthday Lunch:** 3rd Tuesday  
**Toenail Clinic:** February 2. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

*Check the calendar for these Delta events*

- Mandolin Music by Dave Ray
- Safe Driving Tips by a retired professional driver
- Valentine Bingo

## SENIOR CENTER HAM LOAF RECIPE

1 ½ Lb Ground Ham	1 Lb Ground Beef
½ Lb Ground Pork	3 Eggs
2 Cups Crushed Saltine Crackers	½ Cup Milk

In a large bowl combine all ingredients. Mix together well and form into a loaf. Place loaf into a lightly greased 9x13 baking dish.

Bake at 350 degrees F for 90 minutes or until a thermometer inserted into the thickest part reads 165 degrees F.

While the loaf is baking, make a glaze of 1 cup catsup, ¼ cup plus 1 TBS brown sugar and 1 TBS mustard.

Mix well and spread over the loaf for the last 15 minutes of baking. Let the loaf rest for 10 minutes before cutting.

## FAYETTE HIGHLIGHTS

**Bingo:** every Thursday  
**Blood Pressure Check:** every 3rd Tuesday  
**Birthday Lunch:** 1st Thursday  
**Bible Study:** 9th and 23rd  
**Toenail Clinic:** February 23. Call early for appointment; \$10.00 fee; soak feet for 30 minutes before you arrive.

*Check the calendar for these Fayette events*

- Music by Elwyn Bates
- Ronald McDonald House Charities
- Current Events of Fulton County Health Center

## SENIOR CENTER CHOIR STARTS STRONG

The Senior Center Choir continues to expand and enjoys practicing on Tuesday afternoons at 1:00 pm at the Wauseon Senior Center. If you enjoy singing, feel free to join them! The Choir plans to visit the other Fulton County Senior Centers between now and April.

## FEBRUARY, 2016

## LUNCH CALENDAR

Whole grain bread or an alternate and 2% milk are offered with each meal. Luncheon reservations are required. Menu is subject to change. The Fulton County Meal Program is financed with meal donations, local levy funds, and AOOA grant funding. Ingredient information is available upon request.

Meal Reservations: 419-337-9299

**SUGGESTED MEAL DONATION: \$2.00**

LS Alt = Low Sodium Alternative (items must be ordered at least one week in advance)

LF Alt = Low Fat Alternate (items must be ordered at least one week in advance)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> BBQ Pork Sandwich Potato Wedges Cole Slaw Baked Apples	<b>2</b> Steamed Franks (LS Alt=Chicken Breast) Macaroni & Cheese Succotash Pears Orange Juice	<b>3</b> Roast Turkey Savory Bread Dressing Steamed Broccoli Wax Beans Orange Cranberry Relish	<b>4</b> Goulash Brussels Sprouts Green Salad Fruit Crisp	<b>5</b> Swiss Steak Mashed Potatoes Green Beans Dark Sweet Cherries
<b>8</b> Breaded Pork Chops Mashed Potatoes Sugar Snap Peas Pineapple Chunks	<b>9</b> Beef & Barley Soup Turkey Sandwich Broccoli Salad Jell-O	<b>10</b> Savory Baked Chicken Long Grain & Wild Rice Stewed Tomatoes Bananas Cranberry Juice	<b>11</b> Chicken & Noodles Mashed Potatoes Mixed Vegetables Diced Fresh Fruit Cookies	<b>12</b> Beef Stew Tossed Salad Cottage Cheese Mandarin Oranges Biscuits
<b>15</b> <b>CLOSED FOR PRESIDENT'S DAY</b>	<b>16</b> Chicken Fried Steak w/ Country Gravy Mashed Potatoes Green Peas Pears	<b>17</b> Pub Burgers Seasoned Potato Wedges Steamed Spinach Mixed Berries Pie	<b>18</b> Baked Ham (LS Alt=Pork Loin) Scalloped Potatoes Broccoli Florets Apricot Cobbler	<b>19</b> Cabbage Rolls Mashed Potatoes Cook's Choice Vegetable Apple Slices w/Dip
<b>22</b> Stuffed Chicken Breast O'Brien Potatoes Brussels Sprouts Fruit Cocktail	<b>23</b> Ham Loaf (LS Alt=Meatloaf) Sweet Potatoes Grape Juice Baked Apples	<b>24</b> Beef & Noodles Mashed Potatoes Green Beans Peaches Iced Cake	<b>25</b> Sloppy Joe Sandwich Oven Fries Steamed Cauliflower Mixed Fruit	<b>26</b> Chicken Vegetable Soup Cold Cut Sandwich Kidney Bean Salad Ambrosia
<b>29</b> Swedish Meatballs Egg Noodles Cooked Cabbage Crumb Topped Peaches Apple Juice				

**WAUSEON ACTIVITIES**  
**MONDAY THRU FRIDAY**

**FULTON COUNTY SENIOR CENTER**  
**240 CLINTON ST. / WAUSEON, OH 43567**  
**419.337.9299**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b></p> <p>9:30 Gentle Movement (Gym)                      10:30 Free Hearing Aid Cleaning                      11:00 Heart Radiothon News                      12:00 Lunch                      1:00 Line Dancing</p>	<p><b>2</b></p> <p>11:00 Music by Just Us 2,                      Marc &amp; Ellen Pember                      11:00 Tai Chi On Your Own (Gym)                      12:00 Lunch                      1:00 Tai Chi On Your Own (Gym)                      1:00 Choir Practice (Dining Room)</p>	<p><b>3</b></p> <p>9:30 Gentle Movement (Gym)                      11:00 Bring Your Favorite Toy                      from Childhood                      12:00 Lunch                      1:00 Pepper</p>	<p><b>4</b></p> <p>10:15 <b>Super Bowl 50 Bingo</b>                      with Fulton Manor                      11:00 Tai Chi On Your Own (Gym)                      12:00 Lunch                      1:00 Tai Chi On Your Own (Gym)</p>	<p><b>5</b></p> <p>11:00 Site Council                      12:00 Lunch                      12:30 Birthday Party                      1:00 Shuffleboard</p>
<p><b>8</b></p> <p>9:30 Gentle Movement (Gym)                      11:00 Senior Center Choir Sings                      at Archbold Senior Center                      (Leave at 10:30)                      12:00 Lunch                      1:00 Line Dancing</p>	<p><b>9</b></p> <p>11:00 Driving Tips,                      Robert Lehman                      11:00 Tai Chi On Your Own (Gym)                      12:00 Lunch                      1:00 Tai Chi On Your Own (Gym)                      1:00 Choir Practice (Dining Room)</p>	<p><b>10</b></p> <p>9:30 Gentle Movement (Gym)                      11:00 Pianist Ian Armstrong                      12:00 Lunch                      1:00 Pepper</p>	<p><b>11</b></p> <p><b>Wear Red or Pink Today</b>                      10:15 Valentine Bingo                      11:00 Tai Chi On Your Own (Gym)                      12:00 Lunch                      No afternoon Tai Chi On Your Own</p>	<p><b>12</b></p> <p>11:00 Cards, Games &amp; Puzzles                      12:00 Lunch                      1:00 <b>Valentine Tea (Gym)</b>                      with Wauseon Chorale</p>
<p><b>15</b></p> <p><b>CLOSED FOR                      PRESIDENT'S DAY</b></p>	<p><b>16</b></p> <p>11:00 "Just So You Know"                      Fulton Co. Health Dept.                      11:00 Tai Chi On Your Own (Gym)                      12:00 Lunch                      1:00 Tai Chi On Your Own (Gym)                      1:00 Choir Practice (Dining Room)                      1:30 OPERS (Bingo Room)</p>	<p><b>17</b></p> <p>9:30 Gentle Movement (Gym)                      11:00 Music by Elwyn Bates                      12:00 Lunch                      1:00 Pepper</p>	<p><b>18</b></p> <p>10:15 Bingo with Fulton Suites                      11:00 Tai Chi On Your Own (Gym)                      12:00 Lunch                      1:00 Tai Chi On Your Own (Gym)</p>	<p><b>19</b></p> <p>11:00 Comedy Club                      (Bring a funny joke or                      story to share)                      12:00 Lunch                      1:00 Pool (Gym)</p>
<p><b>22</b></p> <p>9:30 Gentle Movement (Gym)                      11:00 The Dish on Sugar                      12:00 Lunch                      1:00 Line Dancing</p>	<p><b>23</b></p> <p>10:30 Senior Center Choir                      Sings at Heartland                      (Leave at 10:00)                      11:00 Tai Chi On Your Own (Gym)                      12:00 Lunch                      1:00 Tai Chi On Your Own (Gym)                      1:00 Choir Practice (Dining Room)</p>	<p><b>24</b></p> <p>9:30 Gentle Movement (Gym)                      11:00 What Am I? Game                      12:00 Lunch                      1:00 Pepper</p>	<p><b>25</b></p> <p>9:45 Extended Bingo                      11:00 Tai Chi On Your Own (Gym)                      12:00 Lunch                      1:00 Tai Chi On Your Own (Gym)</p>	<p><b>26</b></p> <p>9:00 Tour of Toledo News                      Station Channel 24                      12:00 Lunch                      1:00 Shuffleboard</p>
<p><b>29</b></p> <p>9:30 Gentle Movement (Gym)                      11:00 Pianist, Marty Ross                      12:00 Lunch                      1:00 Line Dancing (Gym)</p>				

# DELTA / SWANTON ACTIVITIES

**DELTA-MEMORIAL HALL  
TUES. & THURS.**

**SWANTON  
210 N. MAIN ST.  
MON., WED., & FRI**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b></p> <p>11:00 The Dish On Sugar, Fulton Co. Health Center 12:00 Lunch 1:00 Wii Games</p>	<p><b>2</b></p> <p>10:30 Toe Nail Clinic 11:00 Bob Lehman, Driving Tips 12:00 Lunch 1:00 Puzzles</p>	<p><b>3</b></p> <p>10:00 Site Council 10:30 <b>Super Bowl 50</b> Bingo 12:00 Lunch &amp; Birthday Cake from Swanton Health Care 1:00 Cards &amp; Games</p>	<p><b>4</b></p> <p>10:00 Site Council 10:30 <b>Super Bowl 50</b> Bingo 12:00 Lunch 1:00 Word Games</p>	<p><b>5</b></p> <p>10:00 PAD (Peripheral Artery Disease) Screenings (by appt.) 11:00 Evergreen Student Council &amp; Therapy Dog 12:00 Lunch 1:00 Puzzles</p>
<p><b>8</b></p> <p>11:00 "Just So You Know," Fulton Co. Health Dept. &amp; Free BP Check 12:00 Lunch 1:00 Cards &amp; Games</p>	<p><b>9</b></p> <p>11:00 "Just So You Know," Fulton Co. Health Dept. &amp; Free BP Check 12:00 Lunch 1:00 Word Games</p>	<p><b>10</b></p> <p><b>Wear Red or Pink Today</b> 10:30 Valentine Bingo 12:00 Lunch 1:00 Wii Games</p>	<p><b>11</b></p> <p><b>Wear Red or Pink Today</b> 10:30 Valentine Bingo 12:00 Lunch 1:00 Puzzles</p>	<p><b>12</b></p> <p>11:00 Pinterest Party (Bring what you made from Pinterest) 12:00 Lunch <b>1:00 Valentine Tea (Gym) with Wauseon Chorale at Wauseon Senior Center</b></p>
<p><b>15</b></p> <p><b>CLOSED FOR PRESIDENT'S DAY</b></p>	<p><b>16</b></p> <p>11:00 Barnes Funeral Home 12:00 Lunch &amp; Birthday Cake from Swanton Valley 1:00 Cards &amp; Games</p>	<p><b>17</b></p> <p>10:30 Bingo 12:00 Lunch 1:00 Puzzles</p>	<p><b>18</b></p> <p>10:30 Bingo 12:00 Lunch 1:00 Word Games</p>	<p><b>19</b></p> <p>10:30 Toe Nail Clinic 11:00 Music with Alice &amp; Margie 12:00 Lunch 1:00 Wii Games</p>
<p><b>22</b></p> <p>10:30 Free Hearing Aid Cleaning 11:00 Beat The Winter Blues, Fulton Co. Health Center 12:00 Lunch 1:00 Puzzles</p>	<p><b>23</b></p> <p>11:00 Dave Ray, Mandolin Music 12:00 Lunch 1:00 Word Games</p>	<p><b>24</b></p> <p>10:30 Bingo 12:00 Lunch 1:00 Wii Games</p>	<p><b>25</b></p> <p>10:30 Bingo 12:00 Lunch 1:00 Puzzles</p>	<p><b>26</b></p> <p>11:00 Cooking for One, Dietician Tonya Gomez 12:00 Lunch 1:00 Cards &amp; Games</p>
<p><b>29</b></p> <p><b>Wear Green For Leap Day</b> 11:00 Leap Day Comedy Club (Bring a joke or funny story) 12:00 Lunch 1:00 Cards &amp; Games</p>				

# ARCHBOLD / FAYETTE ACTIVITIES

**ARCHBOLD - SCOUT CABIN  
MON., WED., & FRI.**

**FAYETTE - OPERA HOUSE  
TUES., & THURS.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b></p> <p>10:30 Bible Study 11:00 The Truth About Hospice &amp; Home Health 12:00 Lunch 1:00 Word Games</p>	<p><b>2</b></p> <p>11:00 Music by Elwyn Bates 12:00 Lunch 1:00 Word Games</p>	<p><b>3</b></p> <p>11:00 "Just So You Know," Fulton Co. Health Dept. &amp; Free BP Check 12:00 Lunch 1:00 Puzzles</p>	<p><b>4</b></p> <p>10:00 Site Council 10:30 <b>Super Bowl 50</b> Bingo 12:00 Lunch &amp; Birthday Treat 1:00 Cards &amp; Games</p>	<p><b>5</b></p> <p>10:00 Site Council 10:30 <b>Super Bowl 50</b> Bingo 12:00 Lunch &amp; Birthday Treat 1:00 Wii Games</p>
<p><b>8</b></p> <p>10:30 Bible Study 11:00 Music by the Senior Center Choir 12:00 Lunch 1:00 Cards &amp; Games</p>	<p><b>9</b></p> <p>10:30 Bible Study 11:00 Ronald McDonald House Charities, Rachel Williams 12:00 Lunch 1:00 Puzzles</p>	<p><b>10</b></p> <p>11:00 Lent Meditation with Paul Reichert 12:00 Lunch 1:00 Word Games</p>	<p><b>11</b></p> <p><b>Wear Red or Pink Today</b> 10:30 Valentine Bingo 12:00 Lunch 1:00 Wii Games</p>	<p><b>12</b></p> <p><b>Wear Red or Pink Today</b> 10:30 Valentine Bingo 12:00 Lunch <b>1:00 Valentine Tea (Gym) with Wauseon Chorale at Wauseon Senior Center</b></p>
<p><b>15</b></p> <p><b>CLOSED FOR PRESIDENT'S DAY</b></p>	<p><b>16</b></p> <p>11:00 "Just So You Know," Fulton Co. Health Dept. &amp; Free BP Check 12:00 Lunch 1:00 Cards &amp; Games</p>	<p><b>17</b></p> <p>10:30 Toe Nail Clinic (by appointment) 11:00 Lent Meditation with Adam Just 12:00 Lunch 1:00 Wii Games</p>	<p><b>18</b></p> <p>10:30 Bingo 12:00 Lunch 1:00 Puzzles</p>	<p><b>19</b></p> <p>10:30 Bingo 12:00 Lunch 1:00 Cards &amp; Games</p>
<p><b>22</b></p> <p>10:30 Bible Study 11:00 Black Swamp Dulcimer Gathering 12:00 Lunch 1:00 Puzzles</p>	<p><b>23</b></p> <p>10:30 Bible Study 10:30 Toe Nail Clinic (by appointment) 11:00 Current Events of Fulton Co. Health Center 12:00 Lunch 1:00 Wii Games</p>	<p><b>24</b></p> <p>11:00 Lent Meditation with Jeff Kauffman 12:00 Lunch 1:00 Word Games</p>	<p><b>25</b></p> <p>10:30 Bingo 12:00 Lunch 1:00 Cards &amp; Games</p>	<p><b>26</b></p> <p>10:30 Bingo 12:00 Lunch 1:00 Cards &amp; Games</p>
<p><b>29</b></p> <p>10:30 Bible Study 11:00 Ronald McDonald House Charities, Rachel Williams 12:00 Lunch 1:00 Word Games</p>				



Forwarding and return postage guaranteed  
Address service requested  
Postmaster: Send address changes to:  
Fulton County Senior Center  
240 Clinton Street  
Wauseon, OH 43567-1109

 If you or a family member would like to receive this newsletter by e-mail, please contact us at [kschroeder@fultoncountyoh.com](mailto:kschroeder@fultoncountyoh.com).

**DATED MATERIAL - DELIVER BEFORE FEBRUARY 1, 2016**

**FULTON COUNTY SENIOR CENTER STAFF**

Director .....	Sheri Rychener
Administrative Assistant/Coordinator of Volunteers .....	Peggy Rupp
Receptionist .....	Karen Schroeder
Vehicle Maintenance Supervisor .....	Wes Green
Housekeeping Program Manager .....	Laura Ankney
Head Cook .....	Kyle Wilcoxon
Assistant Cook .....	Deb Villalovos
Food Program Manager .....	Deb Myers
Kitchen Aides .....	Sherry Bittinger, Sandy Lemley, Leslie Gype
Activity Coordinator .....	Vicki Hoylman
Activity Support Staff .....	Beth Ricker-Flory
Information & Referral Specialist .....	Valerie Edwards
Site Manager, Archbold/Fayette .....	Bill Rose
Site Aide, Archbold/Fayette .....	Tracey Wanner
Site Manager, Delta/Swanton .....	Jeanne Ortiz
Site Aide, Delta/Swanton .....	Claudia Overmyer
Meal Delivery & Custodian .....	Dave Smith, Andrea Coburn, Olga Tedrow
Meal Delivery .....	Kim Machinski, Jerry Lighthill, Juan Avina, Chris Sager, Olga Tedrow, Bill Sigg, Naaman Thomas, Brenda Hauck, James Mapes
Substitutes .....	John Moden, Peggy Wilson, Leland Good, Joe Sutton, Maryann Griffin, Jim Moden, James Baldwin, Pam Miller, Melissa McKeever, Judy Thourot

The Fulton County Senior Center is a program of the Fulton County Commissioners, funded through levy money, donations, and under a grant, administered by the Ohio Department of Aging and the Area Office on Aging.

Please direct all calls/inquiries to our main number at 419-337-9299.